

Beachwood Buzz

January 2016

Every Resident. Every Business. Every Month.

MAGAZINE



Beachwood Schools Considering Facility Projects





I Believe

"I Believe" is dedicated in blessed memory to my sister, Darcy Alter. Darcy read this to her daughter, Sadie, at her Bat Mitzvah on October 3, 2015; and Rabbi Rob Nosanchuk reread it at her funeral. In spite of Darcy's strength, courage, determination and focus, she lost her battle to cancer on November 30, 2015. Darcy is loved by many and is missed dearly.

I Believe (Author unknown)

I believe that we don't have to change friends if we understand that friends change.

I believe that no matter how good a friend is, they're going to hurt you every once in a while and you must forgive them for that.

I believe that true friendship continues to grow, even over the longest distance.

I believe that you can do something in an instant that will give you heartache for life.

I believe you can keep going long after you think you can't.

I believe we are responsible for what we do, no matter how we feel.

I believe that either you control your attitude or it controls you.

I believe that my best friend and I can do anything or nothing and still have the best time.

I believe that sometimes the people that you expect to kick you when you are down will be the ones that help you get back up.

I believe that sometimes when I'm angry, I have the right to be angry, but it doesn't give me the right to be cruel.

I believe that maturity has more to do with the types of experiences you've had and what you've learned from them and less to do with how many birthdays you've celebrated.

I believe that it isn't always enough to be forgiven by others. Sometimes you have to forgive yourself.

I believe that our background and circumstances may have influenced who we are but we are responsible for who we become.

I believe that even when you think you have no more to give when a friend needs you, you will find the strength to help.

I believe that credentials on the wall don't make you a decent human being.

I believe that you should always leave loved ones with loving words. It may be the last time you see them.

I believe the happiest of people don't necessarily have the best of everything; they just make the most of everything they have.

Background photo: Sunset, November 30, 2015

Editorial photo: Sadie's Bat Mitzvah

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Write to us and tell us what you think. Beachwood Buzz magazine welcomes all Letters to the Editor. Please send all letters via email to beachwoodbuzz@gmail.com. Letters must have the contact's name and phone number. Phone numbers will not be published.

Calendar Section

Please send information about clubs, organizations, events and meetings. The deadline is the 10th of each month. Email information to beachwoodbuzz@gmail.com

Article Submissions

Beachwood Buzz welcomes your story ideas. If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com. All articles and photos will be reviewed by the publisher, and the person submitting the information will be contacted.

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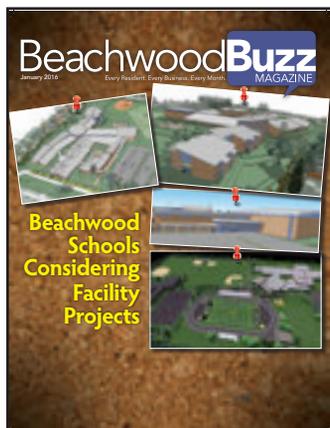
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COVER STORY

The Beachwood Board of Education has been closely studying the needs of our district's elementary facilities and athletic fields for several years. In November, Superintendent Robert Hardis and District Treasurer Michele Mills presented the school administration's recommended plans, funding required, and probable timeline for these major capital improvements. A Community Q&A Forum will be held Monday, January 25 at 6:30 p.m., at Fairmount School.

Full story starts on page 7.

City Council Update • Pages 24-26

Beachwood Considering Allowing Chickens

Gearing up for Cold and Snow

Snow Ordinance

Don't Crowd the Plow

Recycle Holiday Lights

Did You Know?

Attention Pedestrians

Upcoming Meetings

Recreation Baseball/Softball Leagues

Interested in Serving?

Art Exhibits

Upcoming Housing Inspections

You and Your Schools • Pages 7-12, 30-31

Letter to the Community

Capital Improvement Plan Update:

Elementary Facilities

Community Q&A Forum Open House

Proposed Timeline

Hilltop Celebrates Blue Ribbon Award

BHS Hosts Deaf/Hard of Hearing

Annual Holiday Party

BHS and BMS Orchestras Perform

at Severance Hall and Connor Theatre

Bryden Students Visit Beachwood's Happy Hooker

Knitting Group

Correction: A byline was mistakenly omitted from last month's You and Your Schools pages. Sydney Eisenberg should have been credited with writing the article on the BHS Student Leadership Conference.

CITY OPEN HOUSE – BEACHWOOD MASTER PLAN

Monday, January 11 at 7 pm, in City Council Chambers

The City of Beachwood, in partnership with the Cuyahoga County Planning Commission, will present the draft of the 5-year Beachwood Master Plan.

The public is welcome and encouraged to attend.

CITY OF
Beachwood



Letters to the Community

Thank you for your support and vote of confidence in the recent City Council election! I am truly honored to again serve as a councilman in Beachwood.

As in the past, I am committed to serving with integrity, honor, and passion.

While I understand that elections can tend to bring out people's differences, it has been my experience that they can also bring people closer together. There is no doubt that, as a community, we all share a love for Beachwood. I look forward to working with the other members of City Council and the Mayor to do great things for Beachwood.

Thank you again for your support and trust.

Brian Linick*

As I leave office, I am proud of the outstanding position that the City of Beachwood is in and proud of my participation in making that happen. During my tenure I always focused economic development and finances to be sure that we had appropriate funds to pay for the fabulous facilities and services that the employees of Beachwood bring to us. This was not an individual effort, but my joint effort with the administration and the various City Council members with whom I have served over the years: Alice Jacobs, Marty Arsham, Si Wachsberger, my good friend Ken Kleinman and, most recently, Mark Wachter, Mel Jacobs and Mark Mintz. This group, along with the Mayor, have created what I believe is the most significant city government in Ohio. Our city services are second to none and our financial position is the envy of most cities. Our strong financial position has allowed us to remodel City Hall, construct the Aquatic Center, provide for new fire stations, and develop the Beachwood Parks, all at no additional expense to the taxpayers, and while maintaining a AAA bond rating.

Thank you for the privilege of serving as council president these last two years. I thank Mayor Gorden for running a great administration, and all the employees at City Hall for their hard work and dedication in making Beachwood great. I thank you, the community, for your trust and faith in me, allowing me to serve on Council for six terms.

Finally, I am turning over the city, in great shape, to the new Council. Keep it that way! I challenge all of you to look at the issues and make decisions for what you believe will be in the best interests of the city, our employees, the businesses, and, of course, the residents, just as the previous Councils have done.

I thank you all for the opportunity to have served.

Fred Goodman

When I was growing up, my father instilled in me the idea that it is better to give than to receive. He taught me by example, and throughout my life I strived to live up to his values. Now, I've come to the close of another chapter in my efforts to give back to my community. The past 22 years have been very rewarding and fulfilling, having served 6 years on the School Board of the district from which I graduated and 16 years on City Council. I'm proud to say that my son, Josh, is carrying on the family tradition, having been re-elected to serve his second term on the Beachwood School Board.

I've had the privilege of working with school board members and council persons who were very dedicated, and always seemed to come together for what was in the best interests of our schools and city. During my tenure, I have watched the schools and city continue to remain the envy of other

cities, not only in Ohio, but across the United States. Obviously, this doesn't happen by accident.

Mayor Gorden has worked tirelessly, and has surrounded himself with the absolute best people available who always give 110 percent. I take my hat off to all past, current and newly-elected public officials. The job can be an emotional roller coaster with many highs and lows along the way. No matter where you stand on a particular issue, there may be someone who disagrees with your decision. At such times, public servants need the courage of their convictions.

When I decided to run for public office, it was always my intent to make a positive difference in our city. I tried to do what was best for the majority of our residents and our city. It is my hope and belief that we got it right more often than not.

As our city enters a new era with a new Council, my advice to each person who serves is to be a good listener, to the people and to the experts; to follow your heart, and to work together so Beachwood continues to be the best place to work, learn and live. Thank you.

Mark Mintz

It has been my honor and privilege to serve on the Beachwood City Council and the Beachwood Planning and Zoning Commission. Over the course of the last 20 years, it has been my privilege to help create some wonderful amenities in the City. I am proud to have been able to work on the City Hall renovation, the Community Center, Fire Station No. 1, the Family Aquatic Center, and the Beachwood Parks.

I took great pleasure in working with Eaton Corporation in the creation of its world headquarters here in Beachwood. In 1989, I was privileged to assist the law director in the preparation and execution of the initial documents that created Chagrin Highlands. To see it developed into a premier office and medical campus, while a member of the City Council and the Planning and Zoning Commission, is very satisfying. On the other hand, I found great joy when I was able to respond to the needs of an individual resident with a particular concern, often by simply placing a phone call to the appropriate city staff member.

We are very fortunate to have an outstanding administration, headed by our Mayor, and supported by incredibly talented department heads and devoted employees. They are the ones who make Beachwood work.

I have learned so much from my colleagues on Council. In most years, there were frequently differing opinions on how to get there, but the destination was always the same – to create a better Beachwood. Reaching consensus through compromise and negotiation has resulted in programs and services that have benefited all of us in Beachwood.

Beachwood now faces new challenges. Once, businesses came to Beachwood simply because of its great services and business friendly attitude. Today, municipalities vie for corporate citizens through various incentives. Reaching a proper balance will be a test for future Councils.

I am looking forward to watching the city from the sidelines, for now. I have truly enjoyed my years of service and thank all of the Beachwood residents for their support over the years.

Mark I. Wachter

*Brian Linick's letter was scheduled to run in the December issue of *Beachwood Buzz*. The omission was a publishing error.

Be Safe this Winter with an All-Wheel-Drive Subaru



Happy New Year to you and your family! This year is going to be a great year at Ganley Subaru. You are from Beachwood and so am I, which means you will automatically receive a GREAT DEAL. Stop on in and see us today! Oh, by the way, when you lease or buy a new Subaru, you will drive safely and stay connected to the road with Symmetrical All-Wheel Drive.

Michael Friedman



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You Good Health, Peace
and Prosperity in 2016.

CELEBRITY BIRTHDAYS

- Jan. 7 Nicholas Cage (52)
Katie Couric (59)
Kenny Loggins (68)
- Jan. 8 David Bowie (68)
Elvis (would have been 81)
- Jan. 9 Dave Matthews (49)
Richard Nixon
(would have been 102)
- Jan. 10 George Foreman (67)
- Jan. 11 Amanda Peet (44)
- Jan. 12 Howard Stern (62)



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January 2016 - Beachwood Buzz 7

Diversity Matter in Beachwood Presents Annual Black History Program



Save the Date for the Annual Diversity Matters in Beachwood Black History Program in the Community Room at Beachwood High School on Sunday, Feb. 21.

Vendor tables are available for before and after the program for an early-bird rate of \$25 (until January 31). Program ads are also available. For more information on participating in the event, contact Dee Tabb at wdtabb@gmail.com or visit www.beachwoodschoools.org/diversity.aspx.

Diversity Matters in Beachwood creates unity and brings awareness of the African American culture within the Beachwood School system to enhance educational and community enrichment via programs and events.

Save the Date for the Annual Diversity Matters in Beachwood Black History Program in the Community Room at Beachwood High School on Sunday, Feb. 21.

Beachwood PTO Clipboard

GARAGE SALE

Start saving your belongings now – the Beachwood PTO garage sale is returning spring of 2016.

Finding the AHA!

Developing a Growth Mindset with Your Child
Tuesday, Feb. 17 at 7 pm • Beachwood High School

The Beachwood PTO proudly presents the second of a two-part free lecture series by guidance counselors Ashley Saferight and Meghann Sullivan on “Finding the AHA! Developing a Growth Mindset with Your Child,” on Tuesday, Feb. 17 at 7 pm, in the Beachwood High School Community Room.

Have you ever looked at your children and wondered how to help them reach their full potential? Do you want your children to crave challenges, push themselves, and value learning new things? The way you interact with your children has a major impact on the way they think about themselves, perform in school and participate in everyday activities.

Did you know that some praise can actually hinder performance? This interactive workshop will help parents learn the difference between a fixed mindset and growth mindset, and how to nurture a growth mindset in your child. Real-world examples and interactive activities will be utilized so techniques can be applied when you walk out the door.



2-B-2

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Beachwood School Capital Improvement Plan Update



Message to the Community from the Superintendent

The Beachwood Board of Education has been closely studying the needs of our district's elementary facilities and athletic fields for several years. An important milestone occurred last November, when District Treasurer Michele Mills and I presented the school administration's recommended plans, funding required, and probable timeline for these major capital improvements. Beachwood's **elementary buildings** and **athletic facilities** must be our **next major investments**. Once these projects are completed over the coming years, we will need no major building projects for many decades.

We studied the needs of our elementary buildings guided by the following goals:

- **Invest in Beachwood's future**
- **Remain on the forefront of education**
- **Attract families to, and retain families in Beachwood Schools**

Architects and cost estimators conducted months of assessments on our facilities. We compared renovating the existing elementary buildings against consolidating them into a new addition on the Fairmount site from the perspectives of construction costs and the ability to achieve our goals. After extensive study, we determined that consolidating into new construction will cost only \$1M more than renovating the original elementary buildings and will offer our community far greater educational and financial opportunities for the future.

The following pages detail our recommendation to the Board to consolidate elementary schools on the Fairmount site as well as a phased plan to improve our athletic fields district-wide. The Board is considering our recommendations, but has **not made a final decision**. Our community's input in the coming months will play an important role in our decision-making.

Sincerely,



Robert P. Hardis
Superintendent
Beachwood City Schools



RECOMMENDATION: ELEMENTARY CONSOLIDATION



Elementary Consolidation

- Designed for the future
- State-of-the-art architecture
- Continuity: single, strong, school culture
- Fiscally responsible: \$500,000 annual operational savings





Draft Schematic Drawing

- Complementary design and scale
- Safety and security

- Common spaces located by entrance (gymnasium, cafeteria, library)
- Field space and parking

- Distinct grade level areas
- Flow between existing and new building



Draft Schematic Drawing



Draft Schematic Drawing

DESIGN PRIORITIES

Beachwood Schools Capital Improvement Plan Update: Athletic Facilities

Current Athletic Fields Conditions

HS/MS campus **landlocked** -- no room for expansion

- Overlapping fields
- Excessive use
- No recovery time – cannot be maintained optimally

CURRENT athletic programming – **very difficult** to schedule

FUTURE goal of expanded youth athletic programming – **impossible**

Main Stadium Highlights



- Artificial turf utilizing organic fill
- New track, shotput, discus and long jump areas
- Field lights

- Multi-sport scoreboard
- Updated stands and new plaza
- Press box and separate concession stands

- Ticket gates
- Secure, fenced perimeter
- ADA accessibility

RECOMMENDATION: REPLACE MAIN STADIUM NOW

New artificial turf field – benefits multiple boys and girls sports programs

- **Multiple teams** – boys and girls soccer, football, girls lacrosse, track and field, cross-country teams as well as the marching band

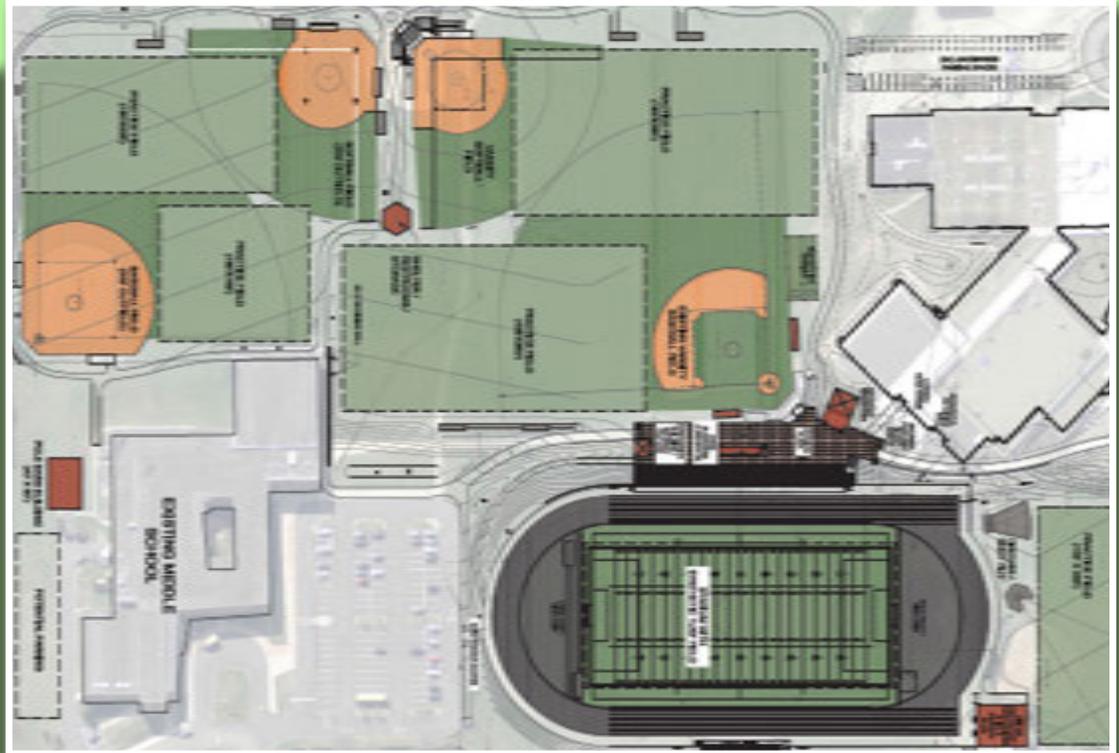
- **Reduced wear and tear** on district's other fields
- **Soccer fields** to be used primarily for practices -- **sustainable**
- **Protects** HS/MS baseball and softball fields **from damage**

Main Stadium Cost Estimate:
\$4,796,049

Draft HS/MS Athletic Fields Master Plan

Athletic Fields Master Plan Future Phases:

- **New softball stadium, upgrades** to baseball stadium, Fairmount and Hilltop baseball, softball, and soccer fields
- **New or improved:**
 - Dugouts, stands and press box
 - Fencing and backstops
 - Field irrigation and drainage
 - Infields and outfields



High School Natatorium:

- Significant exterior and interior infrastructure upgrades are needed for the 35 year-old facility



**Athletic Facilities Future Phases
Cost Estimate: \$7,418,502**

Please join us!
Community Q & A Forum
on the Elementary School and
Athletic Facilities Master Plan

Monday, January 25
at 6:30 pm

at Fairmount School

Proposed Timeline

2018 - 2019

Combined Operating and Bond Levy
on Ballot: *May 2018*

Design development and
construction document phase for
consolidated elementary building:
May 2018 - Summer 2019

Phase 1

2016

Community Q&A Forum:
January 25, 2016

Future Community Q&A Forums: *TBA*

Auditorium Renovation Completed:
August 2016

New Main Stadium Completed:
August 2016

Phase 2

Phase 3

2019 - 2020 and beyond

Consolidated elementary building
construction completed:
August 2020

Athletic facility upgrades beyond the
main stadium: *timeline dependent on
funding*



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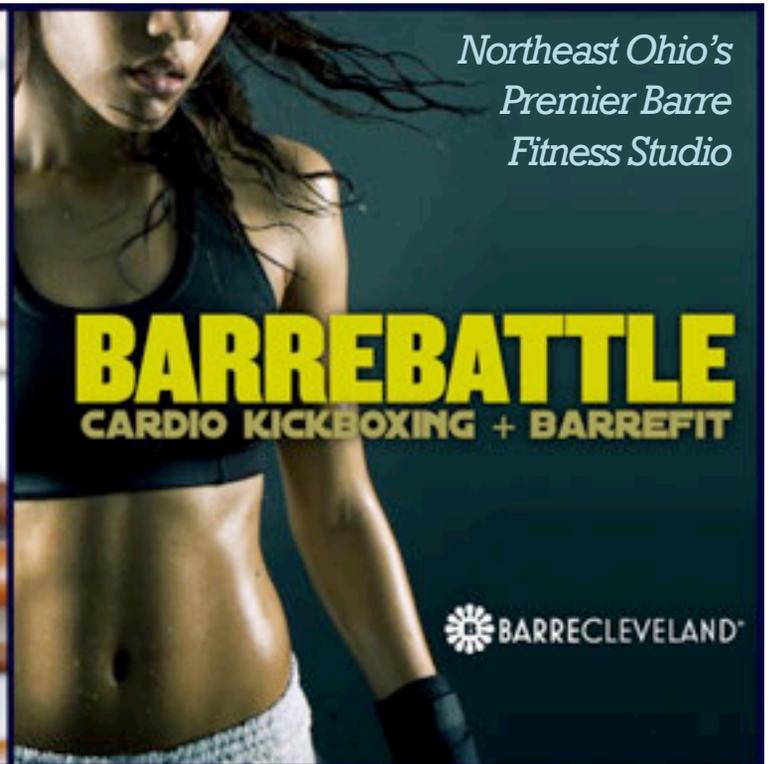
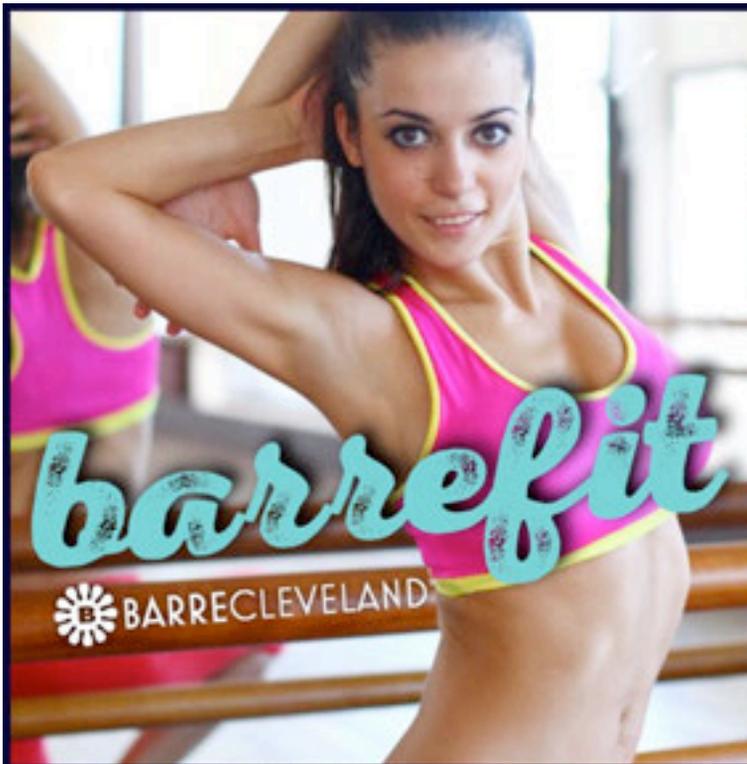
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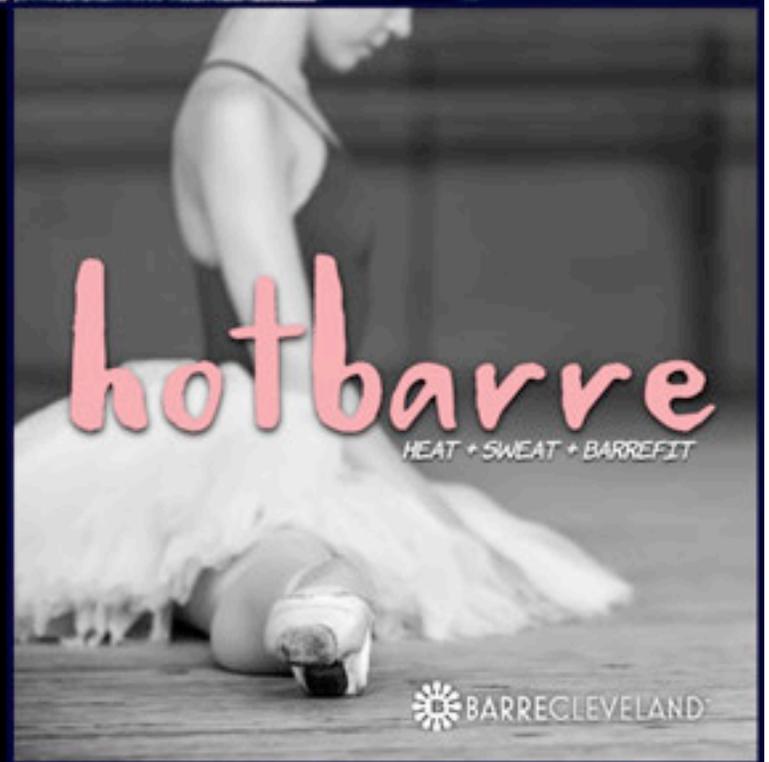
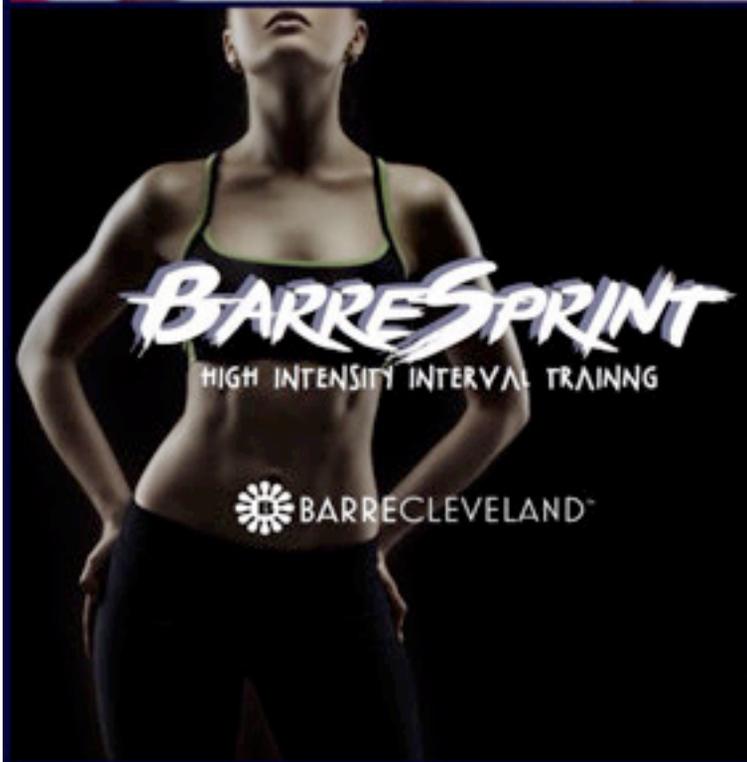
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Jewish Federation of Cleveland Raises Nearly \$31 Million

What a night! The Jewish Federation of Cleveland's Campaign Closing Celebration was one of the best yet, thanks to its incredible volunteers and donors who make Jewish Cleveland so special. Together, more than 11,000 community members united to raise nearly \$31 million to help change and save lives in Cleveland, Israel and 70 countries around the globe.



Special thanks go to Dan Zelman, 2015 and 2016 general campaign chair. Additional thanks go to speakers Kyla Epstein Schneider, Jordan Berkowitz, Nicolle Simonovic and Larry Mack for sharing personal, powerful stories of why they give and why they volunteer.

Congratulations to Rachel Weinberg, 2015 recipient of the Amb. Milton A. and Roslyn Z. Wolf Young Campaigner of the Year Award. Rachel is described by Federation board chair Reneé Chelm as a "rising star who has a great passion for the Jewish community."

The Federation board thanks all its presenters, guests, campaigners and incredible community members for a spectacular campaign!

"On behalf of the people we help and the community we serve, thank you," Chelm said. "When we work together, none of us are alone."

Campaign vice chairs were David Adler, Beth Wain Brandon, Grant Dinner, Randall Korch, Steve Marsh, Shari Perlmutter, Enid Rosenberg, Dara Yanowitz and Neil Waxman.

Pictured: 2015 and 2016 Campaign Chair Dan Zelman announces results; Nancy Wolf and Federation Board Chair Reneé Chelm present Rachel Weinberg with the Amb. Milton A. and Roslyn Z. Wolf Young Campaigner of the Year Award.

Photo credit: McKinley Wiley.



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Thursday, January 7 - Monday, January 11

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Stay warm and have fun!

Free weekend underground parking available.



From Our Family to Yours - We wish You a Happy and Healthy 2016!

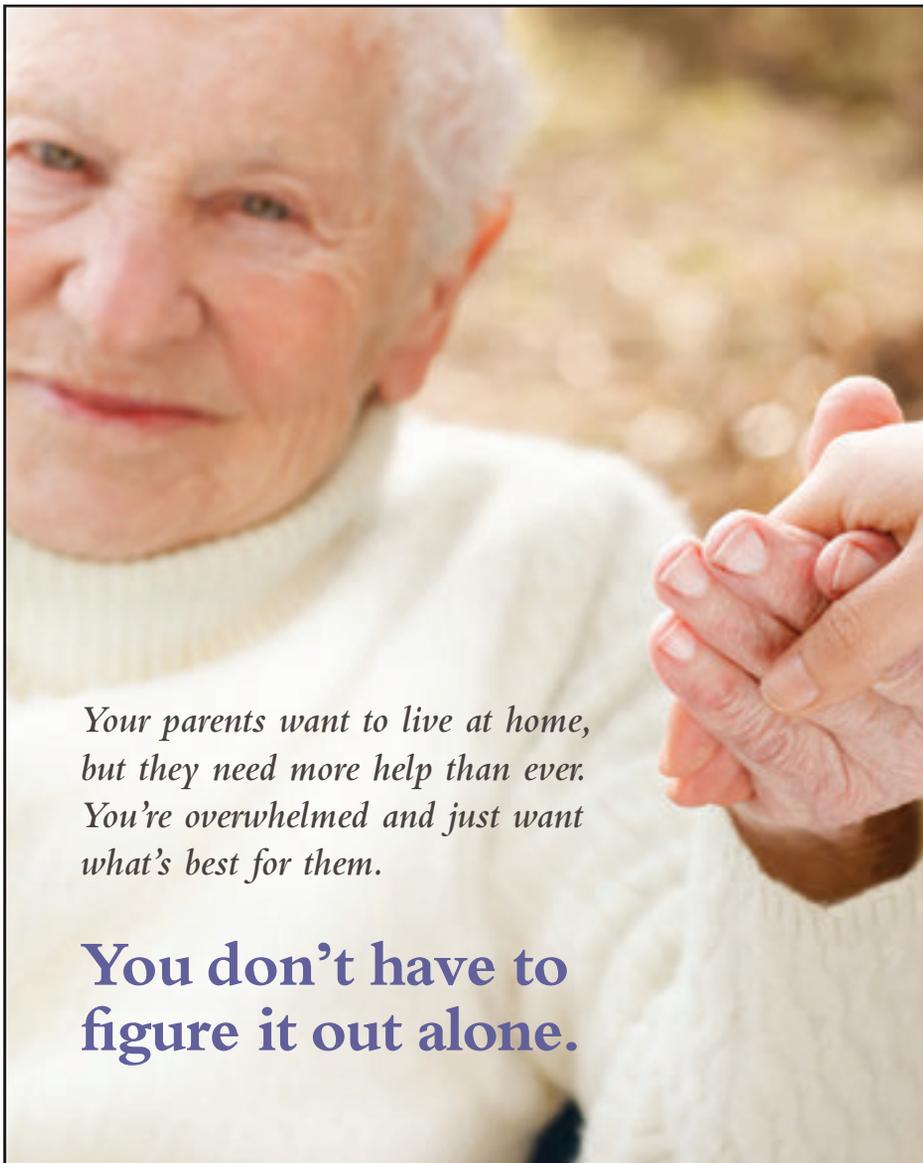
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Remembering Dr. Martin Luther King, Jr.

Anshe Chesed Fairmount Temple (23737 Fairmount Blvd., Beachwood) will honor the legacy of Dr. Martin Luther King, Jr. on Friday, Jan. 15, at the 6:15 pm Shabbat Service with special guest, Keshia Thomas. In 1996, Keshia, an African-American, was just a teenager when she threw herself on a white man to protect him from the beatings of an angry mob who believed he was a supporter of the KKK. She chose to become a human shield for a man she did not know. That moment propelled her on a path of social justice that reverberates through her to this day.

Fairmount Temple's Rabbi Joshua Caruso met Keshia in August when he participated in America's Journey for Justice organized by the NAACP and was compelled by her story and her journey. Keshia was one of the few Journey for Justice participants who walked the entire distance from Selma to Washington, DC, sharing her story of hope and activism.

"You can't change an environment ... until you change people's thought process," Keshia said. "If you can change somebody's mind, thoughts and ideas, then their actions change, and that's the most important thing."

This service, which will be followed by a reception, is open to all and is a powerful way to remember Dr. Martin Luther King, Jr..

Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month, usually at the Beachwood Library. Upcoming meetings include:

**Tuesday, Jan. 5 • Mayfield Library
7 – 9 pm, guests are welcome**

Wayne Roth – Images from the Southwest

Roth is local photographer who belongs to the CVCC. He has won many local photo contests in NE Ohio, and his photographs are always a WOW!

**Tuesday, Jan. 19 • New South Euclid Library
7 – 9 pm, guests are welcome
Club Critique – "Faces from the Street"**

Montefiore's Annual Tribute to Dr. Martin Luther King, Jr.

Free and Open to the Community!



Dr. Robert Haynie, associate dean for Student Affairs and associate clinical professor of medicine at Case Western Reserve University,

will deliver the keynote address, titled, "Advancing Dr. King's Dream," as part of Montefiore's annual tribute to Dr. Martin Luther King, Jr. on Monday, Jan. 18, at 2:30 pm, in Montefiore's Maltz Auditorium (One David N. Myers Parkway, Beachwood). There will be a special musical performance by The Singing Angels.

Dr. Haynie is dean of the Robbins Society and associate dean for Student Affairs at the School of Medicine. He earned his Ph.D. in Organic Chemistry from Case Western Reserve University and his MD from the CWRU School of Medicine. Dr. Haynie is also an Associate Clinical Professor of Medicine and a former chair of the Admissions Committee and the Committee on Students.

Dr. Haynie serves on numerous committees, including American Society of Hypertension (ASH) and, as of October 1999, was granted the designation ASH Specialist in Clinical Hypertension. He is also a member of the Cleveland Medical Association, National Minority Organ and Tissue Transplant Education Program and the High Blood Pressure Council of Greater Cleveland. He was selected to be included in Best Doctors in America 2001-2002 and 2003-2004. Dr. Haynie has published a number of articles, primarily in the field of hypertension.

This event is made possible by the generous support of The Malcolm and Helene Zucker Endowment Fund of The Montefiore Foundation.

Refreshments will be served. For more information, contact Rabbi Joel Chazin at 216.910.2522.

There's a new Hospice House on the eastside

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montefiorecare.org



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BEACHWOOD BISTRO

Serving the ingredients for a comprehensive culinary education

By June Scharf

The kitchen in the back of the Beachwood Bistro restaurant is a cauldron of simmering energies. Students concentrate on assigned tasks, performing duties that don't yet come naturally. Instructors move like drones, hovering where needed, issuing corrections, instructions and suggestions. Food is ultimately transformed from mere ingredients into meals, but those involved find it comes at some peril and requires great patience.

The Beachwood Bistro, in business for more than 40 years, is located in Beachwood High School, next to, but separate from, the school's cafeteria. It's open most Wednesdays, Thursdays and Fridays, 11 am – 12:30 pm, and operates through the labor of students, under the supervision of instructors, within the aegis of the Excel TECC program. This program involves nine area schools, some of which house technical career-training facilities, with Beachwood hosting culinary arts in addition to marketing and early childhood education.

A typical morning finds six students – three girls and three guys – dressed in aprons, gloves and hair nets or hats, preparing orders placed by diners and for carry-out, which is half the restaurant's business, according to instructor and chef, Kortez Wilson, an eight-year veteran with the program. Frequently, it's teachers with limited time who prefer to pick up orders and return with them to their classrooms.

The drills going down are routine assignments, but novel to culinary newcomers.

A student preparing a sandwich is reminded by Wilson to put the Swiss cheese closest to the

bread and to place slices on both the top and bottom buns.

Warnings are issued.

"Sharp!" declares a student when carrying a knife.

"Oven!" announces another when the appliance's door is opened.

"Wait! That's on fire!" cries a student as he prepares a cheese burger. The incident began when Wilson told him the burger was ready for the addition of cheese. "Two slices or one?" the student inquired. Two is the answer. "How melted?" he wants to know. Then the fire took precedence. The melted cheese touched the grill's flames. Wilson extinguished the fire with a few swats of a spatula.

Over in the baking area, a student is using a rolling pin to roll out dough for cinnamon rolls.

"Front to back, harder in the middle," says chef Danette McHale, a culinary instructor with the program for 23 years.

At the salad and sandwich station, a student uses a photo from his book of images that captures how all the dishes should look.

The beauty is that mistakes can and will be made, without harsh consequence.

Sarah Messina, a Brush High School junior, describes cleaning



a table and knocking a glass centerpiece to the floor where it broke into pieces.

Mercedes Jones, a Mayfield High School junior, sent an order through to the kitchen twice.

Aaron Sapp, another junior from Mayfield, was carrying three cups of croutons for his French onion soup. He tripped and they flew everywhere in the kitchen.

The Bistro's business model is to try to break even. The restaurant's budget is for supplies and menu prices, yet reflects no labor costs. Jobs that ordinarily would receive remuneration include cashiers, servers, bake managers, cooks handling sautéing, grilling and frying, sous chefs and dish

handlers.

Students enrolled in culinary arts earn industry standard certifications, which also translates to six college credits. The program, which extends over the junior and senior years, meets daily at Beachwood High School for course and lab work. The first year requires a fee of \$295 for uniforms, workbooks and certifications, and is devoted to on-site training in the restaurant where students develop basic skills in food preparation, service and sanitation.

The second year, costing \$120, requires students to work at a paid internship for 12 ½ hours per week, after school and on week-

ends, for the entire academic year. In the classroom, they explore a range of topics in the food industry, including restaurant management, menu planning, food pricing and purchasing, marketing techniques and culinary math (think advanced measurement conversions involving volume and weight, along with quantity calculations).

In this last case, wrap your head around one classroom exercise. There will be a party for 250 people. The dessert requires cocoa. For every four people, one cup of cocoa is needed. The cocoa must be ordered by the pound. How many pounds should be ordered?

- $250/4 = 62.5$ cups.
- Cups must be converted to ounces. One cup = 5.75 oz.
- $62.5 \times 5.75 = 359.37$ oz.
- Ounces must be converted to pounds (16 oz. = 1 lb.)
 $359.37/16 = 22.46$ lbs.

And there it is, 22 ½ pounds of cocoa must be ordered!

The Bistro draws patrons from all corners of the community. Employees at City Hall and Board of Education show up, along with school board members, residents of all ages and school staff members.

Shana Wallenstein, the district's media contact, is a regular. "I like to use the Bistro for meetings to show off this hidden jewel in the school," she says. One fine day in November, her guest was Karen Carmen, the community services director, who had never previ-

ously dined there. "The staff is so attentive," she remarked.

Kevin Kemelhar, BHS psychologist, says he places to-go orders once a week. "I've never had anything bad," he reports, adding that he would choose the Bistro over going out to some restaurants. His favorites are the cheeseburgers and soups, but "the desserts are really good, too, like the chocolate cake with fudge." He says he understands why teachers sometimes bring students to the restaurant as a reward.

Among other diners are Burt and Harriet Siebert of University Heights who joined their friends and first timers, Fern Feder and Marvin Danziger, both Beachwood residents who were pleasantly surprised by the experience.

"This is a school?" Feder exclaims.

Danziger admired the "very inclusive menu, from a light snack to a heavier meal." He remarked that "Beachwood should be very proud of the restaurant." Harriet was delighted by the experience as well. "It should be jammed here. The prices are just right."

Menu items include soups, salads, sandwiches, pastas, specialty entrees, sides, beverages and desserts. All prices are under \$10.

The learning experience clearly extends to the community as much as it does to students, as people discover the treasures that exist at the Bistro. But it's first and foremost an instructional vehicle, one that offers

students a rare opportunity to begin career training at an early age. The students describe with glee the eye-opening chance to learn many different ways to cook a particular food, the lessons associated with dealing people, particularly impatient customers, and narrowing their area of interest within the industry. Many also thrive on the pace – the multi-tasking, the constant doing...checking, plating, measuring and...making sure nothing sticks!

For Mercedes, what has been cemented is her belief that pursuing a culinary career is the right choice. "The program has helped me see that I want to go into baking and pastry arts."

The Bistro draws patrons from all corners of the community. Employees at City Hall and Board of Education show up, along with school board members, residents of all ages and school staff members.

(Opposite page) Chefs Danette McHale and Kortez Wilson.

(Below) Malik Bacon and Mia Wilson with Chef Kortez Wilson, Sara Messina and Chef Danette McHale, Kenny Brady and Mercedes Jones.

Photos by Scott Morrison.



Restaurant Hours:

11 am – 12:30 pm
most Wednesdays,
Thursdays and Fridays,
as long as school is
open.

Reservations:

recommended 24
hours in advance by
calling 216.831.2080,
ext. 131.

Menu and specials:
www.beachwood-schools.org/bistro.aspx



BHS English Teacher Wins National Award

Beachwood High School English teacher Josh Davis

was honored as this year's winner of the Middle/High School Teacher



Creative Non-fiction Writing Award by the Norman Mailer Center in partnership with the National Council of Teachers of English. More than 3,000 middle and high school teachers and students applied.

Recipients received their prizes and a cash award of \$5,000 during the Mailer Center awards celebration at the Pratt Institute in Brooklyn, New York, where Norman Mailer lived for more than 40 years.

Submissions were read by national panels of teachers and writers. They were judged by the artful treatment of subject matter; originality; quality of insight, voice, and style; artful arrangement of elements and materials; and overall aesthetic, emotional, or intellectual effect.

Finalists selected through this process were then submitted to a panel of distinguished authors selected by the Norman Mailer Center, who chose the winning writers.

Congratulations, Josh!

Lessons from the Geese

by Dee Wolk

A New Year, Wow! Let's look at it as a gift from God. Can we embrace it and promise ourselves to make this year very special for ourselves and others? Can we leave negative thoughts and experiences behind and concentrate on the New Year before us? You know we all have the power to do this.

Wouldn't it be a blessing if we could build a caring community among us for ourselves – a community that reaches out to one another and cares?

I once read a wonderful piece called *Lessons from the Geese*, written by Dr. Robert McNeish. I read it in wonderment and share it with you.

Lessons from the Geese

"As each goose flaps its wings, it creates an "uplift" for the bird following. By flying in a "V" formation, the whole flock adds 71%

more flying range than if each bird flew alone.

"Whenever a goose falls out of formation, it suddenly feels the drag and resistance of trying to fly alone, and quickly gets back into formation to take advantage of the "lifting power" of the bird immediately in front.

"When the lead goose gets tired, it rotates back into the formation and another goose flies at the point position.

"The geese in formation honk from behind to encourage those up front to keep up their speed.

"When a goose gets sick or wounded or shot down, two geese drop out of formation and follow their fellow member down to help provide protection. They stay with this member of the flock until he or she is either able to fly again or dies. Then they launch out on their

own, with another formation, or catch up with their own flock."

This is truly a great lesson from geese. Let's learn from this and reach out, for we are really one. Let's make our environment a community of one. This is a New Year and we can accomplish this. This is needed now. Happy, healthy New Year everyone.

Let's make our environment a community of one. This is a New Year and we can accomplish this.



Being present in the New Year

Jennifer Stern, LISW

In his book, *True Love a Practice for Awakening the Heart*, Thich Nhat Hanh's shares that to truly love we must be fully present. To feel loved is to feel recognized. I see you. I hear you. I value you. In an age where eye contact has been replaced with screens, and thoughtful processing replaced with instant feedback, the practice of being fully present can be challenging. Misunderstandings and unnecessary conflict is commonplace in a time where multitasking has become our norm. We are quicker to react than mindfully respond to our perceptions.

When triggered (which we can be as a human condition), we must practice detaching from ego, from the self-protective barriers that trigger us to confront or avoid and shut down and that

trigger us to create a narrative of negativity.

When triggered, try this practice instead: pause, breathe, detach from the negative narrative in your mind and check in by sharing your perception. First, ensure that what you believe to be true is, in fact, true BEFORE reacting. Instead of saying, "You always ignore me! You don't care about me!" try, "When I talk to you and you're looking at your phone, it makes me feel as though you don't care about what I am saying." It is essential to focus on the behavior and not the person. Behaviors can change! Most people do not want conflict; neither do they wish to make others feel bad.

Why not make 2016 the year of practicing presence, the year to practice making those we love

feel recognized, to show them that we do see, hear and value them. In doing so, we will be honoring our best selves and our relationships.

Why not make 2016 the year of practicing presence, the year to practice making those we love feel recognized, to show them that we do see, hear and value them. In doing so, we will be honoring our best selves and our relationships.

Cold and flu season is coming. Are you ready?

Common colds and the flu are caused by viruses that affect the upper respiratory system – the nose, mouth, throat and lungs. Both have similar symptoms, though the symptoms of a cold are usually milder and develop more slowly than flu symptoms.

“Unfortunately, there are no medicines that will actually cure a cold or the flu,” says Anindita Ghosh, MD, a Cleveland Clinic internal medicine physician who provides patient care at Beachwood Family Health and Surgery



Anindita Ghosh, MD

Center. “A flu shot may not prevent you from getting the flu, but it will decrease symptoms if you do.”

Antibiotics don’t work on viruses; however, if you have a cold or the flu, these over-the-counter medicines can help make symptoms more bearable:

- Analgesics containing acetaminophen or ibuprofen to reduce fever and pain.
- Antihistamines to dry out the nose.
- Decongestants to relieve a stuffy, clogged nose.
- Expectorants to loosen mucus and make blowing your nose easier.
- Cough medicines to reduce coughing.
- Throat lozenges to ease sore throat pain.

“When it comes to colds and flu, prevention is really the best medicine. The Centers for Disease Control recommend that everyone age six months or older get an annual flu shot. It’s even more important for those with other health problems,” says Dr. Ghosh. “Another simple step toward staying healthy is to wash your hands – it’s the single most important thing we can do to stop the spread of disease.”

To make an appointment with Dr. Ghosh at the Cleveland Clinic Beachwood Family Health Center, call 216.839.3000.

Cleveland Clinic offers same-day appointments.

Welcome Sandra Darling, DO, MPH

Primary Care

Dr. Darling specializes in preventive medicine and public health. Her aim is to create a partnership with her patients to help each person achieve a state of health and well-being. In her practice she focuses on prevention and slowing the progression of existing conditions including diabetes, cancer, cardiovascular disease, autoimmune disease, excess weight and chronic pain. Dr. Darling goes beyond the treatment of isolated symptoms; her osteopathic philosophy is to facilitate the innate healing process by considering the body, mind and spirit of each individual.



Sandra Darling, DO, MPH

For an appointment with Dr. Darling at the Cleveland Clinic Center for Integrative and Lifestyle Medicine in Lyndhurst, please call 216.448.HEAL (4325).

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CITY OF *Beachwood* Council Update

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216.292.1901



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BERNS

216.509.6509



MARTIN S.
HORWITZ

216.464.6560



ALEC
ISAACSON

216.291.2797



MELVIN
JACOBS

216.464.1541



BARBARA
BELLIN
JANOVITZ

216.406.5914



BRIAN
LINICK

216.496.0202



JAMES
PASCH

216.630.9671



BEACHWOOD CONSIDERING ALLOWING CHICKENS

In response to residents' requests, Beachwood City Council is considering revisions to our ordinance and restrictions allowing residents to have chickens. The proposed legislation – entitled "Keeping of Fowl" – would allow residents who meet certain requirements to have up to four chickens (excluding roosters). The birds would have to be housed at all times in a structure no larger than four feet by four feet and enclosed on all sides and on top. That structure is to be located not less than 20 feet from rear or side yard boundaries. The proposed legislation puts the structure in the rear of the house only. Additional revisions to the proposed legislation are being considered following a December 7 public hearing on the issue.



Council has requested some language changes and is also considering an amendment requiring a permit be obtained by anyone wanting to have chickens. Beachwood City Council is scheduled to further consider the legislation when it meets January 19, 2016.

Residents with questions or comments should contact Beachwood City Council and/or the Mayor's Office. For contact information, go to www.beachwoodohio.com.

GEARING UP FOR COLD AND SNOW

We have been truly blessed with mild weather but when the snow hits us, Beachwood is prepared. We take great pride in the high quality work by our Service Department. Our salt supply is stocked. We want to make sure you are too.



- Ensure you've performed routine maintenance on your vehicle.
- Wear warm clothing, including hats and gloves, which will protect you from the cold.
- Slow down. Ice can be unpredictable but more time to react will certainly help.

Check out more tips at <https://ntsi.com/quick-links/safety-articles/winter-driving/>.

City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



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CLERK OF COUNCIL
216.595.5493

WHEN YOU'RE IN *Beachwood*, YOU HAVE ARRIVED!

SNOW ORDINANCE

Beachwood Codified Ordinances states when snow falls over a 24-hour period to a depth of 2" or more, an emergency is declared and parking may be prohibited on all City streets. We will make a reasonable attempt to notify the public by tweeting and using local press. Vehicle owners are responsible to comply with the emergency parking regulations. Vehicles parked in violation may be towed at the owners' expense.



DON'T CROWD THE PLOW

Give snow plow operators space to work. A fully loaded snow plow vehicle can weigh between 20–40 tons and cannot easily stop. In a contest between a snow plow and other vehicle, the snow plow will be the clear winner. When driving behind a snow plow stay behind at least 100 ft.



SUMMER DAY CAMPS RESIDENT REGISTRATION NOW UNDERWAY

Beachwood Summer Day Camp registration for residents is now underway. Register for Kidz, Bison, Sports, Teen Travel and Theater Camp between 8:00 a.m. and 4:00 p.m., Monday through Friday at Beachwood City Hall (Recreation Office). Proof of residency required.

An early-bird fee will be offered to all residents until by March 4. Non-resident registration begins March 6. For more information please refer to your Winter Recreation Guide or visit www.beachwoodohio.com.

RECYCLE HOLIDAY LIGHTS

Recycle your broken, burned out strings of lights. Power strips and cords can be recycled too.

Beachwood Service Department
23355 Mercantile Rd. • Now – January 15
Monday through Friday, 7:30 a.m. – 3:30 p.m.

DID YOU KNOW?

Neighbors need neighbors. Some Beachwood residents could use a hand from time to time to assist with simple chores such as taking out the rubbish. Icy winter conditions make taking out the rubbish a challenge for seniors.

If you want to lend a hand, please forward your address and phone number to the Community Services Department by calling 216.292.1970.

ATTENTION PEDESTRIANS

We strongly recommend reflective gear to be worn by ALL PEDESTRIANS when walking or running before dawn and after dusk. Safety is our number one concern. Please be cautious.

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Monday, January 4 and Tuesday, January 19. Questions? Call 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, January 28. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Monday, January 4 and Tuesday, January 19. Questions? Please call 216.292.1914.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

FIRE DEPARTMENT
216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

HAPPY NEW YEAR

City Hall will be closed on Monday, January 18 in observance of Martin Luther King Jr. Day. Rubbish pick-up will be delayed one day. Monday's collection will be made on Tuesday, January 19.

RECREATION BASEBALL/ SOFTBALL LEAGUES

Sign up now for Youth Baseball and Softball Leagues for Spring/Summer 2016

BASEBALL PROGRAM

Novice Coed T-Ball: 5 – 6 years
Rookie Boys Machine Pitch: 7 – 8 years
Minor Boys Player Pitch: 9 – 10 years
Major Boys: 11 – 12 years
Pony Boys: 13 – 14 years

SOFTBALL PROGRAM

Rookie Girls: 7 – 8 years
Minor Girls Player Pitch: 9 – 12 years

\$55 Resident / \$75 Non-Resident

QUESTIONS? REFER TO WINTER REC GUIDE
OR VISIT www.beachwoodohio.com/recreation



ART EXHIBITS

Beachwood Community Center Art Gallery

MONDAY – FRIDAY • 9 AM – 4 PM

SATURDAY • 10 AM – 3 PM SUNDAY • 10 AM – 1 PM



A TRIUMPHANT PLAY ON COLOR • Now – January 13
Jinwha Park, Laura Brooks and Tatyana Palatinkova

NEW LOOK AT ART • January 15 – 31
Watercolor, acrylic, oil with artists: Maryann "Mo" Mosyjowski, Jacob Ratmansky and Vadim Nemirovsky
Artists Reception: Sunday, January 24 from 1:00 – 2:30 p.m.

BEACHWOOD ARTS COUNCIL'S 21ST ANNUAL JURIED HIGH SCHOOL STUDENT ART SHOW

February 7 – 13

Opening ceremony – Sunday, Feb. 7 2:00 – 4:30 p.m.



MISSED A COUNCIL MEETING?

To listen to audio recordings, just visit
www.beachwoodohio.com and click on the link.

UPCOMING 2016 HOUSING INSPECTIONS



Annually, our Building Department conducts approximately 600 exterior home inspections ensuring properties maintain their values. Listed are the City streets scheduled for exterior inspections beginning Spring 2016:

- Allen Blvd.
- Biscayne Blvd
- Brian Drive
- Bridgeton Drive
- Cardington Drive
- Deborah Drive
- Deptford Drive
- Fairmount Blvd. (24235 – 26796)
- Greenwich Lane
- Hilltop Drive
- Maidstone Lane
- Margot Court
- Meadoway
- North Woodland Road
- Orchard Way
- Penshurst Drive
- Ramsay Road
- Richmond Road (2116 – 2613)
- Sittingbourne Lane
- Tunbridge Lane
- Twickenham Drive

FOR MORE INFORMATION
CALL 216.292.1914

INTERESTED IN SERVING ON ONE OF THE CITY'S BOARDS OR COMMISSIONS?

We have openings on both our Civil Service Commission and Storm Water Commissions.

If you are interested in serving on any of our boards, please forward a letter of interest along with a resume of qualifications to Mayor@beachwoodohio.com. When openings become available you will be contacted.

WWW.BEACHWOODOHIO.COM

Council Update

Need Help to Reduce Pain? Options Are Available

For many people, pain is part of each day – simply routine. According to research about arthritis, back pain and joint pain, to name a few, physical therapy is a strong way to reduce pain. Physical therapists at Menorah Park's Peter B. Lewis Aquatic & Therapy Center develop personalized plans, treating each client individually to help with mobility and quality of life, often helping people eliminate the need for surgery or prescription medications.

The Center's therapists are certified in several specializations with techniques that support pain reduction. The Center is one of the first in the area to employ one of the newest forms of interventions called Dry Needling. This technique is intended to be a nearly painless option to treat conditions including, but not limited to, pain in the neck, back, shoulders, and elbows (tennis elbow/golfer's elbow), along with buttock and leg pain (sciatica, hamstring strains). Migraine and tension-type headaches can also be treated with this option.

A recent Journal of Orthopaedic and Sports Physical Therapy (JOSPT) included a study that analyzed the results of clinical studies that determined that dry needling can be effective in providing pain relief; especially in the neck and arms. For this treatment, the therapist pushes a very thin needle through the skin into the affected soft tissue. This process is intended to promote a healing response by normalizing the local inflammation and breaking up tissue adhesions.

For more details on this or other specializations at the Center that may help you with your day-to-day pain, call 216.595.7345 or go to www.lewisaquaticcenter.org.

Prestigious Award Honors Menorah Park's Home Health

The Menorah Park Home Health Offices has won the prestigious 2015 Home Care Elite Top 25 percent of ALL Home Health Agencies in the United States. This is an unsolicited award based on purely objective data gathered by CMS (Center for Medicare Medicaid Services).

The 2015 HomeCare Elite™ is the compilation of the most successful home care providers in the United States. Now in its tenth year, this market-leading award names the top 25 percent of agencies based on performance measures for a two-year period, which include quality of care, quality improvement, patient experience, process measures implementation, and financial management.

This is actually the second National award won this month. Menorah Park's Summit office won the HHCAHPS Top 25 (Home Health Consumer Assessment of Healthcare Providers and Systems), a Federal-regulated national company. All Home Health Agencies are required to have this type of company survey of all their skilled (Medicare, Insurance and Medicaid) clients every month. To achieve this status, the company must sustain a 91 percent or above satisfaction on all questions every month for a full year.

Life, Made Easier "I found it ALL in one place!"



Menorah Park Center for Senior Living *One Campus. Many Solutions. One Person at a Time.*

- Marcus Post Hospital Rehabilitation
- Home Health Services
Skilled nursing and personal care
- Outpatient Occupational & Speech Therapies
- The Peter B. Lewis Aquatic & Therapy Center
Aquatic and land-based physical therapy
- Adaptive Living Shoppe
Emergency response and daily living products
- Door-to-Door, Non-Emergency Medical Transportation
- Adult Day Center
Daytime personal care and enrichment
- Housekeeping Plus
Light housekeeping and heavy cleaning service
- Dialysis
- Menorah Park Aging Resources
Information at your fingertips
- Center 4 Brain Health
Support, education, assessments



Residential Options:

- The R.H. Myers Apartments • Stone Gardens Assisted Living Residence • Wiggins Place Assisted Living Residence
- Menorah Park Skilled Nursing Home
- Helen's Place Memory Care Apartments

www.menorahpark.org

27100 Cedar Road • Beachwood, OH 44122

Call Beth Silver at 216-839-6678



A message from
Executive Director Cindy Caldwell



2016 Beachwood Chamber Awards Nominations Due by January 29th!

The Beachwood Chamber of Commerce Awards is an annual event that recognizes individuals, organizations and businesses that stand out as exemplary models in the community. Beachwood-based and serving businesses, civic organizations and individuals who consistently go "above and beyond" are all eligible.

On May 5, 2016, three prestigious awards will be announced; Business of the Year, Civic Organization of the Year and Citizen of the Year. Are you aware of a business that deserves recognition for its active civic involvement? Do you know of a civic organization that has improved the quality of life in Beachwood? Is there an individual who comes to mind when you think of someone who regularly brings benefit back to Beachwood? If so, nominate them for one of the 2016 Beachwood Chamber Awards. Self-nominations are welcome, too!

Nominations are being accepted for:
Business of the Year
Civic Organization of the year and
Citizen of the year.

The deadline for nominations is FRIDAY, JANUARY 29, 2016, at 4 PM. The Awards ceremony will take place Thursday, May 5, 2016 at the Embassy Suites Beachwood and will feature a keynote speaker and hors d'oeuvres reception. Sponsorships for this extraordinary event are available now.

Making a nomination or becoming a sponsor is easy. Just log onto Beachwood.org and look for the 2016 Beachwood Chamber Awards Program link, or call us at 216.831.0003.

The deadline for nominations is Friday, January 29, 2016, at 4 pm.
NOMINATE SOMEONE TODAY!



Wishing you a happy, healthy and prosperous 2016. The BEST time to join the Chamber and grow your business is NOW!

2016 Events Schedule

- | | |
|---------------------|--|
| Monday, February 15 | New! Biggest Loser Community Challenge Begins |
| Tuesday, March 15 | Fitness Challenge – Mandel JCC |
| Thursday, May 5 | Beachwood Chamber Awards Program – Embassy Suites |
| June 2016 | Beachwood Chamber Golf Outing |
| June 2016 | Beachwood Junior Leadership Academy |
| Wednesday, Sept. 14 | B2B Show – Embassy Suites |
| Tuesday, Nov. 10 | Tate of Beachwood – Embassy Suites |

Plus monthly luncheons and networking opportunities

Attorney General Dettelbach to Speak at Fairmount Temple

Anshe Chesed Fairmount Temple (23737 Fairmount Blvd., Beachwood) is pleased to welcome Steven Dettelbach, U.S. Attorney General for Northern Ohio, as guest speaker for the Sunday Morning Forum program on



Sunday, Jan. 17, at 10 am. Free and open to all, Dettelbach will speak on "The Need to be Better Neighbors," a timely discussion touching on terrorism threats and use of excessive force by police officers.

Nominated by President Obama in 2008, he was unanimously confirmed by the U.S. Senate to this position as chief federal law enforcement officer for the northern 40 counties of Ohio. Dettelbach previously served for over 12 years as a career federal prosecutor. During those years, he worked at the Department of Justice, Civil Rights Division, Criminal Section; U.S. Attorneys Offices in Maryland and Washington, D.C.; and from 2003 to 2006 in the Northern District of Ohio, as a member of the Organized Crime and Corruption Strike Task Force. He graduated from Dartmouth College in 1988 and from Harvard Law School and was a partner at the law firm of Baker & Hostetler, LLP.

Coffee and bagels will be served at 9:30 am.

CITY OPEN HOUSE BEACHWOOD MASTER PLAN Monday, January 11 at 7 pm City Council Chambers

The City of Beachwood, in partnership with the Cuyahoga County Planning Commission, will present the draft of the 5-year Beachwood Master Plan.

The public is welcome and encouraged to attend.



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To learn more, contact Kristen Morelli, memory care program manager, at **216.910.2323** or e-mail **kmorelli@montefiorecare.org**.



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 Michael Zawatsky, 292-9916 • mzawatsky@beachwoodschoools.org

Hilltop Celebrates Blue Ribbon Award with a Parade, Flag Raising



Hilltop students, teachers and parents celebrated the School's recognition as a 2015 Blue Ribbon School of Excellence with a short program, parade and flag-raising.



▲ Hilltop Students, families and teachers pose with the Blue Ribbon flag before it takes its place above the school.



◀ The BHS Drum Line is ready to lead the parade



▲ A few special guests joined us for the Hilltop Parade and Flag Raising. Pictures from left to right:

backrow: School Board Member **Michael Zawatsky**,
 Director of Operations & Technology **Ken Veon**,
 School Board President **Mitchel Luxenburg**

middle row: Director of Curriculum (and former Hilltop Principal) **Linda LoGalbo**,
 Beachwood City Councilman **Alec Issacson**,
 State Senator **Kent Smith**,
 Superintendent **Robert P. Hardis**

front row: Councilman Elect **Justin Berns**,
 County Councilwoman **Sunny Simon**,
 State Representative **Kenny Yuko**,
 Hilltop Principal **Rebecca Holthaus**.



ADMINISTRATION

Robert P. Hardis, Superintendent, 464-2600 • rph@beachwoodschoools.org
Michele E. Mills, Director of Finance/Treasurer, 464-2600 • mm@beachwoodschoools.org
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Kathleen Stroski, Assistant Treasurer, 464-2600 • ks@beachwoodschoools.org
Shana Wallenstein, Interim Director of Marketing & Communications, 464.2600 • swallenstein@beachwoodschoools.org

BHS Hosts Annual Deaf/Hard of Hearing Holiday Party

The Beachwood High School American Sign Language classes and the ASL Club, under the direction of ASL teacher, **Sharon Wiseman**, organized their 11th annual Holiday Party for the Deaf/Hard of Hearing community in Northeast Ohio. Nearly 500 people attend the annual event. Sponsors and donors generously provided the food and prizes enjoyed by all. Attendees enjoyed games, face painting, dancing and music. The celebration included individuals and families of all ages, happy to be together and celebrate the holidays.



BHS and BMS Orchestra Ensembles Perform at Severance Hall and Connor Theatre

Beachwood Schools Orchestra, under the direction of teachers **Lisa Goldman** and **Noel DeViney**, has been very busy this holiday season! An ensemble of BMS Orchestra members performed during the intermission of the annual Cleveland POPS Holiday Family Concert. The following week, a BHS Orchestra ensemble performed pre-concert at Severance Hall prior to the Orchestra's Violins of Hope Educational Concert. The District is proud of the students who participated in these two prestigious opportunities.



Last month's Orchestra, Band and Choir holiday concerts in the schools were recorded and will air on BTV Channel 99 and 22 in January.

Bryden Students Visit Beachwood's Happy Hooker Knitting Group

Bryden Kindergartners spent a morning with members of Beachwood's Happy Hookers. The Happy Hookers, a volunteer knitting group, are on schedule to knit 1,500 hats and scarves to donate this year. The Bryden students and knitters share a snack, do a craft together and the students bring yarn for the members to use for their knitting projects. This annual get together is one of the highlights of the year for both the students and the Happy Hookers!



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Beachwood CVB Undergoes a "Makeover"

The Beachwood Convention and Visitors Bureau is undergoing a "makeover." The CVB, an independent 501 (c) 6 which is funded by the City of Beachwood, has been reconfigured. The primary modification was a change of staffing.

In 2016, the CVB will operate with an Event and Tourism Coordinator as its sole employee. The CVB Board of Directors, an appointed group of seven volunteers, will continue to oversee the organization.

The primary focus of the CVB is to promote business travel and leisure tourism in Beachwood. That will not change. In fact, the marketing efforts of the CVB will be more concentrated on tourism. New print advertisements promoting Beachwood as a business and vacation destination will be developed. These ads will continue to be placed in key travel and tourism publications. The CVB website will also be enhanced.

Home to more than 2,500 businesses and nine hotels with nearly 1,500 rooms, Beachwood is well-positioned to attract visitors. A core component and strategic goal of the CVB is to develop strong business partnerships within the Beachwood hospitality industry. Consistent outreach to hotels, local restaurants, event planners and tour operators will be central to efforts of the Event and Tourism Coordinator.

Now entering its fifth year of operation, the Beachwood CVB will work harder than ever to put Beachwood on the map and in the travel plans of tourists and businesses travelers alike.

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All About Rotary

Chagrin Highlands Rotary is a small group of business and civic-minded community members who promote fellowship, leadership, and service to our communities and to the world. Its local club incorporates Beachwood, Orange, Woodmere, and Pepper Pike. Meetings, most with a prominent speaker, are held every Friday at Mitchell's Fish Market in Woodmere at noon.

It is one of 53 Rotary Clubs with 2000 Rotarians in Northeast Ohio. Rotary Clubs are in more than 200 countries throughout the world, all of which are committed to improving the quality of life in their communities. The Rotary motto is "Service Above Self," which is promoted throughout the year.

On an annual basis, Chagrin Highlands Rotary provides dictionaries to third graders in two Cleveland Charter schools, facilitates a sport challenge event for special needs individuals and recognizes outstanding police and firemen in all our neighboring communities. Additionally, the Rotary will be conducting a speech contest in Beachwood and Orange high schools.

As part of Rotary International, it helps other communities anywhere in the world when natural disasters occur. The biggest and most well-known project in recent years has been its commitment to eradicate polio around the world. When polio eradication began in the 1980s, there were 350,000 new cases of polio throughout the world. Today there are only two countries, Afghanistan and Pakistan, with a total of about new 28 cases.

In order to support these events, the Chagrin Highlands Rotary will host its annual pancake breakfast at Orange High School, Sunday morning, March 13, from 9 am until 1 pm. Blueberry and regular pancakes, sausage, juice and coffee will be served. The cost is \$7 at the door and \$5 for seniors and children under 12.

To raise additional funds, sponsorships for the pancake breakfast are available for \$50. Sponsors will receive five tickets to be used for their family, friends or coworkers. Additionally, the sponsor's name or their company's name will be displayed on the donor board at the breakfast. Business card-sized ads on the placemats are also available for \$75.

If you are interested in becoming a member of Chagrin Highlands Rotary, or would like to be a donor for its Pancake Breakfast, please contact John Newburger, membership chairman, at jnewburger@yahoo.com or 216.292.7737.

In order to support these events, the Chagrin Highlands Rotary will hold its annual pancake breakfast at Orange High School, Sunday morning, March 13, from 9 am until 1 pm.



Chagrin Highlands Rotary presents dictionaries to 3rd graders at Citizens Academy, Cleveland Charter School

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The Beachwood Fraternal Order of Police Lodge 86 thanks the following businesses and individuals for their generous donations to the FOP Lodge. Any Beachwood-based or other local business who wishes to contribute to the endeavors of the Beachwood FOP Lodge #86, please contact Officer Preston LaFrance, lodge president, at 216.464.2343.

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Windsor Heights



Windsor Heights Alzheimer's Special Care Center is an assisted living

community specializing in providing care and meaningful programs to residents with Alzheimer's disease and related dementias. Our mission is to be the leader in providing quality personal services while honoring the experience of aging. Our address is 23311 Harvard Road, Beachwood. Call 216.839.1300 for more information.

Beachwood One Hundred – Support the Individuals Who Protect Our Community

Beachwood One Hundred is a group of caring citizens whose annual tax-deductible dues are used solely to create a contingency fund to aid the police and fire safety forces of the City of Beachwood in time of personal emergencies. The not-for-profit organization is run 100% by volunteer citizens.

Beachwood One Hundred recognizes and appreciates the dedication of our safety forces that serve to protect the citizens of Beachwood 24 hours a day, 365 days a year. When unforeseen personal emergencies occur, Beachwood One Hundred is ready to assist the city's safety forces and their families with loans or donations. In addition, it has purchased safety and fitness equipment for the forces and annually provides academic scholarships to children of our police and fire department personnel.

Congratulations go to last year's scholarship recipients Hailey Wetzel, daughter of police officer Thomas Wetzel; Marisa Palumbo, daughter of fire fighter Michael Palumbo; and Tyler Brininger, son of police officer Robert Brininger.

Beachwood One Hundred vice president Alan Berger told us the organization has been around since 1969 and is in need of board members and trustees to carry on this Beachwood tradition.

Beachwood One Hundred vice president Alan Berger told us the organization has been around since 1969 and is in need of board members and trustees to carry on this Beachwood tradition. The time commitment is minimal, with about two meetings a year, one for membership and the other for scholarships. Additional meetings are scheduled to provide assistance.

Please join or renew your membership now. Individual memberships are only \$40, and corporate memberships are \$100. Dues are tax deductible. As a member, you will receive two 2016 vehicle decals. For complete information and to join, visit www.beachwood100.org. Questions? Call 216.373.0844 or email info@beachwood100.org.

Power Outages

During a power outage, First Energy's electricity restoration process follows three key principles: safety, support for emergency services and other emergency responders, and repairs that will bring its largest number of customers back in service.

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LEARN for LIFE Family Open House
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HB.edu/openhouse [social media icons]

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Fairmount Temple Adult Cultural Arts Series presents "These Are the Good Old Days" with the very talented Sheri Gross



Sheri Gross is an actress, director, writer, and theater whiz who will share her talents in a special show on Sunday, Jan. 24 at Fairmount Temple. A native of Rochester, NY, Sheri started out as an actress in New York City performing in several off-Broadway productions. But it was an invitation 20 years ago to come to Cleveland that opened the doors to the Mandel JCC, leading eventually to becoming director of the JCC's Playmakers, the Youth Theater program, which produces five to six shows a year for area youth.

Locally, Sheri has performed with the Musical Theater Project as well as other venues.

Come hear what others are raving about and enjoy this show featuring familiar songs so you can sing along if you wish. Her accompanist, Brad Wyner, is very active in theater and cabarets around Cleveland as well as teaching theater classes.

Enjoy drinks and appetizers in the Foyer at 4:15 pm, followed at 5 pm by the musical performance in Weinberg Hall. A delicious dinner will be served at 6:15 pm, after the program.

For registration information, call Susan Namen at 216.464.0607. Cultural Arts Series co-chairs are Bernice and Lloyd Goldman, Joan and Mort Rogoff, and Ilene and Allan Schwartz.

NA'AMAT USA Oneg Shabbat

NA'AMAT USA will host an Oneg Shabbat program on Saturday, Jan. 23., featuring guest speaker Dr. Lydia Parker of the Parker Aesthetic Clinic in Beachwood. Dr. Parker will speak on the "Care for Skin, with an emphasis on aging skin." This free event will be held at the Four Season's Party room, 26600 George Zeiger Drive, from 2 to 4 pm. Reservations are strongly suggested. Call the NA'AMAT office at 216.321.2002 for information and reservations by Wednesday, Jan. 20. Refreshments will be served.



Hathaway Brown students excel in the classroom, on the playing field, in service to their communities and in global cultural immersion programs. Graduates attend top-rated colleges and universities. Girls K-12, Co-ed Early Childhood Program and Infant & Toddler Center. Family Open House January 23, 10 am. Visit HB.edu/openhouse or call 216.320.8767.



Mandel JDS is the answer for parents who want to give their children a strong academic foundation and solid Jewish education plus a personal connection to Israel and their Jewish heritage. As Cleveland's first Jewish day school accredited for educational excellence by the Independent Schools Association of the Central States, we exceed Ohio education standards for all core curricular subjects. Our integrated approach to learning supports each student's social, spiritual and academic growth and insures that Mandel JDS graduates are well prepared for high school and beyond. Extracurricular programs include competitive sports, drama, Power of the Pen, Robotics and more.



Under the new Head of School Mike Griffith, The Ratner School in Pepper Pike uses a Montessori-influenced foundation to educate toddlers through 8th grade. Our nurturing and academically robust environment includes diverse multi-age classrooms and important one-on-one time between students and teachers. We offer Montessori education for students from 20 months to 6 years old, and Montessori-influenced primary and middle school curricula. We use each child's unique "Learning Fingerprint" to help children achieve their full potential. Open House is noon to 2 pm on Sun., Jan. 31. Registration is at 11:45 a.m. and the program (including tour) starts at noon. A tuition credit program is available. For more information, visit www.theratnerschool.org/bb or call Laurie Mandell at 216.464.0033, ext 1119.

Gross Schechter Day School is an award-winning Early Childhood Program through Middle School in Pepper Pike. At Schechter, students benefit from a well-round-



ed program that fosters success in all aspects of their lives. The curriculum focuses on strategies for problem solving and places a strong emphasis on critical thinking, which allows students to understand their place in the world around them. Our Hebrew Immersion and integrated Judaic studies program ensures mastery and leads to strong identity formation. Above all, our team of dedicated teachers is committed to developing each student's individual strengths and to maximizing each child's potential – academically, socially and emotionally. Join us at our upcoming Prospective Parent Open House program, January 22, or schedule a private tour.

Canterbury Golf Club to Host New WEB.COM Tour Finals Event, 2016-2018

The PGA TOUR and Medina, Ohio-based RPM International, Inc. recently announced that a new Web.com Tour event will be played in Cleveland, beginning in 2016, with The LeBron James Family Foundation named as the tournament's beneficiary.

The DAP Championship has been named one of the four Web.com Tour Finals' events that determine which 50 players earn PGA TOUR cards for the following season. Canterbury Golf Club, with its history of hosting golf championships, will be the Web.com Tour's new home in Cleveland.

A three-year agreement for 2016-18 is in place. Dates for the 2016 DAP Championship will be Sept. 5-11. It will be the first in the Web.com Tour Finals' lineup.

Similar to the other three Web.com Tour Finals' events, the DAP Championship purse will be \$1 million, with \$180,000 earmarked for the champion.

Golf Channel will televise all four competitive rounds in the United States (Sept. 8-11), with the event's having the potential to reach an additional 93 million homes via the PGA TOUR's international broadcasting operation.

Canterbury is one of only two clubs to have hosted all five major golf championships that rotate throughout the U.S. It has perennially been ranked among the top-100 golf courses in the United States. Among its club professionals over the years was 1938 Masters champion and World Golf Hall of Fame member Henry Picard.

The Web.com Tour is The Path to the PGA TOUR. Each year, 50 PGA TOUR cards for the following season are available via the Web.com Tour – 25 during the Regular Season (January through August) and 25 at the Web.com Tour Finals (September-October).

For more information on the DAP Championship or the Web.com Tour, please visit www.PGATOUR.com.

Words from the Ward

There's been much talk about building walls to try to protect borders. Beachwood is lucky to border eight great communities. Each neighboring community is unique, and each brings special qualities to the region. This year, as part of our Speaker Series, we will hear from the mayors of these neighboring communities. They say good fences make good neighbors. I disagree. I say good dialogue makes good neighbors. Come out and talk with the mayors of our neighboring suburbs at our Speaker Series 2016. We kick off the Speaker Series Tuesday, Jan. 12, 7:30 pm, at the Beachwood Public Library. Our first guest speaker is Orange Mayor Kathy Mulcahy.

A regular meeting will follow and we can expect to hear from a variety of candidates seeking your vote in the upcoming election.

For more information, call 216.292.5562 or email BeachwoodDemocrat@gmail.com. As always, I am Beachwood Democratic Ward Club President Steve Rosen, and I approve this message.

BCC Gives Back at December Luncheon

The Beachwood Chamber of Commerce's December luncheon was as a give-back event, and A Kid Again, InMotion and The Gathering Place were selected as recipients.

"As a group, we feel grateful for individual successes and recognize the importance of not-for-profit organizations and how they benefit our community," said BCC Executive Director Cindy Caldwell. "That's why we chose to give back, and spread the holiday spirit."

The organization's membership was encouraged to make contributions to benefit at least one of the the following organizations. Additionally, a representative from each organization passionately spoke about what their organization does. Here are abbreviated versions of what they said:

A Kid Again exists to foster hope, happiness and healing for families raising kids with life threatening illnesses. It helps to restore a sense of normalcy for the family and strives to make life more like "life" again by helping families gain back moments of solace and a sense of control over their circumstances. It strives to give these kids an opportunity to have fun and feel like they should – the kid they are meant to be each day. Its adventures are designed for kids to have something to look forward to, and to give their sisters, brothers and parents some respite as well. Its network also provides resources and family network opportunities. For more information, visit www.akidagain.org.

InMotion is a nonprofit center and community located in Warrensville Heights. It serves the needs of people with Parkinson's and other movement disorders. InMotion supports its clients and those who care about them through education, exercise, support groups and healing arts. Our programs are provided free of charge and open to all. The InMotion space welcomes visitors to a multipurpose room for exercise and speaker presentations, a resource center, and small healing arts and support group meeting rooms. For more information, visit www.beinmotion.org.

The Gathering Place, with locations in Beachwood and Westlake, offers a wide variety of free programs and services to those touched by cancer. When you give to The Gathering Place you're helping to support individuals and families in our communities who are touched by cancer. Its free programs and services help Northeast Ohio families, neighbors, colleagues and friends cope with the emotional, spiritual, physical and social impact of a cancer diagnosis. For more information, visit www.touchedbycancer.org.

**Saturate the Beachwood Market.
Advertise in *Beachwood Buzz*.**



Gabe Stern, a Beachwood Middle School 8th grader, was so inspired by the October 2015 *Beachwood Buzz* edition that he created a piece of original art to gift to Peter Max. Congratulations, Gabe, on a job well done!

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NCJW/Cleveland Raises Awareness and Takes Action

Lois Zaas Advocacy Lecture Focuses on Foster Care

National Council of Jewish Women/Cleveland recently held its annual Lois Zaas Memorial Advocacy Lecture at which author Paula McLain and Bellefaire COO Jeff Lox spoke about "Aging Out of Foster Care: Overcoming the Odds." This forum featured McLain's personal experience in foster care and Lox's experience with foster children and the need for more foster families.

"There are 1,600 children in foster care in Cuyahoga County who are susceptible to poverty, homelessness and human trafficking when they age out," said Linda Barnett, president, NCJW/Cleveland. "NCJW has developed programs with a focus on foster care to educate the community and serve these young people."

As an advocacy event, each attendee was encouraged to write her congress person to pass Ohio HB 50 raising the age of aging out of foster care from 18 to 21. HB 50 passed the house and is now with the Ohio Senate, where additional letters are being sent.

Event attendees were asked to bring stuffed animals to be donated. Three hundred were collected.

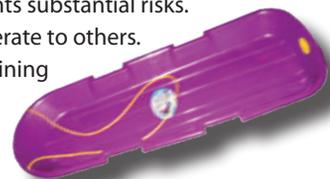


Pictured: Marilyn Oif and Jeanie Citerman-Kraeger collecting stuffed animals.

City Park West Sledding Hill

The Beachwood City Park West sled hill is located on the south end of the park. Bring your friends and family out for a great winter activity. Please observe the following rules and be courteous of other users.

- All sledding is done at your own risk.
- No building of ramps, jumps, or moguls.
- No supervision provided.
- Parents are responsible for children.
- Return to top of hill along outside edge of sledding area.
- Sledding is a hazardous activity and presents substantial risks.
- Use caution when sledding and be considerate to others.
- Users assume full responsibility for determining if conditions are safe for sledding.



The Biennial Suburban Soloists Concert

Martin Kessler, Conductor

The biennial Suburban Symphony Soloists concert is back this season, Sunday, Jan. 31 at 3:30 pm, with a terrific line up of both soloists and programming. Soloists featured in this concert are Bonnie Swetlik on flute and Daniel Tenorio on viola. Highlighted in the Brandenburg Concerto are both its French horn and double reed sections. Along with Bach, Forsythe, and native Clevelander Eric Ewazen, this program concludes with composer Paul Hindemith's most enduring piece, Mathis Der Mahler. Visit www.suburbansymphony.org for more concert details.

Concerts are free and open to the public.

Concert Location:

Conway Hall, University School Shaker Campus

20701 Brantley Rd., Shaker Heights, OH

Doors open at 3 pm

Cleveland Memory Project founder to speak to Jewish Genealogy Society

William C. Barrow, co-founder of the Cleveland Memory Project, is the featured speaker at the Sunday, Jan. 10 meeting of the Jewish Genealogy Society of Cleveland. He will demonstrate the project's web site (ClevelandMemory.org), and show how to apply its contents to genealogy research.

Bill Barrow is the head of Special Collections at Cleveland State's Michael Schwartz Library and a co-founder of the Cleveland Memory Project on the web (ClevelandMemory.org). He speaks on the history of Cleveland Memory, the more than 60,000 local history resources found there and how to profitably use Cleveland Memory and Special Collections to do family history research.

Bill is a Cleveland native and has worked at Cleveland State for twenty years, where he earned a BA and MA in History; he received his Master's degree in Library Science from Kent State University. He is on the boards of the Early Settlers Association of the Western Reserve, the Cleveland Archival Roundtable, the Sculpture Center, and the Cleveland Heights Historical Society.

The Jewish Genealogy Society of Cleveland holds its winter meetings on Sundays, starting at 1:30 pm, in the Lelyveld Library of Anshe-Chesed Fairmount Temple, 23737 Fairmount Blvd. Board members are available from 1 pm to assist with individual research questions. Guests are welcome. RSVP to Programming@ClevelandJGS.org.

He will demonstrate the project's web site (ClevelandMemory.org), and show how to apply its contents to genealogy research.



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NCJW/Cleveland Presents Program on Infant Mortality in Cleveland

Why does Ohio, a state with exceptional health care, rate 45th in infant mortality, according to the 2015 U.S. Department of Health and Human Services statistics?

Experts from MetroHealth Medical Center and the Cuyahoga County Board of Health will address "Confronting Infant Mortality: A Third World Problem in a City with First Class Medical Care." The program is presented by National Council of Jewish Women/Cleveland

on Friday, Feb. 19 at 1:30 pm at Point East, 27500 Cedar Road, Beachwood.

Presenters are Lorrie Con-sidine, RN, Program Manager, Cuyahoga County Board of Health; Marc Collin, MD, Neonatologist, MetroHealth Medical Center NICU; and Justin Lappen, MD, Maternal Fetal Medicine Fellow, MetroHealth Medical Center. They will tackle issues such as why Cleveland's mortality rate is twice the national average; why, in some neighborhoods it is

roughly equal to countries such as Kazakhstan and Zimbabwe; and what can and is being done to remedy the problem.

"Our experts will discuss the main causes of infant mortality, including poor pre-natal care, improper premature birth care and incorrect or inadequate care of babies from birth to one year old," said Cyndi Fellenbaum, co-chair of the event.

"This is one in a series of NCJW's presentations called Understanding the Issues," said

Linda Barnett, president, NCJW/Cleveland. "The goal is to see how we, as an organization whose mission is to improve lives for women, children and families, can become part of the solution."

Cost is \$15 for non members, \$10 for members and \$6 for adults over 80. Part of the funds will be used to purchase HALO sleep sacks for the NiCU at Hillcrest. Call 216.378.2204, ext. 100, to register or visit ncjw/Cleveland.org for information.

Mandel Jewish Day School Students Wage Penny Challenge for Charity

Students at Joseph and Florence Mandel Jewish Day School (formerly The Agnon School) recently raised \$1,427.06 by waging a one-week charity Penny Challenge by grade to support the Jewish Federation of Cleveland's Annual Campaign for Jewish Needs. This amount represents an increase from last year's donation. The Federation will use this money to address the diverse needs of the Jewish community, both locally and worldwide.

The object of the Penny Challenge fundraiser is to collect the most points. At the start of the challenge, each grade receives

a collection jar. Students then enthusiastically place pennies in their own grade's jar to increase their chances of winning, while strategically depositing money greater than a penny into the jars of competing grades.

When the Penny Challenge was over and the money was counted, first place in the Kindergarten – 5th Grade Division went to 1st grade students, who will celebrate their triumph with an ice cream party. The 6th grade won in the Middle School Division and will enjoy a homework-free day.

"This is a classic example of living by example," noted Jerry Isaak-Sha-

piro, Mandel JDS Head of School. "As small as pennies are, together they can make a difference – just as the acts of very young children contribute to the overall strength of our community."

All proceeds from every grade went to the Jewish Federation of Cleveland. Head of School Jerry Isaak-Shapiro proudly presented a check at a school assembly to Abby Levin, vice president of the Jewish Federation of Cleveland, on behalf of all the students.

Adding to the mitzvah (good deed), Mandel JDS partnered with Jewish Family Service's YouthAbility program members who helped



sort and count \$1,200 in change. YouthAbility serves disabled and at-risk youth by engaging them in volunteer service, vocational activities and social enrichment.

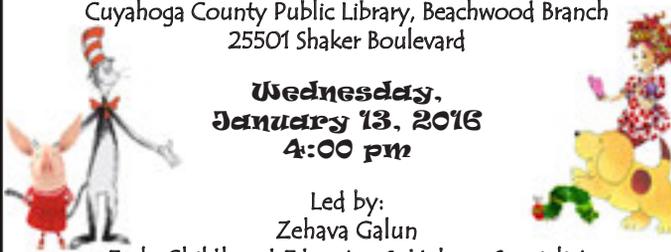
"As small as pennies are, together they can make a difference – just as the acts of very young children contribute to the overall strength of our community."

Hebrew Storytime
 סיפורים ושיירים בעברית לילדים
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 For more information, call 216-595-9546 or visit www.touchedbycancer.org/warehouse.




From the Federation

We invite our community to attend these upcoming Jewish Federation of Cleveland events. For more information or to register for the events below, please visit www.jewishcleveland.org.

IMPACT – A New Volunteer Initiative for Adults Over 50

Jewish Clevelanders over 50: You are invited to make an IMPACT! with the Jewish Federation of Cleveland's new volunteer initiative for Baby Boomers. Join us to celebrate at the "Making an IMPACT! Launch Event" on Thursday, Jan. 7, at 7 pm, at the Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building (25701 Science Park Drive, Cleveland).

Join us to celebrate at the "Making an IMPACT! Launch Event" on Thursday, January 7, at 7 pm, at the Jewish Federation of Cleveland's Jack, Joseph and Morton Mandel Building (25701 Science Park Drive, Cleveland).

IMPACT!, which stands for "Individuals Making Powerful Active Contributions Together," is an initiative of the Federation's Jewish Volunteer Network, a one-stop shop for connecting Jewish Clevelanders to meaningful and rewarding volunteer experiences in Cleveland and beyond.

The 2011 Greater Cleveland Jewish Population Study found that nearly one-third of Jewish people in Cleveland were born between 1946-1964. With the realization that a significant segment of the Jewish community were part of the Baby Boomer era, the Federation reached out to community members within this demographic to learn more about their needs and aspirations for the next step in their lives. The focus group



insight included: adults over 50 are looking to help the community, connect with like-minded individuals through social programming, use their professional skills and talents to aid others in need, learn new skills through workshops and certification courses, and travel to do good for others outside of Cleveland.

Bonnie Marks, who is chairing the new IMPACT! Initiative said, "As a Baby Boomer, I see tremendous value in coming together with others who are of similar age and share similar interests. Through IMPACT! we can connect with one another and make meaningful contributions in our Jewish and general communities through important hands-on volunteering. Our capacity to do good is limitless."

The "Make an IMPACT! Launch

Event" will feature keynote speaker Dick Goldberg, former National Director of Coming of Age, an initiative that engages adults over 50 to explore their futures, promote connections, and build stronger communities through volunteering. The evening will also include a panel discussion with Jewish Clevelanders Mindy Davidson of Solon, Ann Freimuth of Pepper Pike, and Zachary Paris of Shaker Heights.

Guests will also learn about IMPACT! volunteer opportunities, social programs, certification workshops, pro bono services, and trips and travel.

To learn more and register for the "Make an IMPACT! Launch Event," visit www.jewishcleveland.org, email Susan Hyman at shyman@jcfclve.org or call 216.593.2887.

(Pictured from top) Keynote speaker Dick Goldberg, Ann Freimuth of Pepper Pike, Mindy Davidson of Solon, A, and Zachary Paris of Shaker Heights.

Not Your Typical Camp Fair

Find the perfect Jewish overnight camp experience for your child. Check out a variety of camps, interact with camp directors, and meet other camp

families while your kids play whirly ball and laser tag with friends and camp staff free of charge!

The event takes place

January 24, 2 – 4 pm, Whirly Ball Cleveland, 5055 Richmond Road, Bedford Heights. Learn more and register at www.jewishcleveland.org.



Support Groups

To help make your journey a little easier, the Center 4 Brain Health is committed to providing support for individuals with concerns about their memory and thinking abilities. Services are also offered to individuals' care partners.

Care partners for individuals with memory and thinking concerns are invited to attend Care Partner Support Groups on the second Tuesday of each month.

The next group will be held on Tuesday, Jan. 12 at 6 pm, Center 4 Brain Health, 27100 Cedar Road, Beachwood. This FREE event will provide an opportunity to connect with other care partners, share experiences and receive information about this month's topic – New Year, New You.

Free memory screenings are offered by appointment. Call Krystal at 216.839.6685 to schedule your free, confidential memory screening today.

Distance Learning

Menorah Park Rose Institute for Lifelong Learning presents Distance Learning – Programs Open to the Community

Monday, Jan. 4 (2:30 – 3:30 pm)
"Landscapes"
by the Cleveland Museum of Art

Monday, Jan. 11 (2:30 – 3:15 pm)
"Wild Weirdos" by the Houston Zoo (Houston, Texas)

Monday, Jan. 25 (2:30 – 3:15 pm)
"Back to the Fifties: Behind the American Dream"
by the Ohio History Connection (Columbus, Ohio)

Monday, Feb. 1 (2:30 – 3:30 pm)
"The Pursuit of Liberty: The Revolutionary War & the Founding of America"
by History Connects from the Virginia Historical Society (Richmond, Virginia)

Upcoming Programs at the Library

Author Betty Ruth Shear
Thursday, Jan. 14 at 7pm

Meet the author of Full Circle: My Success Story Living With Bipolar Disease.

New Perspectives on Martin Luther King, Jr.

Monday, Jan. 18 at 7 pm

Discover and discuss the iconic life of Anne Frank whose writings reveal a parallel world view to Dr. King's. With Fern Ruth Levy, the director and founder of the Anne Frank Moral Courage project, and one of the foremost Holocaust educators in the area.

Special Movie Tie-In Book Discussion: The Danish Girl
Monday, Jan. 25 at 7 pm

Come discuss the book that inspired the film The Danish Girl. The book's author, David Ebershoff, will join live via Skype.

Author Shelley Costa's National Book Launch
Tuesday, Jan. 26 at 7 pm.

Celebrate the launch of Practical Sins for Cold Climates, the first book in her new mystery series by Cleveland's own Shelley Costa.

Time Management for Retirees
Saturday, Jan. 30 at 10:30 am

Learn about the latest trends in time management and about how to establish your own structures and routines to feel productive, balanced and happy. Instructor: Anja Sassenberg-DeGeorgia of FORWARD Life Coaching, LLC.

TEEN PROGRAMMING

SAT Changes Information Session
Wednesday, Jan. 13 at 7 pm
Grades 6-11

A Princeton Review expert instructor will demonstrate tech-

niques for cracking questions on the new SAT, reviewing all the changes and what they mean.

Practice ACT
Saturday, Jan. 16 at 10 am
Grades 6-12

Take a free, full-length practice test provided by The Princeton Review. Please bring No. 2 pencils and a calculator to the exam.

Wordsmiths
Thursday, Jan. 21 at 6 pm
Grades 6-12

Are you an experienced writer? An inexperienced writer? It doesn't matter. Come and share. Come and be heard. Come and write. Light snacks and drinks provided. Signed release required.

Anime Daze: Teen Anime Club
Monday, January 25th 4:00pm
Registration required/ Grades 6-12

Programs at The Gathering Place

The Gathering Place is a caring community that supports, educates and empowers individuals and families touched by cancer through programs and services provided free of charge. The programs and services offered provide education and information, support, and ways to help manage the stress of a cancer diagnosis. The Gathering Place has two locations in Beachwood and a location in Westlake. Below is a listing of upcoming programs at The Gathering Place located at 23300 Commerce Park in Beachwood. All listed programs require advance registration by calling 216.595.9546 unless otherwise noted. For more information visit www.touchedbycancer.org.

Programs at The Gathering Place in Beachwood help individuals cope with emotions and manage stress.

Life After Cancer Treatment Support Group
Thursday, Jan. 14
6:30 – 8 pm

A monthly group for those who have completed cancer treatment. Topics include: fear of recurrence, managing anxiety, work issues, long term side effects, nutrition, exercise, relationships and more.

Couples Facing Cancer Together
Thursday, Jan. 28
6:30 – 8 pm

Improve your communication while discussing your needs. Learn ways to support one another and be more connected on the cancer journey.

Breast Cancer Survivorship A to Z: Coping with Fear & Uncertainty
Saturday, January 30
8:30 – 9 am, registration and breakfast, 9 – 11:30 am, program

Join psychiatrist Isabelle Schuermeyer, MD to learn about this important topic.

Break-out sessions including yoga, meditation, cognitive behavior therapy, and Reiki will provide tools for coping.

The programs and services offered provide education and information, support, and ways to help manage the stress of a cancer diagnosis.

Come hang out, watch some anime, read some manga, play some games, eat all of the snacks and talk about the mediums and the culture we all love. Signed release required.

League of Minecrafters
Monday, Feb. 8 at 3:30 pm
Grades 6-12

If you dig Minecraft, come check out this new monthly club! Activities include building projects and Minecraft paper-crafts.

CHILDREN'S PROGRAMMING

Preschool Information Fair –
Monday, Jan. 11 at 6:30 pm
Parents/Families

Find the perfect preschool for your little one. Representatives from a area preschools will be available to answer all your questions. Children are welcome to participate in preschool-friendly activities during the fair.

Friday Family Fun:
Pajama Party
Friday, Jan. 8 at 10:30 am
Ages 2-6 with a caregiver

Come in your jammies and bring your bedtime buddy to hear some cozy stories and share some giggles with fun activities, a craft and a bedtime snack.

Hebrew Storytime
Wednesday, Jan. 13 at 4 pm
Families

Enjoy a Hebrew/English storytime where you will hear stories and songs in Hebrew and English. Presented in cooperation with the Jewish Education Center of Cleveland.

Build-O-Rama
Thursday, Jan. 14 at 4 pm
Grades K-5

Calling all LEGO lovers! Bring your mad skills and create your own masterpiece using the library's LEGO pieces and a different building theme each month!

ASL/English Family Storytime
Wednesday, Jan. 20 at 4 pm
Families

Enjoy stories, music, rhymes and felt stories geared toward deaf/hard of hearing children but suitable for children of all ages and abilities and their parents and caregivers. ASL interpreters will be present during the program.

Afternoon Art Adventures
with U-EarthH
Tuesday, Jan. 26 at 4 pm
Grades K-5

Create art projects based on fun children's stories. Hosted by U-EarthH (Ursuline Endless Art Healing), a student art therapy organization at Ursuline College.

Kiddie Café: Polar Pals
Friday, Jan. 29 – 10:30 a.m.
Ages 2-6 with a caregiver

Cook up some fun with your little one. Enjoy stories and a hands-on, edible craft. This

month's books will be about polar bears and penguins.

STORYTIMES

Toddler Storytime
Mondays at 4 pm and
Wednesdays at 10 am
Ages 19-35 months with a caregiver

Baby & Me Storytime
Tuesdays at 4 pm and
Thursdays at 10 am
Caregivers and their babies from birth-18 months

Preschool Storytime
Tuesdays at 2:30 pm and
Wednesdays at 1:30 pm
Ages 3-5 not yet in kindergarten and their caregivers

Registration is required for all programs except storytimes. To register, please call 216.831.6868 or visit cuyahogalibrary.org.

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County Councilwoman Sunny Simon Sponsors Legislation to Support the Milestones Autism Resources Parent Coaching Program Expansion for Children and Families Impacted by Autism

Cuyahoga County Council approves funding of \$100,000 that will be allocated over a two-year period to support the Milestones Autism Resources' Parent Coaching Capacity Building Initiative for Children and Families Impacted by Autism. As the primary sponsor of this program initiative, County Councilwoman Sunny Simon understands the increasing demand for community autism services. Simon is an avid proponent of programs that serve to enhance the overall well-being of individuals who may have life challenges. "Milestones provides vital services that are essential to helping individuals and families manage the daily challenges of autism," states Councilwoman Simon.

Milestones Coaching Program provides parents, caregivers, and individuals with knowledgeable advice, customized resources, and connections to area services. The organization also provides professional development and informational support to area hospitals, school districts and community agencies. Over the years, Milestones has provided in-service training to adult providers, including the Cuyahoga County Board of Developmental Disabilities. Public and private schools in Cuyahoga County have also reached out to Milestones to further equip their students who are transitioning into adulthood. In the past year alone, Milestones has worked with more than 250 community partners and assisted more than 2,400 parents, professionals, and individuals of all ages and abilities.

For more information about Milestones, please call 216.464.7600 or visit milestones.org.

Milestones Autism Resources Raises \$325,000 for Local Families Impacted by Autism

On Saturday, Dec. 5, 330 guests gathered at the Cleveland Marriott East to directly support local families impacted by autism at the "Raise Your Hands for Milestones Autism Resources" annual benefit, which raised more than \$325,000. Guests enjoyed music performed by young, talented musicians, Aaron Greene and Eli Manos, as well as dinner, a live auction, and inspiring stories from adults and families who are affected by autism.

"We appreciate everyone who is helping Milestones meet the needs of families dealing with autism every day," said Adam Berebitsky, board chair.

Milestones Autism Resources is a nonprofit dedicated to educating, coaching, and connecting family members and professionals affected by autism throughout Northeast Ohio. This year, Milestones honored Joyce Goldberg Fromson, Andrea Kanter Grodin and Donna Yanowitz to recog-



Ilana Hoffer Skoff, executive director of Milestones Autism Resource, Andrea Kanter Grodin, Joyce Goldberg Fromson, Donna Yanowitz, and Mia Buchwald Gelles, operations director of Milestones Autism Resources.

nize their board leadership and extraordinary service. "I support Milestones because they provide hands-on resources and support to families right here in the Cleveland area," said Fromson.

Honorary chairs were Allison and Tom Frazier, Cathy and Larry Goldberg, Diane and Steve Ros-

en, Kyla and Mitchell Schneider, Barbara and Jon Shane, Margaret and Larry Singerman, Judy and Steve Willensky, and Dara and Alan Yanowitz.

For more information about Milestones or to make a donation, please call 216.464.7600 or visit milestones.org.

Women of Fairmount Temple Programs

Tuesday, Jan. 5

Betty Zak bring us tantalizing tales about British royalty in her talk, "Scandals in the House of Windsor," at 1 p.m. Lunch is at noon; members \$8 and guests \$10. Call Monday, 440.461.7921 or Tuesday, 261.464.1330, from 9:30 to 10:30 am. Sue Arnold leads Women of the Bible study group in the library at 10:30 am.

Tuesday, Jan. 19

Rabbi Joshua Caruso is scheduled to speak at 1 pm on "A Reflection on Our Temple's Recent trip To the Holy Land." Rabbi Caruso brings insightful messages in his talks. Lunch is at noon. Please see above for making reservations for our lunch at noon.

Sunday, January 24

Sunday Mitzvah Morning continues its goal of working together to create projects that benefit our congregants and many others in the community. Work on lap robes, medical vests for epileptic children, and numbers books for children at the Cleveland Sight Center. Mitvah Morning takes place in the Commons from 9:30 to 11:30 am.

Tuesday, Feb. 2

Felicia Zaverella Stadelman will ask us to "Learn about Van Gogh" in a talk starting at 1 pm. Ms Stadelman has been lecturing for the past 20 years using "Through the Eyes of the Artist," which promotes the study of the artist in order to learn more about his or her art work.

The program begins at 1 pm. Lunch is served at noon; \$8 for members, \$10 for guests. Call on Monday, 440.461.7921, any time or Tuesday, 216.464.1330, from 9:30 to 10:30 am for lunch reservations. Leader Sue Arnold will continue her series of studying Women of the Bible at 10:30 am in the library.





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