

Beachwood Buzz

December 2017

Every Resident. Every

Every Month.

MAGAZINE

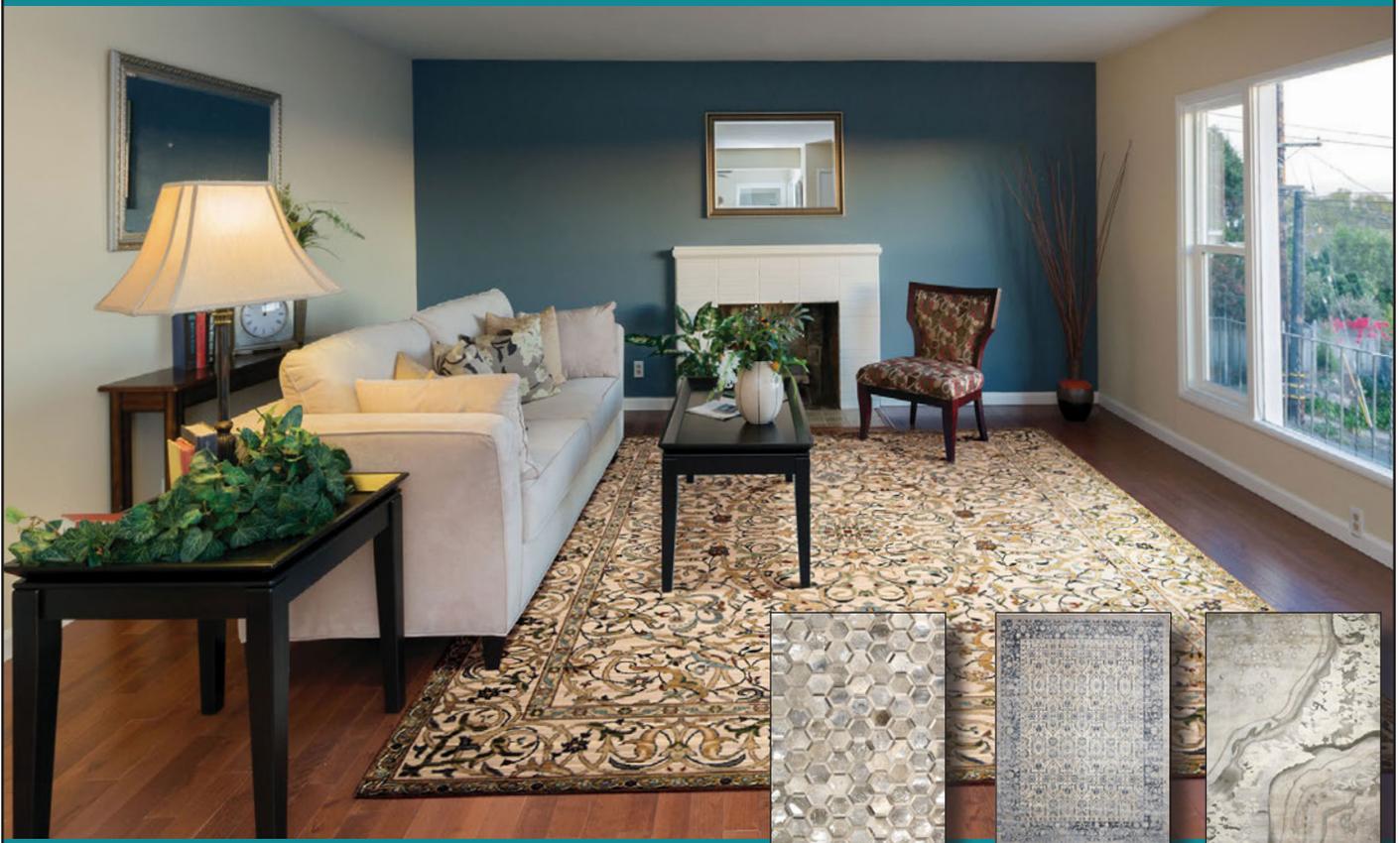
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Sunday 12:30 to 4:30 pm



A few weeks ago, I immersed myself in a three-day landscape-painting workshop. Susie Porges, the talented painting instructor with whom I've been taking lessons for five years, held the workshop at her Beachwood studio on Mercantile Road. She brought in Jacob Aguiar, an amazing pastel artist from Portsmouth, New Hampshire, to lead the workshop. Nineteen people participated, some of whom came from as far as Virginia and Pittsburgh.

How in shape or out of shape you are?
A result of your habits.

How happy or unhappy you are?
A result of your habits.

How successful or unsuccessful you are?
A result of your habits.

What you repeatedly do (i.e. what you spend time thinking about and doing each day) ultimately forms the person you are, the things you believe, and the personality that you portray.

— James Clear

Aguiar has a loose painting style and it was a joy to watch his morning demonstrations. Although an experienced professional, he prefaced each demo by disclosing that not all paintings are home runs, yet each of his results throughout the workshop was stunning.

The afternoon rolled around, and it was our turn. We students returned to our easels, set up our supplies, chose reference photos and began the process of creating our 20-minute color studies. Our purpose was to determine whether we were satisfied with our color choices and compositions before we worked in a larger scale. Often, the color studies were more appealing than full-size paintings since they weren't overworked.

Aguiar regularly mentioned the importance of practice, practice, practice, if we want to improve our skills. Like so many other things in life, repetition is the key. He suggested that we paint five 20-minute paintings per week, for a month. Since accountability helps, a group of us made a pact to paint five 20-minute paintings a week for three months. By following through, our skills will improve, and painting will become a habit. A social media page was set up where we may post our artwork, keep us accountable and provide opportunities for fellow artists to critique each other.

James Clear, author, entrepreneur and photographer (jamesclear.com), often writes about building a habit. He says:

- **Start small.** Pick a new habit that is easy, so that you won't need motivation to do it. Rather than starting with 50 pushups per day, start with 5. Make it easy so you can't say no. Create a reminder by scheduling it around a habit that you already have (when you wake up, after breakfast, etc.).
- **Increase your habit in small increments.** One-percent improvements add up quickly. Instead of overestimating what you would like to do each day, start small and improve gradually. Clear warns that one-percent decreases add up quickly, too.
- **As you build up your habit, break it into chunks.** If you want to set a goal of walking for an hour, build it up slowly – walk for 10 minutes, six times a day. By doing so, there's a better chance to reach your goal over time.
- **When you slip, get back on track quickly.** Top performers get off track just like everyone else. The difference is that they get back on track quickly. It's important to abandon the all-or-nothing mentality. Nobody is perfect.

• **Reward yourself with positive self-talk.** It will empower you and is more likely to help you achieve success.

Whether trying to exercise more, lose weight, learn how to play an instrument, be a better athlete or be more creative when painting, it takes discipline and practice to stick to a program. Clear mentions that according to researchers at Duke University, habits account for about 40 percent of our behaviors on any given day; they control our health, happiness, and life in general. So, what habits would you like to acquire?

I'll ponder that question. In the meantime, I'm going to set up my pastels.



For more information about Susie Porges, visit susanporges.com. To view Jacob Aguiar's paintings, visit jacobaguiar.com

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Buzz
MAGAZINE

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Beachwood Buzz welcomes all Letters to the Editor. Please send all letters via email to beachwoodbuzz@gmail.com.

Calendar Section

Please send information about clubs, organizations, events and meetings to beachwoodbuzz@gmail.com. The deadline is the 10th of each month.

Article Submissions

If you have a story idea or photos you would like to share, email beachwoodbuzz@gmail.com.

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Cover Photo

Many would argue that the warm companionship provided by a service dog is equally as important as all of the tasks it can perform. Beachwood resident Liz Morrison has in her service dog Cedar a perfect mix of those exact qualities. Plus, he's extremely easy on the eyes and super smart, with knowledge of 48 different commands.

Cedar is a 75-pound Chocolate Labrador Retriever with his own Facebook page (facebook.com/cedartheservicedog/) that has 189 followers...

Complete story starts on page 9.

Photos by Scott Morrison, Discovery Photo

City Council Update • Pages 28-31

A Veterans Day Salute

Summer Camp Time

Beachwood Welcomes New Police Officers

Leaves Today ... Mulch Tomorrow

Fall Leaf Pick-Up

Missed a Council Meeting?

Lockbox – Save Precious Time

Use Caution & Be Seen

American Red Cross Blood Drive

Upcoming Meetings

Art Exhibits

Tips for Managing a Power Outage

Annie

You and Your Schools • Pages 33-34

National Honor Society Inductions

BHS Leadership Conference 2017

Beachwood Challenges Orange in Food Drive

State Champ Runners Commit to Colleges

Beachwood Schools Choirs Host First Caberet Night



Beachwood Buzz wishes you and your family a happy, healthy and peaceful Holiday Season.

Messages to the Community

The past few months have been intense for all candidates who ran in last month's election, as they devoted their time and energy to campaign, meet people and explain their platforms. They are to be commended for their dedication to work for the betterment of our community. Congratulations to Brian Weiss, Michael Zawatsky and Maria Bennett, all of whom were elected to the Beachwood School Board; and Alec Isaacson, James Pasch and Eric Synenberg, who were

elected to represent us on City Council. When *Beachwood Buzz* went to press, the numbers were not official for the mayoral race. Council president Martin Horwitz had received 37 more votes than Mayor Merle S. Gorden as of the close on election day. Absentee and provisional ballots were not counted until November 20 and the results were not certified until November 28. We look forward to hearing from both for our January issue.

CITY COUNCIL CANDIDATES

Thank you, Thank you, Thank you! I entered the council race at the last minute and vowed to only spend around \$1,000. I knew my chances of winning would be at best a long shot. However, I decided to run because I felt very strongly about the importance of bringing to light issues surrounding our city's finances that many didn't want to talk about.

Initially, my main goal was not to get an embarrassingly low number of votes. I would have been thrilled to get 1,000. After two months of campaigning, I felt I had a chance to do a little better than the 1,042 votes I received, and I would be lying if I said I wasn't disappointed I didn't get more. With that said, I wouldn't trade in the conversations I had and the support I received from so many people in our wonderful

city. I congratulate all who ran for keeping the race focused on the issues and I hope all city officials will keep fiscal responsibility foremost in their minds as they work for an even better Beachwood.

Thank you to everyone who voted for me or reached out to provide support. I am proud of the campaign I ran and am confident that Beachwood is better because of it. All the winners of Tuesday's election have Beachwood's best interest at heart and I will be rooting for them to be ultra-successful.

Sincerely,
Mike Burkons

All the winners of Tuesday's election have Beachwood's best interest at heart and I will be rooting for them to be ultra-successful.

It is an incredible honor to be re-elected to a second term on City Council. To all Beachwood residents, thank you for placing your trust in me. I look forward to continuing to work on your behalf. For those whose support I did not earn this time around, I know that we will come together to move our city forward.

Congratulations to Alec Isaacson and Eric Synenberg on their council victories, and our new Mayor-elect Martin S. Horwitz on his victory. Also, congratulations to Brian Weiss, Mike Zawatsky and Maria Bennett for their victories to our school board. The future of our city and school district is in great hands.

I would like to take a moment to congratulate Councilman Mel Jacobs and Mayor Merle Gorden for their years of dedication to our

city and its residents. Thank you for leaving our city in a position to succeed for generations to come.

I want to personally thank all of the candidates who put their names on the ballot to run for office. It takes courage and commitment to run, and it was an extraordinary experience getting to know all of you on the campaign trail. Our community is fortunate to have so many great candidates willing to answer the call to serve.

As I said when I knocked on your doors throughout the campaign, please contact me with your thoughts, ideas and concerns – your voices are what make our city successful.

Let's get to work!

Thank you,
James Pasch

It has been a privilege and honor to serve this community as your Beachwood City Council representative and many other positions for the past 20 years.

I have lived in Beachwood for 55 years. There is not a better place in which to grow up, raise a family and spend your retirement years.

Time goes on and things change, and now it is time to pass the baton on to a new generation.

It has truly been my privilege to work alongside the devoted

and dedicated officials, directors and employees of our city. These talented individuals have built Beachwood and they are our foundation for the future.

My wife Stephanie and I look forward to many years to come in our Beachwood home as we continue to enjoy living in this city that is so dear to us. I am so proud to call Beachwood my home and I thank you for allowing me to serve you.

Sincerely,
Melvin Jacobs

Thank you for coming to the door and speaking with me when I canvassed this summer. Thank you for the positive words, encouragement, and support during the campaign process. Thank you for the financial contributions. Thank you for allowing me to place my yard sign on your lawn. Most of all I thank those of you who had enough confidence to vote for me.

This was a great experience and I thank all of the candidates who won as well as those of us

who didn't for being so pleasant during this journey. Great job everyone, and good luck in your future endeavors!

Fondly,
Gail McShepard

This was a great experience and I thank all of the candidates who won as well as those of us who didn't for being so pleasant during this journey.

To be elected to Beachwood City Council is a tremendous honor and I am humbled to be able to serve the City of Beachwood. I am fortunate to have the opportunity to represent lifelong friends as well as new friends that I have met over the last few years.

I thank everyone who helped me get elected and those who placed their trust in me by voting for me.

I congratulate all of the candidates who ran for public office in Beachwood this year. We were fortunate to have fourteen people run for office and, win or lose, all of them should be congratulated for trying.

lated for trying.

I am excited to join a great team on Beachwood City Council. I am confident that we will represent our residents and businesses well, and that we will work hard every day for the best interests of Beachwood.

Further, the team of professionals and staff at City Hall is excellent and we are lucky to have them working on our behalf every day.

Thank you again for your support. Please contact me if I can ever be of assistance.

My best wishes and regards,
Eric K. Synenberg

I am proud and honored to have earned re-election to Beachwood's City Council and I'm looking forward to another four years of serving the city. This election made it clear that our city wants positive leaders who will build Beachwood up, and I'm committed to doing just that. I want to be sure we create good, comprehensive, and concrete plans to develop Beachwood's economy, improve efficiency, and maintain Beachwood's unique flavor as a community. I thank all of the volunteers who helped with the day-to-day operations of the cam-

paign. I also thank all of my supporters who worked hard to get my message out into the community. Finally, I thank my family and friends for all of their help and encouragement. Most importantly, I thank all of you for your trust and support. Without you, I couldn't have done this. I'm looking forward to continuing to serve you on our City Council. As always, if you have questions or concerns about the city, please reach out to me at 216.291.2797.

I am **Alec Isaacson**, and I am Positively Beachwood. ,

SCHOOL BOARD CANDIDATES

Thank you to all of our friends, family and neighbors for all of your tremendous support in the November election. We are extremely excited about the election results and are ready to get to work for you and our schools!

We thank our campaign committee and all of our supporters. Whether you were out spreading the word, followed us on Facebook, drove around with a car magnet, attended our campaign gatherings, or donated your time in other ways, it all meant a great deal to us!

Congratulations to the other elected Beachwood officials on their victories, and thank you to all of the candidates for their

energy, courage, and voices throughout the campaign. It was great spending time with all of you and having open dialogue about our schools and community.

It was a pleasure meeting so many neighbors and discussing your thoughts about our Beachwood schools. We are humbled and proud to have earned your votes and look forward to working hard for our children and to KEEP Beachwood Schools ranked as one of the best in Northeast Ohio.

With deepest gratitude,
Brian Weiss,
Mike Zawatsky, and
Maria Bennett

Running for school board has been an amazing experience. Thank you so much to those who believed in me and supported me. This community has an amazing school system and it will continue to have great schools for the foreseeable future. I ran for school board because of my passion for this community and my belief that the school board needed some change. Although my run fell short this time, this is not the end for me, perhaps another try next race.

I plan to continue to serve the community and to meet all the great people who live here and have supported me. When you see me out in the community,

please take a minute to stop and say hello.

Thank you to our superintendent and all the other elected officials who took the time to talk to me and give me advice. Running for school board has been an amazing experience for me and my family. I learned a lot about how to run for public office. Thank you to our five school board members for what you do for the Beachwood Schools. Our schools are in good hands and will remain strong.

Thank you,
Sam Malek

Thank you Beachwood for your support during my campaign, and especially for your votes. Even though I fell short, I learned a lot and do not have any regrets!

Sincerely,
Allison Harris





Jewish Federation
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We are one community.

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Jewish Federation of Cleveland Hosts Winter Break Lunch Program for Children At Risk for Hunger

Volunteers from the Jewish Federation of Cleveland will bring holiday cheer to children who are at risk for hunger when school is closed during winter break. Children will receive hot, nutritious lunches, play games, and create crafts. Plus, each child will receive a special holiday gift to celebrate the joy of the season.

The Winter Break Lunch Programs will take place December 26 -29, from 11:30 am – 2 pm at the following locations:

Five Points Community Center
813 East 152nd St.
Cleveland, OH 44110

Harvard Community
Services Center
18240 Harvard Avenue
Cleveland, OH 44128

Garden Valley
Neighborhood Center
7100 Kinsman Rd.
Cleveland, OH 44104

Rainey Institute
1705 East 55th
Cleveland, OH 44103

For more information or to volunteer, visit www.jewishcleveland.org or contact Jackie Reed at jreed@jcfclveve.org or 216.593.2858.

Campaign Closing Celebration

December 13 • 7 pm
Mandel JCC Stonehill Auditorium
(26001 S. Woodland Road, Beachwood)



Join the Jewish Federation of Cleveland for an evening of inspiration and accomplishment as they close their 2018 Campaign for Jewish Needs. Witness in the BIG reveal, when the 2018 campaign total is announced; and celebrate Chanukah with food, music, and so much more.



Outgoing campaign chair David F. Adler (*Pictured, top*), and Barry Guttman (*Pictured, bottom*), recipient of the 2017 Amb. Milton A. and Roslyn Z. Wolf Young Campaigner of the Year Award, will both be recognized.

To register, please visit www.jewishcleveland.org.

We make a living by what we get,
but we make a life by what we give.

– Winston Churchill

SERVICE DOG GUIDES EMOTIONAL, PHYSICAL WELL-BEING

By June Scharf

Many would argue that the warm companionship provided by a service dog is equally as important as all of the tasks it can perform. Beachwood resident Liz Morrison has in her service dog Cedar a perfect mix of those exact qualities. Plus, he's extremely easy on the eyes and super smart, with knowledge of 48 different commands.

Cedar is a 75-pound Chocolate Labrador Retriever with his own Facebook page (facebook.com/cedartheservicedog/) that has 189 followers. His popularity has been enhanced by serving as a frequent and favorite subject captured in photographs by his co-owner/father, Scott T. Morrison, a professional photographer. Cedar's original owners actually initially intended for him to be a show dog, but he has a slight under bite, so the plans changed and he was donated to The Ability Center of Greater Toledo.

Cedar arrived two years ago to assist Liz in her daily life, which is affected by sarcoidosis, a rare auto-immune disease involving the growth of inflammatory cells in different body parts, most commonly seen in the lungs, lymph nodes, eyes and skin. It can cause neuropathy and degeneration of bones and joints. There's no cure, and it can suddenly go away on its own or last for years.





Above: Liz and Cedar with Liz's husband, Scott Morrison.
Below: In addition to being Liz's constant companion, Cedar helps Liz with daily tasks.



Liz was diagnosed in 1997 when she was working as a licensed practical nurse at Montefiore, a job to which she has been unable to return. It's a painful illness, one that she says registers about a seven or eight on a pain scale of 10 being the worst. A good day is a five, she reports. Her need for a service dog stems from mobility issues where she has difficulty walking and balancing and is challenged to perform certain chores around the house.

Enter Cedar. He's a highly engaged family member who is four years old and has one other canine sibling, Jack, a five-year-old Beagle. Cedar arrived at the Morrisons' Beachwood home after spending two years in training, supervised by a team of professional trainers at Assistance Dogs for Achieving Independence (ADAI), a program of the Ability Center of Greater Toledo. During a portion of his first year, prisoners at Toledo Correctional Institution helped teach him basic obedience. This was a form of reward for the inmates' good behavior.

At an investment of more than \$20,000 for each dog, Cedar received 2 years of special-

ized education. ADAI receives donations and sponsorships, and holds fundraisers in order to provide service dogs for an affordable charge to its clients. Before he could go home to his new family, however, the process involved two additional weeks of training between Liz, Cedar and the staff at the ADAI. There is an Equipment and Training Fee of \$2,000 that is due from the person getting the dog, at the end of their two week one-on-one training.

Cedar has a very sweet temperament, demonstrated by his constant attentiveness and mild but extremely aware manner. His intelligence is manifest in his responsiveness to commands and by the way he stays focused and engaged with Liz who might face a range of challenges throughout the day. His behavior also is guided by being handsomely rewarded with treats when he performs his duties.

His primary jobs include picking up anything that Liz drops, helping her climb steps, taking clothes out of the front-load washer and dryer and assisting with balance and momentum when she walks. Potentially using a walker does not help with forward momentum like what Cedar can provide. He also is trained to walk very slowly, and if Liz ever drops her cane, it has special straps with which Cedar can pick it up and return it to her.

Additionally, he's proficient at pushing the handicapped access square beside front doors in public buildings. Since germs can easily cause Liz to become ill, Cedar's assistance is the preferred method for this task.

"He replaced (husband) Scott who was acting like a 'service human,'" Liz explains with a smile. She notes that she previously couldn't leave the house without Scott because it was too scary for her. Now, having Cedar with her all the time gives her enough security to depart using a car equipped with special hand controls.

"He has changed my life dramatically, and his service affects the whole family," Liz explains. Scott's time with Liz has dimin-



(Cedar) has changed my life dramatically, and his service affects the whole family.

Liz Morrison, Beachwood resident and owner of Cedar, a service dog and constant companion

ished in equal measure to the amount he worries about her. Cedar is heavily depended upon and lives up to his central role in the Morrison household.

If Liz ever has any trouble at home, such as a fall, Cedar will bark. Also, he responds to her uttering “help” by barking. At no other times though, does Cedar make a sound. With such optimal behavior, he sleeps in bed next to Liz every night. He eats 1¼ cups of healthy, organic dog food daily and he particularly loves

bananas, “even more than steak,” Liz says. His training also has him always abstaining from eating any food that falls on the floor.

When in public, Cedar serves some additional key roles such as essentially acting as a barrier between Liz and others who could conceivably bump her and cause her to fall and seriously injure herself. By the same token, he’s a wonderful conversation generator. Rather than people focusing on the nature of Liz’s challenges and inquiring about them, they

are more inclined to talk about Cedar.

With certification for public access, Cedar can go anywhere with Liz. To achieve and maintain this ranking, he is tested once a year for the first three years of his placement, then every other year for as long as he continues working. The purpose is to have clearance by an outside professional to ensure that he’s still properly performing his duties so that he’s not a danger to anyone. This oversight regimen contrasts with emotional support dogs who don’t receive behavior training and don’t perform a minimum of two physical tasks.

To keep Cedar happy and fit, his owners take him outside daily to chase a tennis ball in their fenced-in backyard. He also likes taking dips in a kiddie pool in the summer. He transitions well between being a very social

and playful pet and staying on task when he’s working. One of the cues that he’s on-duty is the donning of his uniform and the usage of a special harness, custom-made by a saddle manufacturer.

Jenny Barlos, Client Service Director for ADAI, says that service dogs are unique and carve out a very special space in the lives belonging to those who navigate physical challenges. “The companionship and social aspects they offer are major factors, because it can be isolating to have a disability.” With Cedar, he’s an especially exceptional companion, and the camera doesn’t lie, he looks and acts like a complete canine charmer.

For more information on assistant dogs, please contact Jenny Barlos at the ADAI (419) 885-5733, ext. 141 or jbarlos@AbilityCenter.org.



Warm Veterans Day Observance Offered on Chilly Day

By June Scharf

Beachwood's 7th annual ceremony to honor veterans offered a heartfelt tribute to those who have served in the armed forces, through war and peacetime.

The observance on Sunday, November 12 at the Beachwood Cemetery was attended by 16 veterans and featured several speakers among them. The ceremony was organized by the City of Beachwood and Rosemary Nemeth, president of the Beachwood Historical Society, and was held at the cemetery, since it's the burial place for 46 veterans dating back to the Revolutionary War.

Mayor Merle S. Gorden offered a proclamation, read by council president Martin Horwitz, recognizing the day as Salute to Veterans Day. Beachwood Police Officer Benjamin Bouw, a former military police officer, followed this presentation with reflections on previous wars fought by this country.

He pointed out that "as long as we've had a country, we've

had a military. We can't have one without the other." He also noted the sacrifices made by its members and how their service bonds them. "We call each other brothers and sisters – we're not strangers," even if they had never met.

John McCluskey, head of John Carroll University ROTC recruiting, reminded everyone of the time and cost that the enlisted give of their own lives to serve their country. He also noted how, more recently, soldiers have served multiple tours of duty, unlike in the past. "In Iraq and Afghanistan, people sacrificed twice and gave up civilian jobs." He also reported that fewer than 1% of the population serves in the armed forces, which caused him to recall the famous Winston Churchill line, "Never was so much owed by so many to so few." He also urged everyone to ask a veteran about his or her service, in addition to thanking them for it.

Veteran Mo Sugarman called

his service from 1955-1958 during the Cold War a "win-win deal."

"The country needed an air force and I wanted to fly," Sugarman said. He enlisted as a 2nd Lieutenant, earned his wings on a B25 bomber and flew at high altitude. Of the crew of three, he was the pilot. "Those planes are obsolete, and I feel that way too sometimes," he remarked with a grin. But when he considered the past, he said, "I'd do it again in a heartbeat."

He then added, "You thank us for being veterans, but I want you to know that I want to THANK YOU for allowing me to serve this country by being in our Military."

Mayor Merle S. Gorden shared that 19 men and women who served in the military now work in the city's police and fire departments. To recognize and thank them, Nemeth delivered a hand-made card to each of them.



Pictured from top: Color Guard; Rosemary Nemeth, Mayor Merle S. Gorden and Council President Martin Horwitz; Veteran Officer Benjamin Bouw; Col. John McCluskey; Veteran Mo Sugarman; and cards created by Gesu School students.

Pictured, standing from top left: Firefighter Greg Liggett, Council Member Justin Berns, Firefighter David Peterson, Council Member Alec Isaacson, Officer Jamey Appell, Mayor Merle S. Gorden, Col. John McCluskey, Jim Mooney, Police Chief Gary Haba, Tom Kuskin, Officer Benjamin Bouw, Julio Pelsmajer, George Vourlojanis, Steven Ganz, Detective John Finucan, Council Member James Pasch (with his daughter, ??), and Council President Martin Horwitz.

Sitting: Burt Siebert, Mo Sugarman, Beth McCluskey, Richard Bolinger, Albert Hersh, Oscar Castro and Mo Safenovitz.

Photos by Scott Morrison, Discovery Photo.

JCC Men's Club

The JCC Men's Club is a Beachwood gem that offers its members the chance to socialize, meet new friends, and take part in discussion groups every Monday morning. The club meets from 11 am to noon and community gentlemen are invited to enjoy coffee and presentations by interesting speakers. Stop by as the group's guest for a few weeks before you decide to become a member. Get up, get out and learn something. You'll feel better for doing it!

Monday, December 4

Rap Session. Members discuss current events and issues.

Monday, December 11

Vince Adamus, vice president of the Greater Cleveland Partnership, will discuss "Economic Development in Cuyahoga County"

Monday, December 18

Amy Hanauer, executive director of Policy Matters Ohio, will discuss "Why Policy Matters in 2018 and Beyond."

Monday, December 25

Happy Holidays!

For additional information,

contact Steve Thompson at 440.666.1805.

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Beachwood Police Department Takes Part In No-Shave November

Last month, Mayor Merle S. Gorden approved a request from the Beachwood Police Department to take part in "No-Shave November" to raise money for a charity. Officers who donated were excused from complying with the facial-hair policy for the month of November. On November 14, the department had raised \$1,225, which they donated to The Gathering Place.

"We chose The Gathering Place because it is local, we know what great work they do, and we have all been touched by cancer," Chief Haba told us. Beachwood's safety forces know the impact of cancer first hand, having lost Police Commander Mark Zuzek, Fire Captain Mike Palumbo, and Corrections Officer Maurice Brown earlier this year.

In addition to raising funds, the officers were able to grow beards for a month, "which is beyond fun and ridiculously good-looking!," Haba said.

Eileen Saffran, The Gathering Place executive director was very touched by the police department's sentiments. "We underestimate how incredibly sensitive and generous our policemen (and women) are," she said. "The donation we received through their efforts is truly gratifying and touched our hearts. How wonderful it was to be standing in a room full of policemen and NOT be anxious or worried!"

For more information about The Gathering Place, visit touchedbycancer.org or call 216.595.9546.

"...How wonderful it was to be standing in a room full of policemen and NOT be anxious or worried!"

– Eileen Saffran



Pictured from left: Police Chief Gary Haba, Sgt. James Krakora, Lt. Chris Atterbury, Off. Bryan Ryks, Gathering Place Founder/CEO Eileen Saffran, Off. CJ Piro, Lt. Tom Wetzel and Off. Dana Gollner.



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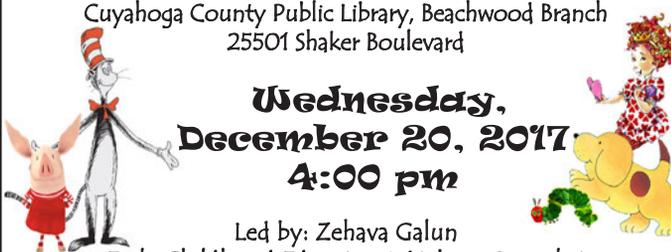
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 December 20, 2017
 4:00 pm**

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From the Women of Fairmount Temple

**Tuesday, December 12
 11 am**

Diane Lavin continues her teaching on First Families of the Bible. Her class is in the library and anyone interested in a great learning experience is welcome to attend. At 12:15 pm, lunch will be catered by Eva. The cost is \$10 and reservations must be made by Friday, December 8, by calling Phyllis Henry at 440.461.7921. Please leave a message if there is no one home to answer the call. At 1 pm, Eleanor Roosevelt will speak to us! Well, it's a portrayal of her by Ruth Pan-grace, a member of Women in History. She will make you believe it's Mrs. Roosevelt.

**Tuesday, January 9
 1 pm**

Pet owners and lovers will be enlightened by Rachel Friedman with her talk, "A Better Pet." She'll speak about service dog training and how to enhance the human-animal bond. Come at 12:45 pm for coffee, tea, and cookies.

"Stop the Hate" Scholarship Program Now Accepting Applications

Essay Contest for Students Grades 6 –12 Promotes Diversity and Tolerance

The Maltz Museum of Jewish Heritage is currently accepting applications for the Stop the Hate® Youth Speak Out program, now in its 10th year and as timely as ever. Students in grades 6 – 12, interested in promoting diversity and tolerance through this scholarship opportunity are invited to participate.

About Stop the Hate®

Stop the Hate® Youth Speak Out celebrates students committed to creating a more accepting, inclusive society. By reflecting on real-life situations and detailing ways to make a positive difference in the world, this next generation of leaders can win big.

Stop the Hate® is designed to create an appreciation and understanding among people of differing religions, races, cultures and socio-economic backgrounds. This program challenges young people to consider the benefits of a more inclusive society, the consequences of intolerance and the role of personal responsibility in effecting change. The contest also reflects Jewish values of responsible citizenship and respect for all humanity.

Each year, through the generosity of a donor, the Maltz Museum of Jewish Heritage gives out

\$100,000 in scholarships, awards and anti-bias education in recognition of 6-12th grade upstanders in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Mahoning, Medina, Portage, Stark, Summit, Trumbull and Wayne counties.

This is the program's 10 year anniversary, and it is as timely as ever.

Last year's winner, Zephaniah Galloway, then a 12th grader from Cleveland Early College High School at John Hay, wrote in her personal and powerful essay:

"What does it mean to be black? Is it the way my skin absorbs sun rays? Is it the way my hair twists and turns like the Nile River in the land from which my ancestors were stolen? To this day I cannot answer this question because it calls on the overgeneralization of over one billion people. Overgeneralizations cause stereotypes and I refuse to be a part of this cycle of oppression... I am more than the color of my skin."

About This Year's Theme

Each year, a new theme is selected for students to consider. This year, in honor of the legacy of Carl and Louis Stokes, the Museum wants to know how students have been, and can continue to be, agents of positive change.

The application asks students to, "Share what you've learned through your life experiences and tell how you'll apply that knowledge in helping to create a brighter future... Think about your own life. Have you seen or experienced opportunities to fight racism, bigotry, violence, discrimination, or injustice? How did it inspire you to change the circumstances that created this problem? What actions have you taken toward making these changes a reality?"

In 500 words or less, students are encouraged to share their experiences and submit their essay by the deadline based on grade category.

Grades 6-10
 ESSAYS DUE
 Friday, January 5 • 11:59 pm

Grades 11 & 12
 ESSAYS DUE
 Friday, January 19 • 11:59 pm

For more information, please contact Jeffery Allen, director of education and public programs, at 216.593.0577, jallen@mmjh.org, or visit the Maltz Museum online at www.maltzmuseum.org. Stop the Hate® Youth Speak Out is generously sponsored by Nordson Corporation Foundation and Dealer Tire.



"We become what we repeatedly do."

- Sean Covey

Jewish Federation of Cleveland Announces Creative Arts Contest

Cash award and publication for winners; contest open to middle and high school students

Calling all Cleveland area middle and high school writers and artists: you are invited to enter the 2018 annual Yom Hashoah V'Hagvurah (Cleveland's commemoration of the Holocaust & Heroism) Contest. Essays and works of art are sought that portray this year's theme, "Finding Meaning in the Broken Glass: Reflections on Kristallnacht."

Kristallnacht (Night of Broken Glass) saw thousands of Jewish homes, businesses, and synagogues destroyed. 80 years later, we reflect on its meaning and its aftermath.

Entries will be judged on interpretation of the theme, origi-

nality and technique. Cash prizes up to \$2,500 will be awarded. Winners and their schools will be recognized at the Yom Hashoah Commemoration on April 11, 2018 at Park Synagogue Main.

The Yom Hashoah Creative Arts Contest and the annual Yom Hashoah commemoration program are sponsored by the Jewish Federation of Cleveland and the Kol Israel Foundation.

Deadline for entries is February 16, 2018. For more information and entry forms, visit www.jewishcleveland.org/creativearts-contest or contact Debbie Klein at the Federation at dklein@jfcleve.org or 216.593.2834.

Kudos to Montefiore at Home

Congratulations to Montefiore at Home for being honored as a 2017 HomeCare Elite winner. The HomeCare Elite is a compilation of the top 25% of Medicare-certified home healthcare agencies in the United States. Winners are ranked by performance measures in quality outcomes, best practices, patient experience, quality

improvement, consistency and financial performance. Montefiore at Home provides compassionate in-home care to patients who need a wide variety of services including skilled nursing and rehab therapies. Private-care services are also available.

For more information, call Montefiore at 216.910.2487.

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maltz museum of jewish heritage

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in scholarships, prizes and anti-bias education grants is available to 6-12th graders in Ashtabula, Cuyahoga, Geauga, Lake, Lorain, Mahoning, Medina, Portage, Stark, Summit, Trumbull and Wayne counties.

- **Grades 6-10**
ESSAYS DUE
JAN. 5, 2018, 11:59pm
- **Grades 11 & 12**
ESSAYS DUE
JAN. 19, 2018, 11:59pm



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Complete rules & inspiration can be found at:
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The Museum of Diversity & Tolerance



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Menorah Park Recognizes Veterans on Veterans Day

Menorah Park had the honor and privilege to recognize nearly 200 veterans at a special brunch on Veterans Day. Menorah Park CEO Jim Newbrough and assistant director of activities Jessica Puffenbarger, both veterans, introduced the program.

Residents, program participants, volunteers and staff, along with entertainer Emily Dorland, then stood as one to sing the National Anthem.

Monica Robins, WKYC senior health correspondent and multimedia journalist, expressed heartfelt thanks while relaying stories as the daughter of an army sargent.

Lieutenant Colonel John Whitney of the Ohio Army National Guard discussed the shared love of country and service of the generations, and closed by saying that veterans have much to offer

this great nation.

Veteran and Wiggins Place tenant Lou Freiberg then introduced individual veterans. As each name was called, staff and volunteers presented each veteran with a certificate of honor, red carnation, pin and commemorative bag; shook their hand and thanked them for their service and sacrifices while protecting this great nation.

Menorah Park thanks Lou Freiberg for his generous donation in support of this program, and thanks all veterans for their service to our country.

Discovery Photo

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Lieutenant Colonel John Whitney and Lou Freiberg address veterans at Menorah Park.

Programs at Menorah Park

Distance Learning

Monday, December 4 • 2:30 pm
Miller Boardroom

“Back to Bach,” a program by the Cleveland Institute of Music.

Cohen Lecture Series

Monday, December 11 • 2:30
Menorah Park Auditorium

Featuring “Broadway Flops” by Arnold Hirshon, associate provost and CWRU librarian.

For more information, contact LeAnne Stuver, M.Ed., director of Lifelong Learning at Menorah Park, at 216.360.8208 or lastuver@menorahpark.org.

Programs are free and open to the community.

Menorah Park Rated Best Nursing Home in the County

Among Top One Percent in Ohio

With Excellence in Caring as the most powerful mission a nursing home and health care campus can live up to, findings from a study by *U.S. News and World Report* released this week confirm Menorah Park is at #1 in Cuyahoga County and #2 of 130 in Ohio, in taking the best medical and rehabilitative care of adults as they age.

As Northeast Ohio’s trusted provider of award-winning health and wellness services, individual attention to medical, emotional, social and intellectual needs has placed Menorah Park nationally among the top four percent of senior care centers. A dedicated team provides information, guidance and direct care up to and even during the final stages of life, with a wide variety of programs, services and support to meet each individual’s needs.

Jim Newbrough, Menorah Park CEO, stated, “We have

always and will continue to provide more than the best care to our residents; we honor each resident as we would our own parents, with our hearts and true caring. Richard Schwalberg, COO, and his exceptional team are dedicated to providing high quality care, each and every day.”

To rate the homes, *U.S. News* used data from Nursing Home Compare, a program run by the Centers for Medicare and Medicaid Services. The nursing homes were rated “poor” to “top-performing” on a scale of 1 to 5, and were evaluated by averaging monthly data over a year, with emphasis on strong performance in medical quality measures. Additionally, homes had to provide significantly more than the required minimum of rehabilitation therapy. All rated homes accept residents covered by Medicaid, Medicare or both.

“Motivation is what gets you started.

Habit is what keeps you going.”

– Jim Ryun



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What's Your Worry?

by Jennifer Stern, LISW

In Guatemalan tradition, people would tell worry dolls about their worries, then hide the dolls under their pillows while they slept. The next morning all of their worries would be gone, taken away by the worry dolls.

Such a simple yet meaningful process. You have a worry. You share the worry. The worry is gone. As a therapist, wife, mother and friend I often wish it were that simple.

This strategy is one that I often share with families and couples about giving and receiving support.

Hold the Bowl

Worrier: I am feeling overwhelmed and need to talk.

- Directly state what you need from your listener: I need to vent. I just need you to listen. I need to share what's troubling me but I do not want advice or for you to tell me what to do.

Listener:

- Take a deep breath.
- Clear your mind, as well as your conscious, of any responsibility or pressure to fix and just be open to hold whatever is troubling your loved one.
- Imagine yourself holding a large bowl and as your loved one is speaking all of their worries are filling this bowl.
- Once they are done, acknowledge, clarify and validate what was shared. Then imagine yourself dumping out the bowl. Not taking it in. Not owning it. Not feeling responsible for it. Just dumping it out creating space for breathe, clarity, healing.

A visualization for releasing worries

- Take a deep breath.
- Get comfortable, (close your eyes, sit in a comfortable position).
- Identify your worry.
- Picture yourself placing this worry on a leaf.
- Breathe in deeply, saying to yourself "breathe in calm".
- Breathe out deeply imagining the worry on the leaf blowing away as you say to yourself, "breathe out worry."

The goal is to release the worry. To give it away – whether to a doll, a loved one, or a leaf. You have the worry. You share the worry. The worry is gone, (or

at least lessened for having been shared).

You have a worry. You share the worry. The worry is gone. As a therapist, wife, mother and friend I often wish it were that simple.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information she can be reached at 216.464.4243. Visit her website www.transformativegrief.com and sign up for monthly posts.



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Montefiore Holiday Gift Wrapping Help Needed

Saturday, December 9 through
Sunday, December 24

The Montefiore Volunteer Partners have been wrapping presents at Beachwood Place for the past 20 years to raise money to benefit Montefiore residents by providing additional programs and services.

Here's how you can help:

1. Bring your holiday presents to Beachwood Place to have them wrapped and take the stress out of wrapping them yourselves. (*Donations are encouraged!*) The gift-wrapping station will be located on the first floor of the mall's main entrance near Bath & Body Works and Sephora.
2. Wrap gifts for others – It's an opportunity to meet new people and have a lot of fun.

Shifts vary. They are three to four hours, seven days a week. You may register at <http://www.signupgenius.com/go/20f0f4aaba82eabf49-mvpgift>.

For more information, contact Irene Bernstein, administrative assistant for Volunteer Services, at 216.910.2282 or ibernstein@montefiorecare.org. Many thanks to American Greetings and Marc's for donating wrapping paper and bows.



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Dr. Carmen Centanni Recognized as Beachwood Chamber of Commerce 2017 Bright Star

Dr. Carmen Centanni, a professional chiropractor who has been practicing for 39 years, has been an active member of Beachwood Chamber of Commerce for 7 years and was named as the chamber's 2017 Bright Star.

The Bright Star program is an annual program that recognizes Northeast Ohio's best and brightest chamber of commerce members.

"Dr. Centanni has served on chamber's board for six years, and is a critical part of the chamber's success," said Cindy Caldwell, Beachwood Chamber of Commerce executive director. "We are grateful to have him on our team and we're proud to recognize him in this capacity."

Dr. Centanni lives and works in Beachwood. He utilizes gentle chiropractic manipulation to align the spine and give the body the opportunity to heal itself.

"Anyone walking on two feet is susceptible to back problems and can be helped by chiropractic care," Centanni told us. "Today's stressful conditions of the economy and almost-constant computer use can cause pain and tightness in the neck and shoulder region." "The sooner patients seek help, the sooner they will get well," he added.

Dr. Centanni recognizes that natural health through chiropractic services is becoming more popular since it doesn't just treat the symptoms, but

rather treats the patient as a whole person.

"I joined the Chamber to get involved in the community when I first moved my office to Beachwood and it has been extremely rewarding to help grow the chamber's membership and

programs," Dr. Centanni told us. "I am humbled and honored to have received this recognition."



Pictured from left: Dr. Carmen Centanni, BCC executive director Cindy Caldwell, BCC president Donna Cook and BCC board member Joe Corradetti.

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CWRU Siegal Lifelong Learning Programs

Landmark Centre
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Sober-Living Homes Make a Difference
Thursday, December 7 • 7 pm

Moderator

- Vince Carrafi, chair of the Cuyahoga County Opiate Task Force, Cuyahoga County Board of Health

Panelists

- Russell Goodwin, LPC, LICDC, founding board member, Sober Living Cleveland
- Erin Helms, program director, Sober Living Cleveland and executive director of The Woodrow Project
- Kelly Meyers, house manager, Cedar House, Cleveland Heights

Too often, when people leave treatment for substance abuse, they return to an unhealthy living environment. Recovery housing, often called sober housing, has existed for decades but only recently has it become recognized as vital support for successful recovery from the chronic disease of addiction. Locally, Sober Living Cleveland and The Woodrow Project have created safe, affordable homes for women that support recovery, provide living skills, and promote wellness. One of Cedar House's residents will round out this panel with her personal experience of living in recovery housing.

Free and open to the public. To register, visit case.edu/lifelonglearning or call 216.368.2091.

Learning Across the Ages:

Wising Up About Brain Health

Friday, December 15 • noon-1:30 pm

Peter Whitehouse,
Professor of Neurology, CWRU

Through topics like positive aging, brain health and inter-generational learning, we will identify how we create purposeful programs to support experiential learning and collective wisdom. Learners of all ages welcome.

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To register, visit case.edu/lifelonglearning or call 216.368.2091.

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Noteriety Grand Re-Opening and Ribbon-Cutting Ceremony

On October 7, Noteriety at the Hamptons (24070 Cedar Road) held a ribbon-cutting ceremony to celebrate its grand re-opening. Sisters Amy Finkenthal and Laurel Musick took over ownership on October 1.

Noteriety is a gift boutique that offers invitations and unique giftware for all occasions. Finkenthal and Musick carry a full line of invitations and stationery, as well as wedding gifts, bridal party gifts, baby gifts, holiday gifts, hostess gifts, housewarming gifts, Judaica items, jewelry, platters, serving pieces, monogrammed gifts and more. Noteriety now offers a bridal registry and will soon be launching a website for online shopping.

In recognition of this grand re-opening, Mayor Merle S.

Gorden and City Council proclaimed Saturday, October 7, as "Noteriety at the Hamptons Day" in the City of Beachwood.

For more information, call 216.839.0000.



Bob Finkenthal, Council member Barbara Bellin Janovitz, Mayor Merle S. Gorden, Amy Finkenthal, Laurel Musick, Council member Mel Jacobs and Eddie Bloom.

Ribbon cutting with Barbara Bellin Janovitz, Mayor Merle S. Gorden, Amy Finkenthal and Laurel Musick.

Photos courtesy of Noteriety.

Glenmede Relocates Northeast Ohio Office to Beachwood

Firm celebrates 20 Years in the Region and its 60th Anniversary

The Glenmede Trust Company, a privately held and independently owned investment and wealth-management firm with \$37 billion in assets under management (AUM) recently moved to the brand new Highland Centre building in Beachwood. This three-story office building is located on a 3.09-acre parcel at 3900 Park East Drive.

"We are overjoyed to be able to accommodate our growing practice with a superior workplace," said Lawrence Hatch, regional office director and managing director at Glenmede. "This move reflects our sustained commitment to clients in Northeast Ohio where we've been operating as a premiere wealth management firm for 20 years."

On October 30, more than 250 clients and friends attended the new office's ribbon-cutting ceremony. In attendance were Mayor Merle S. Gorden, council member Barbara Bellin Janovitz, and former

council member Mark Mintz. In recognition of this day, Mayor Gorden and City Council proclaimed October 30, 2017, as "Glenmede Day" in the city of Beachwood.

Highland Centre was designed by Mark Fremont Architects and developed by Dino Palmieri Enterprises. The new space boasts paintings from local artists, curated by Olga Merela from Bonfoey Gallery, many paying homage to the region.

About Glenmede

The Glenmede Trust Company, N.A., ("Glenmede") is among the nation's leading investment and wealth-management firms with \$37 billion in assets under management for high-net-worth individuals, families, family offices, endowment, foundation and institutional clients. Headquartered in Philadelphia, the firm has offices in Ohio, Delaware, New Jersey, New York and Washington DC. For additional information, visit www.glenmede.com.



Pictured from left: Glenmede director of Private Client Relationship Management Susan Mucciarone, Glenmede Ohio regional director Lawrence Hatch, Palmieri Builders Inc. owner Dino Palmieri, Glenmede executive director of Relationship Management Howard Wilson, Mayor Merle S. Gorden, and Glenmede COO Laura Williamson cut the ribbon to Glenmede's new Beachwood office.

Beachwood Mayor Merle S. Gorden presents Lawrence Hatch, regional director of Glenmede's Ohio region, with a proclamation.

Photos courtesy of Glenmede.



Get a Healthier Take on a Cleveland Winter

Roy Buchinsky, MD

Winter in Cleveland can be tough. Long stretches of dark, gloomy days; temperatures stuck in the 30s or lower; rain, sleet and snow; plus darkness descending at 5 pm can all add up to feelings of depression, fatigue and general sluggishness.

A Scientific Basis for the Blues

These feelings are a valid medical/mental health problem, says University Hospitals Director of Wellness Roy Buchinsky, MD. "Many scientific studies have proven that weather affects our emotional as well as physical health," he says.

On the physical side, lower atmospheric pressure related to incoming weather fronts can cause joint pains and swelling. "We all have heard people say things like, 'We're going to get a cold front,' because they can actually feel that pain and swelling in their knees or their back," Dr. Buchinsky says.

Exposure to cold temperatures also can cause more serious health effects because the cold causes blood vessels to narrow, restricting blood flow. That can affect every part of the body. "If blood vessels in the heart narrow, you may experience angina (chest pain) or even heart attack," Dr. Buchinsky explains. "If it happens in the brain, you may get migraine headaches. Even more common, although not life-threatening, is that exposure to cold temperatures may cause dry skin in the winter."

Many people also suffer emotionally during the long Northeast Ohio winter. "For a lot of people, gray skies bring the winter blues, even true depression," Dr. Buchinsky notes. "The lack of sunshine and the lack of blue skies cause changes within your body that can lead to you actually feeling quite depressed."

The association between depression and lack of sun exposure is well established, dating back to ancient times. The reason is that sunshine is the primary source of vitamin D - often called the sunshine vitamin. Exposure to sunshine causes the skin to produce vitamin D, and it is the lack of vitamin D in the body that causes the depressed mood.

Stay Healthier, Happier this Winter

So what's a Clevelander to do to get through these winter days without succumbing to physical or emotional ailments?

Dr. Buchinsky recommends staying active with winter sports, outdoors or indoors, to maintain strength and muscle tone and promote production of hormones that are natural mood-boosters.

"For those who are physically able to tolerate the cold and walk safely in winter conditions, a brisk walk on a winter day is a great choice," he adds.

As an added bonus, being outside on sunny winter day can help prevent the winter blues by pumping up vitamin D production. "Be sure to check the temperature before you go out and always dress for the weather to protect yourself from the effects of the cold," Dr. Buchinsky adds.

But even for a dedicated outdoor winter sports enthusiast, getting enough vitamin D over the coming months in Cleveland can be challenging. To make up for the lack, Dr. Buchinsky suggests making an effort to eat foods high in naturally occurring vitamin D, such as salmon and tuna, or dairy products that are supplemented with vitamin D.

A UH primary care physician can be a reliable source for wellness information, preventive care and support with a healthy diet and exercise plan any time of the year. For a referral to a primary care doctor at UH Ahuja Medical Center, call 1-866-UH4-CARE (1-844-374-2706).

So what's a Clevelander to do to get through these winter days without succumbing to physical or emotional ailments?

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A message from
Executive Director Cindy Caldwell

Giving Back This Holiday Season

On December 13, the Beachwood Chamber of Commerce will host its annual Give-Back Luncheon, which will benefit the Beachwood Arts Council and Hiram House. The event will be held at Landerhaven, 11:15 am – 1 pm, and the community is invited to attend and learn more about these organizations.

At the chamber, we offer monthly networking and educational events to provide opportunities for members and guests to expand their business networks and learn more about topics of interests, on both personal and professional levels. Additionally, we feel it is important to raise awareness and support local organizations that enhance our community, which is why we host this give-back event."

Last month's luncheon speaker, Michael Brizz, a volunteer at the Greater Cleveland Food Bank, spoke about "The Impact of a Food Bank on a Community." He talked about the challenge of hunger in Northeast Ohio and how Cleveland area businesses are responding. Because of the need, the Beachwood Chamber blocked off time slots from January 22 through January 26 for companies to sign on to bring employees, friends and/or family members to volunteer. This opportunity is also open to the community. I will be there Monday through Friday, from 10 am – 2 pm and invite you to join me!

The following statistics were provided by the Greater Cleveland Food Bank, based on 2016 statistics.

- 17.5% of the population in Northeast Ohio is food insecure

- 22% of the child population is food insecure
- 620,836 people are eligible for the Food Bank's services
- 50,369,665 meals were provided in 2016
- 44,270,979 pounds of food were distributed
- 27,334,243 pounds of perishable food was distributed

About the Beachwood Arts Council

For more than 50 years, the Beachwood Arts Council has offered a variety of arts programming, including:

- Exhibitions of artwork by local and national artists
- Museum, garden, and artist studio tours
- Local diversity festivals showcasing Cleveland's ethnic communities
- Annual art shows, including the juried regional high school student show and the Beachwood K-12 show
- Special events featuring visual, musical, performing, and culinary arts
- Hands-on projects

Additionally, the BAC gives back to the community by granting its annual Si Wachberger Arts Scholarship Award to a regional high school senior

who will pursue his or her artistic dream in college.

BAC is a 501(c)(3) organization and its membership and participation are open to all residents of northeast Ohio. For more information, visit www.beachwoodarts.org or call 216.595.3400.

About Hiram House

The mission of Hiram House is to enrich the lives of children through camping. It provides the youth of our community with an opportunity to live, play and learn in an environment that is racially, ethnically and socio-economically diverse. Hiram House is committed to promoting family values, building character and opening new horizons for youth.

Hiram House Camp, located in Chagrin Falls, is Ohio's oldest camp and one of the earliest-established camps in the United States, offering a continuous summer program each year for well over a century. An accredited member of the American Camp Association (ACA).

Beautiful in all seasons, Hiram House Camp offers year-round outdoor education and recreation programs for youth, schools, churches, businesses, civic and other organizations through a

variety of summer camps, school camps, and group retreats.

Since it was founded in 1896, Hiram House Camp has been a pioneer in opening new horizons for thousands of boys and girls, building character, self esteem, and promoting team and group development through hands-on educational programs, outdoor experiences and activities. These include: archery, canoeing, camp crafts, high/low ropes, fishing, hiking, horseback riding, orienteering, outdoor skills, performing arts, swimming, wildlife and environmental studies.

Hiram House is a private, independent, non-denominational, nonprofit 501 (c) (3) organization.

Both the luncheon and volunteer opportunities at the Cleveland Food Bank are open to the community and I invite you to participate. The Beachwood Chamber of Commerce is the business arm of our community and we welcome your participation and support!

To register or for more information about attending the luncheon, call 216.831.0003 or visit www.beachwood.org.

To register to volunteer at the Cleveland Food Bank, call 216.738.2053.



Beachwood Cares!

JOIN THE BEACHWOOD CHAMBER OF COMMERCE FOR VOLUNTEER WEEK AT THE GREATER CLEVELAND FOOD BANK: JANUARY 22-27, 2018

The Greater Cleveland Food Bank provides more than 50 million meals each year to those in need through a network of local hunger centers and nonprofit agencies throughout Northeast Ohio, including anti-hunger programs in Beachwood and its surrounding neighborhoods.

Volunteers are critical to the work of the Food Bank, and allow more food and resources to be directed to those in our community. To help the Food Bank make an even greater impact, we are inviting all of our members to volunteer the week of January 22nd. Volunteer shifts are available Monday through Friday, from 8am to 8pm, and Saturday from 8am-12pm.

**Interested? Set up a time for your business to volunteer!
Contact Alan Fratus at afratus@clevelandfoodbank.org or 216-738-2053.**



Greater Cleveland
Food Bank



CITY OF *Beachwood* Council Update

MAYOR
MERLE S. GORDEN



216.292.1901
mayor@beachwoodohio.com

COUNCIL PRESIDENT
MARTIN S. HORWITZ



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BRIAN LINICK



216.496.0202
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JAMES PASCH



216.630.9671
james.pasch@beachwoodohio.com

A VETERANS DAY SALUTE

In November, the City of Beachwood and the Beachwood Historical Society remembered all veterans in a special ceremony at the Beachwood Cemetery. For complete story see page 12.



SUMMER CAMP TIME RESIDENT REGISTRATION BEGINS DECEMBER 4

Beachwood Summer Day Camp registration for residents begins December 4. Register for Kidz, Bison, Sports, Teen Travel and Theater Camp between 8:00 a.m. and 4:00 p.m., Monday through Friday at Beachwood City Hall (Recreation Office). Proof of residency required.

An early-bird fee will be offered to all residents who register from December 4 – March 9. Non-resident registration begins March 11. [For more information please refer to your Winter Recreation Guide or visit www.beachwoodohio.com.](#)



WELCOME

The City of Beachwood welcomes its newest police patrol officers Jacob Bertone and Matthew Shane. These officers were administered the Oath of Office at the October 16 City Council meeting.

City Contact Information

CITY OF BEACHWOOD
25325 Fairmount Boulevard
Beachwood, Ohio 44122
216.464.1070
www.beachwoodohio.com



LIKE US ON FACEBOOK
www.facebook.com/
BeachwoodOH



FOLLOW US ON TWITTER
twitter.com/
BeachwoodOH



FOLLOW BEACHWOOD POLICE ON TWITTER
twitter.com/BeachwoodPolice

TV PROGRAMMING
Spectrum - Ch. 1020
AT&T U-Verse - Ch. 99

EMERGENCY
Dial 9-1-1

CLERK OF COUNCIL
216.595.5493

WHEN YOU'RE IN *Beachwood*, YOU HAVE ARRIVED!

LEAVES TODAY...MULCH TOMORROW

The City of Beachwood recycles 100% of all leaves and brush collected.

FALL LEAF PICK-UP

Now through December 15 leaf trucks will be in continuous daily operation throughout the City (weather permitting).

Collection is ongoing from one end of town to the other end of town. There is no need to call for a special pick-up.



Place UNBAGGED leaves on the tree-lawn only. DO NOT PLACE IN STREET. Leaf piles mixed with other debris – such as grass – WILL NOT be picked up. After December 15, all leaves need to be bagged. Leaf bags will then be picked up with your regular rubbish on your collection day.

MISSED A COUNCIL MEETING?

To listen to audio recordings or view live & archived videos, just visit www.beachwoodohio.com and click on the link.

LOCKBOX - SAVE PRECIOUS TIME

Beachwood Department of Fire-Rescue is offering a lockbox program to expedite emergency access into homes during emergencies. To date, over four dozen lock boxes have been placed throughout the City.

Pay a one-time \$30 fee for a small, secure metal box which hangs over the front door with a spare key inside. The box is locked by a unique key accessible exclusively by the Beachwood Fire Department and only used in the event of an emergency. Residents interested in purchasing a lock box should contact 216.292.1965.

OF SPECIAL NOTE

The Service Department will be closed on Monday, December 25 and Monday, January 1 for Christmas and New Year's Day. Rubbish collections will be delayed one day after each respective holiday.

USE CAUTION & BE SEEN

As daylight hours get shorter, use caution when walking at dawn, dusk and evening hours. Add reflective items to your clothing. When and if it is necessary to walk in the street, please walk facing traffic and if in a group, single file.



**American
Red Cross**

BLOOD DRIVE

FRIDAY, DECEMBER 15 FROM 1:00 – 7:00 P.M.
BEACHWOOD COMMUNITY CENTER



Give blood.
Save a life.

UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. Upcoming meetings: Monday, December 4 and 18. Questions? 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meeting: Thursday, December 14. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Monday, December 4 and 18. Questions? 216.292.1914.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

FIRE DEPARTMENT
216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

DID YOU KNOW?

Anyone can view monthly statements of cash from revenue and expenses as well as our monthly check report in the publications section online at www.beachwoodohio.com.

ART EXHIBITS

Beachwood Community Center

MON – FRI • 9 A.M. – 4 P.M.

SAT • 10 A.M. – 3 P.M., SUN • 10 A.M. – 1 P.M.

COLOR SHAPE FORM

MIXED MEDIA EXHIBIT

Now – December 9

Featuring works by

Brad Bailey

Donna Coleman

Gregory Cross

Annette Poitau



ABSTRACTION AND REACTION

MIXED MEDIA EXHIBIT

December 20, 2017 – January 13, 2018

Featuring works by

Matt Merchant

Eric Ortiz

Kevin Smalley



Artists' Reception:

Wednesday, December 20 – 4:00 – 5:30 p.m.

TIPS FOR MANAGING A POWER OUTAGE

If you see a wire down, stay away from it and call 1.888.LIGHTSS (544.4877) or the police or fire department. Never use your stove, gas grill or a heater designed for outdoor use to heat your home. Never use candles around pets or small children. Visit www.firstenergycorp.com for outage maps and useful information.

Hazards are restored first and priority goes to hospitals, safety departments and other critical facilities. Repairs are prioritized to restore lines that affect the largest number of customers. Text OUT to 544487 to report an outage via text messaging. You can also sign up for outage email or text alerts.

Beachwood Recreation Community Theater
Proudly Presents

Annie

This timeless tale of Little Orphan Annie demonstrates a beautiful message of hope to all generations. Join this famous red head on her journey from the orphanage to the home of Oliver Warbucks, business tycoon. Not only does Annie wiggle her way into his home but in a matter of weeks she finds a way into his heart, permanently. This heartwarming tale includes songs such as "Tomorrow", "I Don't Need Anything But You" and "We'd Like to Thank You, Herbert Hoover".

PERFORMANCE DATES

Sat., December 2 - 4 p.m.

Sun., December 3 - 2 p.m.

Fri., December 8 - 7:30 p.m.

Sat., December 9 - 4 p.m.

Sun., December 10 - 2 p.m.

Fri., December 15 - 7:30 p.m.

Sat., December 16 - 4 p.m.

Sun., December 17 - 2 p.m.

LOCATION

Beachwood

Middle School

Auditorium

TICKET PRICES

\$8.00 – Students

\$8.00 – Seniors

\$9.00 – Adults

Tickets available at the door
30 minutes prior to curtain

Director: Jill Koslen-Freireich Musical Director: Rory Sanders

CITY OF
Beachwood

Call Beachwood Recreation 216.292.1970 for more information



Cuyahoga County Public Library

Select titles from **Great Books for Kids** on sale now at all Cuyahoga County Public Library branches

Cuyahoga County Public Library (CCPL) presents its 2017 edition of Great Books for Kids, its annual holiday gift-giving guide. Great Books for Kids highlights recently-published books for kids, ages birth through 18 years old. Every book featured has been selected by CCPL librarians and represents the very best titles published over the past year.

Check out recommendations at www.ccplgreatbooksforkids.org. This resource includes:

- More than 100 titles, each with a brief synopsis and a list of available formats
- A selection of toys available to borrow from CCPL's toy-lending service.
- A printable "Wish List" feature

and links to "Buy It Now" from CCPL's online book store, www.offtheshelfbooks.org.

- Try before you buy. All the books featured in Great Books for Kids are available to borrow from CCPL, and many may be previewed in eBook format.

For the first time ever, new copies of select Great Books for Kids titles are available for purchase at discounted prices at all CCPL branches, while supplies last. A portion of the proceeds will help support youth literacy programs at the library.

For more information, visit www.cuyahogalibrary.org.

42nd Cleveland International Film Festival to Include CIFF²: CIFF's Connecting & Illuminating Future Filmmakers

The CIFF is thrilled to announce the second year of its CIFF² ("CIFF-squared") program – Cleveland International Film Festival's Connecting & Illuminating Future Filmmakers. The program with the big name is doing big things for young filmmakers in the community.

CIFF² connects local minority female and non-binary students in grades 9 - 12 with a select group of women-of-color filmmakers who have directed films in the festival. The program is designed to provide an environment that addresses subjects of identity, equality, and perseverance in the filmmaking community. The students have the opportunity to attend select screenings, interact with filmmakers, and experience the Festival from a filmmaker's point of view. Participating students will produce a short film

chronicling their time spent in the CIFF² program.

Student applications are now being accepted through February 1, 2018. For details on the program and how to apply, please visit www.clevelandfilm.org/ciff2.

Student applications are now being accepted through February 1, 2018. For details on the program and how to apply, please visit www.clevelandfilm.org/ciff2.

The 42nd Cleveland International Film Festival will take place April 4 – 15 at Tower City Cinemas and select neighborhood locations. For information on the CIFF, please visit www.clevelandfilm.org.

Fairmount Early Childhood Center Preschool and Camp Registration

The Fairmount Early Childhood Center is a private, district-sponsored learning center, offering a full school-year calendar as well as a summer preschool camp.

Preschool/Camp Parent Information Night
Thursday, January 11, 2018 • 7 p.m.

The Fairmount Early Childhood Center Non-Categorical (Special Education) Preschool is seeking typical peers (role models) for the 2018-2019 school year. This program offers four mornings or afternoons per week.

Preschool and Camp Registration Residents

Wednesday, January 17, 2018 • 3:30 p.m.

Open Enrollment

Wednesday, January 31, 2018 • 3:30 p.m.

Popular Young 5's Class

5 days per week • 9 am - 3 pm

Must be 5 years old by Dec. 31, 2018



Call Karen Leeds today
for more information,
216-292-2344.



Learn how Fairmount Preschool
will prepare your child for Kindergarten and
Ohio's 3rd Grade Reading Guarantee.



Fairmount Early Childhood Center • 24601 Fairmount Blvd.
www.beachwoodschoools.org/fairmount.aspx

National Honor Society Inducts Beachwood High School Juniors and Seniors



Beachwood High School inducted 18 members to the National Honor Society last month. The National Honor Society (NHS) defines itself as the nation's premier organization established to recognize outstanding high school students. NHS recognizes students who demonstrate excellence in the areas of scholarship, service, leadership, and character. Seven seniors and 11 juniors joined the 12 seniors inducted during their junior year into the National Honor Society. **Lisa Morgan** serves as the NHS adviser.

Junior Members: **Abigail Bendis, Sanchari Chakrabarti, Gabriela Costa, Jvian Ferguson, Eli Goldman, Heidi Maier, Maya Newman, Xihan Shen, Jing-Jing Shen, Grace Warner and Julia Woomer.**

Senior Members: **Olivia Adelman, Jakob Bolman, Abigail Brewer, Aman Bhriyuvansh, Kelly Chiang, Mackenzie Davis, Gregory Glova, Erica Gross, Courtney Heath, Mia Knight, Rachel Kurland, Daniel Mishins, Gabriela Rodriguez, Ryan Sapell, Lily Steiger, Sridhar Uppalapati, Ziyang Wang, Kevin Zhang & Jinle Zhu**



BHS Leadership Conference 2017 was a Success!



Nearly 100 Beachwood students participated in the annual 3-day Leadership Conference, developing their unique leadership skillset to bring back to their clubs, teams, and classrooms. Leadership Conference is led by Student Activities Coordinator, **Craig Alexander**.

ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, 464-2600 ext. 299 • rph@beachwoodschoools.org
Michele E. Mills, Director of Finance/Treasurer, 464-2600 ext. 239 • mm@beachwoodschoools.org
Lauren J. Broderick, Director of Pupil Services, 464-2600 ext. 234 • ljb@beachwoodschoools.org
Dr. Ken Veon, Director of Operations & Technology, 464-2600 ext. 230 • kev@beachwoodschoools.org
Linda LoGalbo, Director of Curriculum & Instruction/Human Resources, 464-2600 ext. 289 • lhl@beachwoodschoools.org
Kathleen Stroski, Assistant Treasurer, 464-2600 ext. 240 • ks@beachwoodschoools.org
Shana Wallenstein, Director of Marketing & Communications, 464-2600 ext. 237 • swallenstein@beachwoodschoools.org



Beachwood Challenges Orange in Food Drive; Greater Cleveland Food Bank is the Winner

Beachwood Place was the host of an epic showdown between Beachwood and Orange Schools. Paired up for a friendly competition, the two school districts battled to see who could raise the most weight in donated goods, focusing on the top five most requested items: peanut butter, tuna, canned soup, canned vegetables, and beef stew. Every school in Beachwood rose to the challenge, with one Hilltop team being responsible for over 500 cans of food! Beachwood soared over the competition, donating a total weight of 1,218 lbs. While we're proud to be the inaugural champions of the "Feed the Need" challenge, we know the need far surpasses our donation and too many families in Northeast Ohio go to bed hungry at night. Thank you to Beachwood Place and Orange Schools for partnering with us for year one. We are all looking forward to MORE awareness and food in next year's event!



State Champ Runners Commit to Colleges



Members of last spring's first ever Beachwood High School state championship track team made commitments to two universities known for their academics -- and running programs. Seniors **Mia Knight** and **Leah Roter** signed letters of intent with University of Pennsylvania and Furman College. Leah, who just completed her final cross country season with Beachwood, finished second in the state. The young women and their teammates are expected to make another run for a state title when the track season kicks off in Spring.

Beachwood Schools Choirs host First Cabaret Night

With more than 20 performances, including nine solos, students from Hilltop, Beachwood Middle School and Beachwood High School, and one super talented teacher took to the stage for the first annual Cabaret Night. Led by **Darlene Haight**, choir director, more than 100 students sang solos, duets, or in group ensembles, selecting their own music for each performance.

Parent volunteers helped put together fun, themed raffle baskets and sold "Star Grams" and flower stems before the performance and during intermission. Following the engaging show, the cast joined the audience for a dessert reception in the Community Meeting Room. The Second Annual Cabaret Night is tentatively scheduled for Spring 2019.



Visit us at www.beachwoodschoools.org
www.facebook.com/BeachwoodBison



[@beachwoodbison](https://twitter.com/beachwoodbison)

In The Spotlight

Meet Allison and Sloane Harris, Nora Resnick and Paige Schiller

Allison Harris has been a performer since childhood. She and Jill Koslen-Freireich met in the late 1970s when Jill was her drama teacher at Fairmount Day Camp. In Allison's first acting role, she was cast as the spider in James and the Giant Peach, and she's been involved in theater, off and on, since then.

Allison took dancing lessons, and learned tap, jazz and ballet. Her love for dance lead her to try out for the Beachwood Drill Team as a freshman in high school, and she remained on the team through her senior year. She and Jill kept in touch and when Jill launched her drama camp in 1989, Allison came onboard

as her dance counselor/instructor. When summer ended, she auditioned for "West Side Story" at the Chagrin Valley Little Theater, and was cast in the ensemble.

Allison then took a break from theater because of time constraints. She got married, was working and had two girls. She remembers seeing Jill during this time and telling her, "Liza is not my actress, but just wait, Sloane is going to be my theater girl!"

In 2014, when Sloane was in 2nd grade, she auditioned for Willy Wonka. In spite of her fear, she made it through the audition and was offered a children's ensemble role.

"I learned about parent-volunteer opportunities, one of

which was to share the stage with your child, but chose to help behind the scenes," Allison said.

The next show was Seussical The Musical. When Sloane wanted Allison to perform with her, and said, "please mom!" it was history from then.

"I have participated in every show with Sloane since," Allison told us. "The incredible opportunity to share the stage with my daughter – something she will never forget – motivated me to get involved after all of those years."

"Annie" is the 5th show that the mother-daughter duo are performing in together. Allison is cast as Cecille, Boylan Sister and a Starlette. Sloane has been cast in her first lead



role as the orphan Duffy, and is also in the ensemble.

Being involved with Beachwood Community Theater is now a family affair. Allison's husband, Jon, helps in the box office and Liza works behind the scenes, often as the spotlight operator.

When asked about her favorite type of role, Allison said it's one that includes a lot of dancing. "I recently played a chimney sweep in Mary Poppins, along with several other ensemble parts," she said. "It was so much fun because I got to bring out my tap shoes."

Pictured:
Allison and Sloane in Annie.

Nora Resnick is a 6th-grade Beachwood Middle School student who became interested in theater when she watched her brother perform in Willy Wonka, The Little Mermaid and Peter Pan, and has since developed a passion for acting.

Nora has been cast in many leading roles, including: Pinocchio (A Boy Named Pinocchio), Jane Banks (Mary Poppins), The White Rabbit (Alice in Wonderland), Little Fiona (Shrek), Little Aurora (Sleeping Beauty),

Linus (Your a Good Man, Charlie Brown), The Mayor of Munchkin City (Wizard of Oz), and more.

"Playing Annie is my absolute dream role," she told us, "I am excited for this opportunity!"

Nora thanks her parents, brother Liam, Jill Koslen-Freirich, Marla Schiller (assistant director) and Rory Sanders (musical director), as well as the Beachwood community, for its unyielding support.

Nora plans to pursue

a career on the stage. In addition to acting, she is a catcher on the Express Softball travel team and is also a cellist. Nora is a high-honor student in the middle school. She will be playing the role of Annie during the December 2, 10, 16 and 17 performances.

Pictured:
Nora as Annie, Eric L. Sofer as Daddy Warbucks and Kalesi Koslen as Sandy.





Paige Schiller started her acting career on Beachwood's stage almost 20 years ago – when she was 7 years old. Jill Koslen-Freireich was her first director – and has been her director ever since.

When Paige's family first moved to Cleveland, she attended Beachwood's Kidz Camp although, she said, "My parents always knew I was a drama queen and would be better suited on stage."

The following summer, Paige was enrolled in the Beachwood Theatre Camp. "I was spunky, talkative and loved to act," she told us. "I'd sing Disney songs constantly, often pretending I was a princess."

A fond memory Paige shared was when, as a child, she would swim in the pool and pretend she was Ariel, from Little Mermaid, starting out in the deep end and spiraling her way back to the surface singing "Part of Your World."

"I had dreams of being a princess, and Jill helped make those dreams become

a reality," Paige told us.

When acting, Paige likes to be challenged. "A performance isn't simply about memorization and hitting your marks, but about captivating your audience," she told us. "When I go to the theatre, I want to forget that any other world exists off of that stage. When I am on-stage, I try to do my best to bring life to that character."

Paige plays Grace Farrell in Annie. Her favorite roles on the Beachwood stage include: Dorothy (Wizard of Oz), Peter Pan (Peter Pan), Belle (Beauty and the Beast), Bird Girl (Seussical the Musical), and James (James and the Giant Peach). Her dream roles are Olive (Spelling Bee), Eve (Children of Eden), Ariel (Little Mermaid), and Penny (Hairspray).

Pictured: Paige as Dorothy (Wizard of Oz) in 2008; and Grace Farrell (Annie), with Kallista Hayes and Nora Resnick, both of whom play Annie.

We are fortunate to have Jill and the Beachwood Community Theater," said Allison. "The bond that is created and family that is developed is unbreakable."

Beachwood Recreation's Community Theater Proudly Presents "Annie"

Join Annie, Sandy, Daddy Warbucks and the entire gang this holiday season. Don't wait until "Tomorrow" to mark your calendars for this spectacular musical. This production promises to be a musical treat for the entire family!

Performance Dates

Saturdays:
December 2, 9 and 16 • 4 pm

Sundays:
December 3, 10 and 17 • 2 pm

Fridays:
December 8 and 15 • 7:30 pm

60-plus actors, who range from ages 7 to 65, wants to help spread awareness of all that Harvest for Hunger provides and hopes to make a difference in the lives of families enduring difficult times.

All performances will be held at the Beachwood Middle School auditorium. Tickets are only \$9 for adults and \$8 for youth/seniors. Enjoy quality, family entertainment at a family-friendly cost!

For more information and group rates, contact the Beachwood Recreation office at 216.292.1970.

The cast of Annie is pleased to team with Harvest for Hunger this 2017 Holiday season. All profits from candy and water sales will be donated to Harvest for Hunger to support those in need.

As the holidays and winter season approach, this cast of

Don't wait until "Tomorrow" to mark your calendars for this spectacular musical. This production promises to be a musical treat for the entire family!



Kalista Hayes (Annie), Eric L. Sofer (Daddy Warbucks) and Nora Resnick (Annie).

Photos courtesy of New Image Photography.

'Tis the Season...

Heidi's This N That
 "If Shopping Has Not Made You Happy,
 You Have Been Shopping
 in the Wrong Stores!"

Heidi's This N That mirrors its owner's, Heidi Shupp's life. She has always shopped diligently – admittedly way too often – for anything unique at a good price that could bring happiness into her life or someone else's. The store, its displays and the items in it are unique, fun, inspiring, different and "happy" – all offered at good prices. It is truly a

"this n that." Heidi purchases clothing, purses, accessories, housewares and anything else that touches her in some way, which she feels may touch someone else as well.

Whether shopping for yourself or for someone else this holiday season, Heidi will help you select the perfect gifts. Stop in and see all that Heidi has to offer.



'Tis the Season

"If shopping has not made you happy, you have been in the wrong stores!"

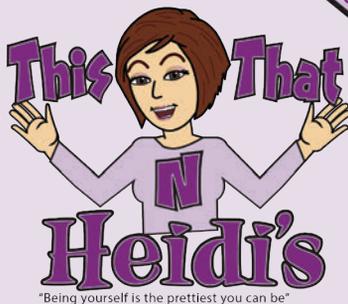


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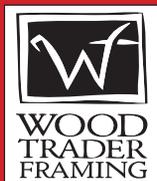
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Popular vocalist Connor O'Brien brings his exciting "Legends of Rock and Roll" revue to the Pops' Severance Hall stage in a sensational show. The concert begins at 9 pm, followed by a fabulous New Year's Party with dancing and fun. Enjoy dancing to two bands from 11 pm to 1 am in two separate locations in Severance Hall. Carl Topilow and members of the Pops will play in the Grand Foy-



er, and rock & roll music from the 60's and 70's will be played in the Smith Lobby by The No Name Band. The Pops offers, cash bars, coffee and desserts for purchase and a giant balloon drop at midnight.

Tickets to Cleveland Pops New Year's Eve Concert & Party can be purchased online at www.clevelandpops.com or by calling 216.231.1111.

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There's no place like Eton Chagrin Boulevard to enjoy the beauty and excitement of the holiday season. Don't miss the spectacular indoor/outdoor Snowflake Garden art installation, presented by Champions of Magic. The exterior artwork features the work of over 1,000 students from 12 local schools. Inside the mall is a remarkable display created by 150 students from the Monarch Center for Autism. All the winter-inspired pieces inside and out incorporate student's initials, symbolizing the individuality of each child and each snowflake. It's the perfect complement to Eton's already art-

ful holiday décor, which welcomes people of all ages, beliefs and traditions to take in the beauty of the season.

Shoppers will also enjoy several convenient and complimentary services throughout the season, including free gift wrapping, valet parking and heated underground parking. And don't miss two holiday pop-ups inside the mall – Rocky Mountain Chocolate Factory and a holiday guest services location to make gift wrap and Eton gift cards even more accessible.

For more information about holiday events and services at Eton, visit EtonChagrinBlvd.com.

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Resident Draws on Gun Activist Group to Affect Policymaking

By June Scharf

Mittie Davis Jones has taken a CCW (carrying a concealed weapon) class so that she may own a gun. She is also a member of the Moms Demand Action for Gun Sense in America, an organization that “demands action from state and federal legislators, companies and educational institutions to establish common-sense gun reforms.” These two elements in her life are not in conflict. She’s not opposed to gun ownership, but she believes some things need to be changed.

The 68-year-old Beachwood resident felt compelled to act after she endured the cumulative weight of two different gun-related incidents. The first trigger for her was the 2012 Sandy Hook Elementary School shooting in which 20 children and six adults were killed. “People came together through Facebook and, by participating in those conversations, I learned about the creation of Moms Demand Action.”

But it was the lethal shooting of her 21-year-old great nephew in May 2015, in Arlington, Texas, that drove her to act. “He had moved to Arlington from Detroit where there’s known gun violence. He had some friends from high school living in Arlington, and he had an employment opportunity. No one would have ever imagined that he might be shot and killed there.”

Her grief and sadness compelled her to begin ramping up her participation, which started with marching in a July 4th, 2016, parade in Lakewood, where she joined others representing the organization. One of her goals was to educate people about gun-ownership policies that have been drafted in Ohio, including two recent pieces of legislation under consideration, Ohio House Bill 228 and Ohio Senate Bill 180.

“I’m not opposed to having a handgun,” says Davis Jones. “The problem is that too many of those weapons wind up in the hands of the wrong people. This is often the case with

incidents of domestic violence and stalking. One of our major thrusts relates to background checks.”

Her activism comes from an interest in change. “If people want stronger laws, they need to push for them.” She adds that the organization has NRA (National Rifle Association) members among its base.

I’m not opposed to having a handgun. The problem is that too many of those weapons wind up in the hands of the wrong people. This is often the case with incidents of domestic violence and stalking. One of our major thrusts relates to background checks.

~ Mittie Davis Jones, member of Moms Demand Action

Davis Jones has conducted speaking engagements at educational institutions, among other professional settings, to promote the Be SMART program (besmartforkids.org/about/), an acronym that guides gun owners toward responsible ownership:

- Secure guns in homes and vehicles
- Model responsible behavior,
- Ask about unsecured guns in other homes,



On June 2, Mittie Davis Jones participated in National Gun Violence Awareness Day, a national movement to stop gun violence. Wearing orange has become a way of honoring the people who have lost their lives to gun violence.

- Recognize the risk of teen suicide and
- Tell your peers to be SMART.

During her visits, Davis Jones emphasizes the impulsive nature of teen suicide with a gun and how this method is more successful than attempts at using other methods. Therefore, she stresses the need to secure all weapons.

For those interested in the Moms Demand Action organization, it conducts meetings once a month on both the east and west sides of Cleveland. According to its website (momsdemandaction.org), the organization does not oppose the 2nd Amendment, and advocates for “common-sense solutions that can help decrease the escalating epidemic of gun violence.” The non-partisan

grassroots movement has grown to include a chapter in every state across the country, and seeks to educate, motivate and mobilize supporters “to take action that will result in stronger laws and policies to save lives.”

Additionally, the site notes, “For too long, the gun lobby has dominated the conversation about gun violence. American families are being destroyed and we have had enough; we will no longer stand by and let elected officials, corporate leaders and other influential voices turn their back on sensible gun laws and policies. We are organizing to apply pressure that will result in stronger, sensible gun laws and policies that will protect our children and families.”

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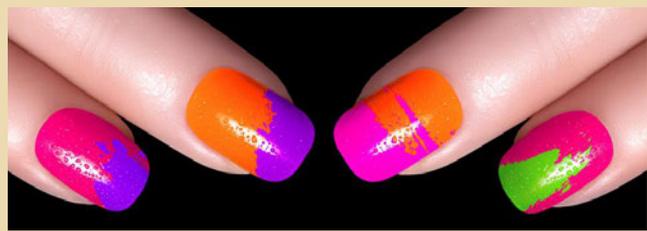
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Shaker Arts Council Announces Neighbors Networking Event and Annual Meeting

On Friday, December 8, the Shaker Arts Council will hold its annual meeting at The Townhomes of Van Aken, 3190 Van Aken Blvd., Shaker Heights. The event will begin at 6:30* pm with Neighbors Networking.

This is an opportunity for local artists – painters, musicians, writers, photographers, graphic and interior designers, performers, sculptors, etc. – to connect with others who may be searching for these types of artistic services. Artists are invited to bring business cards to share.

At 7:15 pm, the brief Shaker Arts Council Annual Meeting will be called to order. The meeting will be followed by a performance by local musicians.

This evening is free and open to the public and light refreshments will be served. Ample parking may be accessed from Sutton Road. Parking is inside the fencing next to the model entrance. For more information, visit www.shakerartscouncil.org.

*Tours of the model suite at the Townhomes of Van Aken begin at 5:30 pm and will continue throughout the evening. For more information on the Townhomes of Van Aken, visit www.TownhomesofVanAken.com.

Sue and Mitch Frankel Receive 2017 Maimonides Award

Beachwood residents Sue and Mitch Frankel received the 2017 ORT America Maimonides Award for Outstanding Community Service when they were honored at the Ohio Region's 46th Annual Brunch on Sunday, October 22, 2017.

"We are pleased to honor Sue and Mitch with this award," Ohio Region President Gary S. Desberg explained. "Both Sue and Mitch have made valuable contributions to our community in many ways, and have an impressive commitment to and involvement in the Cleveland Jewish Community, to Israel, and to education. The impact of their dedication and commitment to the greater community can be felt in many of our institutions."

The Frankels have proven their dedication to ORT for decades. Mitch has spent more than 25 years on the local board and served as ORT president. He was honored by the national organization in 1998 as the recipient of ORT America's Paul Bernick New Leadership Award. Together Mitch and Sue have educated themselves about the important work ORT does every day by visiting ORT Schools in five countries – Russia, Hungary, Israel, Cuba and the United States.

In addition to their work with ORT, the Frankels are past participants in the Mandel Leadership Course of the Jewish Federation of Cleveland, and were honored in 2009 by B'nai Jeshurun Congregation and State of Israel Bonds for their leadership and dedication to the synagogue, Jewish life and Israel. In 1996, Sue and Mitch led a scuba diving mission to Israel for JNF.

Funds raised at the event have been designated to the renovation of the science building at the Kfar Silver Youth Village, a part of the World ORT Kadima Mada network of programs in Israel.

Newly-named ORT America



Mitch and Sue Frankel (center) with their children, (from left) Josh, Daren and Alex.

CEO Jeffrey Cooper explained the importance of the Kadima Mada network in his comments to the audience and said how impactful these renovations would be. "World ORT Kadima Mada is strengthening Israel by educating its most vulnerable youth," he explained. "Because of minimal government funding for Kfar Silver, contributions are needed for these improvements."

Renovating and equipping the science building at Kfar Silver have been the focus of the ORT America – Ohio Region since the project was announced at last year's brunch. "With ORT's emphasis on providing STEM education in schools around the world, the science building will be a centerpiece of Kfar Silver, and a 21st century learning environment that the Ohio Region can point to as a great local effort," Desberg said. "The Region has been working together for more than a year now to take responsibility for the work on this important project."

The Kfar Silver Youth Village was established more than 60 years

ago and named after Cleveland's Rabbi Abba Hillel Silver. In addition to the school, the 370-acre campus includes dormitories, a swimming pool, and agricultural and animal farms. Two hundred students, many from challenging backgrounds, live in the village dorms. Kfar Silver is their last chance to overcome a troubled past and build a better future.

An extensive renovation is planned to revitalize the village and bring it to 21st century standards, including refurbishing classrooms; providing internet connectivity; installing smart classrooms and science, technology and computer labs; and renovating and expanding the dorms to accommodate 290 student boarders.

Event co-chairs were Trish and Mark Adler, Nancy Shaw Goldsmith and Jim Goldsmith, Beth and Frank Rosenberg, and Rose and Steve Viny.

For additional information about Kfar Silver and how you can support the effort to renovate the science building, visit the website at www.ORTOhio.org, or email ohio@ortamerica.org.

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Envirothon Competition

Envirothon is a competition designed to stimulate, reinforce and enhance interest in the environment and natural resources among high school students. A competitive, outdoor team event, Envirothon offers a unique and enjoyable learning experience. Each team consists of five students, all from the same school. An adult advisor (or advisors) must accompany the team, but is not permitted to assist the team during the competition.

In Ohio, Envirothon is sponsored by the Ohio Federation of Soil and Water Conservation Districts in cooperation with the Ohio Department of Agriculture. Natural resource and environmental specialists from many agencies, organizations, colleges, universities, park districts and businesses create the Envirothon questions and staff the various testing ecostations.

"We are seeking teachers and students who are interested in forming an Envirothon team as well as sponsors to defray the event's costs," said Amy Roskilly, conservation education specialist at the Cuyahoga Soil & Water Conservation District. "Envirothon is financed by grants, individuals and company sponsorships, and donations from local businesses that help provide services and products for the event."

For more information, contact Roskilly at 216.524.6580, ext. 1005, or aroskilly@cuyahogawcd.org. Registration and sponsorship forms may be downloaded at www.cuyahogawcd.org/programs/envirothon.

The Gathering Place – Helping Children and Teens Cope with Cancer in the Family

When an adult is diagnosed with cancer it makes a significant impact on the children and teens in that adult's life.

The challenge of cancer can produce emotional stresses in children and teens, but with the proper support, children and teens can gain the confidence and tools to cope with stresses throughout their lives.

Programs at The Gathering Place for children and teens who are coping with cancer in the family are comprehensive. Through group and individual interventions, children and teens learn to utilize their own personal strengths and abilities. Cancer can cause even the most organized family to struggle. The Gathering Place provides a safety net of stability and opportunity for growth and learning.

Programs and services include:

- **Kidshop/TeenShop** is a workshop for children/teens of all ages who have an adult family member with cancer. The program combines art, play and discussion to provide creative opportunities for children/teens and their parents/guardians to interact with families in similar situations. A twelve year old recently told their parent, "**WOW, everybody gets it here. I don't have to explain anything.**"

- **Family Consultations** – Our children's specialists are available to meet with parents or other family

members to discuss concerns about issues with children.

- **Bridges Grief Group** is a twice-monthly program for parents/guardians and children when there has been a death of an adult loved one from cancer. Bridges includes age-specific group activities and a concurrent group for the adults.

About The Gathering Place

The Gathering Place is a cancer support center that supports, educates and empowers individuals and families who are currently coping with the impact of cancer in their lives through programs and services provided free of charge. Learn more at www.touchedby-cancer.org or call to talk with a staff member at 216.595.9546.



Pictured from top: The Gathering Place helps children and teens create soft landings; at family pizza night, families make healthy pizzas together; families work together at The Gathering Place; children and teens create books to treasure family memories.

Legacy Village – Getting in the Holiday Spirit

Legacy Village is helping you get into the holiday spirit with a lineup of new events and seasonal favorites, including its Ugly Holiday Sweater Bar Hop and visits with Santa.

Photo with Santa

Saturdays and Sundays through December 23

Visit with Santa from noon to 4 pm at Guest Services on Main Street (next to White House/Black Market) and help a great cause at the same time. Your first photo with Santa is free, courtesy of Legacy Village, Q104 and L.L. Bean. Additional photos and photo packages are available for purchase. A donation of \$5 will be made to the Cleveland Clinic Children's for each free photo, and a portion of photo package sales will also be donated. Young guests may create a greeting card, which Santa will deliver to children at the hospital.

Holidays in the Village

Saturdays and Sundays from December 2 – December 17

The holiday season at Legacy Village wouldn't be complete without winter- and holiday-themed activities, including live music, children's activities, gift-card giveaways, costumed characters and more. Family-friendly activities will be held on Saturdays from 1 to 3 pm and live musical performances will be held on Sundays, from 1 to 4 pm. For each weekend's list of activities and performances, visit www.Legacy-Village.com

The Jingle Bell Run

Sunday, December 10

Don your favorite holiday apparel and race to raise funds during the Arthritis Foundation's Jingle Bell Run/Walk for Arthritis® 5K Run/Walk and 1-Mile Family Fun Run. Race

festivities begin at 9 a.m. For more information, visit www.jbr.org/Cleveland.

Pet Photos with Santa

Wednesday, December 13

Bring your favorite four-legged friend and have your photo taken with Santa from 6:30 to 8:30 pm at Guest Services on Main Street (next to White House/Black Market). Proceeds will benefit Rescue Village.

Ugly Holiday Sweater Bar Hop

Thursday, December 14

Put on your ugliest holiday sweater and celebrate the season with food and drinks from 5 to 9 p.m. For just \$10/person, Ugly Holiday Sweater Bar Hop participants will receive a souvenir cup, a festive photo with Santa, and the opportunity to enjoy food and drink specials at participating Legacy Village

restaurants, including Bar Louie, The Capital Grille, Granite City Food & Brewery, and more.

Pre-registration is required at www.Legacy-Village.com and a portion of ticket proceeds will benefit The American Cancer Society.

Coats for Kids

Through December

Legacy Village is a proud sponsor of this year's Coats for Kids Campaign and is serving as a drop-off location for donations. The donation bin is located on the second floor of the main building, at the top of the escalator. Additionally, the Salvation Army will be on-site with a red kettle to collect donations throughout the season.

For more information, visit www.Legacy-Village.com.

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Beachwood
FOOTBALL
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HEY NEIGHBOR!

by Arlene Fine

Say No Dice – To Ice

Anyone who has spent time in Northeast Ohio is all too familiar with our snowy, sleety, bone-chilling winters – **Yikes!** Whether you are walking your dog or just stepping out of the car in your driveway, you must always be aware of the menacing dangers lurking right beneath your feet. Who hasn't had to navigate ice-covered sidewalks, treacherous black ice in parking lots, slippery slush at intersections and front door steps as slick as an ice-skating rink after a Zamboni comes through?

All of these winter menaces are the nemesis of young and old alike. In fact, according to the Centers for Disease Control (CDC), falls that occur in winter are the most common causes of traumatic brain injury, and one in five falls causes serious injury.

But rather than stay huddled in your house until the tulips bloom, here are four tips that reinforce the adage - Ice and Snow – Take It Slow.

1. Breaking the ice – This is not just for parties. Liberally sprinkle salt, sand or even kitty litter on your driveway, the path leading to your front door and your front steps. This will help protect your mailman, guests and neighbors, and anyone else who comes to call (not fall). And don't forget – dangerous, slippery ice could be lurking underneath an innocent looking blanket of light and fluffy snow right outside your door.

2. Get your traction on – Look for groovy, rubber-soled winter footwear that has a lug pattern. Lugs are those little bumps on the sole of the shoe that have deep spaces between them to boost traction. Here's another idea - buy a pair of gripping ice cleats or spikes to slip over shoes or boots for stability. Unless you are holding a couple of ski poles for balance, slick high heels or smooth leather-soled shoes worn on ice can be your downfall.

3. No hocus pocus – just focus.

Pay attention to your surroundings and be on the lookout for black ice, slippery wet leaves, and floors that have become wet from people's slushy boots. Leave speed walking for the gym, and do the shuffle – walk slowly and deliberately and stop frequently to check the ground around you. And of course, tuck your cell phone in your pocket so you can be alert at all times, including when getting in and out of your car.

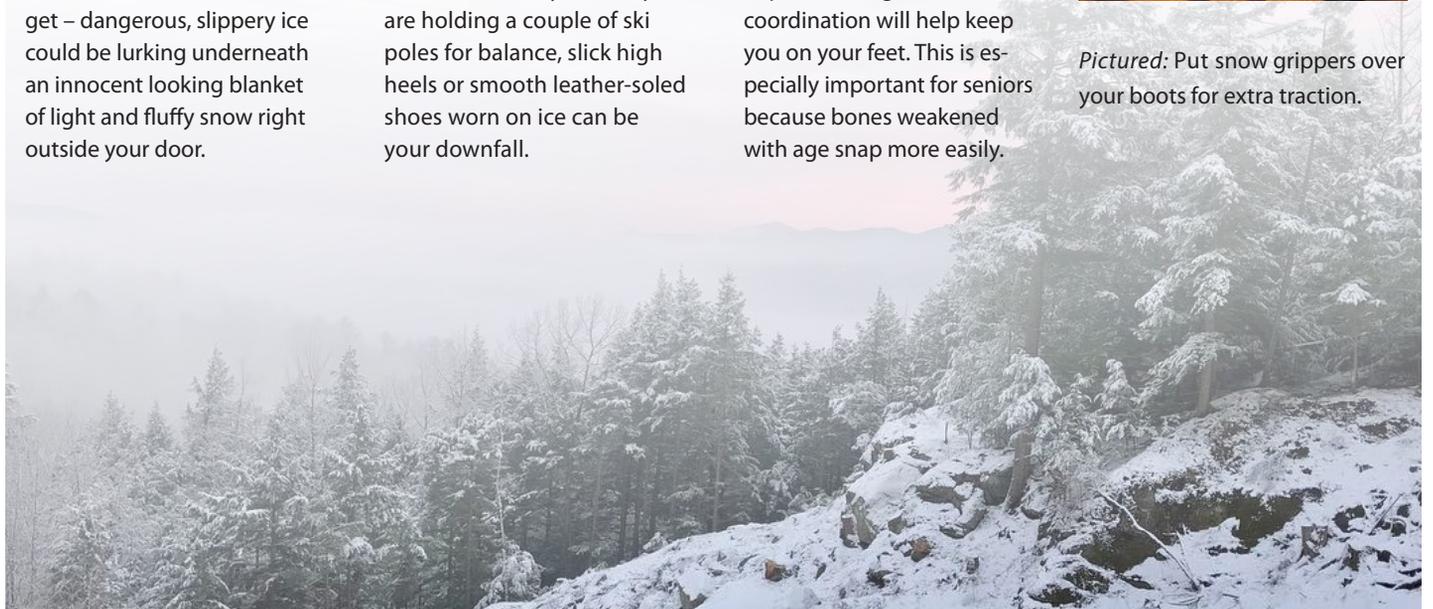
4. Snowman is an island - Don't shut yourself up in the house and hibernate all winter – you need to keep your body active and strong. Activities that improve strength, balance and coordination will help keep you on your feet. This is especially important for seniors because bones weakened with age snap more easily.



So, if you are worried about your noggin, hips and other bones, please take steps to stop stumbling and tumbling during the winter. That way, you can enjoy the beauty of Beachwood's winter months knowing that spring will follow, where, to paraphrase Julius Caesar, "I came, I thaw, I conquered."



Pictured: Put snow grippers over your boots for extra traction.



Marcus, Kadis and Sperber Join ORT America – Ohio Region team

New lay leaders and professional staff boost ORT's ability to fulfill its educational mission

ORT America – Ohio Region has named three new team members to take on important leadership roles that will help fulfill its educational mission.



Greg Marcus has been named the new president of the region, beginning at the start

of January, 2018. He succeeds Gary Desberg, who served as president for the past two years.

Marcus is involved in many local organizations, and has been on the ORT Ohio Region Board for several years. He has also served as a board member of the Mandel JCC; board director, *Cleveland Jewish News*; trustee, Jewish Federation of Cleveland; and life trustee of Menorah Park.

"I have been involved with ORT for many years," he said, "and look forward to continuing the strong Cleveland legacy."



Alex Kadis was recently named chair of the region's Next Gen initiative, aimed at bringing

more young professionals into the organization. "ORT America does important work around the world," he said. "I look forward to contributing to spread the word to a new audience, and working with them to help this region continue to be an incubator for national and international ORT leaders in the years ahead."

Kadis works for the JECC, is involved in the Jewish Big Brother Big Sister Association, and pre-

viously volunteered in Israel and South Africa.



Yael Amitz-Lev Sperber joined the ORT America – Ohio Region staff as the associate

director in late October. She works with the Next Gen community, and focuses on event planning and general fundraising.

"I'm very happy to be working with ORT America and helping to provide educational opportunities to students around the world who attend ORT schools every day," she said.

Sperber comes to ORT with 20-plus years of experience in donor relations, comprehensive event planning and management, fundraising and marketing

support, and advertising.

She recently worked as liaison to the United States in Tel Aviv University's Development and Public Affairs Division in Israel, working with donors, friends and prospects of American Friends of TAU and the university.

Yael moved here from Tel Aviv in 2015. She lives in Orange Village with her husband, Carl, and their daughter, Danielle, who attends Mandel Jewish Day School.

The Ohio Region has been focusing its fundraising efforts this year on the Science Building at Kfar Silver Youth Village in Israel's periphery, helping to bring it into the 21st century as a state-of-the-art learning environment. For more information on how to support these efforts, go to www.ortohio.org, or call the office at 216.464.3022.



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Taste of Beachwood

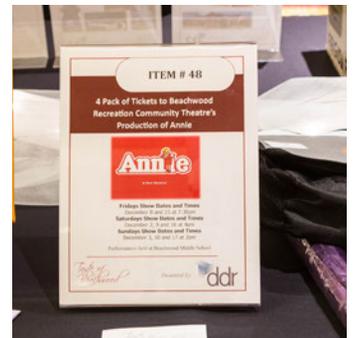
On Thursday, November 9, the Beachwood Chamber of Commerce hosted its 10th annual Taste of Beachwood, presented by DDR, at Embassy Suites in Beachwood. More than 250 attendees gathered to socialize, network, bid on silent auction packages and sample signature dishes from 19 local restaurants. The Beachwood High School Chamber Ensemble entertained the guests while they dined.

“Each year, the popularity of this event grows, with support from both the residential and business communities,” said BCC executive director Cindy Caldwell. “It’s really a fun event for everyone involved.”

This year’s restaurants included Bahama Breeze, Beachwood Bistro, Blue Canyon Kitchen & Tavern, Buffalo Wild Wings, California Salads, Cedar Creek Grille, Jim Alesci’s Place, Noce Gourmet Pizzeria, P.F. Chang’s, Park East Grill, Paladar Latin Kitchen, Piada Italian Street Food, Piccolo Italian Restaurant, Taza Lebanese Grill, The Chagrin Falls Popcorn Shop, UH Ahuja, Wasabi Japanese Steakhouse, and Zoup!

Congratulations to Park East Grill (at Embassy Suites) for winning the 2017 People’s Choice and Sponsors’ Choice Awards, and Bahama Breeze for winning the 2017 Best Display Award.

There’s always something cooking at the Chamber! For more information about upcoming events, call 216.831.0003 or visit www.beachwood.org.



There’s always something cooking at the Chamber!
For more information about upcoming events,
call 216.831.0003 or visit www.beachwood.org.



Photos by Scott Morrison, Discovery Photo

Programs at the Beachwood Library

The following programs are free and open to the community. Registration is required unless otherwise noted. To register, call 216.831.6868 or visit www.cuyahogalibrary.org.

Meet Author D.M. Pulley

Monday, December 4
7 - 8 pm

Local author D.M. Pulley, *The Dead Key* (2015) and *The Buried Book* (2016) will discuss her latest novel *The Unclaimed Victim*. In the book, set in 1938 at the height of the Great Depression, a madman hunts his victims through the hobo jungles of Cleveland. Ethel Harding, a prostitute struggling to survive both the cold streets and the Torso Killer, takes refuge with a missionary sect only to find that its righteous faade conceals the darkest of secrets. Sixty years later, the police find the butchered body of Alfred Wiley in the woods. But before his daughter Kris can even identify the remains, things he never told her begin to surface one by one. The more she learns about her father's obsession with the Torso Killer the more Alfred's death appears to be related, which pulls Kris further into Cleveland's hellish past. Books will be available for purchase and signing through Macs Backs on Coventry.

From Clutter to Clean – In 5 Easy Steps

Wednesday, December 6
7 - 8 pm

From Clutter to Clean - In 5 Easy Steps is for busy moms to empty nesters. Adina Forouzan is an experienced professional organizer who helps people examine their unorganized areas and develop systems that will work. She will help identify causes of clutter and suggest proactive solutions for organizing closets and other spaces around the home. Supported by Friends of the Beachwood Library.

Meet Author/Artist

Carolyn Frankel
Sunday, December 10
2 - 3 pm

Local author and artist Carolyn Frankel will talk about her new book *Be Like Rachel: Lessons of Character from Women of the Bible*. How can we make the world a better place? This book tries to answer that important question by demonstrating the values of some female biblical matriarchs. Carolyn tells their stories with use of the written word and vibrant, colorful artwork. Books will be available for purchase and signing. Registration is preferred but not required to attend.

Northern Ohio Opera League – Celebrate the Holidays With the 3 Tenors!

Sunday, December 10
2 - 3 pm

Please join us for this informative and entertaining monthly program about the music, history, story and performance of classic operas.

Through the Eyes of the Artist – Vincent Van Gogh

Friday, December 15
10 - 11 am

This program will dispel rumors and tales that surround Vincent Van Gogh's life with the true story of his passion and obsession. Through his words we begin to understand that "paintings have a life of their own that derives from the painter's soul." Art historian Felicia Zavarella Stadelman returns with her popular series on the lives and works of beloved artists. Sponsored by Friends of the Beachwood Library.

How to Fall in Love with Classical Masterpieces

Sunday, December 17
2 - 3:30 pm

Professor Irwin Shung from the Cleveland Institute of Music will perform some of classical music's most beloved titles and discuss what is so extraordinary about "great" music. This is a three part-series. Please plan to attend all sessions.

Third Wednesday/ Third Thursday Book Discussion

Wednesday, December 20
1 - 2 pm and
Thursday, December 21
2 - 3 pm

Monthly book discussion led by library staff. No registration required. All are welcome! Books are available at the circulation desk one month prior to each program date. Call the branch at 216.831.6868 for details.

Afternoon Art Adventures with U-Earth

Tuesday, December 5
4 pm
Grades 2 to 5

Students in grades 2 through 5 are invited to create fun art projects based on favorite children's books. Presented in cooperation with U-Earth (Ursuline Endless Art Healing), a student art therapy organization at Ursuline College.

Color Your World Happy with Teacher Debbie

Wednesday, December 6
10 am

Spend a morning with your little one enjoying music and hands-on creative learning while building self esteem. For children ages 18 months to 4 with a caregiver.

Friday Family Fun: Let It Snow!

Friday, December 8
10:30 am

Ages 2 to 6 with a caregiver
Winter's on the way – let's get ready with stories, songs and crafts.

Chinese Storytime

Saturday, December 9 and 23
10:30 am
Families

Enjoy stories, songs and rhymes in Mandarin Chinese and stay for a craft and playtime. Presented in cooperation with the Chinese Language and Culture Center.

Techy Tuesdays: LED Greeting Cards

December 12
4 pm
Grades 3 to 6

Calling all tech-savvy kids: This program is just for you. Stop by and create LED Greeting Cards.

Hebrew Storytime

Wednesday, December 20
4 pm
Ages 2 to 8 with a caregiver.

Enjoy Hebrew/English storytime where you will hear stories and songs in Hebrew and English. Presented in cooperation with the Jewish Education Center of Cleveland.

Build-O-Rama

Thursday, December 21
4 pm
Grades 1 to 5

Calling all LEGO lovers! Join us for our building blocks program. Bring your mad skills and create your own masterpiece using our LEGO pieces and a different building challenge each month!

Who's Buzzin' in Beachwood?

by Arlene Fine



Ten outstanding high school performers, the finalists from five counties in Northeast Ohio, sang their hearts out as they vied for college scholarships at Montefiore's Shining Star CLE 2017 competition held in the Ohio Theatre at Playhouse Square. TV personality Monica Robins served as the evening's emcee and the audience of more than 800 was wowed by all of the talent.

Funds raised from the event are earmarked to keep memory-care programs offered by Montefiore and The Weils at their best.

This first-time event created a lot of buzz through the community. As promised, this event proved to be an exceptional night of musical entertainment and a unique opportunity to support our talented youth and cherish elders.

Madelyn Wanke, a junior at Notre-Dame Cathedral Latin School in Munson Township was the first-place winner. She won a \$10,000 scholarship. More than \$20,000 was awarded in total.



Lee and Barbara Bellin Janovitz



Leah Ratner and Paul Sobel



Alan and Therese Blumenthal



Alan and Judi Vilensky



Ann Freimuth



Bruce and Sharon Rosenbaum, and Patty Rubin

Beachwood Arts Council Show Draws Crowds

Community members flocked to the Beachwood Community Center to view Carolyn Frankel's solo exhibit, "heart spiritu," which included works of art in acrylic and mixed-media. In addition to greeting guests at the opening-night reception, the artist signed copies of her new book, "Be Like Rachel, Lessons of Character From Women in the Bible." The exhibit was part of the Beachwood Arts Council Fall 2017 art programs.



Laura and Erol Beytas



Sharon Schlesinger and Ellen Klein



Barbara and Martin Flowerman



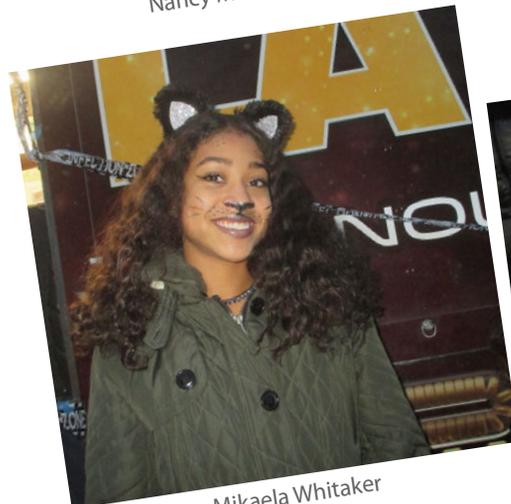
Beachwood Arts Council executive director Leah Gilbert with featured artist Carolyn Frankel



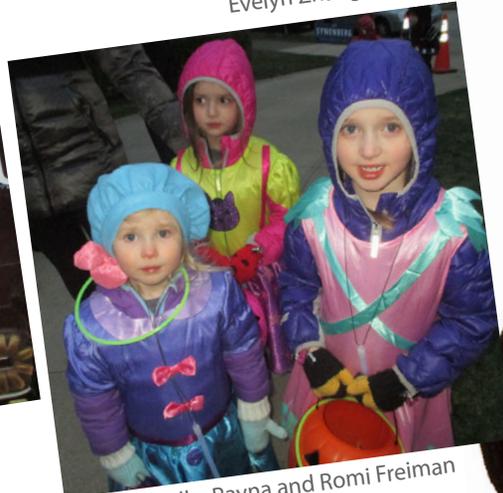
Nancy Mintz and Joshua Mintz



Richard Feng, Rena Berkowitz and Evelyn Zhang



Mikaela Whitaker



Moselle, Rayna and Romi Freiman

Witch Way to the Party?

Halloween night was a real treat at the home of Beachwood School Board member Joshua Mintz and his wife Elana. The couple hired the food truck DonutLab to bake sugary, hot donut holes, which were handed out to eager trick-or-treaters of all ages.



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The Chagrin Valley Camera Club

The Chagrin Valley Camera Club meets twice a month on Tuesdays, usually at the Beachwood Library (unless another location is indicated below). Meetings are from 7 to 9 pm. Guests are always welcome! Upcoming meetings include:

December 5

Join us for this "critique session," where contributed images will receive insightful feedback from a panel of fellow members, which will include helpful ideas for additional workflow treatments. The theme for this session will be images taken at zoos and other nature preserves. Submissions are currently limited to existing members; but even if you don't have a photo on display, these sessions are a great way to learn what other photographers look for when viewing a picture.

December 19

Join us for our "People's Choice" competition. Photos will be on display and the membership then votes on some of their favorites from several categories. It is a night of active engagement and all-around fun for participants and viewers alike. Voting is limited to members, but even if you are there simply to observe, it's a great way to gain a sense of both the expertise and the supportive nature of the club's membership as a whole.

For a complete overview of meetings, speakers and events, please visit <http://www.chagrinvalleycameraclub.com/>

Mandel JCC Winter Vacation Camp

December 26-29 and January 2-5

9am – 4 pm (Before and after camp available)

Mandel JCC • 26001 South Woodland • Beachwood

To register, visit mandeljcc.org/vacationcamps or call 216.831.0700, ext. 1322.

Enjoy all the fun of camp in winter – including exciting field trips, swimming, arts & crafts, sports, AM/PM care and a 5% sibling discount. Field trips include:

- Wednesday, December 27
Movie at Valley View Cinemas

- Friday, December 29
American Ninja Warrior, Bowling, Arcade and more at Rollhouse Entertainment
- Thursday, January 4
Mitchell's Ice Cream Tour and Tasting

J-Day Camps & Camp Wise Carnival

Wednesday, January 3 • 9 am - 12 pm

Grades K-6

Mandel JCC • 26001 South Woodland • Beachwood

Enjoy inflatables, face painting, carnival games, music, s'mores and optional outdoor

fun. For information and fees, call Abbey Phillips at 216.831.0700, ext. 1351.

Siegal Lifelong Learning Flash Sale

Treasures Gift Shop at the JCC has now closed, and savings will be passed along to the community. The Siegal Lifelong Learning Flash Sale, a two-day clearance of the store's stock, will take place Sunday, December 3, 10 am - 4 pm, and Monday, December 4, 10 am - 3 pm, at Landmark Centre, 25700 Science

Park Drive, Suite 100, Beachwood. Merchandise includes jewelry, books, gifts, Judaica and more. Prices have been reduced and members of the Lifelong Learning program will receive an additional 10% discount. For more information, visit <http://case.edu/lifelonglearning> or call 216.368.2090.

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