

Beachwood Buzz

July 2017

Every Real Estate Business. Every Month.

MAGAZINE

Pearls of Wisdom

from Barbara Bellin Janovitz

B. BELLIN JANOVITZ

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We have many options to enjoy the beauty of nature – or to do whatever brings us peace – right here at home.

A few weeks ago, I had the privilege of spending a week in San Giovanni d’Asso, a village in Tuscany, with three fellow painters and Susie Porges, our amazing painting instructor whose studio is right here in Beachwood. We stayed in a magnificent villa filled with authentic Italian charm. The 360-degree panoramic views were breathtaking and provided spectacular backdrops for reflecting, drawing and painting, and the nearby villages of Piazza and Montelcino added to our overall experience.

The trip, booked through Il Chiostro, proved to be the perfect way to experience the region. Owners Linda Mironti and Michael Mele have been organizing and hosting art, photography, food, wine and personal-development adventures in Italy for more than 20 years. They talk with each workshop host to plan and execute a personalized itinerary to maximize each group’s experience. Plus, Linda utilizes her culinary experience to prepare delicious, healthy Italian-style meals. Their passion for the region and what they do shone through, every minute of every day, and we were treated like family.

This experience created memories to last a lifetime. Whether drawing, painting, watching the sunrise or sunset, dining in or out, sitting in the garden, enjoying wine from the region or hanging our laundry out to dry in the warm breeze, we took the time to slow down, live in the moment, enjoy each other’s company and feel present to our surroundings. Much of the time, we even disconnected from the devices that are so overused and distracting in this modern era.

I’ve always enjoyed the beauty of nature and when we paint, we spent a lot of time observing details. For each painting, we chose our composition and drew it. Next, we redrew it and sketched in the values, or shades. Then we drew it again, this time laying in some color; and finally, we created our final painting. Each time we drew the subject,

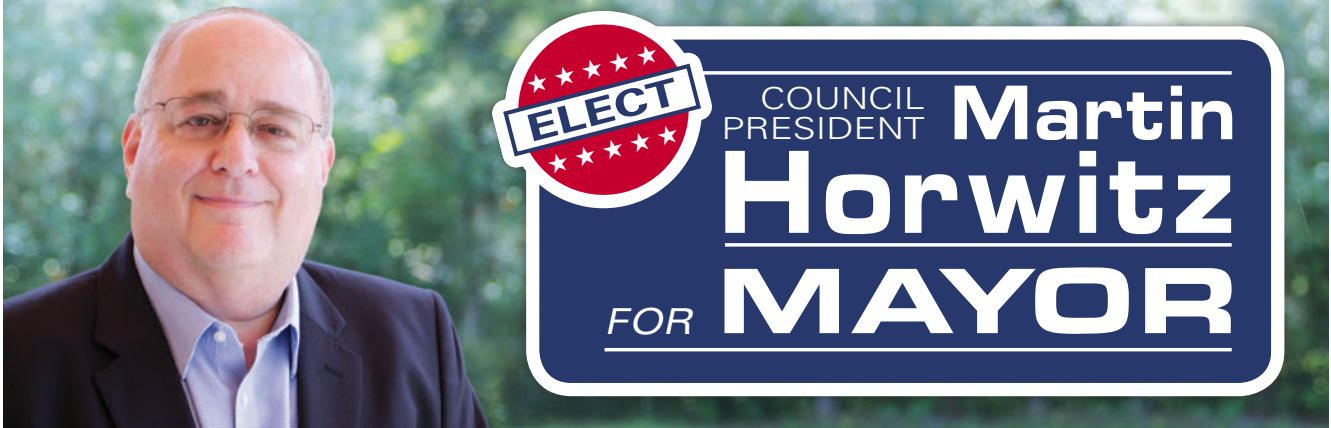
we observed additional details, appreciating the beauty in the subject matter even more.

When was the last time you slowed down enough to really enjoy details in the beauty that surrounds you? Sure, we go for walks and enjoy nature, but where is your mind? Is it focused on the leaves rustling or birds chirping? Or, are you going through the motions while thinking about what time you have to be at your next appointment, what you’re making for dinner, or when you need to pick up your children?

There is beauty all around us. You don’t have to be a painter or go to Italy to slow down and appreciate all that surrounds you – although I’m not knocking that if it’s what you choose to do! We have many options to enjoy the beauty of nature – or to do whatever brings us peace – right here at home. We often go through our day-to-day motions in high gear – multitasking – without observing our surroundings. When we do that, we miss a lot.

Often, our thoughts get caught up by dwelling on the past or worrying about the future and we lose the magic of now. When we take time to slow down and breathe in fresh air, we lift our spirits, which can fill us with a sense of peace and well-being. When we slow down, we learn to direct our attention to the present moment, which is a true gift. And when we focus on the moment, we are more alert, aware, creative and resourceful.





Dear Friends,

Beachwood is entering a new era. We are facing challenges that didn't exist 5, 10, or 20 years ago. The majority of our City Council members and many City Directors are new. Change means opportunity for our City. But it requires a new Mayor for new times.

I am running for Mayor of Beachwood because I have the right mix of innovation and experience to make city government work for you. As President of Beachwood City Council, I have delivered on:

- **Safety:** I supported the construction of a new fire station and regional dispatch center, as well as an increase in police manpower levels.
- **Savings:** Under my leadership, Council instituted new administrative pay schedules with some reduced or capped salaries. We reduced the Mayor's salary and benefits, reorganized the Law Department, and added a much-needed in-house IT department to save money.
- **Services and Planning:** I ensured that Council held meetings on increased street lighting, senior backyard trash pickup, and completion of sidewalks throughout the City. I worked to create citizen committees to open government to new voices on long-range projects involving our Charter Review and Master Plan.
- **Transparency:** I led the charge to broadcast Council, Planning & Zoning and committee meetings, as well as to adopt Open Checkbook for full online access to city spending.

As Mayor, I will innovate to help us work smarter, keep our taxes low, improve services, strengthen economic development, work closer with our schools, increase resident involvement, and celebrate our diversity. I will benchmark our success to the best practices of outstanding cities across the country.

I'm proud to have grown up in Beachwood, graduated from BHS ('71), and raised my family here. As City Council President and as a former four-term School Board member, I have the knowledge, passion, and drive to make our great City even greater. I respectfully ask for your support this November.

Let's build this new era together!

Martin S. Horwitz

President, Beachwood City Council

Beachwood Buzz

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COVER STORY

The Beachwood Chamber of Commerce recently formed the Beachwood Women's Connection, a women's networking group. Their first speaker, Barbara Bellin Janovitz, discussed how she became involved in Beachwood politics, who inspires her, and what motivates her. What she said was inspiring, which led to this story. See our feature on pages 6 and 7.

Cover story photos by Scott Morrison, Discovery Photo.

City Council Update • Pages 32-36

We Are #1

New Fire Station From Ground Up

Traffic Safety Reminder

Be Seen

Mulch Available to Residents

Attention Bicyclists

Be a Good Dog Owner

Honkin' Haulin' 2017

Upcoming Meetings

Art Exhibits

Be Part of Beachwood's Legacy

Beachwood Fall Festival

Summer Concert Series

50-Year Resident Salute

Outdoor Movie Night

Make a Splash!

Senior Police Academy

Safety Town

Gas Distribution Line Replacement

No Soliciting Please

You and Your Schools • Pages 39-46

Congratulations BHS Class of 2017

National Merit Scholars

National Merit Finalists

National Merit Scholarship Commended Students

BSF Awards and Scholarships

College Decisions

Academic Recognition

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Advertising Information

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Pearls of Wisdom

from Barbara Bellin Janovitz

The Beachwood Chamber of Commerce recently formed the Beachwood Women's Connection, a women's networking group. Their first speaker, Barbara Bellin Janovitz, discussed how she became involved in Beachwood politics, who inspires her, and what motivates her.

Although she has always had an interest in politics, Janovitz had never been politically active. After graduating from Beachwood High School, she attended Georgetown University, in part because she wanted to work on Capitol Hill. She was employed as an intern in Congressman Charles Vanik's office and also became involved in campus life by running for Georgetown's business school academic council. At that time, 40 years ago, just as in her campaign for Beachwood City Council two years ago, Janovitz was the only woman running for the office. She ran against six men and received the most votes by a large margin.

Prior to running for City Council, Janovitz was happy and fulfilled with her successful legal career, chairing the estate planning group at Reminger Co., LPA and serving on many non-profit boards, including The Benjamin Rose Institute, the Montefiore Foundation, and the Center for Community Solutions. She had not thought about contending until she was approached by former Cleveland Heights councilperson Bonnie Caplan, who now lives in Beachwood. Caplan was shocked to learn that there were 13 men governing the city of Beachwood – seven on council, five on school board and the male mayor. There had not been a woman on Beachwood City Council for 15 years. Caplan started talking to people in the city, to see who could run and win. Janovitz's name kept coming up.

"I did not immediately say yes," Janovitz told us. "I initially said there must be someone else who will run, who has more time than I have. But Bonnie persisted and other women started calling me, and I realized that while I thought I had done well helping others in my career and in raising my family - with support from my super-supportive husband – and I thought I had done well helping others through my work on non-profit boards, I had never really given back to Beachwood."

"I agreed to run, partly because I didn't want to be a woman who sat on the sidelines and said, 'there really should be a woman on council,' but not be willing to step up to the plate and be that woman. I saw this as a challenge and believe that it is important to challenge yourself and step outside of your comfort zone."

Once Janovitz decided to run, she threw herself into it and went door-to-door to talk to as many residents as possible. She felt it was even more important that she spent countless hours listening to residents. When asked if she played the "woman card," said, "I was given advice by many people not to; advice that I ignored because I felt strongly that one of the reasons people should vote for me WAS because I was a woman – an extremely QUALIFIED woman – with personal and professional skills that would benefit council and the residents of the community she loved. Janovitz believed council needed diversity in membership, ideas and approaches.

Not only is Janovitz the first woman in 15 years to serve on council (the last woman serving was Alice Jacobs), but she was also the first woman in the Cleveland office of her law firm to be on its executive committee and the first woman to become a partner while working part-time. Being the only councilwoman does not pose a challenge



Here are some *"pearls of wisdom"* that have resonated with me:

- If possible, find work that you love so that it doesn't seem like work, but is, rather, just a positive part of your life.
- Don't let others define success for you; define success for yourself. It varies for different people and the journey, however you define it, takes time and hard work.
- Seek out leadership roles early.
- Be a mentor to other women when you're in a position to do so.
- Set a vision early and prioritize what you care most about. Periodically, reevaluate where you are and where you want to be, and then make any changes necessary to achieve your goal.
- Reach high, but bring others up with you.

to Janovitz; being the only NEW councilperson does. "I am used to being the only woman in a sea of men, which has put my husband, Lee, in situations where he was the only man in a sea of women," she said with a smile.

Janovitz went on to explain that, at a partners' meeting in the Bahamas many years ago, she spent mornings with her (then-all male) partners inside the hotel. While she discussed firm business with the men, Lee was spending his mornings poolside with the (then-all female) spouses, happily offering to get them drinks. Since that time, Lee has been referred to by Janovitz's partners as "cabana boy."

When asked about something distinctive about being on council, Janovitz smiled and said, "As trite as it seems, I may be more aware of my physical appearance than my counterparts are at council meetings because several people – not the men on council – make suggestions about what I should wear to the meetings or how I should style my hair so that I'll photograph well. I get a kick out of hearing others say that I am the 'prettiest' council member, especially since I think that Alec Isaacson is pretty good looking!" She paused, then added, "I've become good friends with my fellow council members, and I really respect and like all of them. The city is in good hands."

In her capacity as the council's communications chairperson, Janovitz was one of the councilpersons instrumental in having the meetings broadcast via a livestream feed, something that was activated in March. She's also eager to establish a program where seniors can sign up for assistance with transporting their trash to their tree lawn.

Through her role on council, she says she's learned a lot about zoning issues and, as a byproduct, she now views commercial development in the city differently. "I think of the Container Store (recently opened at

LaPlace) not only as a shopping destination, but also as a source of revenue for Beachwood."

Further illumination has been spread on the inner workings of the city services department, something for which she has gained a greater appreciation. "We have extremely talented, motivated and dedicated employees working in all departments for our city. When the streets are always plowed, it takes a lot of planning, and costs a lot of money."

Many residents have asked if she has any plans to run for mayor one day. "I have no political ambitions other than to be a productive council member who helps to bring positive changes to the city," she states. And that process can be stressful. When she votes on matters, she says she considers all the angles. But afterwards, she sometimes second guesses herself. "You can't always be certain you're making the right decision."

Who inspires her? Janovitz revealed that her longstanding role model has been her father, Al Bellin, who modeled for her and her sisters "to be kind and honest, and to help others through volunteer work." As her staunch advocate, she reports that he wore a "Barbara Bellin Janovitz for Council" t-shirt daily for five months, even to a Shiva," in advance of the election. She added, "I have always been motivated to be a positive role model for my daughter and sons, not only by talking to them about what I think is important, but also leading by example. I wanted to show them that it's possible to balance a home life with a professional life, and to also find time to give back to the community."

Janovitz wants to be able to look back on her life and say she made a difference - not only for her family and clients, but also for others. And, by being involved with policy-related matters, she believes she can achieve her goals.

Race for the Place

The rain showers didn't stop more than 3,600 people from participating in Race for the Place on Sunday, June 4 at Beachwood Place. This annual event is an opportunity for the community to celebrate National Cancer Survivors Day and to raise money to support the free programs and services provided at The Gathering Place for individuals and their family/support network who are currently coping with the impact of cancer in their lives.

This year, more than \$380,000 was raised by 181 teams, individuals and generous sponsors including University Hospitals Seidman Cancer Center as the presenting sponsor and Anthem and Medical Mutual as lead sponsors.

Mayor Merle S. Gorden was on hand during the Cancer Survivor Ceremony to present a

proclamation declaring the first Sunday in June as Race for the Place Day in Beachwood.

Matt Portner, a Beachwood resident, won 1st place in the male cancer survivor category and Leah Roter, also a Beachwood resident, was the 1st-place female overall winner. Teams won awards for raising the most members and the most money.

Corporate

- Largest Team: Zelman and Associates • 165 team members
- Most Money Raised: Advance Partners • \$15,637

Community

- Largest Team: Juma Team 82 team members
- Most Money Raised: Cancer is Stupid • \$9,236

Schools

- Largest Team: Fuchs Mizrahi 23 team members
- Most Money Raised: Fuchs Mizrahi • \$762

Health & Wellness

- Largest Team: Fully Functional Fitness • 52 team members
- Most Money Raised: Fully Functional Fitness • \$5,014

New Team Category

- Largest Team: Judy's Teal Team 73 team members
- Most Money Raised: Taub Squad • \$10,020

Matt Portner, a Beachwood resident, won 1st place in the male cancer survivor category and Leah Roter, also a Beachwood resident, was the 1st-place female overall winner.



Pictured from top: And They're Off!

Mayor Merle S. Gorden presents a proclamation to Eileen Saffran, The Gathering Place executive director.

Photos courtesy of Tom Lewis.

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Darcy Alter Playground Dedication



Sadie Alter, with Sophie, Max and Randy Alter, cuts the ribbon to dedicate the Darcy Alter Playground. Despite the rainstorm, attendees queued up for ice cream.

Photos by Scott Morrison, Discovery Photo.

The new Darcy Alter Playground at Fairmount Temple was dedicated on June 4 during a rain-soaked, yet love-filled, ceremony. Darcy, a beloved Fairmount Temple member, lost her battle to cancer in November 2015. In her memory, Darcy's siblings initiated a fundraising effort, matched by many others in the Fairmount Temple congregation and community to remember Darcy with a children's playground for the preschool and religious school.

"The Darcy Alter Playground is a place where children may play, think, create and laugh and I am just as excited as everyone else," said Jane Mayers, director of Fairmount Temple's Early Childhood Center. The playground is filled with slides, a stone garden, picnic tables, outdoor musical instruments and more.

The June 4 dedication included a ribbon cutting by Darcy's husband, Randy, and their three children, Sophie,

Max and Sadie; some words of thanks and shared memories of Darcy. Despite the rainstorm, attendees queued up for ice cream.

In reflecting on Darcy's love for her family and Fairmount Temple, Randy said he "couldn't think of a project that would have pleased Darcy more than a place for young children to play and learn. The celebration of this dedication is a happy occasion."



More time to share his favorite stories.

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Congratulations BHS Class of '17!

On Sunday, May 28, the graduation ceremony for the Beachwood High School Class of '17 took place at Severance Hall. Mr. James Reed III, Beachwood High School principal, had the honor of recognizing magna cum laude graduates. Congratulations to Eve Barnett, Andrew Feldman, Dana Kippen, Kalina Pateva, Asaf Roth, Jacob Sapell, Jack Spero, Swathi Srinivasan, Julia Warner, Amanda Wasserman, Shitong Wu, Jennifer Yen and Yuke Zheng.



Swathi Srinivasan and Andrew Feldman then shared heartfelt messages with their classmates.

In Srinivasan's speech, titled "Holding On and Letting Go," she said that some memories should be locked in a Pandora's box until their class reunion and others should be held onto, including, "The confidence you had to build in order to defend your political opinions in your government class. I want you to hold on to the sense of self-worth you had to build and rebuild when you, perhaps, lost an election in school. I want you to hold on to the passion for the arts, or humanities, or sciences that you discovered in that one class, or in that one club, with that one teacher who just inspired you to want to be better. Go. Find what you love, and if you've already found it, pursue it to the ends of the world. If you haven't found it, live your life with the intent that you will. You owe it to yourselves and to the people in and out of our school who cheered for you, who maybe wrote you a recommendation letter or proofread your essays, to be that person we all know you can be. We

didn't endure all these years of school dances, tragic music, and puberty for you to be someone else."

She added, "Most importantly, be ready to show who you are, to take a chance on other people, and to trust beyond your inner circles. I think you'll be happy with how it might all turn out, and that's all that matters. So, to the Class of 2017: Get ready. Get set. Go!"

Feldman's speech was titled "What Do You Want to Be When You Grow Up?" He recalled being asked that all through high school, saying he doesn't know a single high school freshman who knows what his or her future occupation will be. Feldman plans to study philosophy in college. As his first foray, he wants to pose the question, "Why do you want to be when you grow up? For what purpose will you live later in life, what passion will drive you, why will you choose to exist each day?"

He went on to explain that this is the question BHS has set him on the path to answer.

"Beachwood High School has helped me to see the purpose I will live for, the passion that will

drive me, why I will choose to wake up each day. I will strive to create a community wherever I go because I know that even when an individual is lost, the network of a community is lasting and supportive. The world is too unpredictable to plan on what you want to be, but each day of our lives we get to choose why we want to be. I hope that each of you can open yourselves to the intellectuality, support and sympathy of Beachwood and find your own reasons to be. Thank you."

Go. Find what you love,
and if you've already
found it, pursue it to the
ends of the world.

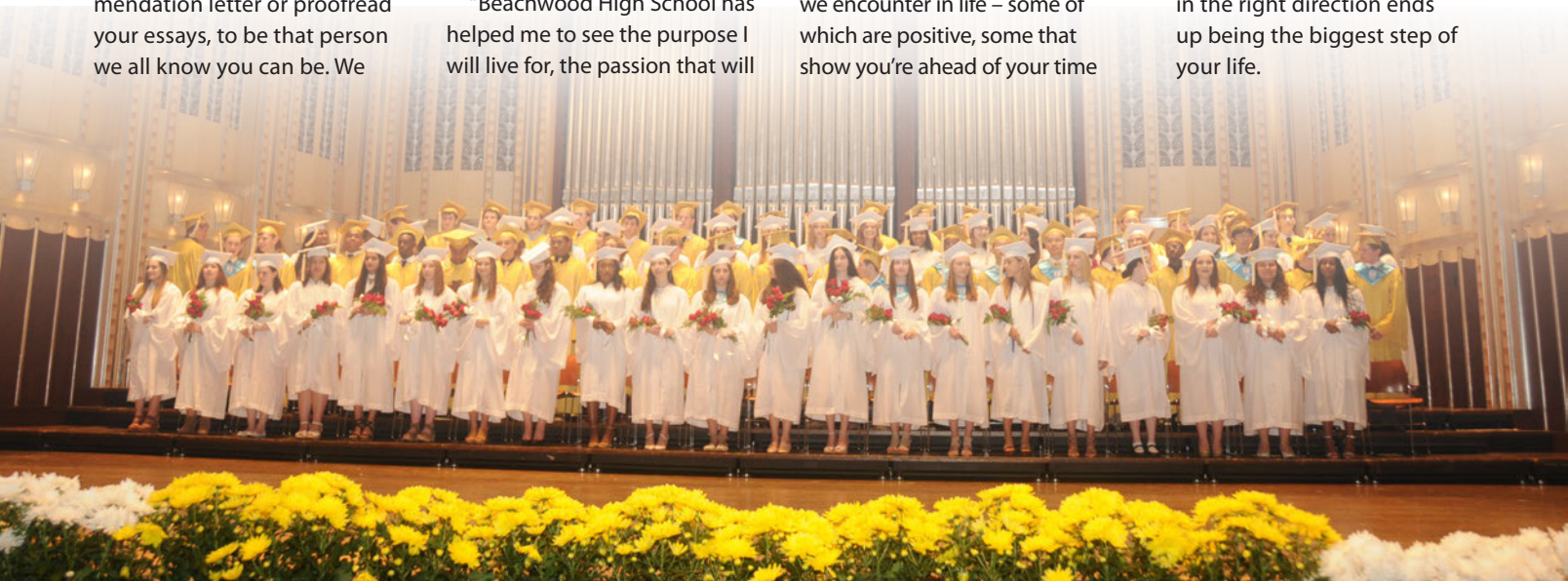
~ Swathi Srinivasan

School Board president Mitchel Luxenburg then addressed the Class of '17. He talked about signs – signs of the support students received to ensure their safety, happiness and success; and signs we encounter in life – some of which are positive, some that show you're ahead of your time

and some that encourage you to proceed with caution. He shared a story about a sign his dad gave him when heading off to college, which read, "Life is 10% of what happens to you and 90% of how you react to it." He went on to say that what is a sign to one, is not to another."

Luxenburg asked the class to pay attention to what came next, because something to follow would be on the final exam:

- Go placidly amid the noise and haste, and remember what peace there may be in silence.
- Train your mind to find the good in every situation. It's a good thing.
- Be the energy you want to create and surround yourself with people who reflect who you want to be. Be loyal to those who are not present. In doing so, you build the trust of those who are present.
- Do not believe in miracles. Rely upon them.
- Have the courage to take those first steps toward your dreams, even if you can't see them.
- Sometimes the smallest step in the right direction ends up being the biggest step of your life.



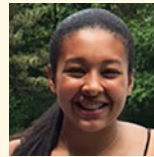
- Tiptoe if you must, but take the step. You are always one decision away from a totally different life.
- Push yourself, because no one else is going to do it for you. If people tell you something is impossible, remember that just means it's impossible for them. Not you.
- Keep your promises. Live beneath your means. Return everything you borrow. Stop blaming other people and making excuses. Admit it when you make a mistake. Do something nice and try not to get caught. Listen more. Talk less. Be kind to kind people. Be kind to unkind people.
- Let go of what you can't change. Take the calculated risk. Keep your promises.
- Say *thank you, I love you and great job* to someone each day.
- Make your handshake mean more than pen and paper.
- Do not confuse your career with your life, or your path with your

destination. Just because it is raining, it doesn't mean that you aren't headed for sunshine. The greater part of your happiness or misery will depend upon your disposition, not your circumstances. No matter how you feel, get up, dress up, show up and never give up!

- Risk more than others think is safe; care more than others think is wise; dream more than others think is practical; expect more than others think is possible.
 - Be thankful for nights that turned into mornings, friends that turned into family, and likes that turned into loves.
- Luxenburg finished his speech by saying, "There is the thing about life. You only get one. So go out there and be amazing. One day your life will flash before your eyes. Make sure it is worth watching. Go confidently in the direction of your dreams and live the life you've imagined.



Pictured opposite page: Beachwood High School principal Mr. James Reed III. *Pictured above, from left:* Swathi Srinivasan, Andrew Feldman and School Board president Mitchel Luxenburg.



Excerpt from Elizabeth Metz's Beachwood Middle School graduation speech. Metz was president of her middle school class and will continue as president of the incoming Beachwood High School class.

"We are the next generation. Sooner or later, the whole world will be influenced by actions of the teens all over the world, who are our age and just like us. It's up to us to decide what we want to do with what we've learned: you can toss it all away, or take it and go beyond what one could imagine. So, take your education, and use it as a tool that no one else has - kind of like a collec-

tor's item. Every one of us is a remarkable person, with a unique mind. All of us are capable of anything if we put our minds to it. Be in charge of what you know and what you find out. Be aware of your boundaries. Be amazing. Surprise us, too. Be the best you that you can be. I wish all of you the best of luck in high school, and as for the Class of 2021, congratulations, we're moving on up!

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Jacob's Journey



When Beachwood resident Jacob Schnall graduated college, he accepted a job at Hyland Software. Although he was building a successful career with two promotions in three years, this path did not excite him. He always had a passion for environmentalism, the outdoors and teaching. Schnall told us that he is methodical about how he approaches things, and his inner voice told him to go out, explore and have a different experience. Once he thought it through, Schnall recognized that if he dedicated time

to camping, learning and teaching – things he truly loves – while transforming his health through a healthy lifestyle, diet and mind, many doors would open to career opportunities for which he had a passion.

So, he thought, “What do I want to do?” He always wanted to travel and had never studied abroad. He wanted to become immersed in another culture. Travel was something he’d

always wanted to do but never took the step. He admitted to having been frugal and had saved enough money so that travel was now possible. “Some call it soul searching,”

Schnall told us. “I felt comfortable with where my soul was and who I was. My career was the gap and when something takes up that much mental energy, I try to address it.”

Schnall decided to travel to Central America and immerse himself in the culture. He felt that this opportunity would help him define what he wanted to do upon his return home. He chose Guatemala because of the amazing time he’d had on a previous visit. He recalled the public transportation, chicken buses, school buses from the 60s and 70s, and having a fun time. He fell in love with the landscape, people, culture and country.

Although Schnall didn’t speak much Spanish back then, he recognized the importance of learning the language, saying, “If I can learn the language, I’ll be more aware. People trust you more and you trust them. If I can speak better and understand more, friendships will be that much more meaningful and I’ll become part of the community.”

Schnall had a plan. He moved to Guatemala and lived with a host family in the tranquil town of San Miguel. He absorbed the culture and language, recognizing the importance of speaking and un-



derstanding a second language to be a global citizen. He was surprised at how his language skills had improved in only six days and four classes, much of which he attributed to just about every Guatemalan's willingness to patiently teach him through conversation, whether at home with his host family, in the park, street, boat, store, restaurant, etc. "Almost everyone I met has been friendly, hospitable and open, allowing me to learn at all hours of the day," he said.

In addition to learning, Schnall took in what the areas had to offer. He hiked the Mayan ruins, played volleyball with locals and Aussies in Flores, attended a birthday party with Piñata smashing, wandered the streets of Flores, learned some scary folklore/myths of the region, went to see Star Wars in Spanish without subtitles, and cried with laughter about language errors, saying, "Failing is the best way to learn and I'm happy to be trying while making friends along the way."

Early on, Schnall attended a one-on-one Spanish class in the morning and volunteered at Casa Hogar de Santa Domingo, an orphanage connected to a church in Santa Elena, teaching English to about 15 girls, ages 7-17, which was somewhat of a challenge. His favorite time of day was his 5 pm walk home, feeling accomplished and watching the sun set over the lake.

"It was exciting," Schnall said. "I was not on a stringent schedule and never knew what would come up. I never really had that in my life."

After about four weeks, Schnall headed to Belize, then Antigua. He made conversation with whomever was willing, and met Cristiano, who

mentioned an opportunity to teach English in the village, stating there are many friends who would be eager to learn. Wherever Schnall went, things fell into place. He made friends, built bridges and began understanding different lifestyles. He enjoyed teaching, volunteered on a ranch in Costa Rica, and admitted to having "a plethora of experiences along the way."

"Some call it soul searching," Schnall told us. "I felt comfortable with where my soul was and who I was. My career was the gap and when something takes up that much mental energy, I try to address it."

While camping and discovering cultures different than our own, Schnall forced himself to look at himself and things differently, to evaluate characteristics both in South America and at home, and weigh out strengths and weaknesses. He also enjoyed meditation and one day, while meditating, Schnall had an epiphany. Mediating was a role in which he'd felt comfortable all his life. It was a strength for him to be a middle-ground person, to listen to different points of view and help people get along. This was when he recognized that mediating is like counseling, and asked himself, "How is it that I never thought about being a counselor?"

At that moment, he felt the weight fall from his shoulders. He continued to travel, but now he had a plan. He knew he didn't have to follow this new-found career path just then, but that he would get there. His specialty would be clinical mental-health counseling, although he understood that specifics may evolve and change.

Schnall traveled home, visited colleges, traveled the western United States, Mexico and Canada and chose to continue his education at University of Akron.

While working at Hyland, his physical and mental conditions were not optimal, a reason that set him on this journey. Furthermore, a friend had passed away, opening his eyes more. While on his journey, Schnall changed his diet and lifestyle. He journals often, enjoys drawing and while there are still challenges, feels great.

"I believe removing habits/routines of home was the greatest factor in identifying a new path. I believe it's important to be aware that although travel thrust me into a space surrounded by change, those same things can be accomplished at home through sudden or incremental routine changes. For me, those too have been rewarding and quite possibly greater than those on the road."

Schnall continues to work toward his Master's degree in counseling. He works at the Nervous Dog coffee shop and Highland Springs, an in-patient and out-patient mental health and addiction-treatment facility in Beachwood, and continues to follow his passion of being a clinical mental-health counselor. And while he follows his passion, he also followed a path that led him back home, to Beachwood.



Pictured opposite page:
A market in Xela.

Jacob Schnall at
Glacier National Park

Above: "The Bluff" Life's a
beautiful gamble.

While camping and discovering cultures different than our own, Schnall forced himself to look at himself and things differently, to evaluate characteristics both in South America and at home, and weigh out strengths and weaknesses. He also enjoyed meditation and one day, while meditating, Schnall had an epiphany.

Women4 Women Knitting4Peace

Women4Women-Knitting-4Peace is a grassroots organization dedicated to crafting hope, healing and peace one stitch at a time. Anyone can participate! For those who don't knit or crochet, you can be taught. Yarn is donated and patterns are available.

The organization continues to grow and evolve and now accepts shawls, peace pals, premie caps, hats, scarves, socks and its newest creation – octopus dolls that help preemies in the NICU thrive. The tentacles of the octopus resemble the umbilical cord, remind babies of the womb, and provide comfort.

Women4Women Knitting4Peace will hold its next meetings on Friday, July 7 and

Friday, August 4 at the Beachwood Library from 10 – 11:30 am and you are invited to attend. If you enjoy knitting or crocheting, socializing and doing something worthwhile for someone in need, stop by!

For more information, contact Iris November at lbertyclub@aol.com.



For the last two years, Fairmount Temple's Early Childhood Center invited Beachwood resident David Novinc, a retired University Heights police officer, to speak to its pre-k class about safety. The program's pre-k teachers recognize the importance of teaching kids about how officers are community helpers who assist in keeping children safe.

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The Beachwood High School Girls Track & Field Team Won the Division II State Championship

The Beachwood High School Girls Track & Field Team won the Division II State Championship. This marks the first OHSAA State Team Championship in Beachwood history, in any sport. It was a historic weekend that was truly a team effort.

Congratulations go out to Willie Smith (head coach), Jamie Lader, Chris Kleis, Kelvette Beacham, Bruce Sherman and Christine Estrick on a fantastic season and for bringing home Beachwood's first state title. Congratulations go to team members Leah Roter, Mia Knight, Ashaunti Griffin, Ayla Gambrell and Ashley Perryman; and state alternates Maddie Alexander and Cayla Jeff.



The girls track team and their coaches meet on the medal stand to celebrate the first state championship in Beachwood athletics history.

OHSAA State Results - 2017

- Leah Roter - 1st in the 3200-meter run
- Ashley Perryman, Ayla Gambrell, Ashaunti Griffin and Mia Knight – 1st in the 4x100 meter relay. They also broke the school record that was set by last year's state championship team.
- Mia Knight - 2nd in the 100 meter dash. She broke the school record.
- Mia Knight - 6th in the 200 meter dash. She broke the school record
- Leah Roter - 5th in the 1600 meter run. She broke the school record.



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Debbie Hoffmann Receives NCJW/ Cleveland's Most Prestigious Award

Debbie Hoffmann was presented with the Hannah G. Solomon Award, National Council of Jewish Women's most prestigious honor, at the organization's June 7 Annual Meeting at Beechmont Country Club. The award is given periodically to the NCJW member who most exemplifies the ideals of the organization's founder in 1893, Hannah G. Solomon.

Hoffmann, immediate past president of NCJW, Inc., has a long history with the organization. Volunteering with NCJW/Cleveland as a young mother, Debbie was part of the Ms. Group, a young section of NCJW members. Her dedication and work ethic were recognized quickly and she soon found herself working with and taking leadership roles in NCJW/Cleveland. She was named president, NCJW/Cleveland in 2000.

As president of NCJW/Cleveland, then as chairperson of the Diabetes Partnership of Cleveland, and chair of the Board of Council Gardens, Debbie was recognized as an achiever who demonstrates her strategic value by maintaining the stability of the organizations, while encouraging self-examination and adaptability to change.

In 2014, she became president of NCJW, Inc., where, among many other accomplishments, she led NCJW in the Women's March on January 21 in Washington. During the last 100 days of President Obama's term, she led 400 NCJW women, carrying miniature constitutions, to the Congressional office of Senator Chuck Grassley, head of the Congressional Judiciary committee, to ask him and all senators to hold the hearing NOW for President Obama's nominee to the

vacant Supreme Court position. She has developed relationships with the leaders of many major Jewish organizations. Among other activities, as a member of the Conference of Presidents, she has walked the March of the Living in Poland; as president of NCJW, Inc., she participated in a White House briefing with President Obama and former Prime Minister Shimon Peres and at the White House Summit on Women.

"Debbie's defense of gender equality, women's health issues, and voter's rights exemplify the ideals of Hannah G. Solomon, NCJW's founder," said Susie Gordon, NCJW/Cleveland co-president. "She understands the global community, is always forward-thinking and totally focused in her quest to fulfill NCJW's mission to improve lives for women, children and



families," added Myrna Arlen Bloch, co-president, NCJW/Cleveland. "We are honored to recognize Debbie for her many leadership qualities."

Debbie is married to Andrew Hoffmann, an attorney who, she stresses, has always been a very supportive and encouraging husband in all that she pursues. "He has been my steady cheerleader," Debbie tells us. Debbie has three children: Aaron, an attorney, who with his wife, Jessi, a clinical psychologist, live in Connecticut; Carly, an assistant editor with Amazon.com Publishing, lives in New York City; and Ruth Berry, who works for the U.S. State Department in the area of middle eastern affairs.

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Students Explore Medical Field at Ahuja Campus

By June Scharf

"I'll be looking at one of you some day when I have surgery, and then I'll go home an hour later," Dr. Lee Ponsky told a group of 19 ninth-grade Beachwood students last month, in an hour-long session where he addressed the rapid advancements in medical technology, among other topics.

The student group – composed of roughly an equal number of boys and girls – was participating in a free, two-day summer medical academy, now in its fourth year, at University Hospitals Ahuja Medical Center. The academy's purpose is to expose students to the medical field, which might enhance and augment their career interests in this area. In many cases, it did just that, stirring great curiosity and excitement.

When Dr. Ponsky showed the students a video featuring the use of a robotic arm to perform the delicate task of peeling skin off of a grape to demonstrate the technology's capabilities, one student yelled out, "Can I try that?"

Dressed in jeans and a casual demeanor, Dr. Ponsky made medicine feel accessible by detailing his typical day, his career path, and both the challenges and rewards of the profession.

As a urologist who specializes in surgeries involving cancer, he described how medicine has entered the age of robotics, and students' video-gaming skills will play handily into it. This is due to how robotic devices are operated by equipment that is similar to handheld gaming controllers. The devices have extra rotational ability, and they correct for any extra movement, which makes them superior to a surgeon's own hands, Ponsky explained.

"The robot's precision helps save blood vessels and nerves – and this is just the beginning," Dr. Ponsky told the students, adding, "Your gaming skills will definitely translate to medicine."

He further reported that the screens used with the robotic devices provide three-dimensional images, allowing for greater use of laparoscopic surgery where minimal incisions are made and recovery is much faster. But he also highlighted the future of image-guided surgery, such as a non-invasive technique now being used to treat prostate cancer. It involves a probe that "sends ultrasound waves through a fancy magnifying glass at a high intensity, which permits precise treatment of the cancer without

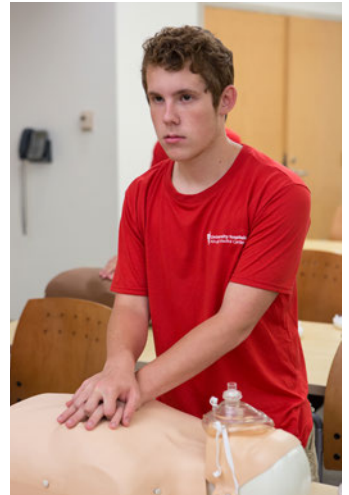
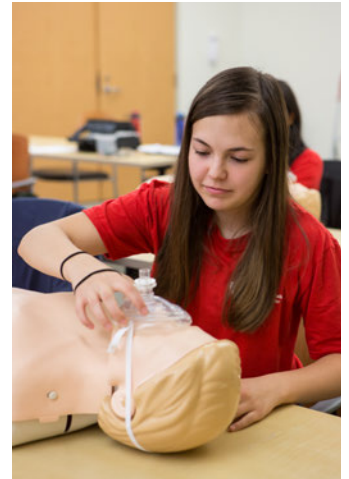
injuring the surrounding tissue." This suggests a future where patients may return home shortly after their procedure with little to no side effects.

"We need young smart people to advance this technology," he stated.

Ponsky played more surgical videos for students, which were met with mixed responses, including some giggles and a few gleeful outcries: "I love this!" "It's awesome!" "Someone should make a surgery video game!" He told them "there are tons more surgical videos on YouTube, if you can stomach them."

One student called the video viewing a "try not to cringe" challenge. "I hope I never need surgery!" said another. Others just looked away.

Ponsky mentioned that he removed a patient's kidney earlier that morning, which took only an hour. He also told them about the dramatic impact cigarette smoking has on organs and illness, specifically



Pictured from top: Alexa Zarjetskiy and Thomas Zeibro during CPR training; Ilana Feuerman, Arielle Kesselman, Elizabeth Metz and Mallory Chylla waiting to use the Da Vinci surgical robot; followed by Ilana Feuerman's opportunity to see how it works.

Photos by Scott Morrison, Discovery Photo.

how it can cause bladder cancer (in addition to lung cancer). "It's so bad that I wish it were illegal," he said, while noting how much it adds to healthcare spending.

He also shared with students his own path to medicine, something that was heavily influenced by his father, Dr. Jeffrey Ponsky, a nationally renowned endoscopic surgeon. "I respected the respect he earned." At age 13, he volunteered at a hospital "just to be around medicine." He ran blood samples to the lab and was "in awe" of everything he saw. "I transitioned from wanting to be a doctor because my dad was one to wanting to be one for me." He added, "I wanted to be the person others could count on."

It took 16 years of post-high school education and training to ultimately become a doctor, but he said it was worth it and

it allows him to have a comfortable life now. "If you want it, you need to work hard and pay your dues."

"Nothing grossed me out, in fact, I thought it was cool!"

— Brooklyn Hollimon,
BHS 9th grader

One student asked how many tests he had to take in all those years, to which he replied, "A lot...but don't worry about tests, they don't stop coming." He admitted that it sounds intimidating, but he told the students to not be afraid of hard work.

Other parts of the academy included lung- and heart-dissection under a doctor's supervision, CPR training and a hands-on opportunity to op-

erate a Da Vinci surgical robot, made by Intuitive Surgical, that performs minimally invasive procedures. The "patient" was based on the 1970's game "Operation," where objects are extracted from body cavities.

The first person to leap at the chance to use Da Vinci was Fernando Duraes, whose parents are both surgeons. He thinks the Da Vinci machine felt just like a virtual reality game. He also thinks he wants to be a doctor. "I like hearts," he states. "I'm not really grossed out by anything either," he adds. Dissecting a cow heart was particularly intriguing, he explains, especially when the supervising doctor indicated where the aorta and major blood vessels were located. "I definitely recommend this program because you learn a lot."

For Brooklyn Hollimon, the academy experience confirmed her longstanding interest in

medicine. "I've wanted to be a doctor for a while, and from what I've learned in this program, I've become interested in cardiac surgery." She also had no trouble handling the visuals. "Nothing grossed me out, in fact, I thought it was cool." Learning that surgery could be performed with very few incisions also proved to be a source of fascination for her.

Kate Brown, the Da Vinci experience nurse supervisor, noted that the students instinctively knew how to operate the robotic arm. "The best part is that I didn't need to teach them anything," she says said.

James Reed III, interim BHS principal, witnessed the students at the academy and says he was happy to see so many females in the science-based program. Plus, he observed how "it's a fantastic opportunity for students to gain insight into the medical profession."


To become a participant in this summer program, incoming ninth graders need to follow a required course sequence.

Linda LoGalbo, director of Curriculum and Instruction, oversees the medical academy and can provide interested students with detailed program requirements.

"The medical academy is a unique partnership that offers Beachwood students on-site immersion experiences each summer, as well as across all four years," LoGalbo states. Other opportunities include seminars that cover topics such as anatomy, physiology and genetics, all taught in conjunction with the Case Western Reserve University staff, for which students can earn a 1/3 credit on their transcript. Additional subjects are offered without credit. Those participating in all three summer courses can earn one credit.

Supplemental seminars are offered monthly to students in 8th – 11th grades where speakers describe a particular medical career path. Typically, 30 students attend these lectures, according to Bobbi Rude, UH community outreach LPN.

Additionally, students can attend grand rounds where doctors discuss patient cases on Tuesdays from 7 – 8 am or during evening hours. "This opportunity provides an insightful look at medicine – it's a privilege to have that kind of access," says Rude.



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The Art of Framing

Artwork is personal. Whether it's a photo, painting, tapestry, collage, children's art work, memorabilia or something else, there's usually something that can resonate within us. When displaying artwork, we want to do so in a way that draws in the viewer. When framing artwork, the frame should be noticeable, but not so much so that it distracts from the art itself. So, once we obtain art, how should we frame it?

We have many options – from ordering online, to purchasing pre-made frames, to going to a professional framer. Last month, I talked with Sara Kraber, a second-generation artisan framer and founder of Wood Trader Framing, and here's what she shared:

Why use a professional framer?

A custom frame can make or break a piece of art – and preserve it. Low-cost, pre-made frames may look right, but they can actually damage your art-

work, so you need to determine whether or not you want your artwork protected.

When you walk into a frame store, choices can be overwhelming. How can the framing process be made easier?

A competent designer will talk to you about your objectives and offer various approaches to showcase your piece in a way that maintains the integrity of the medium. Your designer should explain why the selected colors, spacers and frames work

with your art. He or she should also talk about preservation.

Why type of clients do you serve?

We serve museums, institutions and individuals from every walk of life – offering service, craftsmanship, competitive prices and personalized care. No matter what you want to display or where you want to display it, we help customers discover the perfect solution.

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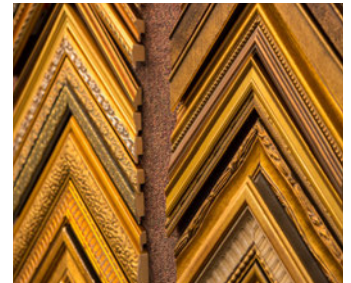
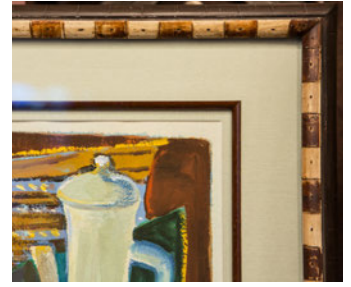
From basic framing to gallery-quality treatments, custom fabrication, gilding, wall arrangements, shadow boxes or restoration, we handle each job with professionalism and care.

What if your client is on a tight budget?

Professional framers guide you through the design process and educate you about finding the proper materials for the art being framed at a price that works. A thinner frame and single mat will cut down on costs.

How should artwork be cared for at home?

Avoid heat, sun light and dampness, all of which can damage artwork. Gently clean frames with a soft brush. If cleaning fluids are used to clean the glass, apply them to a paper towel rather than spraying the glass. Make sure artwork is hung securely, with two hooks. All light fades colors. If artwork is to be



hung opposite large windows, UV-coated glass can help to slow down the fading process. To store artwork, stack it right side up, glass to glass, so that the hangers do not damage the frames.

For matting artwork, is there a rule-of-thumb formula for dimensions?

Trust your framer – they know proper proportions. There are no rules – personal preferences determine mat sizes.

Break it down. When should a professional framer be used, versus buying a pre-made or custom frame?

Never use an online framer if you want a quality product. Don't assume that a chain that offers a large discount is a less expensive alternative. Shop it! Compare professionalism, taste and quality before considering price. Remember – you are framing for now and the future.

Photos by Scott Morrison.



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Taking the Bite Out of Pain

By Dr. Scott Rose

Many people live with headaches as if it were a normal part of life. Others see their physicians who give them drugs to mask the symptoms. I always looked at this as a leak in the ceiling. You can live with the constant dripping or the permanent water spot, and the persistent annoyance. Or you can just paint over the spot to mask it. So, my question is, if you are going to expend energy being aggravated or masking the irritation, why not just use that energy to find the source of the problem and fix it at the source?

Half the headache patients I treat have just lived with the pain, which has really impacted the quality of their lives. The other half have been given all kinds of drugs to mask the pain.

Now that is not to say that all medication is bad, but taking these meds are not without their own set of direct effects on the body and mind. If you could choose a treatment that not only helps the headaches, but also helps restore balance to the body without drugs, and addresses the cause of the problem – why not choose this avenue?

Most headaches have a muscular component and the sad thing is – this is rarely addressed. Headaches, jaw pain, popping of the joints, ear congestion, neck pain and even tingling in the fingers can be the result of a bad bite. A dentist who is specifically trained in Neuromuscular Dental Principles, with the right computerized diagnostic equipment (Myotronics K7), can find the most muscle-relaxed position of the jaw, a position where the muscles are in balance, happy and pain free.

When the jaw is placed in this position, good things start to happen. Pain begins to go away, posture improves, and body balance begins to recover. Without drugs. So, the question is, are you the person who wants to mask the leak or fix it?

The best answers to solving the pain puzzle may not always be the most obvious or the fastest. Doing nothing or chronic drug use may be more harmful in the long run to total body health. Choose options that not only address your issues but those that are safe, gentle, and non-toxic.

Dr. Scott Rose is a Beachwood resident. For more information, visit www.good-health.dental.

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Fairy Tales, Shmairy Tales

Gross Schechter Day School was back at it again with a second bi-lingual theatrical production, "Fairy Tales, Shmairy tales," written and directed by Sheri Gross. The evening program began with a performance by the Schechter band, featuring a guest appearance by Randy Boroff, head of school, on saxophone. This was followed by the Schechter choir and the main production. Students in kindergarten through fifth grade participated in this comedic remake of childhood fairytales in both Hebrew and English (with some Yiddish as well). Rapunzel, Snow White, The Three Little Pigs, The Little Red Hen, Little Red Riding Hood (and many more!) made their appearance on stage last night.

"This was a pretty complicated show with 107 students,

six fairy tales complete with songs, four 'commercial breaks' and lots of Yiddish humor. I am so proud of what an amazing job these kids did and am so grateful for all the positive feedback I have received from parents and our community," Sheri Gross, director of creative programs, said.

Gross Schechter Day School continues to expand its arts programs with the creation of Sheri's position. All students participate in weekly drama classes, music classes, arts classes and can participate in after-school arts programs.

"We can see our students' confidence, presentation skills and enthusiasm for the arts growing daily with these new programs, and we are very pleased that we are able to offer these opportunities at Schechter," Boroff said.

"This was a pretty complicated show with 107 students, six fairy tales complete with songs, four 'commercial breaks' and lots of Yiddish humor..."



Beachwood residents Sadie Barnholtz and Ari Kiwi perform at Fairy Tales, Shmairy Tales.

Container Store Opens at LaPlace

The Container Store debuted its 87th store and first location in northeast Ohio on Saturday, June 10. As part of the retailer's commitment to its local communities, the store took great pride in donating a percentage of its Grand Opening weekend sales to the Ronald McDonald House of Cleveland, a total contribution of \$12,000.

"The Ronald McDonald House of Cleveland is proud to be the nonprofit partner of The Container Store's Grand Opening Weekend," said Amy Pausche, development director, Ronald McDonald House of Cleveland. "The values of the two organizations align so beautifully. This donation is a testament to the generosity of The Container Store and our community in support of keeping families close when it matters the most."

The Container Store's Cleveland

super fan, Maryellen Fedeli, was first in line and received her own gold shopping cart. In addition to being first in the store on grand opening day, her super fan prize package included a \$250 gift card, a boxful of Container Store products, her own crown, a sash to wear and an invitation to the private preview party.

The storage and organization retailer's 25,000-square-foot store filled with 11,000 products to organize every area of your life provided the perfect backdrop for a private preview party on Thursday, June 8, in collaboration with Ronald McDonald House of Cleveland supporters. Around 1,500 guests enjoyed perfectly chilled champagne and lavish hors d'oeuvres, all served in The Container Store products, and danced to live music. Mayor Merle S. Gorden presented a proclamation.



The Container Store's Cleveland super fan, Maryellen Fedeli, was first in line and received her own gold shopping cart and a super fan prize package.

Mayor Merle S. Gorden presents a proclamation to the Container Store in recognition of its opening.

Good Samaritans Honored

Two good Samaritans were recently honored and presented with proclamations at a Beachwood City Council meeting. Dazhane West and Semoan Thomas were recognized for their efforts in resuscitating and saving a one-and-a-half-year-old child, unconscious after suffering a seizure.

On Monday, April 14, Chris Mileti and Elizabeth Horn were driving home from dinner with their young daughter, Aubrey, when she started seizing. Aubrey has a history of mild febrile seizures, but this one was much more severe. They pulled over at Beachwood Place as Aubrey was turning blue and beginning to foam at the mouth. They put Aubrey onto the sidewalk and frantically waved for help.

Semoan Thomas, a licensed practical nurse (LPN) of seven years, was walking out of the mall with her family as she heard screaming and reached the scene. Seconds later, while Dazhane West and her brother were driving to exit the mall, Dazhane saw the family's cry for help. West is a practicing certified nursing assistant (CNA), serving as in-home help for seniors. She is also in her first year of nursing school at Akron University, and just passed a CPR course last semester.

"It was very scary to witness a young child in that condition," said West. "The caretaker and

survival instinct inside of me said, 'I've got to help this child'. It was something I had to do."

West performed chest compressions and breathing on the child as Thomas supported her head, checked for a pulse and listened for signs of breath.

"A mother myself, seeing a baby in that state hit me incredibly hard," said Thomas. "My hand was on her chest when she began to cough and I screamed 'she's responsive!'. I don't think I've ever felt such immense relief."

For Aubrey's parents, the experience is still tough to digest. They watched as their baby stopped breathing before their eyes.

"I've never been more terrified. There were seconds – which felt like hours – when I thought my baby had died," said Aubrey's mother, Elizabeth. "These women are angels. They came to help complete strangers and they saved my baby's life."

Moments later police and emergency crews arrived. Aubrey was taken to the hospital for further evaluation and appears to be healing well.

"Our police officers were quick to identify these women as heroes in our community," said Mayor Merle S. Gorden. "Thanks to their life-saving efforts, we avoided a potential tragedy. We are so glad Aubrey is doing well, and we are happy to honor these well-deserving good Samaritans."



Pictured from left: Elizabeth Horn, Semoan Thomas, Dazhane West, Chris Mileti and Aubrey.

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Your Family Name Was NOT Changed at Ellis Island

By Ken Bravo

Whether you call it a bubbe-meiseh, an old wives' tale, a myth, or simply alternative facts, there are those who firmly believe their family names were changed upon arrival at Ellis Island. These "tales" are handed down through generations and often reinforced on screen. Take "The Godfather," for example, when young Vito Andolini from Corleone, Sicily arrives at Ellis Island and is mistakenly identified as Vito Corleone. Similar stories have appeared in newspaper obituaries and elsewhere to explain a changed family name.



Ken Bravo

Many cite the story of immigrant Sean Ferguson who forgot his name at Ellis Island, responding shayn fargesn ("I forgot" in Yiddish) to the question, "What is your name?"

As explained by Gary Mokotoff, "the grandfather of Jewish genealogy," this story has also been debunked. It seems there was a Tracy Forgotson who Americanized his last name to Ferguson. Because he was a fundraiser for a Jewish organization and did not have a "Jewish sounding" last name, he began his after-dinner speeches with the invented story of how his grandfather forgot his name at Ellis Island and blurted out "shayn fargesn" to the immigration official. For more details check out this story at <http://forward.com/culture/13017/myths-and-facts-01540/>.

In reality, those emigrating from abroad were listed on ship manifests at the port of embarkation and these manifests were used as a checklist upon their arrival. At best, there may have been some illegible handwriting on the manifests, but it was not the job of immigration clerks to randomly assign or suggest names.

It is important to understand that many of our Jewish ancestors, if they were literate at all, were most likely literate in Yiddish only. That means that they had not seen their names written in the Roman alphabet and that someone at their point of embarkation had to translit-

erate the name. That fact in itself may account for variations in the spelling of family names.

It is true that names were changed for a variety of reasons. Often there were relatives who had arrived earlier and already changed the family name. It may have been changed because it was too long and hard to pronounce or sounded too foreign. When I speak about Jewish genealogy, I often use the example of Hirsz, Aaron, Szmul and Itzhak Wonskolaser. You probably know them better as Harry, Albert, Sam and Jack—the Warner Brothers of movie and entertainment fame.

People often ask how they can find their original family name. The easiest way (after 1906, when Congress changed the law and required more uniform and greater detail for naturalization) is to track down naturalization forms that were completed in the process of applying for citizenship. The record should also provide information on the ship on which their ancestors arrived, the date of arrival and the port at which they docked (not everyone arrived at Ellis Island, but that's an entirely separate story).

If you're interested in researching your family, I suggest the Jewish Genealogy Society of Cleveland (<http://clevelandjgs.org>). A great book to get you started is "Getting Started in Jewish Genealogy" by Gary Mokotoff and available from Avotaynu (<http://www.avotaynu.com/books/GettingStarted.htm>) for \$16.50.

Ken Bravo has been researching genealogy since the mid-1970s. Bravo is a past president of the Jewish Genealogy Society of Cleveland and is currently vice

president of the International Association of Jewish Genealogical Societies. He also has his own business, The Nuts and Bolts of Jewish Genealogy, to assist others in their research.

Using Newspapers to Research Family Stories featured at Jewish Genealogy Society Meeting

"How to Use Newspapers to Research Family Stories"

Wednesday, August 2 • 7:30 pm

Menorah Park • Miller Boardroom • 27100 Cedar Road

By Ken Bravo

Newspapers contain a wealth of information about our families – not only the usual birth, marriage and death announcements, but, often more importantly, what relatives did in the years in between. Bravo will demonstrate the types of information to be found and then explain how to locate and research newspapers, both large and small, general and Jewish specific, which were published in the towns and cities of those ancestors.

Bravo retired as a partner at the Cleveland-based law firm of Ulmer & Berne, where his practice focused on business litigation, the defense of white-collar criminal matters and securities-related litigation and arbitration.

Since the mid-1970s, Bravo's hobby has been genealogy. To that endeavor, he has located relatives (both living and deceased) all over the United States as well as in Canada, South America, Russia, Great Britain, Israel and Australia. In an effort to preserve more information for his now-eight grandchildren, he expanded his research to include the families of his children's spouses.

Currently, Bravo serves as the vice president of the International Association of Jewish Genealogical Societies (IAJGS). He is a past president of the Jewish Genealogy Society of Cleveland. He also belongs to the Ohio Genealogical Society and the East Ohio Genealogical Society. He is a frequent speaker on multiple subjects regarding genealogy research and has spoken at RootsTech, the Ohio Genealogical Society, the East Ohio Genealogical Society, the International Association of Jewish Genealogical Societies Annual International Conference, the Jewish Genealogy Society of Cleveland, and the Northeast Ohio Computer-Aided Genealogy Society.

The Jewish Genealogy Society of Cleveland meets on the first Wednesday evening of the month. Board members are available at a help desk from 7 pm to assist with individual research questions. Guests are welcome. RSVP to: Programming@ClevelandJGS.org.

Gallery Open House

"Perspectives in Opposition: Horizons and Quartets"

by famed Israeli painter, Arie Azene

Sunday, July 9

1 – 4 pm (Gallery Talks at 1:30 pm and 3 pm)

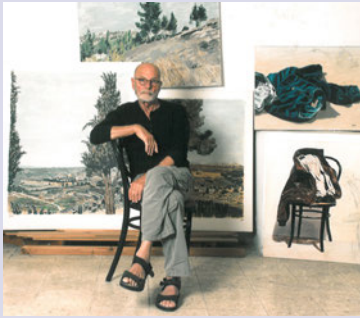
Roe Green Gallery at the Jewish Federation of Cleveland

Jack, Joseph and Morton Mandel Building

25701 Science Park Drive, Cleveland

To register, email jlisiewski@jfcleve.org.

About the Exhibit: Arie Azene was born in Germany in 1934 and grew up in the Tel-Aviv neighborhood of Neve Tzedek. He lived on Kibbutz Zov for 28 years and currently lives and works in Jerusalem. He has had many one man shows since 1960 – in Israel, USA, and world-wide. His works are in many museums and private collections. Skyline & Coastline, created from 2000-2011, explores the virtual line between two elements of opposed nature – as between the real and the abstract. In "Quartets" Chamber Paintings, Azene's most recent work from 2013, Azene adapts the rules of chamber music into visual art.



It was a stunning sight to see 95-year-old Peggy Einstein with a big grin, perched on the back of a Harley-Davidson with Mayor Merle S. Gorden, while her friends and family cheered her on. Peggy enjoyed the ride and wanted to go really fast. This ride fulfilled a dream for Einstein, through Menorah Park's D.R.E.A.M. (Dare to Reach for Every Amazing Moment) Team. If you have a loved one at Menorah Park and want to help make a dream come true, email nsutula@menorahpark.org. To donate to the D.R.E.A.M. team, email jfox@menorahpark.org.



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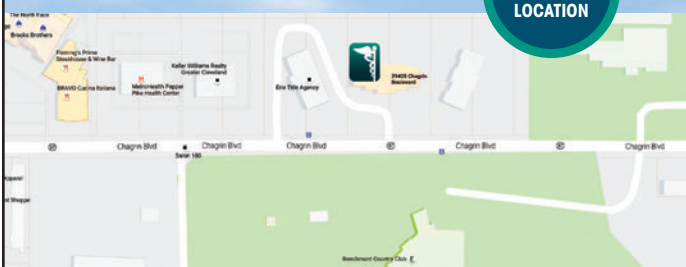
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Worrying is a Part of Life

by Jen Stern

Worrying is a part of life. Most of what we worry about is completely out of our control, but we do have control over our ability to make mindful, healthy choices, like not smoking, wearing a seatbelt, going to our annual wellness check-ups, etc. There are strategies that can be implemented to interrupt worrying, each of which interrupts the anxiety-producing thoughts and counterbalance them with active, self-soothing techniques.



Breathe:

Breathe in calm and breathe out worry. Breathe in deep full breaths as you say to yourself, "Breathe in calm."

Exhale deeply as you say to yourself, "Breathe out worry." Repeat.

Identify and practice an empowering mantra: I can and I will. I am strong. This too shall pass. I've got this. I can do this. Find one that works for you.

Positive distractions: Go for a walk. Listen to music, or funny or inspiring podcasts. Cook or bake. Watch a funny show on TV. Do a crossword puzzle or play a game on your phone or computer. Exercise. Talk with friends or family (the ones who take away worry, not add to it).

Practice active gratitude awareness: Write down or say to yourself three gratitude statements: I am grateful that in this moment I am safe. I am grateful that in this moment I

am here. I am grateful that in this moment I have choices.

Let go of what you cannot control and focus on what you can. Ask yourself, "Can I control this?" if the answer is no, let it go and try to identify and focus on what is within your control. I cannot control whether I get the job, but I can try to learn as much as possible about the company and the position and be well prepared for my interview.

Facts over feelings. Try to identify facts to counterbalance your worries. Feeling: I worry that if I drive on the highway, I will get into an accident. Fact: Most people do not get into an accident when driving on the highway. Is it possible? Yes, but it is not likely.

Integrating self-soothing techniques to counteract worry takes no time at all and the results can be immediate and impactful.

Use driving as an example:

Breathe: Breathe in calm and breathe out worry. Breathe in deep full breaths as you say to yourself, "Breathe in calm." Exhale deeply as you say to yourself, "Breathe out worry." Keep your eyes open and your hands on the wheel.

Identify and repeat an em-

powering mantra: I can do this. I can do this. I can do this.

Positive distraction: Listen to music or a podcast in your car.

Practice gratitude awareness: I am grateful that my car is in good working order. I am grateful that my gas tank is full. I am grateful that I have control over my speed and that I am focused on the road.

Let go of what you cannot control and focus on what you can control: I cannot control how others drive but I can control how I drive. I can stay in the slow lane and drive the speed limit. I can wear my seatbelt. I can keep both hands on the steering wheel. I can focus on the road ahead without distraction.

Facts over feelings: The fact is that millions of people drive on the highway without incident.

Fortunately, most of our worries are for naught. Stay in the present with what you know to be true and counterbalance worry with self-soothing techniques.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information she can be reached at 216.464.4243.



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Monday, July 10 • 2:30 – 3:20 pm
Sea Turtles:

Amazing Reptiles of the Sea
by Mote Marine Laboratory
(Sarasota, Florida)

Monday, August 7 • 2:30 – 3:30 pm
"Titanic" by The Mariner's Museum
(Newport News, Virginia)

These programs, free and open to the community, are held in Menorah Park's Miller Boardroom, 27100 Cedar Rd. For more information, email LASuver@menorahpark.org or call 216.831.6500. Programs are made possible by Candy and Brent Grover and Shirley and Bob Lev's Lifelong Learning Funds.

The Art of the Garage Sale Deal

What is it about garage sales anyway? Despite spending months decluttering my closets, basement shelves, bathroom vanities and kids' bedrooms, just one garage sale sign and my resolve to avoid these sales vanish like yesterday's hero.

All it takes is a freshly minted garage sale sign propped on a lawn and I hear Bob Barker's voice in the background, cajoling me to "Come on down." And seriously, who can pass up a garage sale sign that slyly reads, "Grandpa finally died."

So, I park my car and head for these sales, determined to only purchase something I am absolutely, positively certain I cannot live without.

That thought lasts, oh, about five seconds.

As soon as I walk up a driveway loaded with a dizzying array of clothing, furniture, kids' toys, household goods, books, artwork, luggage, bikes and assorted tchotchkes, I feel a rush similar to the discovery of Tut's tomb, but without the archeological gravitas.

That rush, aka a garage sale junkie's high, probably explains the essential allure of garage sales – the thrill of the hunt. After all, there are not too many wild beasts roaming Cleveland's eastern suburbs (except for assorted black and gold Beachwood Bison), so hoping to make a killing at a garage sale is as good as it gets.

The only trouble with the hunt is that you can't come home empty-handed. Even though you could probably walk away from that two-tiered salad server, you impulsively

buy it, only to come home later and scratch your head and ask, "huh?"

Okay I get it. I understand the psychological components that draw me to these sales, yet how could I resist a nearly new, still in its original box, bread-making machine for \$10?

After all, I said to myself, I only have to make three or four loaves of whole wheat, cinnamon-raisin bread and the thing will pay for itself. Rationalization is a wonderful balm, isn't it?

Even though you could probably walk away from that two-tiered salad server, you impulsively buy it, only to come home later and scratch your head and ask, "huh?"

And let's not forget the socialization aspect of garage sales. Some folks who hold these sales are so considerate that they serve lemonade and cookies, giving the event a delightful garden-party feel. Often, after chatting with the "hosts" for a while, I wish I had brought a small gift or at the very least a good bottle of California Chardonnay.

So, if you want some weekend adventure, or really need cloth-

ing, toys or household items at rock bottom prices – garage sale shopping can't be beat. And the recycling aspect is pretty great, too. Imagine all the blenders, waffle irons, roller blades, books, picture frames and coffee pots that have been saved from landfills thanks to garage sale shoppers.

With the ecology aspect in mind, and all the fun I have scouting for treasure, I recall Admiral David Farragut's fighting words, "Damn the torpedoes, full speed ahead."

A warm slice of homemade cinnamon, whole-wheat, raisin bread anyone?



Arlene Fine finds a filigreed Kleenex box cover for fifty cents that, with a coat of turquoise spray paint, can be recycled as an outdoor planter.

How to hold a garage sale in Beachwood

The City of Beachwood requires a garage sale permit. The form for the permit application may be obtained at: <http://www.beachwoodohio.com/DocumentCenter/Home/View/17>

For more information, call the Beachwood Building Department at 216.292.1914. The permit fee is \$5.

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Mandel JDS Celebrates at 47th Annual Meeting



Lucy Schiffman

The Mandel JDS community recently gathered to celebrate the past, present and future of the school. The event was held at the Mandel JDS Auditorium, attended by parents, staff and faculty, board members, community members, and students. At the meeting, school officials handled official board business, and also doled out awards and recognition to parent and grandparent volunteers, teachers and alumni.

Congratulations to Beachwood resident Lucy Schiffman, who received the Scharfstein Alumni scholarship, an annual, merit-based scholarship given

to a former student who represents the core values of Mandel JDS. Schiffman is a junior at Allegheny College, where she double majors in psychology and environmental studies, while minoring in community injustice studies with a concentration in peace and conflict studies. Schiffman embodies the core values of Mandel JDS through her dedication to social justice and her support of Jewish learning.

Heather Sesnowitz and Amir Shenhav were honored with the Gloria Abrams Parent Volunteers of the Year award for their hard work and dedication, and Zinovy Alman was named Grandparent Volunteer of the Year. Staff and faculty were recognized for reaching career milestones.

'WE STAND AS ONE!' Rally Against Medicaid Cuts

Menorah Park, a leader in advocacy for adults as they age, and administrator Richard Schwalberg acted on the possibility that in the new American Health Care Act millions could lose healthcare and Medicaid would face massive cuts.

Schwalberg created a petition and letters to Senators Portman and Brown, then invited the community to participate so that everyone's voice would be heard at the "WE STAND AS ONE!" rally, held at Menorah Park on June 20.

The rally was organized to raise concerns and sign petitions against the Senate's pending \$800 billion budget cuts to Medicaid over the next ten years.

"This was a show of strength. WE as a community, and as a leader in senior healthcare and residential living, WILL STAND AS ONE, to protect our seniors, and also provide a forum for them to express their opinions," Schwalberg stated.

Montefiore, a partner in advocacy, joined the rally and the march. Hundreds of residents, family members, volunteers, board members and staff from both organizations chanted "NO CUTS FOR MEDICAID" as speakers and patriotic singing added to the festivities – all to make certain that government heard their voices to protect Medicaid. Local and state representatives were also on hand to talk with residents.



Pictured from top: Montefiore residents and staff rally at the 'WE STAND AS ONE' protest.

Menorah Park Administrator Richard Schwalberg introduced R.H. Myers tenant Helene Weinberger (*seated left*) and Menorah Park resident Elliot Myers (*right*) who both shared their stories with a plea not to cut Medicaid funding. (*Not pictured* – Montefiore president and CEO Seth Vilensky also addressed the audience and Menorah Park resident Elaine Miller shared her story as well.)

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The Gathering Place

The Gathering Place is a cancer support center that provides free programs and services to help individuals and families currently coping with the impact of a cancer diagnosis in their lives. Programs are provided for adults, teens and children and include support groups, family and individual support, a lending library, a wig salon, exercise programs, hands-on cooking classes, art therapy and more. The Gathering Place has locations in Beachwood and Westlake. Visit www.touchedbycancer.org for a listing of all programs and services or call 216.595.9546 to talk with a staff member. The Beachwood programs listed below require advance registration by calling 216.595.9546 unless otherwise noted.

Group for Family & Friends of Those Diagnosed with Cancer
Tuesdays, 6:30 – 8 pm

A weekly group that provides support to the family members and friends of individuals diagnosed with cancer. Enhance current coping skills and learn new ones, share and connect with those on a similar journey.

Blood Cancers Program
Monday, July 17 • 6:30 – 8 pm

Topic of discussion for the month of July is how to choose a healthcare plan that is the best for your medical needs.

Guided Meditation
Mondays, July 17, August 7 and 21, and September 18
2 – 2:45 pm

Come relax and practice mind-

fulness meditation techniques in a group setting. No registration required.

New Beginnings
Wednesdays, July 19, August 16, and September 20 • 6:30 – 8 pm

This monthly program provides support for adults who have experienced the death of an adult loved one from cancer a year ago or longer.

Young Adults Surviving Cancer
Thursday, July 27 • 6:30 – 8 pm
Panera, 5090 Tiedman Road
(Snacks and beverages provided in a private meeting space.)

An opportunity for young adults ages 18 to 40 who have or have had cancer to connect with others on a similar journey, enhance and learn new coping skills and socialize with others who can relate to your experience.

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BASF Tees Up Charity Golf Event to Benefit Northeast Ohio Veteran's Organization

Sixty golfers, including employees from BASF sites in Beachwood and Elyria, Ohio and Iselin, New Jersey participated in the 1st Annual BASF Beachwood Catalyst Charity Golf Tournament. The event took place at the Brookledge Golf Course in Cuyahoga Falls on May 26.

More than \$2200 was raised to support the Northeast Ohio Foundation for Patriotism (NEOPAT), a non-profit organization created to honor patriots who serve, or have served, in the armed forces.

"We are honored to support such a worthy organization," said Brian Schwerdtfeger, a BASF employee at the Catalyst Evaluation Laboratory in Beachwood and the event's organizer. "The idea started some time ago with a small group of BASF employees who

played golf together every year the Friday before Memorial Day. This year we wanted to do something special to support service members."

Many local area businesses, local veterans and BASF employees supported the event by sponsoring holes, and donating door prizes and gift baskets.

"We are dedicated to promoting patriotic acts that will deepen the sense of patriotism locally," said Denny Palmer, a NEOPAT board member. "By encouraging non-military individuals to help benefit local patriots and create interaction opportunities between civilian and military families, NEOPAT can highlight the importance of patriotism. We are grateful to BASF for hosting this event and honoring service members in our community."



Pictured from left: Denny Palmer from NEOPAT, Joe Dellamorte, BASF Site Manager of the Beachwood Catalyst site; Oliver Perry from the BASF site in Iselin, NJ; and Pascal Noppenberger, a golf-outing guest.

George Lazar Sr., a Korean War Veteran, with Katie Gee, a BASF volunteer.

Chabad Center Hosts Tefillin Club

On Sunday, June 11, Fromovitz Chabad Center hosted its bi-monthly Tefillin Club at The Vue in Beachwood. The event recognized fifty years of Chabad's Worldwide Tefillin Campaign launched by Rabbi Menachem Mendel Schneerson, The Lubavitcher Rebbe OBM in 1967. With the onset of the Six-Day war, Rabbi Schneerson called on his followers to seek out Jewish men and fulfill the daily commandment of laying Tefillin on their arm and head.

"In honor of 50 years of the launch of the Tefillin campaign and the miraculous victory we

aimed to get 50 men at The Tefillin Club," says Rabbi Moshe Gancz. Gancz and his wife Rivky are the directors of the Fromovitz Chabad Center. The men had a moment of prayer while wearing their Tefillin followed by a gourmet breakfast.

"We got 40 men this Sunday, and we will be working to reach our goal over the next few days," Gancz commits.

Today, laying Tefillin is Gancz's main goal, but not his only focus. Fromovitz Chabad Center offers Torah classes, holiday programs, visits to the elderly and spreads Jewish awareness in Beachwood and beyond.



Programs at Montefiore

The following programs, free and open to the community, will take place at Montefiore, One David N. Myers Parkway, Beachwood.

We're All Jazzed Up!

Sunday, July 30 • 2:30 pm

Spend a summer afternoon with the smooth sounds of jazz from the Cleveland Jazz Orchestra's quartet group, accompanied by a talented vocalist. For more than 31 years, The Cleveland Jazz Orchestra has been Northeast Ohio's premier jazz voice. Led by Paul Ferguson, the CJO promotes jazz in its historical and contemporary forms through concerts with gifted jazz musicians, arrangers, composers and educators from the area. Light refreshments will be served. For more information, contact Rabbi Joel Chazin at 216.910.2522.

Caregiver Education and Support Group

Tuesdays, July 11 and August 1
5 - 6 pm

Feeling burnt out from caregiver stress or alone in your journey with no one to lean on? Do you have questions about what is coming next and how to deal with it? Come to Montefiore's monthly caregiver education and support group to receive tips on how to cope and how to receive support as a caregiver.

This program is presented by Dementia Expert Dr. Lori Stevic-Rust, ABPP, Clinical Health Psychologist and dementia program advisor for Montefiore and The Weils. To RSVP or for more information, contact Kristen Morelli at 216.910.2323 or kmorelli@montefiorecare.org.



A message from
Executive Director Cindy Caldwell



Meet Our Board of Directors

The Beachwood Chamber is about belonging, community, involvement, action, connections and benefits. We provide opportunities to create a stronger business presence through networking opportunities, cost-saving programs,

educational sessions or a chance to meet like-minded people. We have many monthly programs and depend on volunteers to keep them relevant. I invite you to meet our board of directors and join us at an upcoming program. Please visit www.beachwood.org

to see our calendar of events. Upcoming programs include Lunch with a Lawyer, Beachwood Young Professionals, Beachwood Women's Connection, Networking After 5, our 2017 Beachwood Business Expo and luncheons. Join us! As our motto says, we are "Your Voice in the Business Community."



Standing, from left: Todd Tramba, Eric Paynter, Dan Messloff, Lori Kaplan, Dr. Carmen Centanni, Marc Paige, Joe Corradetti, Wayne Cunningham and Clinton Kertcher.

Sitting, from left: Juwanna Williams, Heathyr Ullmo (treasurer), Debby Zelman Rapoport (secretary), Donna Cook (president), Christin Barone (vice president) and Erica Muniak.

Not pictured: Jeff Martin, Scott Morrison, Andrew Somich, Peter Young, Dr. Bob Hardis (Beachwood City Schools representative) and John Newberger (honorary board member).

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CITY OF *Beachwood* Council Update

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mayor@beachwoodohio.com

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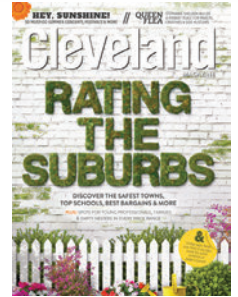
WE ARE #1

Cleveland Magazine's "Rating the Suburbs" issue rated the City of Beachwood #2 overall in Northeast Ohio and the #1 place to live in Cuyahoga County. Communities are rated on factors such as neighborhoods, home values, education, safety and tax rates.

"Beachwood has long had a well-earned reputation as one of the best places in Northeast Ohio to live and work. We are very honored to be recognized by Cleveland Magazine as one of the best communities," said Mayor Merle S. Gorden.

"Beachwood's neighborhoods are safe and well-kept, schools are consistently rated excellent and housing values are among the highest in the County with a business base that keeps taxes low," Mayor Gorden said about Beachwood's attributes. "Our residents have superb city services and some of the best shopping and dining in the region. But mostly, I think it's our residents that truly make our City stand out."

To see what Cleveland Magazine says about Beachwood visit www.clevelandmagazine.com.



NEW FIRE STATION FROM GROUND UP

- Ground Breaking at end of May
- Over 13,000 cubic yards of dirt being excavated on the site.
- Land was cleared. All trees were recycled. The site is a balanced site meaning no fill is needed or removed.
- Installing approximately 560' of storm drainage.



City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



LIKE US ON FACEBOOK
www.facebook.com/BeachwoodOH



FOLLOW US ON TWITTER
twitter.com/BeachwoodOH



FOLLOW BEACHWOOD POLICE ON TWITTER
twitter.com/BeachwoodPolice

TV PROGRAMMING
Time Warner - Ch. 96.20
AT&T U-Verse - Ch. 99

EMERGENCY
Dial 9-1-1

CLERK OF COUNCIL
216.595.5493

WHEN YOU'RE IN *Beachwood*, YOU HAVE ARRIVED!

TRAFFIC SAFETY REMINDER

The Beachwood Police Department wishes everyone a safe summer and reminds all drivers of the following traffic laws:



HEADLIGHTS: Every vehicle shall display lighted headlights while being operated on a street or highway when the windshield wipers are in use.

CELL PHONE AND ELECTRONIC WIRELESS DEVICES: No person is permitted to use an electronic wireless communications device in any manner while driving a motor vehicle in the City,

including composing, sending or receiving text messages and using an electronic wireless communications device to dial, answer, talk, or listen; unless using a voice operated hands free device.

BE SEEN

We strongly recommend reflective gear to be worn by ALL PEDESTRIANS when walking or running before dawn and after dusk. Safety is our number one concern. Please be cautious.



MULCH AVAILABLE TO RESIDENTS

Beachwood produces mulch from the brush it collects. The City is offering mulch to residents for \$2 per bag. Mulch can be purchased at the Service Dept., 23355 Mercantile Road, Monday – Friday, 7:30 AM – 3:30 PM.

ATTENTION BICYCLISTS

Slow down in parks and share paths. The maximum bike speed is 10 mph and bicyclists should pass on the left, use verbal signals and wear helmets.



BE A GOOD DOG OWNER

Beachwood Police reminds you to please keep your dog on a leash and clean up after it. City ordinances state:

- No person shall permit a dog to run at large anywhere within the city, except upon the owner's property.
- No person shall keep any dog which by barking, biting, howling or in any way or disturbs the quiet of any other person or damages any other person's property.



OF SPECIAL NOTE

Save the date!

18TH ANNUAL HONKIN' HAULIN' 2017

Sunday, September 17

12:00 Noon – 3:00 p.m.

Beachwood Municipal Service Center

MISSED A COUNCIL MEETING?

Catch up with Council easier than ever. The City's Web Site allows you to stay in tune with City business at a time and place of your convenience. Visit www.beachwoodohio.com.

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Mondays, July 10 and August 14. Questions? Call 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, July 27 Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Mondays, July 10 and August 14. Questions? Call 216.292.1914.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

FIRE DEPARTMENT
216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

ART EXHIBITS

Beachwood Community Center
MON – FRI • 9 A.M. – 4 P.M.

SAT • 10 A.M. – 3 P.M., SUN • 10 A.M. – 1 P.M.



COLLECTIVE WISDOM

JUNE 28 – JULY 22

An inspiring and upbeat collection of two and three dimensional art in celebration of the Art Therapy Studio's fiftieth anniversary. Featuring favorite pieces from local artists in the Streeter Collection as well as the art of current clients.

Opening Reception:

Sunday, July 9 from 1:00 – 2:30 p.m.

BRIGHT, BOLD AND BEAUTIFUL

JULY 26 – AUGUST 19

Hilda Gabarron Ordorica a.k.a. higo impressionism and post-impressionism expression
Jack Krayne, contemporary art
John Saile, abstraction

Artists' Reception:

Sunday, July 30 from 1 – 2:30 p.m.

ART FROM THE HEART

AUGUST 23 – SEPTEMBER 16

Bobbi Koplow - expressionistic painter
Linda Merchant - wildlife and contemporary realism
Betty Skufkca - vibrant oil paintings

Artists' Reception:

Sunday, August 27 from 1 – 2:30 p.m.

BE PART OF BEACHWOOD'S LEGACY

Beachwood will be appointing a nine member Charter Review Commission to review the City of Beachwood Charter. Our Charter defines its governing system and acts as its constitution. Chartered cities are permitted more latitude in governance. The Beachwood Charter can be viewed at www.beachwoodohio.com under the "Government" tab.

The City of Beachwood Charter Review Commission will be tasked with reviewing the City's Charter and making recommended changes to City Council for consideration. Any City Council approved changes will go before voters in 2018.

Any resident interested in suggesting a specific change (to our Charter) for consideration by this commission should do so by submitting in writing to the Clerk of Council. If you are interested in volunteering, please submit a letter of interest along with a resume or biography to the Clerk of Council via email at whitney.crook@beachwoodohio.com. Interested individuals must be residents and registered voters.

PRESENTED BY
CITY OF BEACHWOOD
BEACHWOOD CITY SCHOOLS
BEACHWOOD CHAMBER OF COMMERCE

BEACHWOOD
FALL FESTIVAL

SUNDAY, OCTOBER 8
NOON – 6:00 PM
BEACHWOOD CITY HALL

FOOD TRUCKS – CRAFTS – GAMES – LIVE MUSIC

HOMECOMING WEEKEND

CITY OF Beachwood
BEACHWOOD SCHOOLS
LEARNING FOR LIFE
Beachwood Chamber of Commerce
Strong Partners • Strong Community

Council Update



Summer Concert Series



OUTSIDE BEACHWOOD FAMILY AQUATIC CENTER*
TUESDAYS - 6:30 - 8:00 PM

INSIDE BEACHWOOD COMMUNITY CENTER
THURSDAYS - 6:30 - 8:00 PM

July 11 • RayBans

July 18 • Blue Lunch

July 25 • The Dan Zola Orchestra
50 Year Resident Salute



Open to Public

Brought to you in cooperation with:



July 6 • Duos and Trios by Solomon Liang, violin,
Chauncey Aceret, cello and Amy Tan, piano

July 13 • Mozart Flute Quartets by Maddeline Lucas Tolliver, flute
Emma Shook, violin, William Bender, viola
and Daniel Pereira, cello

July 20 • Visit France, Spain and Hungary in the 20th
century with OPUS 216's Ariel Clayton Karas, violin,
Andris Koh, cello and Emily Grabinski, piano

July 27 • Tangos and All That Jazz with Jason Smith, trombone
and Ralitsa Georgieva-Smith, piano

*Inclement weather location
Beachwood Community Center
Non-pass holders not permitted to use the pool

50-YEAR RESIDENT SALUTE



TUESDAY, JULY 25 • 6:30 PM
BEACHWOOD FAMILY AQUATIC CENTER

We invite all residents who have lived in Beachwood for 50 years or more to join us for special recognition.

Newly minted 50-year residents will receive a special gift. FREE but a reservation is needed. *RSVP by JULY 12 by calling 216.595.3733.*

Outdoor Movie Night

JULY 21 • FINDING DORY

Beachwood Community Center Parking Lot - movie begins at dusk.

Join us under the stars for a FREE movie night!
Bring your blankets and lawn chairs.
We will be serving popcorn! Open to the public.
Questions? Call 216.292.1970



MAKE A SPLASH!

Join today! Memberships are on sale at the Beachwood Family Aquatic Center during regular hours. Please bring proof of residency (*ex. ID & utility bill*). *Non-resident individuals employed within the city are eligible to purchase a season membership. Proof of employment is necessary. Guest restrictions apply.*

MONDAY – FRIDAY

Lap Swim Only, 6:15 a.m. – 8:30 a.m.
Open Swim, 12:15 p.m. – 8:00 p.m.

SATURDAY & SUNDAY

Lap Swim Only, 9:00 a.m. – 10:45 a.m.
Open Swim, 11:30 a.m. – 7:30 p.m.
Infant/toddler area 10:00 am daily

NEW! Seniors receive a 50% discount on memberships or a rate of just \$25 a season. Please bring documentation showing you are at least 60 years of age.



SENIOR POLICE ACADEMY

Beachwood Police Department is accepting applications for the Senior Police Academy.

Learn about real-life crime prevention and receive “hands on” experience with the help of knowledgeable instructors. Learn self-defense, CPR, safety and more.

BEACHWOOD CITY HALL

1:00 – 3:00 P.M.

WEDNESDAYS, JULY 19 – SEPTEMBER 13

PLEASE NOTE: Must be at least 50 years of age or older

TO REGISTER CALL 216.595.3733



GOING TO KINDERGARTEN? REGISTER FOR SAFETY TOWN



Safety Town is an educational program designed to teach incoming kindergarten pupils safety habits related to bus, pedestrian and personal safety. Safety procedures are taught in an educational, age-appropriate setting with children learning through actual participation. (9 DAY session) For children Entering Kindergarten.

LOCATION: Fairmount Pre-School
 Session 1 9:00 – 11:00 a.m.
 Session 2 12:30 – 2:30 p.m.
 Session 3 3:00 – 5:00 p.m.

July 25 – August 4



FEE:

GAS DISTRIBUTION LINE REPLACEMENT

Dominion East Ohio Gas is currently replacing gas distribution lines within Beachwood. Streets affected include: Fairmount (east of Richmond), Hendon (Fairmount to Selkirk), Sulgrave (Shaker east bound to South Woodland), Duffield, Wimbledon, Hazelmere, South Woodland (Sulgrave to just short of Richmond).



All disturbed areas such as curbs, streets, drive aprons, tree lawns and trees will be replaced at no cost to the City or residents. Trees will be replaced in Spring of 2018. Traffic will be maintained as usual, but please expect some delays for this important project.

For additional information, please call Dominion East Ohio Gas at 1-800-544-5768 or the City of Beachwood Public Service Department at 216-292-1922.

NO SOLICITING PLEASE

It is legal to door-to-door solicit in Beachwood, provided the solicitor has a license obtained by the Beachwood Police Department. Solicitation hours are: Monday – Thursday, 9 AM – 9 PM; Friday, 9 AM – 5 PM; Saturday & Sunday, 10 AM – 4 PM.



Any person who solicits for an organization which is not for profit, which has a charitable purpose or which is a nonprofit educational institution or public school is permitted to solicit without a permit.

No Soliciting decals are available at the Beachwood Police Department and City Hall reception desk, Monday – Friday between 8 AM – 4:30 PM.

Council Update

Keep Your Family in the Peak of Health this Summer



It's Summer - the season for biking, hiking, swimming, family reunions, trips to the Lake Erie islands and dozens of other fun activities. It's important to stay safe, but accidents sometimes happen. If you or a family member has an accident or an illness this summer, getting the right care can help you get back to your family's favorite summertime fun sooner.

To help you connect with the right care at the right location, specialists in emergency medicine at University Hospital Ahuja Medical Center offer the following guidelines on where to go for care for some of the most common summertime illnesses and accidents.

Call 911

Always call 911 if you or someone you are with has chest pain; is bleeding severely, is unconscious; is having difficulty seeing, talking or walking or experiences sudden weakness on one side of the body. For elderly people, call 911 in the event of a fall. The ambulance team can start treatment for serious problems such as stroke or heart attack on the way to the hospital and alert the ER staff that a patient with a life-threatening emergency is on the way.

Choose Urgent Care

UH urgent care centers are equipped to diagnose and treat illnesses and accidents that need to be taken care of right away but are not life-threatening. An urgent care center is the appropriate place to seek care for an illness or minor accident if you cannot get into see your primary care physician at that time. Example of some of the problems a UH urgent care center can diagnose and treat in children or adults include:

- Earache
- Sore throat with or without a cough
- Vomiting and/or diarrhea that continues for more than 24 hours
- Minor accidents such as cuts, sprains, minor falls in children
- Heat exhaustion
- Blistering sunburn
- Painful insect bites or stings

Go to the ER

Besides being open 24/7, the UH Ahuja Medical Center emergency room is different than an urgent care center in the level of care it can provide. The hospital ER is staffed and equipped to diagnose and treat complex, serious, severe injuries or illnesses, including life-threatening problems and trauma. An adult or a child with any of the symptoms or problems listed below should be treated in the ER:

- Broken bones
- A deep cut or a large wound that keeps bleeding
- Sudden, severe abdominal pain
- Severe vomiting and/or diarrhea that continues for more than 24 hours
- Injury to the eye
- Head injury
- High fever (103°F or higher in children younger than a year; 104°F or higher in children older than a year)
- Severe reaction to an insect bite such as shortness of breath, difficulty swallowing or infection
- Heat stroke

University Hospitals has urgent care centers at convenient locations throughout the area. For the complete list, go to UHhospitals.org > Find a Location > UH Urgent Care Centers.

The UH Ahuja Medical Center adult emergency center and the Marcy R. Horvitz Pediatric Emergency Center, 3999 Richmond Rd, Beachwood, are open 24 hours a day, seven days a week. For a list of all UH emergency room locations, go to UHhospitals.org > Find a Location > UH Medical Centers.

News from Montefiore's 135th Annual Meeting

Tamar and Milton Maltz Receive Montefiore's Harley I. Gross Presidential Award

Rabbi Richard A. Block presented Tamar and Milton Maltz with the 2017 Harley I. Gross Presidential Award at Montefiore's 135th Annual Meeting. Established in 1992 by Mort and Toby Gross in honor of their son Harley, former Montefiore board chair, this award recognizes individuals who have made significant contributions to the welfare of Montefiore and its residents. The Maltz's association with Montefiore has been extensive and enduring. They served on Montefiore's board in the 1980s and have continued to be involved in numerous endeavors through the years. Most recently, they made it possible for the Montefiore hospice program to realize the dream of a

free-standing hospice house and since opening in 2015, The Maltz Hospice House has provided compassionate care to over 200 individuals.

Margo Vinney Elected as Life Director at Montefiore

Margo Vinney was elected as a Life Director at Montefiore's

135th Annual Meeting for her long-standing support, dedication and quiet voice of reason and has been on the board for over 13 years. She makes time to brighten the lives of residents. She has served as an officer and as a member on the Executive, Strategic Planning and Marketing committees. Margo has co-

chaired many events including Montefiore's 130th Anniversary Gala, its recent 25th anniversary celebration in Beachwood and events surrounding its 125th anniversary. She has also served as chair of Community Services with a focus on community-based hospice and palliative care services.



Margo Vinney with her husband, Jeff Chaitoff.



Milton and Tamar Maltz receive Montefiore's Harley I. Gross Presidential Award.

Temple Emanu El Welcomes Marla Wolf and Katie Theobald

Temple Emanu El in Orange Village welcomes Marla Wolf as its education director after serving as interim education director over the past year.

Wolf has an MA in Jewish Studies with a concentration in Jewish Education from the Siegal College of Lifelong Learning. She also has a BA in Psychology and a concentration in Judaic Studies from the University of Cincinnati. Wolf has experience in both formal and informal, secular and Jewish educational programs and has experience in Jewish Educational Administration. She has also studied in Israel for both short- and long-term learning and volunteer programs, and serves on the board of trustees for the Mandel Jewish Day School and previously on the Association of Reform Jewish Educators.

Temple Emanu El's Rabbi Steven Denker said, "Marla Wolf is an experienced and respected Jewish educator with deep professional and personal ties to the Cleveland Jewish community. Her creative supervision of our religious school, high school and adult education programs will continue to bring a high level of professionalism and creativity to our congregation. I look forward to advancing our efforts to find creative ways to teach Hebrew in a supplementary school setting and to beginning a curriculum review with an eye toward setting educational standards and accountability in a synagogue-based program."

Wolf resides in Beachwood with her husband Howard and their two children.

Temple Emanu El also

welcomes Kathleen (Katie) Theobald as its Early Childhood Education director. Theobald relocated to Cleveland from Pittsburgh after attending Kent State University, where she graduated with a Bachelor of Arts in Psychology.

Theobald has worked in the temple's early childhood/preschool program for the past two years and is committed to providing excellence to the early childhood education program with Judaic content presented in an open and diverse early childhood educational environment.

Temple Emanu El, a Reform Jewish congregation, is located at 4545 Brainard Road in Orange Village. For more information, please contact Andrea Kushnick Rubin at 216.454.1300, ext. 203.



Pictured from top: Marla Wolf and Katie Theobald. Photos courtesy of Temple Emanu El.

Congratulations

BEACHWOOD CLASS OF 2017

Special
**SENIOR
SECTION**

NATIONAL MERIT SCHOLARS



Julia Warner



Shitong Wu



Jennifer Yen



Yuke Zheng

NATIONAL MERIT FINALISTS



Eve Barnett



Chandler Kitson



Kalina Pateva

NATIONAL MERIT SCHOLARSHIP COMMENDED STUDENTS



Claire Bruening



Daniel Leskov



Swathi Srinivasan



Amanda Wasserman



The Beachwood Schools Foundation Awards and Scholarships

The Beachwood Schools Foundation (BSF) is a 501(c)3 philanthropic organization administered by a volunteer board of directors from the Beachwood community. Its primary mission is to obtain funds from individuals, families and corporations to provide scholarships to graduating seniors who are continuing their education. Additionally, an "Above and Beyond" program has been initiated to raise money to enhance educational programming in the Beachwood School District.

Every year the Foundation manages more than two dozen funds awarding nearly \$15,000 to deserving Beachwood High School Seniors. **Below are the recipients from the Class of 2017.**



Matthew Aubourg



Melanie Bernstein



Josh Bialosky



Eliana Bortz



Andie Cohen



Emily Einhorn



Andrew Feldman



Jamie Frayman



Mollie Goldman



Mikayla Harf



Camille Hohl



Katelyn Howell



Ben Kitay



Chandler Kitson



Kalina Pateva



Angela Pettigrew



Asaf Roth



Philip Schnee



Gabe Shapera



Aden Stern



Matt Stovsky



Cameron Umpleby



Madeline Wilbur



Shitong Wu

Congratulations

Cameron Umpleby

THE GINA MICHELLE AGIN MEMORIAL SCHOLARSHIP

AWARD: This scholarship is awarded annually to a female Beachwood High School graduating senior who has participated in women's interscholastic sports or cheerleading. She must have demonstrated dedication to achieve team success. The applicant may also qualify for this scholarship if she served as a support person for a high school sports team (such as a team statistician).

Camille Hohl and Jamie Frayman

THE VERA ARLEN SCHOLARSHIP:

This scholarship was established in 2010 by Sidney Arlen to honor his wife's memory and to acknowledge her special qualities as an individual. This scholarship is awarded annually to a female Beachwood High School graduating senior who exhibits leadership, humanity and a generous spirit in a humble manner.

Josh Bialosky and Melanie Bernstein

THE BEACHWOOD BOOSTER ATHLETIC ACHIEVEMENT

AWARD: This scholarship is awarded to student athletes (one male, one female) who personify ideals consistent with the Boosters mission of: "Promote the growth and success of the Beachwood City Schools Athletics while encouraging school and community spirit".

Matt Stovsky

THE BEACHWOOD CHAMBER OF COMMERCE BUSINESS

SCHOLARSHIP: This scholarship is awarded annually to a Beachwood High School graduating senior who has been successfully employed in a Beachwood business or industry and who intends to pursue a career in business or a selected vocation. It was established in 1999 by the Chamber of Commerce.

Darren Gilmore (Mayfield HS)

THE BEACHWOOD CHAMBER OF COMMERCE HARLAN DIAMOND CULINARY ARTS SCHOLARSHIP:

This scholarship is awarded annually to a graduating senior of the Beachwood High School consortium Culinary Arts Program who has been accepted to and will attend a post-secondary educational program in the field of either culinary arts or restaurant management. This scholarship was established to honor Harlan Diamond and the Culinary Arts Program.

Aden Stern

THE BEACHWOOD HIGH SCHOOL ALUMNI ASSOCIATION

SCHOLARSHIP: This scholarship is awarded annually to a graduating senior of Beachwood High School and the son or daughter of a graduate of Beachwood High School. The applicant must have demonstrated leadership ability, contributed to help improve the school and/or community, be a hard working student, and have demonstrated that he/she is a caring human being. It was established in 1999 by the Beachwood High School Alumni Association.

Matthew Aubourg, Katelyn Howell, Ben Kitay

CLEVELAND CLINIC HEALTH CAREER SCHOLARSHIP:

Established in 2006, this scholarship is awarded annually to a Beachwood High School graduating senior who has been outstanding in one or more of the following areas: academics, community service, and extracurricular activities and intends to pursue a career in the area of health care at a college, university or technical program.

Aden Stern

THE DAVE AND JANICE BLOOM SCHOLARSHIP:

This scholarship is awarded annually to a qualified senior who has shown a strong commitment to Beachwood athletics through being a player, equipment person, or team manager. The applicant must have participated with the same sports team for at least two years and shown strong sportsmanship. This scholarship was established in 2004 by the children of Dave and Janice Bloom in honor of their time and dedication to the City of Beachwood and its sports programs.

Andrew Feldman

THE DONNA BICKOFF COHEN SCHOLARSHIP:

The Donna Bickoff Cohen Scholarship was established in 2011 by contributions from the community in memory of Donna who was active in nearly everything Beachwood, particularly the schools. The scholarship honors a student with a "can do" attitude who embodies the spirit of the Beachwood Schools and pride in the Beachwood community.

Andrew Feldman

THE HARVEY FRIEDMAN

LEADERSHIP SCHOLARSHIP:

This award is given annually to a Beachwood High School graduating senior who has demonstrated significant leadership during his or her high school career. It was founded by Harvey and Shirley Friedman and their family in 1998.

Asaf Roth

THE GEVELBER FAMILY SCHOLARSHIP:

This scholarship was created in 2011 to recognize a Beachwood student who has been an athlete that promotes leadership during and outside the athletic competition, and has been a team player who puts others before self.

Angela Pettigrew and

Chandler Kitson

THE PAM AND DAN JOHNSTON SCHOLARSHIP:

This award, established by friends of Pam and Dan in 2001, recognizes their contributions to the Beachwood Schools. It is given annually to a Beachwood High School student who will be participating in the graduation ceremony, experiences challenges on a daily basis and continues to persevere. The applicant must have plans to continue in a program that enhances their life skills.

Emily Einhorn

THE ROBERT D. KATES AWARD: This award, established in his memory in 1999, is given annually to a Beachwood High School graduating senior who has shown outstanding leadership within Student Council.

Shitong Wu

THE KAM AND CHIEN LIAO MATH AND NATURAL

SCIENCES SCHOLARSHIP: This scholarship established in 2007 by Dr. and Mrs. Liao is awarded annually to a Beachwood High School graduating senior who has been outstanding in mathematics or natural sciences, will attend a four year college or university and who indicates a desire to pursue a career in the area of Natural Sciences, Engineering or Mathematics. This student must also have a 4.0 in core subjects.

Kalina Pateva

THE JOAN LOBERT SCHOLARSHIP:

This scholarship is awarded annually to a Beachwood High School graduating senior who has been outstanding and who indicates an intention to pursue a career in the area of: 1) Political Science 2) Government and/or 3) Public Service. It was established in 2000 by her family.

Josh Bialosky

RON MADOW ATHLETIC ACHIEVEMENT AWARD

This scholarship is awarded to a Beachwood High School graduating senior wrestler who has been a member of the varsity team for at least two years and has attained a high level of achievement while on the team. This memorial scholarship was established in 2006 by his family and friends.

Madeline Wilbur

THE JILL DOBRIN MENACHEM MEMORIAL SCHOLARSHIP:

This scholarship established in 2002 by the Dobrin Family is awarded annually to a Beachwood High School graduating senior whose love of children and concern for their welfare has motivated her/him to pursue a career in Early Childhood Education or a related field working with young children.

Camille Hohl and Jamie Frayman

PTO GARAGE SALE SCHOLARSHIP:

This scholarship is awarded annually to a qualified senior or Beachwood graduating senior who has been outstanding in one or more of the following: 1.) Volunteerism/community service, 2.) Character and citizenship, 3.) Exhibiting enthusiasm for school and community.

Mollie Goldman

THE JAY SHLACHTER ART AWARD:

Mr. & Mrs. Harry Shlachter established this scholarship in memory of their son in 1998. The award is given annually to a Beachwood High School graduating senior who has demonstrated an appreciation and talent in the area of fine arts and intends to pursue a career in that area.

Gabe Shapera

STEVEN MARK WASSERMAN MEMORIAL SCHOLARSHIP

This scholarship is awarded annually to a Beachwood High School graduating senior who indicates an intention to pursue a career in television writing and/or film. It was established in 1999 by his parents Bernard and Florence Wasserman in honor of his creativity and ingenuity as a writer and producer for television and motion pictures.

Eliana Bortz

THE DAKOTA "CODY" WEINER MEMORIAL SCHOLARSHIP:

This Scholarship established by family and friends in 2001 in his honor, is given annually to a Beachwood High School graduating senior with an extremely kind heart, who, because of his or her spirit, succeeds against all odds.

Gabe Shapera

THE WEISENBERG FAMILY SCHOLARSHIP:

Established by Aaron and Whitney Weisenberg in 2008, this scholarship is awarded annually to a Beachwood High School graduating senior who exhibits passion and commitment to the arts and intends to pursue a career in that area.

Mikayla Harf

THE NORM WEISS SCHOLARSHIP:

This scholarship is awarded annually to a Beachwood High School graduating senior who throughout his/her school years has demonstrated, and participated in charity, volunteer, and community service activities, substantially greater than those required for graduation. It was established in 2002 in his memory by his family.

Matthew Aubourg

THE PAUL AND KATE WILLIAMS SCHOLARSHIP:

This scholarship is awarded annually to a Beachwood High School graduating senior who has demonstrated outstanding capabilities in one or more of the following areas: 1) visionary thinking 2) entrepreneurial spirit 3) dedication to life-long learning. It was established in 2004 by Kate and Paul Williams.

Andie Cohen

THE DR. JERRY S. AND GAIL R. WOLKOFF CIVIC AWARD:

Established in memory of their parents in 1999 by the Wolkoff children, this award is given annually to a Beachwood High School graduating senior who has exceeded the requirements for community service work, has participated in two or more Beachwood School extra-curricular activities, and has achieved a 2.75 GPA in high school.

Philip Schnee

THE WHITE & GOLD FOR BISON PRIDE SCHOLARSHIP:

This scholarship was established in 2013 by the Beachwood Schools Foundation and is awarded annually to a Beachwood High School senior who has demonstrated exceptional Bison Pride both in and out of Beachwood High School. It is awarded by senior students to foster recognition and investment of their fellow Beachwood students.

Additional Scholarships and Awards



SCHOLARSHIPS

KEITH BANKHEAD MEMORIAL AWARD

This award is presented to a student who has excelled in the sport of basketball.

Recipient: **Benjamin Sternberg**

BEACHWOOD BAND BOOSTERS SCHOLARSHIP

This award is presented to a Beachwood High School senior that will be pursuing music in the future and has completed a scholarship essay pertaining to that.

Recipient: **Drew Kazdin**

BEACHWOOD FEDERATION OF TEACHERS SCHOLARSHIP

This award was established to honor a member of Beachwood High School's graduating class who has shown personal commitment to academics, school activities, and community service.

Recipient: **Jennifer Yen**

JEWISH FAMILY SERVICE ASSOCIATION OF CLEVELAND THE JACK W. & SHIRLEY J. BERGER SCHOLARS AWARD

Academically superior student displaying leadership and volunteerism in their community.

Recipients: **Swathi Srinivasan, Jennifer Yen & Shitong Wu**

THE RUTH WELTMANN BEGUN MEMORIAL STEM (Science Technology Engineering and Math) SCHOLARSHIP

Recognizes an exceptional Jewish female studying one of the STEM fields at an accredited 4 year college.

Recipient: **Amanda Wasserman**

CHAGRIN HIGHLANDS ROTARY CLUB AWARD

This award is presented to a Beachwood High School senior that has pursued their studies successfully in a career and technical setting.

Recipient: **Dalia Zullig**

COCA-COLA SCHOLARS

Recipient: **Swathi Srinivasan**

Teacher Recipient: **Mr. Michael Lerner**

MIKE "THE GANLEY MAN" FRIEDMAN AWARD

Recipients: **Jamie Frayman, Jack Spero**

FRIENDS OF THE BEACHWOOD LIBRARY SCHOLARSHIP

Recipients: **Molly Rosen, Asaf Roth**

FRIENDS OF THE BEACHWOOD ORCHESTRA SCHOLARSHIP

This award is presented to an outstanding orchestra student.

Recipient: **Heli Colmenares**

PARKER HANNIFIN SCHOLARSHIP

Recipient: **Yuke Zheng**

WENDELL DAVID HAYNES MEMORIAL AWARD

This award is presented to a student who has contributed countless hours in community service.

Recipient: **Benjamin Kitay**

BARBARA NANCY HOLSTEIN MEMORIAL AWARD

This award recognizes a senior who has demonstrated the ability to overcome obstacles despite the challenge.

Recipients: **Andrew Feldman, Katelyn Howell**

VIRGINIA L. KLINE AWARD

This award is presented to a student who intends to pursue a career in elementary education.

Recipient: **Rose Hersh**

MEDICAL MUTUAL SCHOLARSHIP

Recipient: **Dar'Jon Bentley**

The OHIO STATE UNIVERSITY Army ROTC Scholarship

Recipient: **Alex Orloff**

OMNOVA SOLUTIONS FOUNDATION SCHOLARSHIP

Recipient: **Benjamin Kitay**

PETLODGE USA SCHOLARSHIP

Recipient: **Miriam Shira Herzberg**

LOUIS L. POWERS MUSIC MEMORIAL AWARD

This award is presented to an outstanding band student.

Recipient: **Drew Kazdin**

AWARDS

RANDY S. BOROFF BISON AWARD

This award recognizes a young man and woman who have served the school with spirit and enthusiasm.

Recipients: **Andrew Feldman, Hannah Karl**

GAIL BREWSTER JCWA AWARD

Awarded to a senior who demonstrates spirit and dedicated commitment to the work of the JCWA.

Recipient: **Asaf Roth**

OUTSTANDING SERVICE TO THE INTROSPECT

Recipient: **Molly Rosen**

OUTSTANDING SERVICE TO THE OCULUS

Recipients: **Cameryn Cohen, Jamie Frayman**

STUDENT COUNCIL SPIRIT AWARD

Recipient: **Emily Einhorn**

AMERICAN HIGH SCHOOL 12TH GRADE MATHEMATICS EXAM

This exam is a nationwide competitive examination given each spring to qualifying students.

Recipients: **Jiwoo Kim, Shitong Wu, Yuke Zheng**

Department Awards



CLEVELAND TECHNICAL SOCIETY
Outstanding Senior in Science and Math
 Recipient: **Yuke Zheng**

OUTSTANDING ORCHESTRA SERVICE
 Recipients: **Cameron Haynesworth, Amanda Wasserman**

OMEA SOLO & ENSEMBLE CONTEST ORCHESTRA STUDENTS-OUTSTANDING PERFORMANCE
 Recipients: **Cameron Haynesworth, Hannah Karl, Ankita Prasad, Amanda Wasserman**

OMEA SOLO & ENSEMBLE CONTEST BAND STUDENTS- OUTSTANDING PERFORMANCE
 Recipients: **Claire Bruening, Chandler Kitson, Rachel Roth**

OUTSTANDING CONCERT BAND MEMBER
 Recipient: **Jack Spero**

OUTSTANDING CHOIR MEMBER
 Recipient: **Aaron Stone**

ARCHIE GRIFFIN SPORTSMANSHIP AWARD
This award is to recognize students who display exemplary sportsmanship.
 Recipients: **Josh Bialosky, Maya Granot**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION COURAGEOUS STUDENT AWARD
This award is intended to bring credit to a very special student who has been involved in, or supportive of, the interscholastic athletic program, and who deserves recognition for courage.
 Recipient: **Griffin Davis, Lauren Miller**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION SCHOLAR ATHLETE AWARD
This award is given to one male and one female student who has the highest scholastic average at the end of the first semester of 12th grade and has received a minimum of four varsity letters.
 Recipients: **Dana Kippen, Asaf Roth**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION AWARD OF EXCELLENCE *This award is presented to one male and one female student who has exhibited qualities that embody good citizenship, good moral character, and good sporting behavior.*
 Recipient: **Alex Orloff, Paige Safenovitz**

CHAGRIN VALLEY CONFERENCE SPORTSMANSHIP AWARD
 Recipients: **Josh Bialosky, Maya Granot**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION STATE AWARD
This award is presented to a coach, teacher, administrator or booster of the school athletic program.
 Recipient: **Mr. Mark Howdieshell**

UNITED STATES MARINE CORPS SEMPER FIDELIS AWARD FOR MUSICAL EXCELLENCE
 Recipient: **Whitney Bellephant**

UNITED STATES MARINE CORPS SCHOLASTIC EXCELLENCE AWARD
 Recipient: **Yuke Zheng**

UNITED STATES MARINE CORPS DISTINGUISHED ATHLETE AWARD
 Recipients: **Danielle Dubin, Jack Spero**



Josh Jaffe
Career and Technical Education



Julia Warner
English



Yuke Zheng
Mathematics



Neil Kelly
Performing Arts



Swathi Srinivasan
Science



Simone Rackmill
Social Studies



Kalina Pateva
Technology and World Language



Mollie Goldman
Visual Arts



College Decisions BEACHWOOD HIGH SCHOOL

NAME	COLLEGE
Anita Adib	Kent State University
Mahsa Adib	Kent State University
Matthew Aubourg	University of Notre Dame
Jasmine Baduria	Cleveland State University
Eve E. Barnett	Washington University in St. Louis
Jacob Belleli	Kent State University
Whitney Bellephant	Southern University and A&M College
Dar'Jon Bentley	Pace University
Melanie Bernstein	University of Cincinnati
Joshua G. Bialosky	Indiana University at Bloomington (Kelley School of Business)
Alyssa Blum	Cuyahoga Community College
Eliana Rachel Bortz	Cleveland State University
Elon H. Bortz	Kent State University
Claire E. Bruening	University of Cincinnati
Deon-Ja'nae E. Bryant	The Ohio State University at Mansfield
Alex B. Cala	Kent State University
Anabelle A. Cheistwer	University of Cincinnati
Andrea L. Cohen	The Ohio State University
Cameryn D. Cohen	The Ohio State University
Heli D. Colmenares	Rochester Institute of Technology
Samuel J. Connor	Ohio University
Andre Conway	Cuyahoga Community College
Daylen D. Crawford	Heidelberg University
Griffin Davis	The University of Arizona
Danielle A. Dubin	Indiana University at Bloomington
Justin B. Dubin	The Ohio State University (Scholars)
Harold Y. Dupree	Rochester Institute of Technology
Emily Einhorn	DePaul University
Ashley J. Eisenberg	University of Toledo
Livia R. Eppell	DePaul University

NAME	COLLEGE
Hanna Escott	University of Cincinnati
Michael A. Farley	Cleveland State University
Andrew S. Feldman	Northwestern University
Lindsey Fishman	Purdue University
Jamie Erin Frayman	The Ohio State University
Jeremy S. Gloger	The Ohio State University at Mansfield
Cameron M. Godfrey	Bowling Green State University
Mollie Goldman	University of Maryland College Park
Mukul Govande	The Ohio State University (Honors)
Maya Granot	Kent State University
Mikayla S. Harf	American University
Ashely Harris	University of Kansas
Harsajan Gill	Kent State University
Cameron E. Haynesworth	Stanford University
Rose Hersh	Gallaudet University
Miriam Shira Herzberg	Kent State University
Chelsea Hodge	University of Toledo
Camille Hohl	University of Dayton
Sanford Hong	The Ohio State University
Katelyn Howell	Spelman College
Joshua Jaffee	Cleveland State University
Shanyla Johnson	Norfolk State University
Hannah D. Karl	The University of Arizona
Drew N. Kazdin	Kent State University
Neil A. Kelly	Boston University
Jiwoo Kim	The Ohio State University
Dana N. Kippen	The George Washington University
Benjamin R. Kitay	John Carroll University
Chandler J. Kitson	University of Colorado at Denver
Margo I. Lackritz	Kent State University
Joshua A. Lazar	Michigan State University

2017

NAME	COLLEGE
Daniel C. Leskov	Case Western Reserve University
Andrew M. Lubinger	The Ohio State University
Samuel Luria	Kent State University
Shanhui Ma	University of Rochester
Ryan Marks	Penn State University
Ryan Patrick Marmaros	University of Wisconsin Madison
Summer McNeal	Youngstown State
Brandon Mendes	Kent State University
Corey Mendes	The Ohio State University Agricultural Technical Insitute
Lauren L. Miller	Northwestern University
Alexander B. Orloff	The Ohio State University (Honors)
Benjamin Osbourne	Kent State University
Riya P. Patel	University of Toledo
Kalina E. Pateva	The University of Edinburgh
Mitchell Penn	Kent State University
Angela I. Pettigrew	Gallaudet University
Nylauna Petty	Youngstown State University
Gregory Pickus	Cuyahoga Community College
Natali Polonsky	The University of Iowa
Ankita Prasad	Rutgers University-New Brunswick
Simone Rackmill	Miami University Oxford
Alexander J. Remer	University of Cincinnati
LeKendrick D. Robinson	Heidelberg University
Alexander E. Robison	Cuyahoga Community College Eastern Campus
Molly P. Rosen	DePaul University
Asaf D. Roth	Vanderbilt University
Elyssa N. Roth	Cuyahoga Community College Eastern Campus
Paige Safenovitz	Ohio University
Jacob E. Sapell	Miami University Oxford (Honors Program)
Declan B. Sarlson	Mercyhurst University

NAME	COLLEGE
Kyle J. Scharf	Butler University
Kyle S. Schlessinger	Kent State University
Philip Schnee	The University of Texas Austin
Jasmine Shabazz	Cuyahoga Community College Eastern Campus
Gabriel E. Shapera	Emerson College
Matthew D. Shelton	The University of Akron
Aaron M. Siegel	The University of Arizona
David P. Somogyi	Miami University Oxford
Jack M. Spero	The Ohio State University (Scholars)
Swathi R. Srinivasan	Harvard University
Aden K. Stern	University of Colorado at Boulder
Benjamin L. Sternberg	Lakeland Community College
Matthew Stovsky	The Ohio State University (Scholars)
Gabriel Sweeney	Bowling Green State University
Cameron Umpleby	West Virginia University
Bethany Rose Vaynshtok	Miami University Oxford
Julia A. Warner	University of Central Florida
Amanda R. Wasserman	University of Rochester
Aniya Watson	Kent State University
Jacob A. Weiss	Lakeland Community College
Jaylen Whitt	Cuyahoga Community College Eastern Campus
Madeline Wilbur	University of Maryland College Park
Shitong Wu	Duke University
Jennifer E. Yen	University of Pennsylvania
Yishai G. Yulish	Cleveland State University
Yuval Zamir	Ohio University
Sophia V. Zhabotinskiy	Kent State University
Yuke Zheng	Harvard University
Dalia F. Zullig	Case Western Reserve University
Andrew Zynga	Tiffin University



ACADEMIC RECOGNITION

MAGNA CUM LAUDE GRADUATES

Eve Barnett	Kalina Pateva	Jack Spero	Amanda Wasserman	Jennifer Yen
Andrew Feldman	Asaf Roth	Swathi Srinivasan	Shitong Wu	Yuke Zheng
Dana Kippen	Jacob Sapell	Julia Warner		

NATIONAL MERIT SCHOLARS

Julia Warner Shitong Wu Jennifer Yen Yuke Zheng

NATIONAL MERIT FINALISTS

Eve Barnett Chandler Kitson Kalina Pateva

NATIONAL MERIT COMMENDED SCHOLARS

Claire Bruening Daniel Leskov Swathi Srinivasan Amanda Wasserman

NATIONAL HONOR SOCIETY SENIORS

Matthew Aubourg	Andrew Feldman	Dana Kippen	Asaf Roth	Julia Warner
Josh Bialosky	Jamie Frayman	Benjamin Kitay	Jacob Sapell	Amanda Wasserman
Andrea Cohen	Mollie Goldman	Shanhuai Ma	Philip Schnee	Shitong Wu
Cameryn Cohen	Mukul Govande	Lauren Miller	Jack Spero	Jennifer Yen
Justin Dubin	Cameron Haynesworth	Kalina Pateva	Swathi Srinivasan	Yuke Zheng
Emily Einhorn	Camille Hohl	Molly Rosen	Matthew Stovsky	Dalia Zullig

NATIONAL TECHNICAL HONOR SOCIETY

Josh Bialosky	Maya Granot	Neil Kelly	Philip Schnee
Jamie Frayman	Camille Hohl	Margo Lackritz	Matthew Stovsky

HONORS DIPLOMA

Anita Adib	Harold Dupree	Dana Kippen	Kalina Pateva	Matthew Stovsky
Mahsa Adib	Emily Einhorn	Ben Kitay	Molly Rosen	Bethany Vaynshtok
Eve Barnett	Andrew Feldman	Chandler Kitson	Asaf Roth	Julia Warner
Melanie Bernstein	Jamie Frayman	Daniel Leskov	Rachael Roth	Amanda Wasserman
Josh Bialosky	Mollie Goldman	Andrew Lubinger	Jacon Sapell	Madeline Wilbur
Claire Bruening	Mukul Govande	Shanhuai Ma	Kyle Scharf	Shitong Wu
Andrea Cohen	Cameron Haynesworth	Ryan Marks	Philip Schnee	Jennifer Yen
Cameryn Cohen	Camille Hohl	Ryan Marmaros	Jack Spero	Yuke Zheng
Danielle Dubin	Hannah Karl	Lauren Miller	Swathi Srinivasan	Dalia Zullig
Justin Dubin	Neil Kelly	Alexander Orloff	Aden Stern	

Magna Cum Laude: Top 10% of the graduating class by weighted GPA

National Merit Scholarship: Over 1.6 million juniors in more than 22,000 high schools entered the National Merit competition by taking the PSAT/National Merit Scholarship Qualifying Test. Approximately 16,000 semi-finalists were named on a state-representational basis. Semi-finalists were the highest-scoring program entrants in each state and represented less than 1% of the nation's seniors. To compete for Merit Scholarship awards, each Semi-finalist first had to submit a detailed application, essay, endorsements and more. From that group, 15,000 are named Finalists and, of the Finalists, approximately half achieve Merit Scholar status.

Upcoming Programs at the Beachwood Library

New to Medicare – Making the Smart Choice

Wednesday, July 5 • 7 pm
“New to Medicare, Making the Smart Choice” will cover the meat and potatoes of Medicare, from part A to part D, and how to simplify all the confusion so, you can make the most of your Medicare dollars.

It's All About You

Friday, July 7 • 2 pm and
Friday, July 14 • 2 pm
This series, led by Nicholette Leanza, will empower participants to live more fully as they take control over their mental and emotional health and wellbeing. Topics will include letting go of emotional baggage, mastering your anxiety, dealing with emotional vampires, overcoming depression, maintaining happy relationships and rewiring your brain for a new you.

Meet Author Joseph Baskin

Wednesday, July 12 • 7 pm
Joseph Baskin is a forensic psychiatrist with the Cleveland Clinic. He grew up in University Heights. After training in Massachusetts and Maryland, he returned to Beachwood in 2010 with his wife, Revital (a Beachwood graduate), and their children. Bughouse is a novel based on Baskin's experience in the correctional psychiatric hospital in Massachusetts. The author will read from the novel and discuss his experiences working in corrections. Copies will be available for purchase.

Drop in and Download

Friday, July 15 • 10 am and
Monday, July 17 • 2 pm
Learn how to borrow free eBooks, eAudiobooks, eMagazines, movies and music from the library's digital collection – anytime, anywhere. Bring your device and passwords to the library and the staff will get you started. The digital collection is available 24/7, 365 days a year, and there are never any late fees.

Musical Conversations

Sunday, July 16 • 2 pm
Each song in the repertoire is a classic standard or Broadway show tune that tells a story with a beautiful melody. Ronna Novello and Mayda Rothenberg are a vocal and piano duo featuring the songs of Gershwin, Cole Porter, Broadway and more.

Third Wednesday/ Third Thursday Book Discussion

Wednesday, July 19 • 1 pm and
Thursday, July 20 • 2 pm
Monthly book discussion led by library staff. July: The Red Garden by Alice Hoffman; August: A Man Called OVE by Frederik Backman. No registration required. All are welcome! Books available at the circulation desk one month prior to the program date. For more details, call 216.831.6868.

Everything I Need to Know I Learned in the Twilight Zone

Tuesday, August 1 • 7 pm
Largely Literary Theater Company will perform Everything I Need to Know I Learned in the Twilight Zone, a two-person show based on the book by Mark Dawidziak featuring 50 life lessons drawn from classic Twilight Zone episodes. Books will be available for purchase and signing following the program.

Spice Kitchen + Bar 101: Grow, Cook and Eat With the Seasons

Monday, August 7 • 7 PM
Please join Spice Kitchen + Bar's Ben Bebenroth, Chef/Founder/Farmer for an authentic farm to table experience. This seasonally-focused cooking demonstration will spotlight produce from Spice Acres, his farm in the Cuyahoga Valley National Park, and small family farms across the region. Chef Ben will discuss the importance of growing sustainably, buying locally. He will teach attendees how to cook and enjoy the

bounty of Northeast Ohio's lush, local landscape. Learn how to coordinate your kitchen with the seasonal offerings at your local farmer's market and prepare creative meals. Samples and recipes will be shared. Registration is required. Call 216.831.6868 for more information.

Medicare and You

Tuesday, August 8 • 11 AM
Medicare health and drug plans change every year. Are you keeping up? A representative from the Ohio Senior Health Insurance Information Program (OSHIIP) will discuss the “ins and outs” of Medicare. Attend the presentation to learn about the differences between your Medicare benefits, such as supplemental insurance policies, Medicare Advantage plans and prescription drug coverage. OSHIIP is a free service through the Ohio Department of Insurance and provides unbiased answers and insurance counseling on issues important to people of any age on Medicare. (OSHIIP does not sell insurance.)

Chinese Storytime

July 15 • 10:30 am
Families
Enjoy stories, songs and rhymes in Mandarin Chinese and stay for a craft and playtime. Presented in cooperation with the Chinese Storytime volunteer team.

Friday Family Fun: Blast Off!

July 21 • 10:30 am
Ages 2 to 6 with a caregiver
Calling all astronauts in training – enjoy an inter-galactic good time with stories, songs, crafts and activities about our solar system and beyond.

The Stevens Puppets Presents Aladdin

July 24 • 6:30 pm
Families
From the pages of 1001 Arabian Nights comes the timeless story of Aladdin. This China-based tale comes alive with the help of Martin Stevens' hand-crafted marionettes. A true “rags to riches” story, follow Aladdin, from the streets to the royal palace and beyond. Infused with music, mystery and magic, Aladdin is guaranteed to please all audiences.

Storytimes:

Toddler Storytime

Mondays • 4 pm and
Wednesdays at 10 am
Ages 19-35 months with a caregiver
Enjoy books, rhymes, songs and fingerplays.

Baby & Me Storytime

Tuesdays • 6:30 pm and
Thursdays at 10 am
Caregivers and their babies from birth-18 months
Enjoy rhymes, songs, fingerplays and books.

Preschool Storytime

Wednesdays • 1:30 pm
Ages 3-5 not yet in kindergarten and their caregivers
Enjoy stories, books, rhymes, songs and fingerplays with your little one.

Pajama Party Storytime

Wednesdays • 6:45 p.m.
Ages 19 months – 5 and their caregivers
Wear your PJs and join enjoy stories, songs and fingerplays.

Registration is required for all programs except storytimes. To register, please call 216.831.6868 or visit cuyahogalibrary.org.

A TRIBUTE TO BEACHWOOD BUSINESSES

*Support the businesses
that support our community!*



Montefiore Maltz Hospice House

Providing hospice care to the Jewish community since 1992

Montefiore is proud to introduce the latest addition to its continuum of care services with Maltz Hospice House, an inpatient residence located on the Montefiore campus in Beachwood, just off Cedar Road. We provide a calm and comforting environment within a warm, homelike atmosphere, specifically designed for patients and families in need of end-of-life care.

This new hospice house consists of six private suites with full bathrooms and individual patios, beautiful living and dining areas overlooking picturesque courtyard gardens with walking paths and sitting areas, an open pantry/kitchen and an interactive playroom for visiting grandchildren. A consultation room doubles as an overnight option for families and the meditation room offers quiet contemplation. A meeting room is used for family gatherings, hospice volunteers and staff.

With a private entrance and visitor parking, the pavilion welcomes family and friends

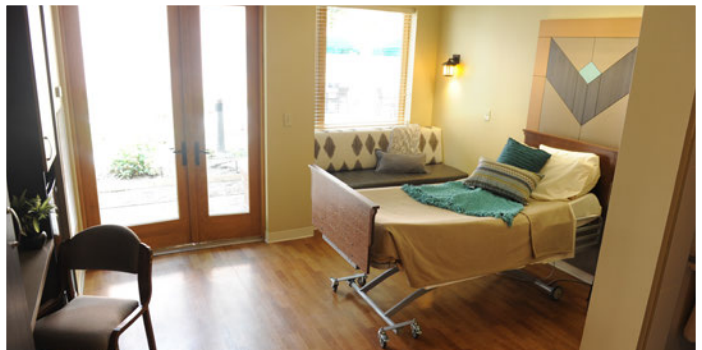
visiting loved ones any time of the day or night.

Integrative therapies – art, music, massage and Reiki are available in patient rooms as well as offered to patients and families in the community who are under our Vinney hospice care.

Led by a full-time medical director, our dedicated team of hospice professionals will provide support wherever you call home, whether in a private residence, an assisted, independent or skilled nursing facility or in Montefiore's Maltz Hospice House.

The Maltz Hospice House is a place of comfort, a place to ease the pain, both physical and in the heart – truly a safe haven for all. Our goal is to provide the highest quality care at the end of life as we take this journey with you.

For more information, contact Vinney Hospice and Palliative Care of Montefiore at 216.910.2650 or visit montefiorecare.org and take a virtual tour. We are located at One David N. Myers Parkway, Beachwood.



- Maltz Hospice House patient room.
- Living room and open kitchen looks out on beautiful courtyard gardens.
- Garden at Maltz Hospice House.



PROVIDING HOSPICE CARE TO THE COMMUNITY SINCE 1992



MONTEFIORE
VINNEY HOSPICE
MALTZ HOSPICE HOUSE



...there is a time, and a season.

When the time comes to make end-of-life care decisions, you will find the comfort, dignity and loving care you and your loved ones desire when you choose **Vinney Hospice of Montefiore** as your care partner.

“...when they came to see my father, they gave us a big hug and asked, ‘What can we do for you?...What can we do for your father?’...We made the right choice.”

BARRY FELDMAN

Led by full-time medical director Dr. Meredith Driscoll, our compassionate hospice team is dedicated to providing exceptional levels of physical, emotional and spiritual support. Integrative therapies – art, music, massage and Reiki – are also available to help soothe body, mind and soul.

Hospice care may be provided in the familiar comfort of your residence or at **Maltz Hospice House**, Montefiore’s “quiet gem.” To learn more, please call **216.910.2650** or visit montefiorecare.org for a virtual tour.

Montefiore | One David N. Myers Parkway, Beachwood, OH 44122

A TRIBUTE TO BEACHWOOD BUSINESSES

Support the Businesses that Support Our Community!

Violet Orthodontics opens a new facility in Beachwood

Distinguished local orthodontist Dr. Violet Barbosa is pleased to bring high-caliber orthodontic care to Beachwood, an area well known for its medical facilities. Her special brand of orthodontics combines form and function for beautiful and healthy smiles.

"We will continue to serve patients at our current office in Twinsburg where we have earned a high reputation for quality orthodontic care," she said. "Our patients can rest assured that they will receive the best orthodontic care at both locations."

Born into a family of doctors, Dr. Violet was naturally inclined

to go into the medical field. But it was a car accident that first sparked her passion for orthodontics. The accident broke her father's jaw, and the reconstructive work of his oral maxillofacial surgeon and orthodontist was so impressive that against all odds, her father made a full recovery.

This remarkable transformation caught Dr. Violet's attention and it prompted her decision to become an orthodontist. "I realized my true calling was to make life better for other people," she said. "So I became an orthodontist."

She has studied and practiced the art and science of orthodontics both in India and the United

States. Her determination to keep helping others is the reason why she went the extra mile and got certified to practice orthodontics in the United States. Today, Dr. Violet's international training and experience enables her to better serve patients by blending European techniques focused on modulating bone growth and development of jaws with the American system that focuses on teeth alignment.

Since 2005, many patients have shared their stories of how they have benefited from Dr. Violet's work. An adult patient wrote, "Everybody wants a great smile because it helps you feel better. It changes the way



you see yourself and also how people see you. Self-confidence can lead to career advancement. We live in a competitive world and a great smile can give you the edge."

You, too, can discover a beautiful smile that lasts a lifetime. To learn more about the services Violet Orthodontics offers, visit www.VioletOrthodontics.com or call 216.763.2764 or 330.474.1317.

JFSA'S Care at Home Tailors Solutions to Meet Your Needs

Finding the right support so you can live independently does not need to be a complicated process with companies you have never heard of. Jewish Family Service Association's Care at Home gives you many choices to manage your independence and lifestyle based on your unique needs. With guidance from experienced and friendly staff, you can choose simple services like kosher home delivered meals, home cleaning, or more comprehensive services like skilled nursing or physical therapy. JFSA will work with you to tailor the best

solution that meets your needs.

For example, if you are recovering from surgery and live alone, you might want to use JFSA's skilled and private-duty services and other in-home supports, such as assistance with bathing and grooming; home support care, such as planning and preparing meals; or transportation services and errand running. If your need for assistance is more long term, JFSA will work with you to make sure you can remain independent and safe in your own home.

A TOP 500 HomeCare Elite® home care provider, JFSA points

to its clinicians and home health aides for receiving this designation, which recognizes the top-performing home health agencies in the United States. Lisa Goodlow, executive director, says, "Our staff is dedicated to providing exceptional care and consistently go the extra mile to ensure our clients meet their goals. They are what set us apart from other home care providers."

To learn more about Jewish Family Service Association's home health care, call 216.378.8660 or visit www.jfsa-cleveland.org.



JFSA's staff consistently goes the extra mile.

*JFSA will work with you
to tailor the best solution
that meets your needs.*



Dr. Violet Barbosa
*Specialist in Orthodontics
 for children, teens and adults*

- Affordable Payment Plans
- Most Insurance Accepted
- No Referral Required

**NEW PATIENT
 APPRECIATION COURTESY!**

**Complimentary Child or Adult
 Orthodontic Exam**

(For first-time exams scheduled before 10/31/17)

PLUS \$200 OFF Full Treatment
 when started by 10/31/17

Cannot be combined with any
 other offer or reduced fee

**Call: 216-763-2764 or
 330-474-1317 today**



**24755 Chagrin Blvd., Ste. 145
 Beachwood, OH 44122
 www.VioletOrthodontics.com**

**JFSA
 DOES
 THAT?**



**SOLUTIONS THAT GIVE YOU A
 CHOICE IN MANAGING YOUR
 INDEPENDENCE AND LIFESTYLE.**

Skilled & Private Duty Services

- Skilled Nursing
- Medical Social Worker
- Physical, Occupational & Speech Therapy
- Home Health Aides
- Medication Management

And many more!

- Lifeline Medical Alert
- Home Cleaning
- Kosher Home Delivered Meals
- Holocaust Survivor Support Services
- JFSA Shuttle On-The-Go! Transportation

YES WE DO! 216.378.8660

JEWISH FAMILY SERVICE ASSOCIATION
 of Cleveland



jfsa-cleveland.org

Medicare, Medicaid and most insurance accepted.

A TRIBUTE TO BEACHWOOD BUSINESSES

Support the Businesses that Support Our Community!

The Maltz Museum of Jewish Heritage

The Maltz Museum of Jewish Heritage brings American history alive with *Centuries of Childhood: An American Story*, a children's exhibit on view now through August 27, 2017. The exhibit, produced in partnership with the Children's Museum of Cleveland and designed for children ages 2-8 years old, uses interactive, hands-on activities to chronicle the stories of five children and their families living in historical eras ranging from the 1700s to the mid-20th century.

Ranging from Jacob, the Jewish immigrant living in Cleveland,

to Michael, the African-American youngster moving from the Deep South to Chicago, the exhibit helps kids connect the stories of these characters to their own experiences. It also aims to show how diverse backgrounds and experiences, as well as tolerance for differences, have helped our country grow and prosper.

In addition to touring the exhibit, children can also experience fun and educational drop-in tours to learn more about each of the five children through an activity. Each activity delves into real aspects of life in

the time of the featured children and is appropriate for all ages. Activities include storytelling, Pioneer games, and an introduction to jazz music.

The Maltz Museum is open Tuesday through Sunday, 11 am – 5 pm and Wednesday, 11 am – 9 pm. Admission to *Centuries of Childhood* is included with Maltz Museum admission at a special summer rate that applies through Labor Day: \$10 adults, \$5 children (5-11) and FREE for Maltz Museum Members and children under 5. Groups of 10 or more are eligible for guided tours and a discount



Children enjoy activities at *Centuries of Childhood: An American Story*

with advance registration.

More information about the exhibit, additional activities, and the Maltz Museum is available at www.maltzmuseum.org.

Menorah Park Committed to Each Individual

As the CEO of Menorah Park, I am humbled and appreciative to all who voted for us as *Cleveland Magazine's* "The Best of the East for Senior Living." Whether you or a loved one live at home in the community or at one of our campus residences, we are committed to serving you with excellence in caring.

Our value is measured in large part by how successful we are in fulfilling your needs. Creating consistent, meaningful, personalized experiences has helped to weave us into the tapestry of the community, helping us to continually build strong relationships. Our staff, board members and volunteers are dedicated to

helping make our residents, their loved ones, and our many clients lives better.

It was especially gratifying to hear stories at the *Cleveland Magazine* event from those whose lives we have touched in some way, that we are viewed as family, as mentors, as those willing to help others, and as a place where you can find trusted expertise.

Parents stopped by our table to share that their son's first job at Menorah Park was a transporter and he is now a successful entrepreneur thanks to staff mentoring. A grandson spoke fondly of a home for his grandmother where she gets the help and support she

needs, and is thoroughly enjoying life. People shared that they have friends who have had rehabilitation at Menorah Park and therapy at our Peter B. Lewis Aquatic & Therapy Center, and said now they know exactly where to go.

I want to thank all of you for sharing with us, and allowing Menorah Park to be your trusted source for programs and services that support your healthcare and residential needs.

Please join us on Facebook @ MenorahPark where we share and post stories and photos for you to enjoy. Look for our re-post of Best of Cleveland event photos. Visit MenorahPark.org for additional



Menorah Park CEO
Jim Newbrough

opportunities to engage with the Menorah Park community. Find helpful information and answers to questions you may have related to you or a loved one. Call 216.831.6500 for more information.



CREATED BY THE CHILDREN'S MUSEUM OF CLEVELAND



Jun. 11 - Aug. 27, 2017

Centuries of Childhood: An American Story is an interactive, hands-on, kid-friendly exhibit that charts the histories of five children and their families. Ranging from Jacob, the Jewish immigrant living in Cleveland, to Michael, the African American youngster moving from the Deep South to Chicago, the exhibit helps kids connect the stories of these characters to their own experiences.

FUN FOR CHILDREN AGES 2-8

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A TRIBUTE TO BEACHWOOD BUSINESSES

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Anshe Chesed Fairmount Temple

Anshe Chesed Fairmount Temple, which recently celebrated its 60th anniversary in Beachwood, is an inclusive community where people come together to connect with Judaism and the world, nurture one's spirit, and care for others in the community and the beyond.

In the last year, Fairmount Temple opened the new Darcy Alter Playground that offers children in the preschool and religious school new ways to play, think, create and laugh.

The religious school offers a free Pre-K Sunday, which is popular with kids and parents.

Several years ago, Fairmount Temple introduced Operation 100% Affiliation, offering volun-

tary first-year dues to the unaffiliated. As an inclusive community, Fairmount Temple embraces interfaith families, LGBT members, individuals and families of any age and background.

Lifelong learning starts with preschool and goes through religious school, youth groups, informal discussions on Sunday mornings, weekly Torah Studies, book discussions, special speakers, and programs.

Stop in on Fridays to celebrate Shabbat with services at 6:15 pm. The second Friday of each month is a Kabbalat Shabbat featuring a live band, contemporary music and hearty oneg. Simchat Shabbat, for preschoolers and their families, is



Cantor Sager, Rabbi Caruso and Rabbi Nosanchuk celebrate a Bar Mitzvah with the Spiegle family.

held every month (except July) on the first Friday at 5:30 pm.

There are also several active organizations within the temple for men, women, young professionals and young families.

The dynamic Fairmount Temple clergy team consists of Senior Rabbi Robert Nosanchuk, Rabbi Joshua Caruso, Rabbi Jordana Chernow-Reader, and Cantor Sarah Sager.

As Rabbi Nosanchuk says, "At Fairmount Temple, we believe

what Judaism teaches – that each life is worth the life of the whole world, that each of us can touch holiness and be meaningful in the community. We invite you to come and make a difference by calling or visiting us."

To learn more about Fairmount Temple, membership and voluntary dues, please contact Steve Borstein, executive director, at 216.464.1330 or sborstein@fairmounttemple.org or visit www.fairmounttemple.org.

LEVERITY

Think for a moment about your current insurance provider. If you're like most decision makers, your first consideration when choosing a partner may be price. Or, if it's your first time seeking an insurance partner, you may be relying on recommendations from friends or co-workers.

While cost and reputation are certainly important decision-making factors, we believe our company's simple service philosophy sums it up best:

Leverage > Truth >> Solutions

We know that choosing the

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cost-effective prices. After all, we understand that without our clients, we wouldn't be here today. As a Leverity client, you'll receive personalized service from highly trained, formally-educated professionals with years of experience. Our account managers have expertise in a wide variety of areas, which allows them to provide services specific to your needs.

At Leverity, keeping in contact with our clients is never a courtesy – it's a necessity. We don't wait for you to call us; rather, we contact our customers regularly to stay in touch.

Your business is our business.

By being good listeners and keeping open lines of

communication with our clients, we are able to better service their changing needs. This enables us to anticipate and handle problems before they escalate. By making us an active and integral part of your team, we serve as your trusted support staff and advisor for your insurance needs.

Excellence, integrity, reputation and customer care are the foundations of our relationships with our clients. We don't just say those words, we live them.

Fairmount Temple's Early Childhood Center

Encouraging your child's
potential through
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- **School year programs** include programs for 18 months-to Pre-K, and optional afterschool programs including gymnastics, sports and science.
- **Fully flexible daycare**, children can attend full-time or as needed.
- **Brand new Darcy Alter Playground** features outdoor fun with an elaborate playset, stone garden, picnic tables and outdoor musical instruments.
- **Preschool Summer Camp** and fun family events.

To learn more or for a personal tour, contact Director Jane Mayers,
216-464-1752 or Jmayers@fairmounttemple.org

www.fairmounttemple.org

AT FAIRMOUNT TEMPLE YOU WILL FIND:

- **Voluntary First Year Dues**, an opportunity for the unaffiliated to become part of this welcoming community
- **FREE Sunday morning Pre-K class** in our Religious School, open to all, regardless of membership
- **A dynamic clergy team who officiate at weddings for interfaith couples** establishing a Jewish home
- **Grassroots social action** initiatives

To learn more about all we have to offer, including Voluntary First Year Dues, contact Executive Director Steve Borstein at 216-464-1330 or Sborstein@fairmounttemple.org



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First Catholic Slovak Ladies Association



It was an age of massive immigration, a time when technology, trade and demographic changes were transforming lives and the economic future of America. Does that sound familiar?

All was hopeful – unless you were one of those unfortunate workers whose life was derailed from injury or death in a mine or industrial plant. In the days before government benefits, when private insurance wasn't readily available, the future looked grim.

Seeing the impact of this situation on families, in 1892 a group of nine Slovak women in Cleveland, Ohio, led by Anna Hurban, joined together to form the First Catholic Slovak Ladies Association (FCSLA) as a fraternal benefit society. The original purpose of the Association was to provide life insurance benefits that would protect

women from the hazards and toll of industrial labor.

From our company's humble beginnings, we have grown into a strong financial institution that offers quality life insurance and annuity products for all Christian women, children and men.

Fast forward to 2017 – FCSLA is celebrating its 125th anniversary! From our company's humble beginnings, we have grown into a strong financial institution that offers quality life insurance and annuity products for all Christian women, children and men. For more information, visit www.fcsla.org or call 216.464.8015.

Discovery Photo

Discovery Photo Studio and Gallery, owned by Scott Morrison, has been in business since 1991. Scott has been published locally, nationally and internationally in magazines such as *Outdoor Photographer*, *Evidence Technology*, *Properties*, *Beachwood Buzz* and *Surreal Beauty Magazine*. Dozens of his prints, featuring stunningly vivid landscapes and visceral wildlife, appear in galleries across America, including the Cleveland Museum of Art. Discovery Photo specializes in fun, unique and creative portraits.

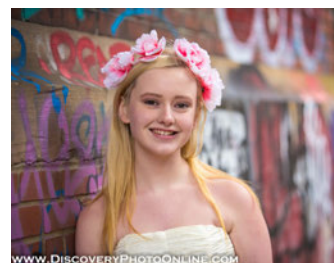
"We do everything from basic head shots to full portfolios," Scott said. "We have a state-of-the-art studio located in Beachwood, and we are willing to go the extra mile to – both in and out of the studio – to get the perfect shot."

...we are willing to go the extra mile to – both in and out of the studio – to get the perfect shot."

Senior Photo Shoots

Discovery Photo can capture the perfect image for you and make your senior photo shoot special. You get 90 minutes of shooting time, an 8x10 of your favorite image, and on-line posting of your proof images for only \$200.

Visit www.discoveryphotoonline.com to see Scott's gallery. Call 216.310.7722 to schedule your appointment.



Heidi's This N That Grand Opening • Sunday, July 9 • 1-5 pm

Heidi's This N That is a new boutique located inside "Spaces" on Richmond Road, just north of Chagrin Boulevard. After leaving an executive-level retail position six years ago, Heidi was searching to find that perfect career. After returning home from a mind-and-body wellness center, the universe was in alignment with what she was seeking.

Heidi found out that "Spaces" planned to build a Beachwood trend mall that would feature small businesses inside its already-established space. Heidi was intrigued by the idea and recognized that by committing to a space, she could build a business from the ground up.

"It's been a long, crazy, fun, scary journey – and a learning process that I could have never done

without my family," Heidi said.

"This store mirrors my life. I have always shopped diligently – admittedly way too often – for anything unique at a good price that could bring happiness into my life or someone else's."

The store, its displays and the items in it are unique, fun, inspiring, different and "happy" – all offered at good prices. It is truly a "this n that."

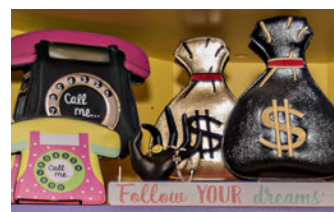
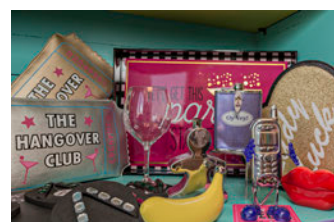
Heidi purchases clothing, purses, accessories, housewares and anything else that touches her in some way, which she feels may touch someone else as well. Her store is currently a women's boutique, although she doesn't know what the future may bring.

"I am fortunate to start this journey and live my career dream," Heidi said. "I truly believe

that being yourself is the prettiest (and happiest) that you can be."

Heidi's This N That follows "Spaces" hours, Wednesday through Saturday, 10 am – 5 pm and Sunday, noon – 5 pm. She invites you to come to her grand opening event, Sunday, July 9 from 1 – 5 pm. Bring in this ad and save 20% on your first purchase.

"I truly believe that being yourself is the prettiest (and happiest) that you can be."





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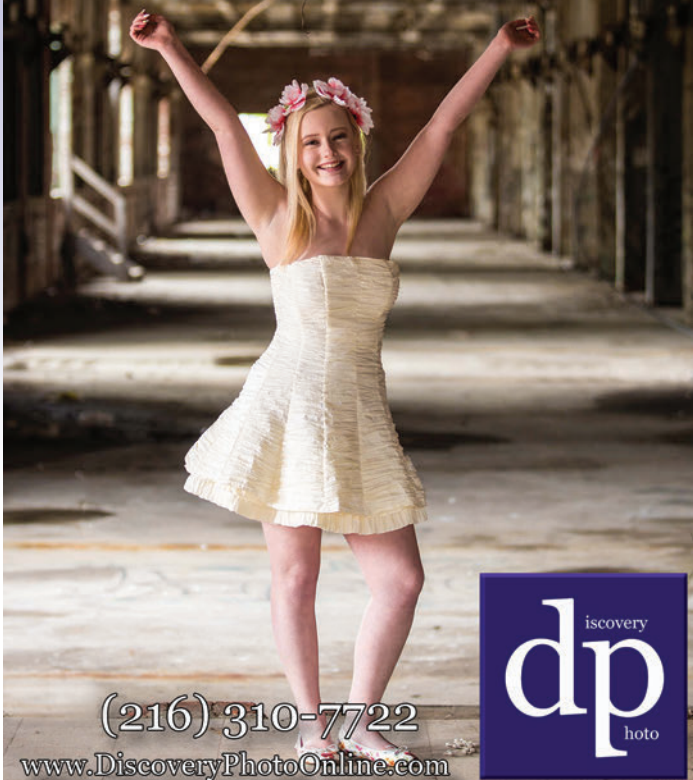
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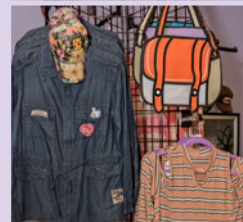
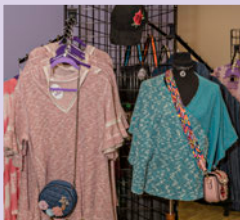
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Jewish National Fund

This August, IDF Major General (Res.) Yiftah Ron-Tal, president of Special in Uniform, and Yossi Kahana, director, Jewish National Fund (JNF) Task Force on Disabilities, will speak at JNF's Annual Northern Ohio Tree of Life™ Award Dinner honoring Kevin S. Adelstein, president, publisher, and CEO of the Cleveland Jewish Publication Company.

As part of a focus on improving quality of life in Israel, JNF is dedicated to ensuring that no member of Israeli society is left behind. Partnering with Special in Uniform (SIU) is a unique fulfillment of JNF's vision of a society that looks beyond the surface and disability to the person within, reflecting values that are inherent to Jewish Life and Tikkun Olam, repairing the world and making it a better place.

A signature program of the IDF, SIU integrates Israeli youth with

disabilities – mental and physical – into the IDF to serve alongside their fellow countrymen and women. Throughout their service, SIU soldiers receive life-skill lessons and are provided with career assistance and placement to ensure a smoother transition into independent civilian life.

The dinner will take place on Sunday, August 27, at 5 pm at Executive Caterers at Landerhaven. For more information or to RSVP, visit jnf.org/nohiotol or call 216.292.8733.



Shiri Vardi with Lt. Col. (Res.) Tiran Attia, Special in Uniform Soldier Yair, and Captain Rami Chasan.

The Temple - Tifereth Israel



The Temple-Tifereth Israel has a rich history and a beautiful new

building. The future is bright, and our Temple family is growing. We welcome you to connect with our wonderful clergy, our exceptional learning programs, our focus on the arts, our meaningful and innovative worship opportunities, and so much more.

PRICELESS (formerly known as the First Year Voluntary Dues program) encourages you to experience what it is like to be a part of The Temple for the first year on your terms.

Are you looking to reconnect with Judaism or to engage in study or social action? Or perhaps you are a young Jewish, an LGBTQ, or an interfaith couple who have yet to find a welcoming Jewish home. Maybe you would be

interested in one of our Temple Learning Programs for your children.

Few opportunities in life hold so many possibilities. Membership in our vibrant congregation opens doors to unique Jewish experiences that can have a lifelong impact. If you would like to join be a part of The Temple family, just call Allison Shippy, director of Member Services, at 216.455.1703.

Price Eligibility: This special membership initiative is available to those who have not been affiliated with a local congregation during the past year. If you are eligible, you may determine your dues commitment for the first year of membership while enjoying all the benefits* and privileges of membership at The Temple.

*Enrollment fees for Temple Learning Programs including Shabbaton are not included in the PRICELESS membership.

Camp Gan Israel

Ava and Trevor moved their family to Beachwood to give their two children the best childhood possible. The one piece that was missing from the picture was a quality Jewish summer camp that fit the family's style and budget. Ava contacted Chabad, requesting that the Camp Gan Israel brand of summer camps be brought to Beachwood.

In 2008, with the help of a wonderful group of parents, Chabad of Solon, and the Fuchs Mizrachi School (now a proud Beachwood Business), Camp Gan Israel of Beachwood was opened for business. That summer began with just 17 campers. By August there were 38. In 2009 there were 75, and by 2012 there were well over 200 Jewish children enjoying the spirit and creativity of CGI Beachwood's offerings.

In the ten short years of its work in Beachwood, CGI has hosted more than 1,000 Jewish children in an atmosphere which cultivates

both the joy of learning and pride in being Jewish.

In 2015, the City of Beachwood recognized this effort by declaring July 27, 2015 "Camp Gan Israel and Jewish Education Day."

Camp Gan Israel invites you to attend "Proud to be a Jew," featuring Benny Friedman live in concert, August 3, 6 pm, at the Tri-C Eastern Campus

In celebration of our success, Camp Gan Israel invites you to attend "Proud to be a Jew," featuring Benny Friedman live in concert, August 3, 6 pm, at the Tri-C Eastern Campus. Tickets are on sale now at cgibeachwood.com/tickets.

Camp enrollment for August is still open! Call 216.282.2267 for details.

Thank you Beachwood!



CLEVELAND Jewish News more than just a newspaper

The Cleveland Jewish Publication Company is an independent community-owned multi-media organization which publishes the CJN, as well as myriad of other publications, events, digital and social-media channels, including:

- "Boker Tov" AM e-newsletter
- "Breaking News" e-news as it happens
- CJN e-edition every Thursday AM
- Jstyle features fashion, food, lifestyles and more
- Jstyle Weddings helps the bride-to-be plan for the big day
- SOURCE guide to living in Jewish Cleveland
- Bar-Bat Mitzvah helps make the occasion meaningful and festive
- Canvas spotlights Northeast Ohio's arts and entertainment

with a magazine and it's own e-newsletter

- Balanced Family helps families achieve balance in their lives through health, wellness, fitness, parenting, schooling and elder care content
- Shabbat Shalom e-newsletter helps young families prepare for the weekend
- CJN-TV brings stories to life through video
- CJPC events engaging the community

You can find the *Cleveland Jewish News* on [facebook.com/clevelandjewishnews](https://www.facebook.com/clevelandjewishnews); and on Twitter and Instagram @clevejn. Log on to cjin.org/subscribe to start a free 6-week trial or to start home delivery every Friday for your home, business, college dormitory or gift for a friend or relative.

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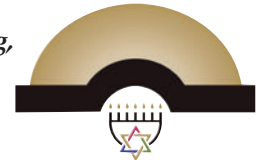
WELCOME TO THE TEMPLE!



Photo by SGMP - Scott Gloger, Master Photographer

The Temple-Tifereth Israel is an extraordinary congregation with a storied history and a bright future. While some members can trace their roots to The Temple's founding families, many more are newcomers, enthusiastically welcomed through our doors each year. Our members are the heart of this congregation – they always have been and they always will be. We invite you to become a part of The Temple family.

Please contact Allison Shippy, Director of Member Services, at 216.455.1703 or ashippy@ttti.org, to find out more about being a member of The Temple family.



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Who's Buzzin' in Beachwood?

by Arlene Fine

Gloria Steinem Wows Audience at Planned Parenthood luncheon

An overflow crowd of 1,400 filled the Grand Ballroom of the Renaissance Cleveland Hotel for Planned Parenthood's sell-out luncheon. Gloria Steinem, iconic women's rights champion, was the keynote speaker. Her message was to "use our vote power, our dollar power and our voice power to support women's health care and reproductive rights."



Sue Kahn



Arlene Rothkopf and Roni Wallace



Linda Barnett



Janice Frezel and Diane Ellis



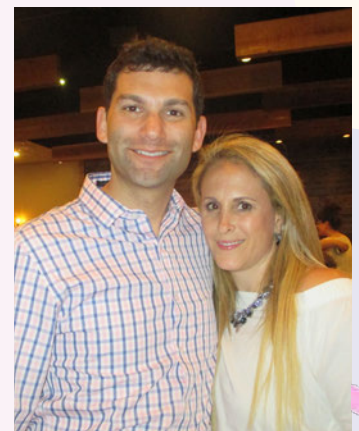
Elaine Geller and Barbara Shane

ORT Next Gen Parties

Quick, what's the capitol of Bolivia? Questions like these were part of ORT America 5th annual Next Gen Trivia Night, held at the Winking Lizard Tavern and co-chaired by Eric and Jamie Synenberg. Attendees enjoyed dinner, a trivia contest, a silent auction and a presentation about ORT Next Gen's upcoming mission to Israel.



Matt Kneitel, Joseph and Rachael Parkin, David Leb



Eric and Jamie Synenberg

Thumbs Up for Friendship Circle

A bevy of admirable high school students, all Friendship Circle volunteers, were honored at the Friendship Circle's "Hands-On Friendship" volunteer recognition night held at Beachwood High School. The festive evening included a prayer for peace by Michael Friedman, awards ceremony, personal testimonies and a lavish dessert reception. Friendship Circle enhances the lives of children with special needs by connecting them with friends in a wide range of social and recreational programs. Friendship Circle also enriches the lives of teens by giving them an opportunity to positively impact a child's life.

Meir and Randi Mashmoor



Michele Katz



Matthew Friedman and Jakob Bolman



Jeff and Jill Muencz



Liat Schiowitz and Ariel Lawton



David Gecovich and Adam Fleeter



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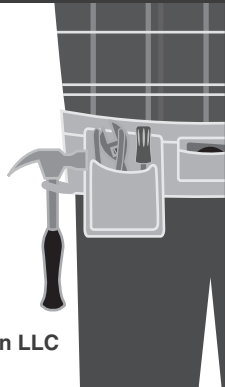
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Rock Steady Boxing for People with Parkinson's Comes to Beachwood

Rock Steady Boxing, a unique exercise program based on training used by boxing pros and adapted to people with Parkinson's disease, is now available in Beachwood. The program involves regular exercises, such as stretching, bicycling, running, jump-roping, push-ups, balancing and lots of non-contact boxing, led by experienced trainers/coaches. Rock Steady Boxing serves both men and women of all ages and levels of ability.

"We are fortunate to bring this program to Beachwood" said Evan Daiber, owner of the 2 Tone Boxing Club. Daiber completed the Rock Steady Boxing training camp and is certified to offer Rock Steady Boxing training classes to individuals with Parkinson's disease who live in the area.

The Rock Steady Boxing Method was developed in Indianapolis over the course of seven years. In 2012, the training camp was launched to share the Rock Steady Boxing Method with other people who are fighting back against Parkinson's. Today, there are 100 affiliates throughout the United States, Canada and Italy that offer the program.

"We have always believed in the Rock Steady Boxing Method," said Rock Steady Boxing, Inc. executive director Joyce Johnson. "When evidence began to emerge that our program had a positive impact on the 'boxers', our mission became clear - to share

our knowledge and experience with all people with Parkinson's. That is why we decided to make our training available worldwide - to train as many people as we can so together, we can improve the care of people with Parkinson's everywhere."

Rock Steady Boxing, Inc., a non-profit organization, was founded in Indianapolis in 2006 with six participants. Participation has steadily increased to more than 155 members today, including men and women ranging in age from 35 to 90. Classes are geared to people at all stages of Parkinson's disease. Volunteers contribute their time and talents to assist with the classes.

It is estimated that 1-1.5 million Americans have Parkinson's disease, with as many as 50,000 diagnosed in Ohio.

For additional information about Rock Steady Boxing Cleveland East, visit ClevelandEast.rsbaaffiliate.com or 2toneboxing.com.

Mandel JCC Outdoor Yoga Series

Say "Namaste" as the sun sets with the J's new summer outdoor Yoga series at Saffran Park, near the outdoor pool. All levels are welcome. In the event of bad weather or wet ground, class will be held in a shelter or in the Rzepka Fitness Studios.

These classes are free and open to the community for individuals 13 years and older. Classes are on Fridays, through September 1, from 6:45 - 8 pm. Registration is not required. Please bring a mat.

For more information, contact Kate at ktoohig@mandeljcc.org or call 216.831.0700, ext. 1365 or visit www.mandeljcc.org/outdoor yoga.

Mandel JCC Art Show Call for Artists!

A juried art show and sale, exhibited in the Mandel JCC lobby, September 18 through November 21, will feature an eclectic mix of artwork from established, emerging and amateur Northeast Ohio artists. Professional artists and amateurs of all ages who reside in Northeast Ohio are encouraged to submit entries of recent original art work completed in the past three years (2014-2017).

The deadline for submissions is Monday, August 14. Cash prizes will be awarded.

For complete information, visit www.mandeljcc.org/the-mandel-jcc-j-show-2017/arts-culture/ or contact Julie Frayman at JFrayman@mandeljcc.org.

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