

Beachwood

July 2018

Every Resident. Every

Buzz

MAGAZINE



STERNFELD ENTERS NEW STAGE IN LIFE WITH BROADWAY PRODUCTIONS

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Features, events, programs and much more!

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A few years ago I wrote an editorial about Randy Pausch, best known for his “Last Lecture” that was delivered at Carnegie Mellon University on September 18, 2007. The book, based on his lecture, was co-written by Pausch and *Wall Street Journal* reporter Jeffrey Zaslow in 2008. In his lecture, Pausch talked about his childhood dreams, how he achieved them, how he enabled the dreams of others, and lessons learned, which are summarized below. When he wrote his lecture, he did so as a lasting legacy for his children.

I repeat this article because I’ve reproduced it several times as an 8x10 photo, which I’ve framed and gifted (*pictured, left*). This month, I offer the 8x10 file as a jpg, which can be printed and framed for your personal use. Just email me at beachwodbuzz@gmail.com and put “photo file” in the subject line.

Pausch said, “It’s not about how to achieve your dreams, but how to lead your life. If you lead your life the right way, the Karma will take care of itself. The dreams will come to you.” He lost his life to pancreatic cancer on July 25, 2008, at the age of 47.

“It’s not about how to achieve your dreams, but how to lead your life. If you lead your life the right way, the Karma will take care of itself. The dreams will come to you.”

~ Randy Pausch

- Life is precious.
- Don't compare your life to others, you have no idea what their journey is all about.
- Invest your energy in the positive, present moment.
- Don't take yourself so seriously, nobody else does.
- Don't waste your precious energy on gossip.
- Dream more while you are awake.
- Life is too short to waste time hating anyone.
- Make peace with your past so it won't spoil the present.
- No one is in charge of your happiness except you.
- Smile and laugh more.
- You don't have to win every argument.
- Agree to disagree.
- Call your family often.
- Spend time with people over the age of 70 and under the age of 6.
- Try to make at least three people smile each day.
- What other people think of you is none of your business.
- Your job will not take care of you when you are sick. Your family and friends will. Stay in touch.
- Do the right things.
- However good or bad a situation is, it will change.
- No matter how you feel, get up, dress up and show up.
- Get rid of anything that isn't useful, beautiful or joyful.
- Never stop believing in your dreams.
- Be good at something – It makes you valuable.
- Experience is what you get when you didn't get what you wanted.
- Never lose the child-like wonder. It's what drives us.
- Have fun.
- It's not what you say, but how you say it.
- You can have your cake and eat it too.
- Work and play well with others.
- Apologize when you screw up.
- Never give up.
- Show gratitude.
- Find the best in everybody.
- We cannot change the cards we are dealt, just how we play the hand.
- Don't complain. Just work harder.
- Get out of your comfort zone.
- Luck is where preparation meets opportunity.
- People are more important than things.
- You can always change your plan but only if you have one.
- Time is all you have and you may find one day that you have less than you think.
- The best is yet to come.

My 20th Cancerversary!

It was twenty years ago this month that I woke from surgery to my husband's voice telling me that "I have to survive." After coming to, I learned that I had stage-3 ovarian cancer and would need two surgeries, and three rounds of chemotherapy. For each round of chemo, I was admitted to the hospital for five days, since it was around-the-clock therapy.

Our son, Brett, was two at the time. Thankfully, we had the support of our family and amazing babysitter (Harriett) to look after him. It was a crazy summer, to say the least, between doctor's appointments, hospital stays and CT scans. I did what most of us do and plowed through it, knowing that at some point it would come to an end and soon I would go back to living my normal life.

Well, going back to my normal life was wishful thinking on my part. As I left the hospital, I felt this inexplicable fear that wasn't present at the time of diagnosis or treatment. Plus, my body was depleted and I felt like I no longer had control over my health.

All these questions were running through my head about what I could do moving forward to gain my health back and give me some sort of assurance that I would never have to go through this again.

Fast-forward twenty years and this is what I've learned:

- There are no guarantees, but each day I have a choice. I choose to feel blessed. I choose to feel grateful. I choose to be happy. I choose healthy foods. I choose to exercise. I choose to surround myself with people who lift me up and have my back.
- When I remove things that no longer serve me, such as fear, regret, worry and blame, my health and life improve.
- My body may no longer be the same as it was pre-cancer, but my spirit and faith have soared.
- Health is not something to be taken for granted. It is some-

thing that I must work hard to maintain.

- If we didn't struggle, we wouldn't grow and evolve.
- Cancer is my teacher. It has taught me what's important and what to let go of. It has taught me resilience. It has taught me that I can make myself a priority and still be a great mother and wife. It has taught me the gift of being present. The importance of knowing when

to say "yes" to something and when to say "no".

- And, finally, cancer has taught me not to settle in any part of my life.

If you or a loved one have been touched by cancer, what is one great lesson you have learned from it? Just email me at hayley@revivewellness.com. I'd love to hear from you!

With love and good health,
Hayley Dubin



Whether or not you have been touched by cancer, the following lifestyle information is beneficial:

Hayley, a Beachwood resident, is a certified-health coach through the Institute for Integrative Nutrition, and founder of reVIVE wellness. As a 20-year ovarian cancer survivor, her passion is to help people overcome the physical, mental and emotional challenges that the cancer journey can bring.

Since Hayley's cancer diagnosis, she has dedicated her life's work to teaching those who are recovering from a cancer diagnosis how to nourish their body, mind and soul so they will feel confident in their ability to remain healthy and cancer free. Whether or not you have been touched by cancer, the following lifestyle information is beneficial:

- Increase your intake of cruciferous vegetables, which include broccoli, broccoli sprouts, kale, cauliflower, Brussels sprouts, bok choy, radishes and arugula, all of which contain sulfur compounds that have cancer-protective properties that help rid the body of carcinogens and inhibit the growth of cancer cells. Studies show that when a population increases consumption, cancer rates drop by 40%.
- Practice self care daily to control stress. When you're under stress, your body releases the hormones cortisol and adrenalin, which comes in handy at times, but when chronic, suppresses the immune system. When your immune system is compromised, you're not as well equipped to fight off cancer. When you are relaxed, your body increases the production of natural killer cells that actually recognize and destroy cancer cells. To relax and unwind, try taking a candle-lit bath, get out in nature, meditate, or do something that brings you complete joy for at least 10 minutes each day.
- One of the most important things we can do to reduce our rates of cancer and recurrence is to reduce our blood sugar, blood insulin and body fat. Why? High blood sugar supplies fuel for cancer

cells, which increases the risk of many cancers; and high body fat increases inflammation, which is present in all cancers. To reduce blood sugar and insulin, avoid refined carbohydrates, such as white flour, white sugar and high-fructose corn syrup. If it's white, chances are it will raise your blood sugar. To slow down carbohydrate absorption into the blood stream, eat fiber, from foods like whole grains, beans, green leafy vegetables and fruit; and healthy fats, like avocados, olives, walnuts and ground flaxseeds with your meals.

These are just three of seven tips that Hayley shares in her ebook, "Seven TOP TIPS to Keep Cancer Away and Feel Confident in Your Body Again." To receive more anti-cancer tips, recipes, or her complete ebook (free), visit www.revivewellness.com.

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2016
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Cover Photo



"I don't know how 18-year-olds are supposed to know what they want to do in life," says Fred Sternfeld, a 61-year-old Beachwood resident and avid local theater director. He clearly identifies with this issue since a direct career path eluded him early in his adult life. What he'd like to share with others who are experiencing this quandary is that it'll be okay. He offers his own professional journey as a testament to his belief.

*Complete story starts on page 6.
Cover photo and inside photo of Randi and Fred Sternfeld by
Scott Morrison, Discovery Photo.*

City Council Update • Pages 32-36

Summer Concert Series

50-Year Resident Salute

Be a Member!

Welcome Lynn B. Johnson

Charter Review Town Meeting

Be a Good Dog Owner

Upcoming Meetings

Celebrate Beachwood City Park

Senior Police Academy

Sign Up for Code Red

Lockbox Program

Fire Pits and Chimineas

Richmond Road Northbound

Gas Line Replacement

Pickleball Tournament

Upcoming Art Exhibits

Solicitation Regulations

Commercial Property Owners

Energy Efficiency Program

Safety Town Volunteer Opportunity

Use Caution and Be Seen

Movie Nights

Beachwood City Schools • Pages 38-49

Beachwood Schools Congratulates the Class of 2018

Academic Recognition

Beachwood PTO Scholarship Recipients

BSF Scholarships and Awards

Additional Scholarships and Awards

Department Scholarships and Awards

College Decisions 2018

Congratulations BHS on Another Stellar Year

State Champions Again

Coach of the Year

Scholar Athletes

Graduation 2018

**Next Month's Special Section is "Back to School!"
Email BeachwoodBuzzSales for Details!**

A photograph of Fred Sternfeld, a man with grey hair and a beard, wearing a dark suit jacket over a light blue shirt. He is smiling and standing in what appears to be a theater workshop or backstage area, with various equipment and cables visible in the background.

STERNFELD ENTERS NEW STAGE IN LIFE WITH BROADWAY PRODUCTIONS

By June Scharf

"I don't know how 18-year-olds are supposed to know what they want to do in life," says Fred Sternfeld, a 61-year-old Beachwood resident and avid local theater director. He clearly identifies with this issue since a direct career path eluded him early in his adult life. What he'd like to share with others who are experiencing this quandary is that it'll be okay. He offers his own professional journey as a testament to his belief.

The latest and very noteworthy development in his life devoted to theater involves a producing role in the first Broadway revival of the 1991 musical *The Secret Garden*. It will be directed and choreographed by Tony Award winner Warren Carlyle for an opening in the 2018-19 Broadway season. Well-known New York producers, Gerald Goehring and Michael F. Mitri of Patriot Productions, picked up the show's option in 2017.

Goehring, who has guest lectured in town at Baldwin Wallace University, notes that what he sees in Sternfeld is someone who "has a sensibility for what stories need and what artists and the creative team require to stage a play." For this reason and others, he involved Sternfeld in the entire creative process for *The Secret Garden*, beginning with casting and employing many of his insightful notes.

"They (Fred and co-producer/wife Randi)

understand what each department needs, and they have the theater experience and background that make them very good at this work," Goehring adds.

During a recent staging without sets or costumes for an audience of theater owners, producers, investors and tour operators, the show received two standing ovations, which is typically unheard of during this process, according to Sternfeld.

"We're thrilled with where the show is right now," he adds.

Sternfeld also plays a co-producing role, along with Randi and a slate of other investors, in *Be More Chill*, a hip, underground favorite with a cult-like following that will be staged Off Broadway at the Pershing Square Signature Theater, opening in August. This staging marks the musical's New York premiere, with a limited run through the end of September. It stars Will Roland, a cast member from *Dear Evan Hansen* and the originator of the Jared Kleinman role from which he stepped away last month. Goehring will play a lead producing role as well.

Based on Ned Vizzini's cult novel, the coming-of-age pop-rock musical tells the story of Jeremy Heere, an average teenager who, tempted by the prospect of popularity, ingests a pill-size supercomputer that makes him more cool and chill.

At a recent special event at the Signature Theatre, hundreds showed up to meet the cast, get signed autographs, have pictures taken with cast members and buy tickets. Despite never previously playing in New York, the musical has gathered a massive online fan base, becoming Tumblr's second most-talked-about musical on its platform last year behind *Hamilton*, and the cast album has passed 100 million streams in the U.S.

"The show is very funny and the songs are great. It's a very relatable narrative and the sci-fi aspect is unique," Sternfeld explains. "It has some really touching moments, too."

Another current producing association he possesses lies with *Intermission! The Musical!* It was written and will be directed by Jerry Zucker in his theater debut. He's made his mark as a writer/director/producer who often delivers over-the-top material and is responsible for co-writing the scripts for the movies *Airplane!* and *The Naked Gun*. After a successful lab production last year, the script is in the process of being revised and will probably be scheduled for production sometime in the next year or so, he reports.

As of press time (unless Jerry changes the script), it tells the story of two dim-witted brothers who go to Potku-Potku (a tiny monarchy located... somewhere) after receiving an email from someone they have never heard of, claiming that money has been left to them by a relative they never knew they had. They each fall in love, get caught up in a military coup, join a band of revolutionaries and must save the country.

The path that led Sternfeld to Broadway began at Camp Wise in the early 1970s when he saw the rock opera *Joseph and the Amazing Technicolor Dreamcoat*. "The performances that director Bebe Weinberg Katz got out of the kids were amazing. The show was funny, highly entertaining and really touching," he says.

It inspired him to become involved with the Cleveland Jewish Community Center's youth theater program, also helmed by Katz, working backstage. "I just wanted to be part of it." He was recruited, however, to perform in the show *Holy Moses!* because there weren't enough guys available to fill the roles. During rehearsals, he says, he always had ideas about production aspects of the show, but it wasn't his place to act on them, he explains.



"The New Rochelle Ensemble" in the Cleveland JCC production of *Ragtime, The Musical*, at Tri C East, 2004.

Finally, he secured his first directing experience at Camp Wise in 1976, when the camp staged several productions during the summer sessions. Relying solely on his instincts and the experience he had being in a few productions, he directed *Music Man* and *Peter Pan*.

The Orange High School graduate (and member of the Alumni Hall of Fame) initially followed in the footsteps of his father, a scientist with a Ph.D. in organic chemistry, who founded a business in the chemical manufacturing industry. Sternfeld entered the University of Cincinnati as a pre-med major because he knew he had "a chromosome for science and got all A's in those classes." While following this tract, he still yearned for the theater. This drove him to transfer to Case Western Reserve University where he majored in dance, theater and social work.

After a year there, he transferred to Cleveland State University where he narrowed his focus to be strictly a theater major, and he studied with Joe Garry and renowned Cleveland actor and director, the late Reuben Silver, husband of Cleveland's theater doyenne and indomitable actress, Dorothy Silver. Sternfeld ultimately completed a degree in theater at Kent State University.

"It took me six years at four colleges to get a four-year degree," he notes. "I always got good grades, so my parents were supportive."

Part of the theater's draw is the way it taps Sternfeld's love of storytelling. "I enjoy seeing people moved by a story. I like the laughter and the tears." Having an impact on people resonates with him. But he also finds great traction with the creative process. "I love to work with the actors and designers," he adds.

I enjoy seeing people moved by a story. I like the laughter and the tears.

– Fred Sternfeld, theater director and producer, both locally and in New York

While he enjoyed acting, he was dedicated to directing because he enjoyed overseeing the entire process. His disposition seems to lend itself well to directing theater, too, with his soft-spoken, calm, empathetic, imaginative and passionate tendencies. But he also likes to sing and play guitar as hobbies.

After college, Sternfeld found work managing the theater at the Lakewood Civic Auditorium, then he left that job to apply classes toward his Master's degree in directing at Pennsylvania State University. He departed Penn State when he was offered a full-time job as the cultural and performing arts director at the Dallas JCC. Several years later, he returned to Cleveland to become the artistic director at Lakewood Little Theater at the Beck Center for the Arts. In this position, he planned a 12-show season on two stages, directing half of the productions himself.

He always felt a pull to be in Jewish theater, so he next accepted a position to run a professional theater (SPT – AEA) at the Stroum JCC of Greater Seattle. While he says he's not religious, he does feel a tight connection with the Jewish com-



Co-producers Randi and Fred Sternfeld



Grammy Award winning and Tony nominated composer Lucy Simon, with Fred and Randi Sternfeld, at the recent lab production of the Broadway-bound revival of *The Secret Garden*.

munity on a cultural level, which is why he went across the country to pursue the opportunity.

The theater of life, however, intervened when his father had a second stroke. It was then time to come home because his help was needed with running the family chemical manufacturing business. Sternfeld joined his

brother Rob and worked at Research Organics, Inc. as executive vice president for nearly 10 years, until 2001.

This period overlapped with two sobering incidents. In 1999, he lost his sister Diane to ovarian cancer and his mother Violet to a stroke in 2000.

"It was a heartbreaking time

and I went through an introspective period where I re-evaluated what I wanted to be doing with my life. While I did enjoy running the chemical business, I realized that you only have one go-around on this planet, so I made the decision to leave the business and pursue my passion by resuming full-time theater activities."

Fred increased his directing and co-founded the Fairmount Performing Arts Conservatory with Tom Fulton, and subsequently, the Hathaway Brown Theatre Institute with Bebe Weinberg Katz, both of which are pre-professional performing-arts training programs. Several of his students continued with their acting careers and have appeared on Broadway, in major regional theaters and in film and television.

Fred has spent more than 40 years directing more than 125 shows and is a member of the Stage Directors and Choreographers Society. He says he finds he's as equally interested in straight theater as in musicals. Some of his greatest influences came from his mentors and friends Dorothy Silver, whose stage ubiquity continues, and Tom Fulton, who now runs the Academy for the Performing Arts in Chagrin Falls.

The shows he directed at local theaters over the years have won more than 100 awards, including those staged at Cain Park, Dobama, Ensemble, Ceasar's Forum, Karamu and the JCC Halle Theatre, among other venues. One of his production's noteworthy recognitions included the Cleveland Critics Circle Awards, 2004, for "Best Director" and "Best Musical Production" for *Ragtime, The Musical*, staged for the Cleveland JCC at Tri-C East.

For a long list of other awards, visit the "awards" tab on his website, fredsternfeld.com.

Sternfeld is also proud of his accomplishment involving the creation of the Northeast Ohio Performing Arts List, an award-winning, free, online arts news service that has more than 9,000 subscribers.

Most recently, he was involved with directing a reading of *Church and State*, staged at Interplay Jewish Theater at Dobama. Early in 2019, he will direct *Other Desert Cities* at the Clague Playhouse.

Theater is a family affair, something demonstrated by how Sternfeld met his wife Randi through what he calls a "show-mance." They became acquainted when they both participated at the JCC in Cleveland where Randi was an actor and Fred was an assistant director. She has a degree in theater as well, and her background includes acting, singing and dancing.

They've been married for 35 years and are the parents of Daniel and Adam who are both software engineers. Adam is married to Rachel Sternfeld (nee Budin, daughter of Sternfeld's best friend of 40+ years, Noah Budin) and they have a son named Thomas Wallace Sternfeld.

His circuitous route to career satisfaction serves as a solid lesson to others. "I had a roundabout career journey and have enjoyed every second of it, even when I didn't know what I was going to do next."

For more information about Sternfeld, see fredsternfeld.com

Dear Friends of the Arts:



The Beachwood Arts Council is having a membership drive and invites you to become a member of one of the finest arts councils in northeast Ohio. For more than 50 years, BAC has offered a variety of arts programming, including:

- Exhibitions of artwork by local and national artists
- Museum, garden, and artist studio tours
- Local diversity festivals showcasing Cleveland's ethnic communities
- Annual art shows, including the Ileen Kelner Juried High School Art Show and the Beachwood K-12 Student Show
- Special events featuring visual, musical, performing, and culinary arts
- Hands-on projects where you create the art, such as glassblowing and silk scarf painting

Additionally, BAC gives back to the community by granting the Si Wachsberger Arts Scholarship Award each year. The recipient is a regional high school senior who will pursue his or her artistic dream in college. Please consider donating to this very worthwhile fund.

Join us and help support our efforts to showcase the arts in Beachwood and neighboring communities. We welcome members anytime during the year; however, our fiscal year runs from July 1 through June 30.

Memberships start at \$30 and we ask for your support. Join others who believe that supporting BAC is both worthwhile and gratifying.

One of BAC's ongoing fundraisers is the sale of art cards, a pack of 16 blank note cards designed by Beachwood residents. Each pack costs only \$10 and with your purchase, you support the arts. These cards are great to keep on hand, both for yourself and for gifts.

BAC membership and participation are open to all residents of northeast Ohio. Please visit our Facebook page at Beachwood Arts Council and our website page at www.beachwoodartscouncil.org for listings of upcoming programs, photos of past events, and more details.

To become a member or purchase art cards – or for more information – call us at 216.595.3400.

BAC is a 501(c)(3) organization. Your meaningful support is tax-deductible to the extent allowed by law.

Thank you!

Sincerely,
BAC Membership Co-Chairs
Susan Haas, Ellen Hacker and
Paula Rollins

Join us and help support
our efforts to showcase
the arts in Beachwood and
neighboring communities.

Financial Tips for Recent Grads

Congratulations to Andrew Kitay, a BHS grad who received the Robert E. Georges Pace Setters Award from the Fisher College of Business at OSU, which is awarded to the top-graduating senior in Fisher, based on academics and leadership. The full story is on page 18. Here are some of Andrew's financial tips for graduating seniors:

To build a strong financial foundation:

- Be money-conscious. Maybe start by just checking your bank balances on your mobile bank app once or twice a week. There are also budgeting mobile apps such as mint.com that can help visualize your spending for you. In college, it's important to do things you want, but be reasonable with yourself and keep your long-term goals in mind.
- Make sure you understand the types of student loans you are

taking out. Taking the time to understand the differences between subsidized vs. unsubsidized or federal vs. private loans will allow you to be much more confident about your financial situation. Do your research and ask questions.

- If you use a credit card, be sure to pay it – in full – each month. Also, do not charge more than 30% of your credit limit. This utilization rate is just as important as paying in full. The key is to charge 30% OR LESS of your limit each month. Small charges will help you build credit faster. For more information, NerdWallet.com is a good resource.
- Don't stop looking for scholarships after your first year. Be proactive. Fewer people apply during their 2nd, 3rd and 4th+ undergraduate years.

2018 BEACHWOOD BOOSTERS
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2018 Beachwood Athletic Booster Bash

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Beachwood High School Community Meeting Room

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Proceeds from the TREE OF LIFE™ Award Dinner will benefit JNF's important work in Israel, including the Sderot Indoor Recreation Center.

MORE INFORMATION
 Mindy Feigenbaum, Director, Northern Ohio,
mfeigenbaum@jnf.org, 216.292.8733.



JEWISH
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Your Voice in Israel

Sisters Make Living Look Easy in Their 90s

by June Scharf

When Gloria (Hersh) Greenwald, 94, entertains a reporter, 49, in her lovely apartment at Wiggins, she tends to every detail. That includes moving a chair over to a small table to accommodate three comfortably, including her sister Lois (Hersh) Cone, 92.

What 94-year-old moves furniture by herself?? Apparently, Gloria does. But the reporter returned it to its original spot before departing. Who lets a senior move her own furniture?

As Lois says, it's not that they are old. It's more like everyone else is much younger. It's actually more like what really matters is the narrative one tells oneself. These ladies do not set limits, nor do their minds dwell on the dark side of life.

Nothing slows these two down. For example, Gloria very recently got into a car accident that damaged her car and convinced her that her driving days are over. Lois hasn't been driving for several years either. So no sweat, Gloria says she'll figure out another way to get to her weekly salon appointment to maintain her perfectly teased tresses. Not a trace of stress or tension in her voice.

Lois lost her husband, Ray, at age 99, two-and-a-half years ago, but having her sister living so close to her apartment in R.H. Myers has made quite a difference for her. They talk on the telephone daily and when they say good-bye to each other, they deliver a quick kiss on the lips.

Their personal styles show contrasts, but their energy levels are perfect matches. They complement each other well in terms of their temperaments and outlooks with Gloria being the bigger bolder personality and flashier dresser, and Lois being more subdued and conservative. Also, both are similarly engaged with their children, grandchildren and great grandchildren's lives, although they sometimes forget the offsprings' names.

While age may just be a number, Lois did defer to Gloria by saying Gloria should tell her story first since she's older. So Gloria

did. What she shared related to living a life that she never quite expected. More specifically, when her husband fell ill, she needed to take over his advertising business. She also filled in for him as vice director of the six-city Heights Area Chamber of Commerce.

"I didn't know anything, but I learned quickly!" she explains.

They specialized in advertising for shopping centers and their clients included Pavilion, Golden Gate, Eastgate, Severance and Chagrin/Lee/Avalon, among others.

"I went from being at home to being in business. It was very exciting – I loved it!"

The sisters attended Cleveland Heights High School and, as fate would have it, they have been meeting up with their high school sorority sisters at Wiggins – at least 10 of them, Gloria reports! Maybe this gives actual definition to life coming full circle? In any event, "it blows my mind," Gloria says.

For the record, Gloria was a TSB while Lois was an SDG. If you aren't familiar with these letters, you're too young, don't worry about it. This would also mean you were born long after the days of the sisters' childhood, which they fondly recall as being a time when kids ran free.

"Our parents never had to worry about us," says Lois.

Their home was on Lee Road and Euclid Heights Boulevard. "We walked to Coventry – we never heard about any crime. We would go and do and never be afraid of anything. We never even locked our doors."

Maybe this carefree childhood helped hardwire happiness into their systems. Gloria made a very public display of her own positive feelings many years later with her license plate that matched the second man in her life's plate for



Gloria (Hersh) Greenwald and Lois (Hersh) Cone

many years: "IMHAPPY1" paired with "IMHAPPY2."

After Gloria's decades-long marriage ended, she was involved in a long-term relationship. He too passed, so she was once again on the prowl, and met a nice man at Wiggins shortly after she moved in. Gloria has enjoyed cooking for him occasionally, and she certainly has all the dishes and acumen to pull it off with aplomb. While she admits she's a romantic, she also believes in the old classic wisdom: the way to a man's heart is... through his stomach.

Since family is so important to both ladies, it bears noting their descendants. Lois has three daughters: Ilana Facter, Randi Cone and Susan Porges. Ilana and Norm have two children, Sarah Factor and Jordan. Sarah and Scott have three children, Jaden, Cameron and Mason. Jordan is engaged to Katie Moran. Randi has a daughter, Kyra, who just graduated from Beachwood High School. Susan and Paul are parents of Alexa and Adam, and Adam is married to Jodie.

Gloria has two sons: Gary and Marc. Gary and Nancy have a daughter, Lindsey. Marc and Adie's daughter is Amanda, and their granddaughter is Jazmin.

Lois always had close ties with

family. After high school graduation, a year early, she attended the University of Michigan. As a sophomore, she transferred to University of Miami when her parents moved to Florida. As a senior, when her parents moved back to Cleveland, Lois finished up her degree at Mather College for Women. Where Lois's parents went, she went!

Lois met Ray when she moved back to Cleveland, right after he returned from the war. They dated for a short time and married the day after Lois's graduation.

When their children were teens, Lois attended Notre Dame College to earn her teaching certificate. She then taught home economics at Wiley Junior High and at Cleveland Heights High School.

Life with Ray was filled with lots of laughter, she recalls, and the company of many friends. Now she enjoys making new friends at Myers. Lois would likely echo Gloria's sentiments surrounding life and aging: "Not everything goes smoothly, but you just roll with the changes."

Gloria further notes, "Sometimes you wonder if you can manage everything... but you do." And both ladies continue to embrace what life has to offer. Often, that is each other.

A New Office Space Concept for Behavioral Health Professionals

After a successful career as a management consultant and corporate real estate expert living in London and New York City, Scott Zimmerman, a Cleveland native, returned to Cleveland to launch Nexis Medical Offices, a business created to help behavioral health professionals, prescribers and related non-profits focus their time on helping clients while reducing their costs.

Scott earned his law degree and MBA from Ohio State, relocated to New York, and worked as a management consultant for Deloitte Consulting. His last client, Thomson Reuters, hired him to work in London, to manage a real estate portfolio across Europe, Middle East and Africa. During this time, he observed that while medical professionals utilized medical facilities for procedures, they used more affordable shared office space for consultations.

This split-space concept made good business sense to Scott, since the cost of using medical space is higher than office space. Scott dug in deeper and chose to bring this concept back home. He used his management consulting background, which was built around cost control and efficiency, to determine how to leverage technology and process to do things better and less expensively. He recognized an opportunity and, over the next few years, created a business plan.

Today, Nexis Medical Offices offers to behavioral health professionals, prescribers and related non-profit organizations the convenience, flexibility, peace of mind and community they need to cultivate their practices without the complications or commitments of navigating traditional real estate leases.

"When you employ this sort of setup, you can increase revenue by decreasing overhead costs. Plus, when you eliminate real es-

tate and maintenance issues, you free up more time to spend with clients," Scott told us. "Real estate costs shouldn't be more than 20% of what you take in, and often, people don't analyze their total cost of occupancy that way."

Medical office space is expensive to build, outfit and rent, especially if you don't need it 24/7. Since many practitioners do not need full-time office space, Nexis provides members with an opportunity to rent space on an as-needed basis, while keeping complete ownership of their practices.

Located in Signature Square on Chagrin Blvd., Nexis offers a waiting area, seven offices and a group therapy room, all designed with modern, contemporary décor. Rather than a desk and a couple of chairs, treatment rooms offer couches, love seats and arm chairs set up for therapy and clinical work. A technology kiosk is used in the reception area to alert providers of their client's arrival and all providers have a key fob, which keeps the space secured.

The Cleveland Rape Crisis Center signed on to operate its Beachwood location full-time out of Nexis. They did not have to find space or spend time and money building it to their specs, and they report an annual cost savings of 60%.

"Survivors of sexual trauma live in every community in Northeast Ohio. As a trauma therapist and Beachwood resident, I'm excited to be in Nexis Medical Offices



Scott Zimmerman in one of his outfitted Nexis Medical Offices.

where we provide survivors with more options for support," said Carly Hodgins, MSSA, LISW. "The Cleveland Rape Crisis Center is a great resource for our community and this location is perfect. Our space is private, comfortable and easy to access."

"It is my goal for practitioners to network, get referrals and refer out; to have the freedom of a solo practice with the power of a group practice," he said.

Space is available to individual providers, agencies and hospitals, and is especially effective when they want to start a practice, grow their footprint or are winding down. "It comes down to asking yourself, what is your business? Real estate or helping clients with behavioral health needs?," Scott commented. "If it's the latter, focus on that. Let someone else handle the real estate and maintenance, especially when they can save you money."

Scott has done his homework and is a resource for those who use his space. He has vetted vendors for credentialing, insurance, electronic health records and

practice management technology - whatever is needed to help people get started. Since Nexis offices are limited to behavioral health professionals, everything is HIPAA-compliant. Scott has a network of preferred vendors to help solve EHR, and practice management technology needs. He will also help with administration, technology, and business strategy.

"It is my goal for practitioners to network, get referrals and refer out; to have the freedom of a solo practice with the power of a group practice," he said. "I offer a member agreement, not a lease. Customers feel at home here. I have a stocked supply cabinet as well as beverages and snacks in the kitchen at no charge. I don't nickel and dime. Just be kind and don't take advantage."

Since there is a clean-desk policy when offices aren't in use, mobile storage units are available, which may be rolled into a locked closet.

"I enjoy helping people get started," Scott said. "My corporate background comes into play and it's to my advantage to have customers be more successful. The more successful they are, the more time they'll be here, the happier they'll be and the more friends they'll tell."

For more information, call 216.706.2603 or visit www.Nexis-Medical.com.

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The Fairmount Cocktail Bar

The Fairmount Cocktail Bar, upscale, casual and chic with a massive outdoor space, was named 2018 BEST PATIO IN THE EAST by *Cleveland Magazine*, and is your spot for bringing groups together. It features a full outdoor bar, all new summer menu, large screen projection TV and stone slab pizzas.

Customers love the vegan menu, happy hour and late-night specials. The bottled and canned beer menu has everything imaginable and the "Beer Board" includes the everchanging selection of drafts. Cocktail lovers, this is the place for you!



The Fairmount is award winning, friendly, and laid back as a craft cocktail bar gets. It is your place to relax and enjoy the neighborhood vibe.

Then, there's the extensive list of wines and aperitifs. The all-new summer menu includes creative twists on classic American small plates, seasonal entrees and house-tossed stone slab pizzas. The Fairmount is award winning, friendly, and laid back as a craft cocktail bar gets. It is your place to relax and enjoy the neighborhood vibe. **CHEERS!**

The Fairmount is located at 2448 Fairmount Boulevard in Cleveland Heights, at Cedar and Fairmount. For more information, visit thefairmount.net or call 216.229.9463.



The Fairmount Cocktail Bar
2448 Fairmount Blvd. in Cleveland Heights

NCJW/Cleveland Names New President, Board at Annual Meeting

Elaine Geller of Beachwood was named president of National Council of Jewish Women/Cleveland at the 124th Annual Meeting on June 13. Her two-year term begins July 1. She has served in a number of roles: president-elect for one year, chair of the Human Trafficking Committee since its inception in 2014, vice president for Finance and Treasury, and recording secretary. Elaine has received many awards for her work in human trafficking. Prior to her volunteer career with NCJW, she was a vice president for the Federal Reserve System.

Vice presidents and board members were announced as follows:

- Laura Kuntz (Shaker Heights), vice president, Advocacy
- Leslie Resnik (Orange), vice

president, Communications, third term

- Heather Schlang (Moreland Hills) and Dana Trau (Solon), vice presidents, Community Service
- Gal Sands (Cleveland Heights), vice president, Finance and Treasury, second term
- Wendie Forman (Pepper Pike), vice president, Fund Development, second term
- Leslie Levine (Beachwood), vice president, Membership, third term
- Cindy Glazer (Orange), vice president, Program/Education
- Michele Kaminsky (Beachwood) and Debbie Rosenthal (Orange), vice presidents, Retail Operations, third term
- Janice Hirshon (Cleveland), recording secretary
- Myrna Arlen Bloch (Lyndhurst)

and Susie Gordon (Pepper Pike), honorary directors, immediate past co-presidents

New board members include: Maureen Ordman-Fike (Wil-loughby Hills), Jean Heflich (Beachwood), Eva Hurst (Shaker Heights), Lynn Jacobs (Solon), Erin Oakley (Orange), Susan Ringel (Pepper Pike), and Marcy Schwartz (Moreland Hills).

Continuing board members include: Roz Grossner (Moreland Hills), Cheryl Miller (Orange), JoAnn Salon (Shaker Heights), Nessa Siegel (Lyndhurst), Shani Spiegler (Orange), Cyndy Fellenbaum (Pepper Pike), Ellen Leavitt (Chesterland), and Marilyn Oif (Beachwood).

The 12th annual Roslyn Z. Wolf grant was awarded to Cleveland Kids Book Bank, an organization



Elaine Geller, NCJW president.

that has given away more than one million books to families in need since March, 2016. The \$10,000 grant will be used to "Prevent Summer Reading Slide," by distributing 30,000 books to disadvantaged children through recreation center programs this summer. The award is given to an organization that represents the mission of the National Council of Jewish Women to improve and change lives for women, children and families. It was established in memory of Roslyn Z. Wolf.

Eton, Chagrin Boulevard

Eton Chagrin Boulevard will host its semi-annual Sidewalk Sale from Thursday, July 12 through Monday, July 16. Throughout the weekend, Eton's locally-owned boutiques and national brands will debut their best sales of the season at their store fronts and invite patrons to shop these rare summer deals.

Balloons, music and a visit from Sweet! Mobile Cupcakery dessert truck will also be a part of the weekend's festivities.

Throughout the summer, Eton offers the following programs:

Each Saturday, at 10 am, enjoy an outdoor, all-levels vinyasa flow yoga class taught by instructors of Cleveland Yoga. Each class is \$12, and can be purchased online at clevelandyoga.com or at the beginning of class. Eton's friends at Paladar Cleveland are then offering a yummy brunch deal to every participant after class, every week. See your instructor for details.

Enjoy live music with the Boulevard Beats concert series every Saturday this summer, from 6-8 pm, outside of Barnes & Noble. A new group, duo or soloist is welcomed every week to provide an array of genres.

Northeast Ohio Parent brings kid-friendly summer fun on one Tuesday a month through August, giving parents a great way to get their children outside to enjoy the sunshine. Make plans to visit Eton on July 17 for Eton Explorers Super Heroes & Princesses party, presented in conjunction with The Lillian and Betty Ratner School. For details, visit our website.

Shop.Dine.Play.Experience at Eton Chagrin Boulevard. For more information, visit etonchagrinblvd.com/events.

Mama D's Diner

Come for the food, stay for the hospitality!

Beachwood resident Rob Ferns, owner of Jets Pizza, always had a dream of opening a restaurant that is managed by his mother, Mama D. He shared this vision with Zach Marcus, BHS Grad (Class of '04), who majored at Ohio University in restaurant, hotel and tourism management, as well as business. Zach always wanted to get into the restaurant business and the timing was perfect.

Mama D's Diner, located at 5416 Mayfield Road, seats 26 people. "It's Lyndhurst's only diner on Mayfield Road," Zach told us. "We serve breakfast all day, as well as lunch, dinner, and weekly specials."

Mama D is the face of the business. It's her baby. Her hospitality and southern-style cooking draw in customers from just around the corner to the west side, where she formerly ran and managed a restaurant. "My mom has worked in and managed restaurants her entire life," Rob told us. "Her smiling face is

always the first one customers see in the morning, and she is often the last one to leave. This is her baby."

Mama D's warm, friendly demeanor permeates the restaurant. She's a jack-of-all-trades – hosting, cooking and serving. She knows all of the back- and front-end systems and is the point person when it comes to menu, hospitality, and anything food related.

Breakfast sandwiches are her favorite menu choices. "I spend a lot of time focusing on the

bread, making sure it stands out," she told us.

Mama D also favors Philly cheese steaks, hand-smashed burgers and their amazing specials, often theme-based to what's going on in Cleveland. "Each meal is fresh and flavorful, with a little southern style," Mama D said.

Rob, a passionate entrepreneur, is the brains behind the restaurant business. He and Zach met on the softball field, clicked and became friends. They always bounced ideas off each other, and when Rob shared his concept for the diner and asked Zach to be involved, Zach embraced the vision.

Andrew Grover, Ed Ferns and Amber Kugler are also involved in this new venture. Rob handles the restaurant aspect, Zach the marketing, Andrew focuses on community outreach, Amber is an owner/operator who works at the diner, and Ed, Rob's brother and partner at Jets Pizza, shares his restaurant expertise.

In addition to serving customers, Mama D's staff regularly gives back to the community. "Once a month, we go into the community to feed those in need," Andrew

said. "It's a lesson we want to model for our families. We're grateful for the community that is driving our business and it's great to give back."

Beachwood resident Rob Ferns, owner of Jets Pizza, always had a dream of opening a restaurant that is managed by his mother, Mama D.

"At Mama D's, we have the best cup of coffee," Zach added. "And the best cup of coffee always starts the best day."

For more information, menu options, specials and expanded hours, visit mamadsdiner.com or call 440.421.9500.



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Pictured from top: Paxton Grover, Andrew's son, says, "Mama D's is #1! Dawn Shepherd (chef), Mama D, Robert Ferns, Zach Marcus and Andrew Grover at Mama D's Diner.

Expert Help for Heart Failure, Close to Home



Barbara Williams, MD

If you or someone you love has heart failure, help is close at hand. Cardiologists in the University Hospitals Heart & Vascular Institute at UH Ahuja Medical Center offer an extensive array of therapies that allow them to tailor treatment to the unique needs of each individual.

In people with heart failure, the heart still functions but less effectively than it should. Underlying problems such as high blood pressure and coronary artery disease cause the heart muscle to get stiff or weak, reducing its ability to fill with blood and pump it around the body.

“Heart failure causes a number of nonspecific symptoms that people often do not recognize as being heart related,” says UH cardiologist Barbara Williams, MD. Some of the most common symptoms include shortness of breath on exertion or lying down, general fatigue and lack of appetite. “The most telling symptom is fluid accumulation in the lower extremities or abdomen and significant, rapid weight gain due to the fluid,” Dr. Williams adds.

Once heart failure develops, it is a lifelong condition that needs to be managed. “There is no cure for heart failure caused by a damaged heart muscle, and we cannot reverse the medical problems that cause it. But, fortunately, many treatment options are available that can help patients manage their symptoms, reduce hospitalizations and extend their lifespan,” Dr. Williams says.

As a starting point she recommends patients change the factors they can control that can worsen heart failure symptoms. Exercise, weight loss and a heart-healthy, low-salt diet are all strategies that can help people reduce their symptoms to feel better and enjoy a better quality of life. For patient convenience, nutrition counseling and exercise instruction are available in the Harrington Heart & Vascular Institute at UH Ahuja.

Along with lifestyle changes, medication can help manage heart failure very effectively for many patients. “Heart failure patients may need to take several medications to treat different symptoms,” Dr. Williams says. “With many different medications available in each class, we can customize treatment for each patient to provide maximum symptom control with the fewest side effects.”

Some people with heart failure benefit from an implanted device that helps improve the heart’s function. For certain patients, cardiologists in the Harrington Heart & Vascular Institute at UH Ahuja may prescribe a pacemaker or an implantable cardiac defibrillator. Both of these are very small devices that are implanted under the skin.

A biventricular pacemaker paces both pumping chambers of the heart (the ventricles) at the same time to coordinate contractions and improve the heart’s function. A pacemaker can help reduce hospitalizations for patients with heart failure. An implantable cardioverter defibrillator is a device that senses when the heart is beating too fast and delivers an electrical shock to convert the fast rhythm to a normal rhythm. For patients who have severe heart failure, a defibrillator can be a life-saver.

“The best treatment for any patient is an individual decision based on the severity of the patient’s condition, age and other conditions that person may have,” Dr. Williams says. “To develop an individualized treatment plan, we discuss the options, risks and benefits of each with the patient and family and arrive at the decisions together.”

For patients with the most advanced heart failure, the cardiologists at UH Ahuja Medical Center collaborate with cardiovascular surgeons at UH Cleveland Medical Center. These patients may benefit from a ventricular assist device that takes over the heart’s pumping function or, in the

most advanced cases, a heart transplant. After surgery, most patients can continue to receive their routine heart care, checkups and monitoring from their cardiologist at UH Ahuja Medical Center.

Exercise, weight loss and a heart-healthy, low-salt diet are all strategies that can help people reduce their symptoms to feel better and enjoy a better quality of life.

To make an appointment with Dr. Williams or another cardiologist in the UH Harrington Heart & Vascular Institute at UH Ahuja Medical Center, call 216.378.4144. UH Ahuja is located at 3999 Richmond Rd., Beachwood. Appointments are also available at UH Chagrin Highlands Health Center, 3909 Orange Place, Orange Village.

BHS Grad Wins Robert E. Georges Pace Setters Award from Fisher College of Business at OSU

Last year, Andrew Kitay, BHS grad, class of 14, was featured in *Beachwood Buzz* after winning a Pace Setter award from Fisher College of Business at OSU, which is awarded to the top one percent of students. This year, he won the Robert E. Georges Pace Setters Award, which is awarded to the top-graduating senior in Fisher, based on academics and leadership. Andrew graduated with both his Bachelor's and Master's of Accounting in four years.

While at OSU, Andrew created a new initiative – personal-finance workshops targeted toward OSU students and underserved youth audiences around Columbus.

“At Ohio State, I was a volunteer financial coach as part of a group called Scarlet and Gray Financial (SGF), an extension to Ohio State’s Student Wellness Center,” Andrew told us. “Every week I met with Ohio State students one-on-one to discuss topics, such as goal-setting, budgeting, student loans, building credit, and investing/retirement. This year our group of 50 volunteers conducted more than 2,600 one-on-one appointments with peers.

Andrew had the opportunity to transform the organization by extending its outreach to the local Columbus community. He created and led an initiative called the SGF Service Team, through which some of the volunteer coaches put on personal-finance workshops for underserved youth audiences around Columbus. The mission of The SGF Service Team is to empower underserved youth to achieve their goals through personal finance education.

Last year, the volunteer team put on five workshops. This year, the 12-coach team partnered with more than 10 organizations, including various high school groups, local homeless shelters, a bilingual elementary school, libraries, and a juvenile detention facility. In total, they put on 26 workshops for more than 300 youth participants.

“All of our workshops are presented in small group discussions and are very interactive. We start each one-hour workshop by spending at least 10-15 minutes just to build rapport and get to know each other,” Andrew explained. The remaining time would depend on the audience’s needs.”

For more transient audiences, the goal was to get participants to talk about their own goals, recognize how personal finance education serves as an essential bridge to those goals, distinguish wants vs. needs, and understand the importance of savings. We would also play a bean-budgeting game, which illustrated trade-offs with limited resources.

At these workshops, volunteers talked with a 10-year old homeless boy who explained how a mortgage works, a 14-year old homeless girl who wanted to be a doctor because “too many people get shot” around her, and an incarcerated young man who wanted to be a counselor and help others that fall victim to situations similar to his own. These were just a few of the stories that Andrew shared.

He also told us about an inspiring conversation he had with a young man who was living in a tent, with an aspiration of teaching English to first graders in China.

“Descriptions of these individuals only scratch the surface of the young men and women who were limited by extremely unfortunate circumstances. They inspired us to think relatively about our own challenges, opportunities, and dreams,” he said.



Andrew Kitay (third from right) with his family, (from left) Ben, Marc and Renee, at the 2018 Pace Setter ceremony, where he accepted his Robert E. Georges Pace Setters award.

Groups, specifically high-school upperclassman, were able to meet more often, build ongoing relationships and delve deeply into the curriculum by offering three specialized workshops: Prioritizing savings and goal setting, targeting goal setting and budgeting, and paying for college and building credit. The students really enjoyed learning about topics such as the dangers of pay-day loans or what to consider when funding your college education.

The SGF Service Team made incredible progress during the 2017-2018 school year. It established a sustainable foundation for the program to continue to grow. Next year, the Service Team will have 30 members and get additional funding from Ohio State to implement its mission.

“By teaching and promoting personal finance, we can empower individuals to overcome life’s challenges and take great strides in the direction of their dreams,” Andrew said.

“By teaching and promoting personal finance, we can empower individuals to overcome life’s challenges and take great strides in the direction of their dreams,” Andrew said.

Andrew will be performing audit in financial services at Ernst & Young in Chicago this fall. He hopes to continue promoting personal finance education to underserved populations in some capacity.

Montefiore Celebrates its 136th Annual Meeting

Montefiore's 136th annual meeting marked a momentous occasion as more than 175 guests gathered in Montefiore's Maltz Auditorium to hear updates on "Making an Impact." During the event, Montefiore honored community leader Lois K. Goodman with the prestigious Harley I. Gross Presidential Award for her continued dedication and contributions to Montefiore and The Weils.

The evening also included remarks from Montefiore board chair, Ira S. Goffman, who spoke on "Leading the Way," and Montefiore president and CEO, Seth Vilensky, who delivered remarks on "Making an Impact Every Day," as they look forward to another successful year of providing care at Montefiore, The Weils and throughout the community.

In addition, the event featured the election of Montefiore's board of directors and proud recognition of Montefiore staff members who have shown

above-and-beyond service. The celebratory evening concluded with a powerful live performance by Madelyn Wanke, first place-winner of Shining Star CLE, Montefiore's unique high school vocal competition, with proceeds benefitting memory-care programs and services.

From the inspiring speeches to the festive atmosphere, Montefiore's 136th annual meeting certainly "made an impact," just as Montefiore itself does each and every day on its campus and in the community.

Pictured: Beachwood resident and Montefiore board member Scott Polster with his mom, Cecile Polster, also of Beachwood, share meaningful moments on how Montefiore helped Scott's dad and Cecile's husband, Leonard Polster, of blessed memory.

Lois Goodman, past Montefiore board chair, receives the Harley I. Gross Presidential Award from Sally Wertheim, also a past board chair.



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Sixth-Grade Author Speaks at Beachwood Library

On Tuesday, September 11 at 3:30 pm, Gabe Feinberg, a 6th-grade student from Orange, will speak at the Beachwood Library about his newly-published book, "Alex and His New Friend." His book is about a child with Autism, and his library appearance is affiliated with the Teen Writer's Circle, a group of aspiring teen writers in grades 6-12 who meet monthly at the Beachwood Library. Peggy Hull, the teen librarian, leads the group.

Gabe chose to write and illustrate this book because of his experience volunteering with individuals with special needs through a theater program. He wanted to teach other kids about Autism and how some children communicate differently, but that shouldn't change how we act. He says, "We must always be kind and accepting, no matter who we meet."

As Gabe's Bar Mitzvah Project, he is selling his book for \$18. With your purchase, you will help Gabe spread awareness about Autism, and teach acceptance and compassion. All proceeds will benefit Kids in Flight.

All the artwork in the book is done in Gabe's fingerprints. He wanted to do something different, bright and colorful to illustrate his book. To order your copy of Alex and His New Friend, please email berky214@gmail.com or call 216.233.2567.

To learn more about the library's Teen Writers Circle, call the Beachwood Library at 216.831.6868 or visit www.cuyahogalibrary.org/beachwood.

To learn more about Kids in Flight, visit www.kidsinflight.org.

Race for the Place

The Gathering Place, a non-profit cancer support center located in Beachwood and Westlake, held its 18th annual Race for the Place on Sunday, June 3, National Cancer Survivors Day, at Beachwood Place.

Race for the Place was presented by University Hospitals Seidman Cancer Center with lead sponsors including Anthem, DDR, Medical Mutual and Parker. All proceeds support the free programs and services provided by The Gathering Place to individuals and families coping with cancer in their lives.

The Gathering Place founder and CEO, Eileen Saffron, officially began the day by saying, "It fills my heart to look out and see so many of you here with us, some of the same people who come year after year to celebrate National Cancer Survivors Day and support our work. We are so grateful to you, our amazing sponsors and all the participants and teams that have helped us surpass our goal of netting \$400,000 to help provide free services to people coping with cancer in their lives. In fact, you've helped us net over \$420,000. Truly Amaaaazing! Thank you!"

On race day, The Gathering Place's net fundraising was over \$420,000, by month's end the net exceeded \$440,000.

Eileen's energy spread through the crowd of more than 3,600 participants who gratefully honored those who have won their battles with cancer and those who are currently fighting their battles, while others gathered to remember and honor those who have lost their battles with cancer.

On race day, The Gathering Place's net fundraising was over \$420,000, by month's end



Cancer survivors' ceremony at Race for the Place



The Gathering Place founder and CEO welcomes and thanks participants, and honors survivors.



City Council president Brian Linick proclaims Sunday, June 3, 2018, as Race for the Place Day.

the net exceeded \$440,000.

Monica Robins, senior health correspondent for WKYC, emceed the day's festivities, which began with a cancer survivor ceremony, recognizing those recently diagnosed all the way up to those who have been survivors for more than twenty years. During the ceremony, Beachwood City Council president Brian Linick presented Eileen with a proclamation naming June 3, 2018, Race for the Place Day in the City of Beachwood.

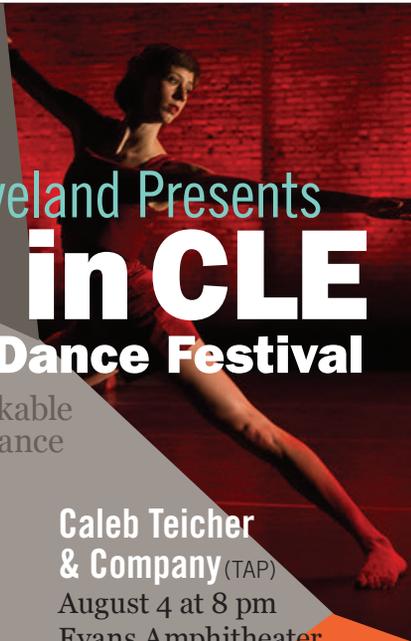
Advance Partners received the Corporate Award for the largest team at 161 members as well as for most money raised, \$16,485. Employees held internal fundraising events like jeans day, raffles and bake sales, and solicited donations from family and friends to garner their total. In addition, Advance Partners was an event sponsor. Its founder, Joel Adelman,

won 2nd place in his age category, Male 50-54, with a time of 21:36.

Zelman and Associates came in a close second for corporate team raising the most money at \$16,250.

Jutta Corrigan won for top individual fundraiser, bringing in \$5,225 as a member of the team Fully Functional Fitness. The TGP Dragon Flys won the new team category for most money raised at \$3,339. Peter Bush won overall male cancer survivor with a time of 21:39, and Mitch Baum, a Beachwood resident, won first place in overall male runners with a time of 15:36.

Mark your calendars for next year's Race for the Place to be held on Sunday, June 2. To learn more about the free programs and services provided at The Gathering Place, visit www.touchedbycancer.org.



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Celebrate the National Dance Day with free outdoor events starting at 1pm on E.14th St.

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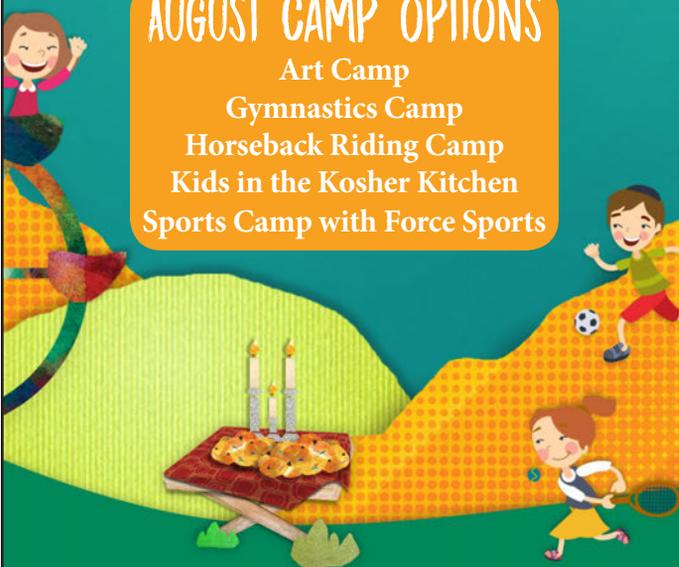

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I have been thinking a lot about judgement. Why are we so quick to judge others (their homes, careers, children, parenting/life choices, relationships, even hairstyles...)?

I believe it is a mostly subconscious, often distorted, maladaptive strategy that allows us to reassure or reaffirm to ourselves that we (*OUR* homes, careers, children, parenting/life choices, relationships and even our presentation) are just fine. That **we** are good. That **our children** are better decision makers, smarter, and kinder. That **our relationships** are healthier, more connected and deeper. That **our family** is safe and more solid. That **we** are above the fray.

If I am judging your _____, aren't I in fact doing so to feel better about my _____? If I can find

fault in others, I am then free from the grueling work of self observation, from the extreme discomfort of recognizing the areas in which I, too, am vulnerable and need to focus on personal growth, acceptance, or healing work.

If I can find fault in others, I am then free from the grueling work of self observation . . .

How do we become more aware of ourselves, our judgments, and instead of holding onto them as protective (albeit distorted) shields, reframe them into a hope or wish for ourselves

and others or, at the very least, gratitude awareness?

It is a deliberate exercise in reframing:

- **Judgement:** Their yard is a mess. They do not care about their home or our neighborhood.
- **Reframe:** *I wonder if they are okay or if they need help with their yard. I hope that I am always able to live in, and care for, my home and yard. I am grateful that I have the time and ability (or resources) to maintain my home and yard.*
- **Judgement:** That kid is always late to school.
- **Reframe:** *I hope my kid is responsible and accountable. I hope they show up on time*

and honor their responsibilities. I am grateful my kid has been able to get to school on time.

- **Judgement:** That kid parties too much and makes bad choices.
- **Reframe:** *I hope my kid makes good choices. I hope my kid stays safe. I am grateful that, so far, my kid has made safe choices.*
- **Judgement:** They don't even look each other in the eyes when they talk. They are hardly together.
- **Reframe:** *I hope my marriage is strong. I hope that we continue to grow together. I am grateful that we make an effort to do things together*

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and that we set a time each day to catch up.

Mindful awareness can help us to reframe negativity and judgement into humility, compassion and goodwill for others. Instead of focusing on others, allow that triggered judgement to inform you of concerns and vulnerabilities that you may have. Then, work to turn those judgements into a hope or wish for self and others, into growth work, into gratitude awareness.

People who live in glass houses shouldn't throw stones. All of our houses are made from glass.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativiegrief.com, and sign up for monthly posts.

Free Family Fun Abounds at Legacy Village

Little Legacy and Meet the Machines among area's top children's programming

School's out for the summer! While youngsters rejoice, parents know the challenges of keeping children engaged and entertained over summer break. But never fear, Legacy Village has the perfect solution with a lineup of free family-friendly events that give children the opportunity to get behind the wheel of a firetruck, learn about exotic animals, dance to the rhythm of live music, win cool prizes, and much more.

"Our children's programming is designed to combine learning with interactive summertime fun," said Legacy Village general manager Susan Windle. "Families have always been central to the Legacy Village experience, and Little Legacy and Meet the Machines are events that both kids and parents love."

Little Legacy

The popular Little Legacy series returns on Wednesdays, July 11 and August 8, from 10:30 am – noon, with crafts, games and entertainment geared to children pre-K and older. This summer's Little Legacy programming features fun on-stage entertainment provided by Jungle Terry, Mercury Theatre Co. and The Real PopFusion. Hands-on crafts and games will be provided by the Cleveland Cavaliers, Cleveland Monsters, Greater Cleveland Aquarium, Hillcrest Family YMCA, jHUB, L.L.Bean, North Chagrin Nature Center, Rescue Village, Snickers Juggling and Balloons, and the South Euclid-Lyndhurst Library. Little Legacy will be held at the Lawn (between California Pizza Kitchen and Bar Louie) and is free and open to the community.

Meet the Machines

On Sunday, July 15, from 11 am – 3 pm, Legacy Village will host Meet the Machines, a free public event that offers a unique opportunity for children and families to touch and explore construction, emergency, service vehicles and more machines of all makes and sizes. This hands-on experience will feature a family-friendly environment with giveaways, live entertainment, safety information and more. Meet the Machines is made possible with support from Hawken School, iHeart Media and The City of Lyndhurst.

"Our children's programming is designed to combine learning with interactive summertime fun," said Legacy Village general manager Susan Windle.

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Work-Study Program Exposes Cleveland Students to Real World – “Chapter Three”

Three years ago, *Beachwood Buzz* ran a story about Saint Martin de Porres High School and its mission to transform urban Cleveland, one student at a time. Workplace learning was explained as an integral component of the school’s education model, with various Beachwood companies and organizations involved, including Eaton, OMNOVA, Montefiore, and the Jewish Federation of Cleveland.

Saint Martin, located in the Saint Clair-Superior neighborhood near East 55th Street, is a member school of the Cristo Rey Network. It is comprised primarily of students from families with limited economic resources, and nearly 80% of its graduates are the first in their families to attend college. All students participate in the Corporate Work Study Program, which serves as both a major funding mechanism for their education and, more importantly, a highly-impactful, experiential-learning opportunity for the students.

More than 120 Cleveland-area businesses and organizations are involved, including: hospitals, law firms, accounting firms, manufacturers, universities, non-profits, and others. In addition to learning office skills, the students learn the “soft” human interaction skills that are critical to success, no matter what career path they pursue. They also have opportunities to observe professions they may be considering, and to begin to build personal networks as they prepare for college and their careers.

The students attend school four days per week and work one day per week. During the academic year, the funding received from local businesses goes to the school. Often, students are offered the opportunity to pocket earnings by working over the summer or holiday breaks. The students typically are exposed to environments where people

have a college education, and they learn what it means to be a “professional.”

Since our last story, Beachwood has increased its presence in the program. Menorah Park signed on to start this fall, and the Jewish Federation of Cleveland increased the size of its job team. ABB supports the school at its newly-relocated building in Chagrin Highlands.

Saint Martin de Porres High School’s goal is to raise awareness of this successful program, which will lead to the addition of new work sites this fall. Additional opportunities are needed because the school is anticipating an increased enrollment with the recent opening of its new state-of-the-art facility at E. 62nd and St. Clair. Some are calling this \$21 million investment the “Miracle on St Clair,” as it’s the first investment in a school in the neighborhood in more than 100 years.

Saint Martin is extremely pleased when more Beachwood employers come on board as partners to hire student employees as the school continues to grow.

Saint Martin is extremely pleased when more Beachwood employers come on board as partners to hire student employees as the school continues to grow. Even if a company does not have jobs for the students, they can sponsor student workers at



non-profits in the community. For more information, please contact Ann Davis, vice president, Corporate Work Study Program, at 216.881.1689, ext. 311 or adavis@stmdphs.org.

For Beachwood residents who would like to be involved but can’t offer employment opportunities, the school welcomes various forms of philanthropic support. Saint Martin de Porres High School is a place where one can really make a difference in the future of N. E. Ohio.



Exterior and interior views of St. Martin’s new facility. Student worker Alicia, ’21, with Craig Arnold, chairman and CEO, Eaton.

“Investing in the professional development of our youth is an investment in the future. We’re proud to help students from Saint Martin de Porres build skills they can use to make their mark on the world.”
– Craig Arnold, CEO, Eaton

“Helping to prepare future professionals and leaders is core to what we do at the Federation. We have enjoyed a long and mutually-rewarding relationship with Saint Martin de Porres and we are excited to work with some of the talented students again this year.”
– Barry Reis,
Senior Vice President/CFO, Jewish Federation of Cleveland

It’s great to be a part of the students’ growth and development, knowing we all played a part in their future employment. Aaron fit in immediately, made friends, and maintained professionalism. Customers were shocked to learn that Cherish is only 14. She’s so mature for her age and really handles the pressure well!”
– Therese Minnillo, Posh Nosh Supervisor at Montefiore



Exciting News!

Hello Beachwood Residents,

Welcome to July, a great time of the year to buy or lease a new car. Come see me and my great staff for a great deal – I'll make it worth your while! Adventure Chrysler, Jeep, Dodge, Ram is only 15 minutes from Beachwood.

Thank you,

Michael Friedman • Beachwood Resident



Beachwood graduate Marc Strauss, proud owner of Jeep Grand Cherokee

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Quote of the Month:

Don't make excuses. Don't blame the past.
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Celebrity Birthdays

July 6th	George W. Bush (72)
July 7th	Michelle Kwan (38) Ringo Starr (78)
July 8th	Kevin Bacon (60)
July 9th	Fred Savage (43) Tom Hanks (62)
July 10th	Jessica Simpson (38)
July 11th	Leon Spinks (65)
July 12th	Cheryl Ladd (66)

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WOOD TRADER FRAMING

Beachwood Resident Rabbi Rosie Haim Creates "Celebrating Jewish Life"



Rabbi Rosette Barron Haim has launched Celebrating Jewish Life, a subscription series of six Jewish holiday experiences that will engage adults in ways that recapture the Jewish spirit and reconnect them to the Jewish community. Rabbi Haim, a Beachwood resident who has instilled a sense of Jewish pride, confidence and connectedness in people of all ages during her 30 year tenure at The Temple-Tifereth Israel, will be joined by Cantor Laurel Barr to create each experience.



"I have created Celebrating Jewish Life to reach beyond the physical boundaries of institutional Judaism into dynamic venues where we can develop our Jewish commitments to each other, to God and to strengthening our connections in the Jewish community," Rabbi Haim, also affectionately known as Rabbi Rosie, told us. "We are launching this program to address the largest population of the Cleveland Jewish community – those unaffiliated adults seeking ways to find greater meaning, identity and purpose in their Jewish experiences, and those wishing to enrich their other Jewish involvements."

Celebrating Jewish Life centers on building community and honoring Jewish heritage and tradition by sharing a festive meal and engaging together in joyful prayer. The subscription series begins on September 9 with the evening of Rosh Hashanah at Executive Caterers at Landerhaven and continues at various venues

throughout the community. Yom Kippur will be at Executive Caterers, Hanukkah Shabbat at Beechmont Country Club, Purim at Hard Rock Rocksino Northfield Park, second Seder of Passover at Executive Caterers, and Shavuot Shabbat at Acacia Reservation.

This innovative program creates an opportunity for anyone to be involved in Jewish holiday experiences, especially empty-nesters, full-lifers, millennials, baby boomers and retirees – fun people who want to enjoy their Judaism. "My ultimate goal is to reach out to individuals in a warm, welcoming, open and uplifting way to encourage participation, develop friendships and networks, and to strengthen involvement in Jewish tradition," Rabbi Haim said. "Through powerful and positive experiences that involve celebrating our Jewish life, I believe we can create meaningful and memorable opportunities to enrich our lives and reinvigorate the Jewish future."

Cantor Barr told us, "I'm thrilled to be back together with my dear friend, Rabbi Rosie Haim, with whom I worked as her school music director for more than 20 years." Serving as a "cantor on the go" who strives to ignite the spark of spirituality in each person through music and prayer, Cantor Barr added, "Together, we wish to shape a new, vibrant and spiritually-connected community that rekindles our collective Jewish spirits, hearts and souls to reach new heights."

Additionally, Rabbi Haim hopes to channel her passion for social change that strengthens the Jewish community into identifying, recapturing and creating Jewish leaders who will be great models for their family and may enjoy engaging with local and nationally-based organizations, such as Jewish Federation of Cleveland, AIPAC, Israel Bonds and Jewish National Fund.

Rabbi Haim is married to Marshall Barron, a Beachwood High School graduate, class of '74.

They celebrate Jewish life with their daughter, Shira Barron, also a Beachwood High School graduate, class of '11, and extended Cleveland family. Cantor Barr is married to Chad. They are parents to Yoni and Rabbi Sharon Barr Skolnik (married to Rabbi Hillel Skolnik); and grandparents to Dafna, Liav and Hadar.

The subscription series is \$600 per person and includes all six dinners, services, and programs. Meals are kosher style; vegetarian options available. Valet parking is available at most venues. Subscribers may purchase additional individual experiences for friends or family at \$125 each, or \$100 for guests ages 36 and under. Experiences are fully transferable, but non-refundable. Subscribers are encouraged to transfer the opportunity to others if unable to attend.

For more information, contact Rabbi Rosie Haim at 216.223.8736, email: info@celebratingjewishlife.com, or visit www.celebratingjewishlife.com.

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Everyday Heroes Activity Center Now Open for the Summer!

The new Everyday Heroes Activity Center at the Maltz Museum of Jewish Heritage in Beachwood is now open for summer.

"It's a place where kids and families can explore the values of being an everyday hero while having fun," said Dahlia Fisher, the Maltz Museum's director of Strategic Marketing & Communications.

To kick-off the summer fun, Mandel Jewish Day School's graduating kindergarten through second-grade classes visited the Maltz Museum on their last day of school. One-hundred-and-fifty-plus children, parents,

and caregivers enjoyed a pizza lunch, while dressed in "Everyday Heroes" capes. Then they zoomed around the good-mood movement area, painted kindness rocks and made gratitude boxes. They even helped build a better world at the jumbo block station.

The Everyday Heroes Activity Center is open during regular Maltz Museum hours. Visit maltzmuseum.org for more information.



Mandel JDS students dressed as "Everyday Heroes" zoomed around the good-mood movement area, showing their super powers.

We can all be EVERYDAY HEROES

2018 SUMMER AT THE MALTZ MUSEUM

Open June 5 through August 12



Play at the Everyday Heroes Activity Center

- ♥ Make Your Own Masks & Capes
- ⚡ Zoom Around the Good Mood Movement Area
- ☮ Paint Kindness Rocks to Give and Share
- ☀ Build a Better World with Jumbo Legos
- ★ Be the Hero of Your Own Story at our Puppet Theater
- ➡ And More!
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- 🔍 Explore our core exhibition, *An American Story*, on a self-guided tour designed for younger audiences.

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Berkshire Hathaway HomeServices Opens in Beachwood

On Tuesday, May 15, Berkshire Hathaway HomeServices, with agents David Reimer and Monica Graham, held a ribbon-cutting ceremony to mark the official opening of their Beachwood offices, located at 21825 Chagrin Boulevard, Suite 300.

Berkshire Hathaway is one of the most respected business names in the world – especially when it comes to real estate. Agents with Berkshire Hathaway HomeServices have the tools and knowledge base to provide superior services to buyers and sellers.

David and Monica understand that selling and buying a home is a process, and they work closely with clients to find the best outcome. Specializing in residential real estate, luxury homes and relocation, they are proud to be in Beachwood and look forward to working with current and future residents in

and around the city.

Berkshire Hathaway HomeServices and its agents provide real estate services with enthusiasm, integrity, expertise, compassion, innovation and more. It is the second largest brokerage in the USA.

In recognition of this day, Mayor Martin S. Horwitz and City Council proclaimed Tuesday, May 15, 2018 as Berkshire Hathaway HomeServices Professional Realty Day in the City of Beachwood.

For more information, call 440.822.3222 or visit www.BHHSRO.com.



Monica Graham and David Reimer at Berkshire Hathaway HomeServices ribbon-cutting ceremony. Monica, with friends and associates, cuts the ribbon!



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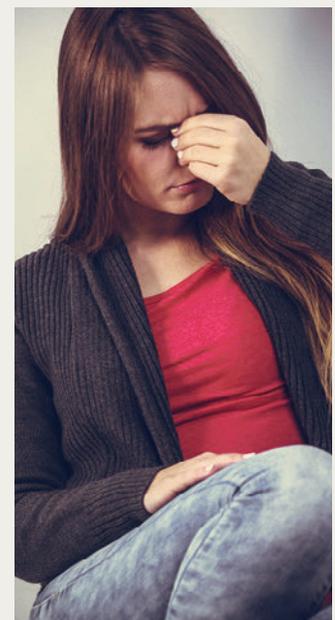
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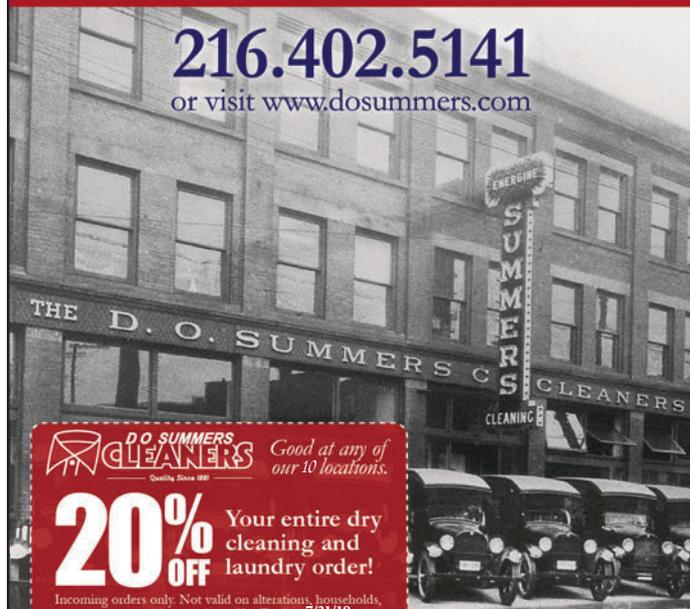
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MVP July 2018 Calendar Raffle

The Montefiore Volunteer Partners (MVP) fundraising committee is hosting its first-ever calendar raffle to help raise funds to benefit residents. Raffle tickets are on sale now for \$10 each or three tickets for \$25. Get yours today by stopping by Montefiore's Volunteer Services office at One David N. Myers Parkway in Beachwood, or from any MVP member.

You can be a winner multiple times. Raffle tickets will be sold for each day of the month, allowing for 31 chances to win some great prizes. All winning items have been graciously donated from local businesses and are valued at more than \$4,000.

For more information, contact Diane Weiner, volunteer manager, at 216.910.2741 or dweiner@montefiorecare.org.

Journey Through Grief Support Group

**Tuesday evenings, July 10 - August 14
from 5:30 – 7pm at Montefiore**

Montefiore's Vinney Hospice is offering a six-week bereavement and support group, free and open to the community, for adults suffering from recent loss. Miriam Katz, LISW-S, will facilitate the group. To register or for more information, call Miriam at 216.910.2796 or email mkatz@montefiorecare.org.

Save the date!

Shining Star CLE

Shining Star CLE 2018 will be an evening to remember! At this extraordinary solo-singing competition, high school students will compete for college scholarships.

Plan to attend "The Finals Performance & Competition" on Sunday, October 7 at the Ohio Theatre, to watch as the top-10 finalists put on the performances of their lives.

Visit shiningstarcle.org to learn about sponsorships, ads and tickets. Proceeds benefit Montefiore.

Online Auction of Fine Art and Antiques

Neue Auctions, a company that offers full-service online auctions of fine art and antiques, was recently created through the collaboration of two of the area's most experienced arts leaders, Cynthia Colling Maciejewski (formerly of Aspire Auctions) and Ron Greenwald (Greenwald Antiques). It springs to life at the Ohio Design Center, right here in Beachwood, through fortuitous timing and a desire for a new course in an age-old business.

These Cleveland art-world veterans bring together more than 100 years' experience with international art auctions, high-level antiques and a fine arts gallery, and a long-time presence at the finest antique shows worldwide.

"Pairing with Cynthia is an opportunity to expand geographically and to offer additional services to our customers," Ron said. "Cynthia and I have a similar approach to customer service and our dovetailing will allow us to build upon our strengths. With the additional talents of Bridget McWilliams (formerly of Wolfs) and Ricardo Bernabe (Greenwald Antiques), I am excited about our exceptional team. We anticipate taking Neue Auctions to the highest level."

"Together, we will offer a white-glove experience," Cynthia added. "In this business, the people make the difference, and I'm proud to be working with this experienced, empathetic team."

Neue Auctions will combine online auctions with art exhibitions and educational opportunities and provide a bespoke experience for sellers and buyers.

"We will work with private individuals, trusts, estates, banks and attorneys to assist clients in the complicated process of settling estates and general downsizing," Ron told us. "And we'll continue the long-standing history and tradition of art collecting in Cleveland by bringing fine works of art to the market for sale, encouraging both the current and next generation of collectors."

Neue Auctions is accepting consignments and will hold its inaugural auction this month, to be followed by a fall auction in September. All items presented are fully guaranteed and vetted.

Neue Auctions is located at 23533 Mercantile Road, Suite 119. For more information, contact Ron at Ron@neueauctions.com 216.410.6668, or Cynthia at Cynthia@neueauctions.com or 216.262.8681.



The Neue Auctions Team: Ricardo Bernabe, Ron Greenwald, Bridget McWilliams and Cynthia Colling Maciejewski.

Without Tri-C®, I wouldn't be where I am today.

Valencia Collins enrolled at Tri-C to earn a nursing degree, and today she has a job doing what she loves.

When Valencia came to Cuyahoga Community College (Tri-C), her life changed. She capitalized on the financial, professional and personal support the College offered, and Tri-C became the foundation of the professional she is today. Are you ready to start your new career?

tri-c.edu
216-987-6000

Cuyahoga Community College

EASTERN CAMPUS
4250 Richmond Road
Highland Hills, OH 44122

18-0664

LEGACY VILLAGE
MEET THE MACHINES

SUNDAY, JULY 15
11 A.M.-3 P.M.

STOP BY AND MEET THE MACHINES FROM:

- ★ The City of Lyndhurst Fire Department
- ★ The City of Lyndhurst Police Department
- ★ The City of Lyndhurst Service Department
- ★ The Euclid Beach Boys
- ★ Northeast Ohio Regional Sewer District
- ★ And More!!

MEET THE MACHINES...

offers a unique opportunity for kids and families to meet and explore construction equipment, emergency/service vehicles and more machines of all makes and sizes in a fun, family friendly environment!

For more details visit Legacy-Village.com/Play

AT LEGACY VILLAGE
Free and open to the public.

25001 CEDAR ROAD, LYNDHURST, OHIO 44124 | 216.382.3871 | LEGACY-VILLAGE.COM

CITY OF Beachwood Council Update

MAYOR
MARTIN S. HORWITZ



216.292.1901
mayor@beachwoodohio.com

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216.464.1070
www.beachwoodohio.com



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BeachwoodOH



FOLLOW US ON TWITTER
twitter.com/
BeachwoodOH



FOLLOW BEACHWOOD POLICE ON TWITTER
twitter.com/BeachwoodPolice

TV PROGRAMMING
Spectrum - Ch. 1020
AT&T U-Verse - Ch. 99

EMERGENCY
Dial 9-1-1

CLERK OF COUNCIL
216.595.5493

Summer CONCERTS

FREE
OPEN TO
PUBLIC

OUTSIDE HERE

BEACHWOOD FAMILY AQUATIC CENTER
TUESDAYS • 6:30 – 8:00 PM

INSIDE BEACHWOOD COMMUNITY CENTER
THURSDAYS • 6:30 – 8:00 PM

<p>JULY 3 NICK PUIN QUINTET Great American Songbook</p> <p>JULY 10 BLUE LUNCH Swing, blues</p> <p>JULY 17 EAST WIND '70s & '80s</p> <p>JULY 24 DAN ZOLA ORCHESTRA Big Band - 50 Year Resident Salute</p>	<p>JULY 5 HOORAY FOR HOLLYWOOD Soprano Crystal Carlson & pianist Benjamin Malkevitch perform favorites from the 'Golden Age' of Hollywood</p> <p>JULY 12 A JAZZ TRIBUTE TO THE BEATLES The Fab Four with the Marshall Griffith Quartet</p> <p>JULY 19 AN EVENING OF ROMANCE Violinist Aika Ito and pianist Natsumi Shibagaki perform Debussy, Tchaikovsky and Schumann's</p> <p>JULY 26 BEL CANTO TO BROADWAY Amy Tan, piano and Hannah Flowers, soprano perform songs of love, loss and laughter</p>
--	---

Non-Membership holders prohibited from using pool INCLEMENT WEATHER LOCATION BEACHWOOD COMMUNITY CENTER



50-YEAR RESIDENT SALUTE



Have you lived in Beachwood for 50+ years? Join us for special recognition! Newly minted 50-year residents will receive a special gift. Reservations are needed. *RSVP by July 17 by calling 216.595.3733.*

TUESDAY, JULY 24
6:30 PM
BEACHWOOD FAMILY AQUATIC CENTER

BE A MEMBER!

The Beachwood Family Aquatic Center full season runs daily Now – August 14 and Thursday– Sunday until September 4. Memberships available at the Aquatic Center.



MEMBERSHIP RATES

Children (up to 3 years of age) – No charge
 Individual (age four - adult) – \$50
 Family (family of four) – \$155
 Each additional family member (after four) – \$20

SENIOR DISCOUNT RATES – SAVE 50%

Senior Season Membership – \$25 per person
 Senior Resident Day Pass – \$3
 Senior Non-Resident Day Pass – \$5

(Proof of age along with proof of residency required for purchase. Senior is anyone 60 years or older.)



Memberships available at the Aquatic Center, 216.292.1973

WELCOME LYNN B. JOHNSON

Beachwood welcomes Lynn B. Johnson as its first Communications Coordinator. This newly created position is designed to extend the reach of Beachwood's messaging ability. She is responsible for the development, management and administration of strategic outreach, media relations and communication initiatives. Lynn may be reached at 216.292.1905 and encourages all residents and businesses to follow the City of Beachwood at Facebook.com/BeachwoodOH and Twitter.com/BeachwoodOH.



A TOWN MEETING HAS BEEN SCHEDULED TO REVIEW THE CITY'S CHARTER

CHARTER REVIEW TOWN MEETING

MONDAY, JULY 30 AT 7:00 PM
 CITY HALL COUNCIL CHAMBERS

OF SPECIAL NOTE

Due to Wednesday July 4, rubbish and recycling will not be collected by the City on that day. Therefore, rubbish and recycling normally picked up on Wednesdays or Thursdays will be delayed one day this week.

BE A GOOD DOG OWNER

Beachwood Police reminds you to please keep your dog on a leash and clean up after it. City ordinances state:

- No person shall permit a dog to run at large anywhere within the city, except upon the owner's property.
- No person shall keep any dog which by barking, biting, howling or in any way or disturbs the quiet of any other person or damages any other person's property.



UPCOMING MEETINGS

CITY COUNCIL

Usually meets the first and third Mondays of each month at 7:00 p.m. No meeting July 2. Upcoming meetings: Monday, July 16, August 6 & 20. Questions? 216.595.5462.

PLANNING AND ZONING COMMISSION

Usually meets the last Thursday of each month at 7:00 p.m. Upcoming meetings: Thursdays, July 5 and August 20. Special meeting, July 26. Questions? Call 216.292.1914.

ARCHITECTURAL REVIEW BOARD

Meets at 5:30 p.m. Upcoming meetings: Monday, July 2, August 6 & 20. Questions? 216.292.1914.

Departments

AUDITOR
216.595.5492

BUILDING DEPARTMENT
216.292.1914

COMMUNITY SERVICES
216.292.1970

ECONOMIC DEVELOPMENT
216.292.1915

FINANCE DEPARTMENT
216.292.1913

FIRE DEPARTMENT
216.292.1965

LAW DEPARTMENT
216.595.5462

MAYOR'S OFFICE
216.292.1901

POLICE DEPARTMENT
216.464.1234

SERVICE DEPARTMENT
216.292.1922

Celebrate BEACHWOOD CITY PARK

FREE

ALL PROGRAMS MEET IN THE PAVILION - PARK WEST

RICHMOND ROAD & SHAKER BLVD. INTERSECTION

Collaboration between Beachwood Historical Society,
Cuyahoga Arts & Culture & City of Beachwood

Every Saturday in July - YOGA

Meditate and try gentle
poses to create balance
with Julie Konrad
of Luna Presence Yoga

11:00 am - 12:00 Noon
July 7, 14, 21, 28

Bring a chair, mat or towel

Beachwood Historical
Society

CITY OF
Beachwood



Free & Open to the Public - Rain or Shine
Perfect for all ages!

Every Sunday in July - TAI CHI

Relax, breathe
with Jennifer Stepien

10:00 - 11:00 am
July 1, 8, 15, 22, 29

Questions? 216-292-1970

SIGN UP FOR CODERED

CodeRED is our free emergency notification system. Get alerts about time sensitive emergencies via phone calls, texts and emails. Visit www.beachwoodohio.com and click the **CodeRED** logo.

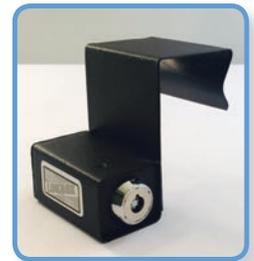


LOCKBOX PROGRAM

In an emergency, every second counts!

Beachwood Department of Fire-Rescue offers a lockbox program to expedite emergency access into homes during emergencies.

Pay a one-time \$30 fee for a small, secure metal box that hangs over the front door with a spare key inside. The box is locked by a unique key accessible exclusively by the Beachwood Fire Department and only used in the event of an emergency. Residents interested in purchasing a lock box should contact 216.292.1965.



FIRE PITS AND CHIMINEAS

When using an outdoor fireplace, fire pit or chiminea, please adhere to the Ohio Fire code as well as City Codified Ordinances and follow these guidelines. These devices are permissible as long as safety is the #1 priority.

- Must be constructed of clay, cast iron or cast aluminum.
- Must have a chimney, screen or top for spark prevention.
- Be listed for use as outdoor fire place, fire pit or chiminea.
- Elevated off the ground with feet or pedestal.

When using these devices, use the following safety tips:

- Have a fire extinguisher or water source readily available.
- All recreational fires in approved containers must be a minimum of 15 ft. from any structure.
- Do NOT burn treated wood and never burn toxic materials.
- Place devices in a spot clear of hanging branches/trees.
- Position the chiminea on a flat and fireproof surface.
- Never leave the fire unattended.
- Completely extinguish fire before retiring.
- Do NOT use lighter fluid or gasoline. Use fire starters.

SENIOR POLICE ACADEMY

Beachwood Police Department is accepting applications for the Senior Police Academy. Learn about real-life crime prevention and receive "hands-on" experience with the help of knowledgeable instructors. Learn self-defense, CPR, safety and more.

BEACHWOOD CITY HALL

1:00 - 3:00 P.M.
WEDNESDAYS,
JULY 25 -
SEPTEMBER 12

FREE



PLEASE NOTE:

Must be at least 50 years of
age or older

TO REGISTER CALL 216.595.3733

Council Update

RICHMOND ROAD NORTHBOUND

Improvements to Richmond Rd. northbound are scheduled. Work will be done between Chagrin Blvd. & Shaker Blvd. westbound.

One lane of traffic in each direction will be maintained at all times. Motorists should expect delays and are urged to exercise caution in the work zones. Estimated completion is projected within 60 days.

DOMINION EAST OHIO GAS LINE REPLACEMENT



Dominion East Ohio is replacing a gas main on Richmond Road. The work started on Ramsay Road and is moving northbound on Richmond Road between Fairmount Boulevard and Cedar Road. Drivers should expect delays but traffic will be maintained. Work is expected to last through the end of summer. Residents should call Dominion directly with any questions or concerns regarding this project at: 1.800.544.5768.

UPCOMING FREE ART EXHIBITS



Beachwood Community Center

MON – FRI • 9 A.M. – 4 P.M.
SAT • 10 A.M. – 3 P.M., SUN • 10 A.M. – 1 P.M.

THE MAN OF STEEL

featuring Jerry Schmidt, sculptor and friends

Now – July 20

Artists' Reception – July 8, 1:00 – 2:30 p.m.

HERE AND NOW: FOUR MINDFUL ART PRACTICES

featuring Stephen Calhoun, Lainard Bush,
Kathy Skerritt and Eva Volf

July 26 – August 18

Artists' Reception – July 29, 1:00 – 2:30 p.m.

SOLICITATION REGULATIONS

**NO
SOLICITING**

It is legal to solicit door-to-door in Beachwood, provided that the solicitor has obtained a license from the Beachwood Police Department.

Solicitation hours are:

Monday – Thursday, 9 AM – 9 PM; Friday, 9 AM – 5 PM;
Saturday & Sunday, 10 AM – 4 PM.

Any person who solicits for a not-for-profit organization, charitable-purpose organization, or non-profit educational institution/public school is permitted to do so without a permit.

"No Soliciting" decals are available at the Beachwood Police Department and City Hall reception desk, Monday – Friday between 8:00 AM – 4:30 PM.

Join us for our first-ever tournament!

T-shirts, Prizes,
Fun and more!



Register at www.BeachwoodOhio.com

*Separate fee for T-Shirts

COMMERCIAL-PROPERTY OWNER ENERGY-EFFICIENCY PROGRAM

Does your budget factor in energy costs, facility maintenance and long-term investments to improve the efficiency of your building? Energy management should be part of your budget since smart investments may find hidden profits. Join the City of Beachwood for a breakfast discussion to integrate an energy-management strategy and identify potential energy savings.

Key Takeaways You Can't Afford to Miss:

- Resources that explain how your building is using and wasting energy
- Learn about rebates and incentives for energy-efficiency projects
- Leverage savings to improve your balance sheet
- Generate cash flow by accelerating depreciation deductions
- Utilize performance-based solutions to make needed improvements

The program is free, but registration is required. Contact Keri Zipay at 216.292.1915 or keri.zipay@beachwoodohio.com.

This presentation is targeted to commercial-property owners. Panelists include:

NICOLE STIKA

Vice President, Energy Services
Greater Cleveland Partnership
Topic: COSE's Free Energy Audits

BILLY PATTERSON

Business Development Director
Company Name: Greenworks Lending
Topic: Greenworks Lending C-PACE loan program

ROB MARTENS

President/CEO
Better Together Solar
Topic: Solar Installations

**COMMERCIAL-PROPERTY
OWNER ENERGY-EFFICIENCY
PRESENTATION**

AUGUST 3 AT 9:00 AM

**BEACHWOOD
COMMUNITY CENTER**

ATTENTION 6TH, 7TH AND 8TH GRADERS: SAFETY TOWN NEEDS VOLUNTEERS



JULY 30 – AUGUST 3

Session 1: 9:00 AM - 12:00 NOON, Session 2: 1:30 - 4:30 PM

Volunteers will earn 15 service hours for each session. Earn 30 hours by volunteering for both sessions! **INTERESTED?** Send an email to frank.vicchiarelli@beachwoodohio.com or call 216.292.1970 to sign-up or for more information.

USE CAUTION & BE SEEN

Use caution when walking at dawn, dusk and evening hours. Add reflective items to clothing. Walk on the sidewalk when one is available. If it is necessary to walk in the street, please walk facing traffic and if in a group, single file.



BEACHWOOD OUTDOOR

Movie Nights

FREE

Join us under the stars for a FREE movie night!
Bring your blankets and lawn chairs
and dinner picnic basket!

NEW START TIME

July 15 - Coco
August 12 - A Wrinkle in Time

Beachwood Community Center Parking Lot • Starts at 5:00 p.m.

Purchase dozens of flavors from the Crazy But True Popcorn Truck

City of Beachwood Questions? Call 216-292-1970

Council Update



golf2018 outing



STONEWATER
Golf Club
One Club Drive
Highland Heights, Ohio 44143



Monday, August 13th

11:00-12:00 Check-In/Lunch

12:30 Shotgun Start

Sponsorships Available:

GOLF:

Foursome: \$600

Individual Golfer: \$150

Ryder Cup Sponsor: \$3000

Masters Sponsor: \$1000

PGA Sponsor: \$500

Dinner Only: \$45

Hole Sponsor Own The Hole: \$250
(includes dinner & cart for day)

Hole Sponsor Sign Only: \$150

Included for each golfer:

- 18 holes of golf/green fees/cart
- Driving range/Putting green
- Lunch/Dinner
- Golfer Goody Bag with Course Towel
- Rustic Grill Gift Card
- Hole-in-One Challenge
- Closest to the Pin
- Longest Drive – men and women
- Longest Putt
- Lowest Net Score
- Leverity Challenge

On The Course:

- Beverage cart
- Hole contests & other games
- 50/50 Tickets: \$1 each or 6/\$5

Register at beachwood.org
For information call
216-831-0003



MASTER SPONSORS



Cleveland Clinic



University Hospitals
Ahuja Medical Center

LEVERITY



PNC



Geauga
Savings Bank

HOLE-IN-ONE SPONSOR

CRESTMONT



Alson
— FINE JEWELERS SINCE 1931 —

OWN THE HOLE SPONSOR

Third Federal Savings & Loan
Ohio Educational Credit Union
Pure Water Technology

PGA SPONSORS

Dollar Bank
Visible Innovations

Beachwood Schools Congratulate the CLASS OF 2018



Congratulations to Our Beachwood Alumni and Their Graduates

Connie Strong, Jayla and Renee Howard (Class of 1988)



Olivia and Harlin Adelman (Class of 1983)



Erica and Shelley (Wolf) Gross (Class of 1983)



Samantha and Jodi (Cohen) Zawatsky (Class of 1990)



Gabriela Rodriguez and her brother, Daniel (Class of 2014)

BEACHWOOD CLASS OF 2018

ACADEMIC RECOGNITION

MAGNA CUM LAUDE GRADUATES

Chandler Bogomolny
Jakob Bolman
Gregory Glova

Jacqueline Joo
Rachel Kurland
Daniel Mishins

Gabriela Rodriguez
Lily Steiger
Angela Wang

Chengyao Zhang
Kevin Zhang
Jinle Zhu

NATIONAL MERIT SCHOLARSHIP FINALISTS

Daniel Mishins Lily Steiger

NATIONAL MERIT SCHOLARSHIP COMMENDED STUDENTS

Gregory Glova Jacqueline Joo Sridhar Uppalapati Jinle Zhu

NATIONAL HONOR SOCIETY SENIORS

Olivia Adelman
Aman Bhriguvansh
Jakob Bolman
Abigail Brewer

Kelly Chiang
Mackenzie Davis
Gregory Glova
Erica Gross

Courtney Heath
Mia Knight
Rachel Kurland
Daniel Mishins

Gabriela Rodriguez
Ryan Sapell
Lily Steiger
Sridhar Uppalapati

Angela Wang
Kevin Zhang
Jinle Zhu

HONORS DIPLOMA

Olivia Adelman
Aman Bhriguvansh
Chandler Bogomolny
Jakob Bolman
Liliana Bosler
Abigail Brewer
Kelly Chiang
Nathalie Conn
Mackenzie Davis

Caleb Gecovich
Gregory Glova
Erica Gross
Olivia Hahnemann-Gilbert
Courtney Heath
Darien Hersh
Raya Holz
Ofek Hyer
Emily Jenks

Jacqueline Joo
Jaeho Kim
Rachel Kurland
Dinah Medovoy
Esther Millas
Daniel Mishins
Blair Mitchell
Daria Novikov
Meghan Opre

Katelyn Perryman
Maxwell Rackmill
Christopher Reilly
Gabriela Rodriguez
Leah Roter
Ryan Sapell
Samuel Simons
Joel Somerville
Lily Steiger

Sridhar Uppalapati
Angela Wang
Ann Weaver
Jakin Wu
Samantha Zawatsky
Chengyao Zhang
Kevin Zhang
Jinle Zhu

NATIONAL TECHNICAL HONOR SOCIETY

Mackenzie Davis
Emily Jenks
Arin Mintz

Prabhjot Toor
Samantha Zawatsky
Kevin Zhang

MAC SCHOLARS

Courtney Heath

Mia Knight

Tanner Mayfield

Kennedy McMillan

Katelyn Perryman

Magna Cum Laude: Top 10% of the graduating class by weighted GPA

National Merit Scholarship: Over 1.6 million juniors in more than 22,000 high schools entered the National Merit competition by taking the PSAT/National Merit Scholarship Qualifying Test. Approximately 16,000 semi-finalists were named on a state-representational basis. Semi-finalists were the highest-scoring program entrants in each state and represented less than 1% of the nation's seniors. To compete for Merit Scholarship awards, each Semi-finalist first had to submit a detailed application, essay, endorsements and more. From that group, 15,000 are named Finalists and, of the Finalists, approximately half achieve Merit Scholar status.

BEACHWOOD PTO SCHOLARSHIP RECIPIENTS



pictured from left to right are: Lily Steiger, Gabriela Rodriguez, Gregory Glova, Jack Zhang, Olivia Adelman, Sridhar Uppalapati, Jakob Bolman, Mia Knight, Samantha Zawatsky and Angela Wang

The Beachwood Schools Foundation Awards and Scholarships

The Beachwood Schools Foundation (BSF) is a 501(c)3 philanthropic organization administered by a volunteer board of directors from the Beachwood community. Its primary mission is to obtain funds from individuals, families and corporations to provide scholarships to graduating seniors who are continuing their education. Additionally, an "Above and Beyond" program has been initiated to raise money to enhance educational programming in the Beachwood School District.

Every year the Foundation manages more than two dozen funds awarding nearly \$15,000 to deserving Beachwood High School seniors. Below are the recipients from the Beachwood High School Class of 2018.



Max Alter



Noah Appel



Chad Baker



Chandler Bogomolny



Abigail Brewer



Kelly Chiang



Gregory Glova



Erica Gross



Sari Halpert



Jayla Howard



Jacqueline Joo



Mia Knight



Tanner Mayfield



Esther Millas



Daniel Mishins



Katelyn Perryman



Christopher Reilly



Joseph Rogoff



Emily Schultz



Lily Steiger



Sridhar Uppalapati



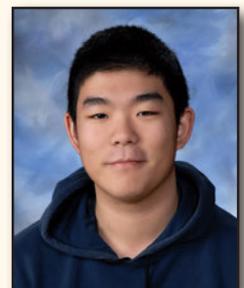
Angela Wang



Ann Weaver



Zoe Winger



Kevin Zhang

Erica Gross

THE GINA MICHELLE AGIN MEMORIAL SCHOLARSHIP

AWARD: This scholarship is awarded annually to a female Beachwood High School graduating senior who has participated in women's interscholastic sports or cheerleading. She must have demonstrated dedication to achieve team success. The applicant may also qualify for this scholarship if she served as a support person for a high school sports team (such as a team statistician).

Tanner Mayfield

THE VERA ARLEN SCHOLARSHIP:

This scholarship was established in 2010 by Sidney Arlen to honor his wife's memory and to acknowledge her special qualities as an individual. This scholarship is awarded annually to a female Beachwood High School graduating senior who exhibits leadership, humanity and a generous spirit in a humble manner.

Katelyn Perryman

THE BEACHWOOD CHAMBER OF COMMERCE BUSINESS

SCHOLARSHIP: This scholarship is awarded annually to a Beachwood High School graduating senior who has been successfully employed in a Beachwood business or industry and who intends to pursue a career in business or a selected vocation. It was established in 1999 by the Chamber of Commerce.

Rayanne Bassin

(Beachwood Culinary Arts Student)

THE BEACHWOOD CHAMBER OF COMMERCE HARLAN DIAMOND CULINARY ARTS SCHOLARSHIP:

This scholarship is awarded annually to a graduating senior of the Beachwood High School Consortium Culinary Arts Program who has been accepted to and will attend a post-secondary educational program in the field of either culinary arts or restaurant management. This scholarship was established to honor Harlan Diamond and the Culinary Arts Program.

Kelly Chiang

THE BEACHWOOD COMMUNITY PTO GARAGE SALE SCHOLARSHIP:

This scholarship is awarded annually to a qualified senior or Beachwood graduating senior who has been outstanding in one or more of the following: 1.) Volunteerism/community service, 2.) Character and citizenship, 3.) Exhibiting enthusiasm for school and community.

Abigail Brewer

THE BEACHWOOD HIGH SCHOOL ALUMNI ASSOCIATION

SCHOLARSHIP: This scholarship is awarded annually to a graduating senior of Beachwood High School and the son or daughter of a graduate of Beachwood High School. The applicant must have demonstrated leadership ability, contributed to help improve the school and/or community, be a hard working student, and have demonstrated that he/she is a caring human being. It was established in 1999 by the Beachwood High School Alumni Association.

Mia Knight and Christopher Reilly

THE BEACHWOOD BOOSTER ATHLETIC ACHIEVEMENT

AWARD: This scholarship is awarded to student athletes (one male, one female) who personify ideals consistent with the Boosters mission of: "Promote the growth and success of the Beachwood City Schools Athletics while encouraging school and community spirit".

Gregory Glova

CLEVELAND CLINIC HEALTH CAREER SCHOLARSHIP:

Established in 2006, this scholarship is awarded annually to a Beachwood High School graduating senior who has been outstanding in one or more of the following areas: academics, community service, and extracurricular activities and intends to pursue a career in the area of health care at a college, university or technical program.

Jacqueline Joo and Max Alter

THE DAVE AND JANICE BLOOM SCHOLARSHIP:

This scholarship is awarded annually to a qualified senior who has shown a strong commitment to Beachwood athletics through being a player, equipment person, or team manager. The applicant must have participated with the same sports team for at least two years and shown strong sportsmanship. This scholarship was established in 2004 by the children of Dave and Janice Bloom in honor of their time and dedication to the City of Beachwood and its sports programs.

Kevin Zhang

THE DONNA BICKOFF COHEN SCHOLARSHIP:

The Donna Bickoff Cohen Scholarship was established in 2011 by contributions from the community in memory of Donna who was active in nearly everything Beachwood, particularly the schools. The scholarship honors a student with a "can do" attitude who embodies the spirit of the Beachwood Schools and pride in the Beachwood community.

Katelyn Perryman

THE FRED AND CARLA CROSBY

MEMORIAL SCHOLARSHIP:

This scholarship, established in 2017, is awarded annually to an African American student who has demonstrated a commitment in one or more of the following areas: helping others, involvement in the community, school spirit, participation in athletics, and/ or leadership. The scholarship was created in memory of Fred & Carla Crosby, both committed members of the community and supporters of The Beachwood Schools, as well as education in general.

Max Alter

THE HARVEY FRIEDMAN LEADERSHIP SCHOLARSHIP:

This award is given annually to a Beachwood High School graduating senior who has demonstrated significant leadership during his or her high school career. It was founded by Harvey and Shirley Friedman and their family in 1998.

Ann Weaver

THE GEVELBER FAMILY SCHOLARSHIP:

This scholarship was created in 2011 to recognize a Beachwood student who has been an athlete that promotes leadership during and outside the athletic competition, and has been a team player who puts others before self.

Esther Millas

THE PAM AND DAN JOHNSTON SCHOLARSHIP:

This award, established by friends of Pam and Dan in 2001, recognizes their contributions to the Beachwood Schools. It is given annually to a Beachwood High School student who will be participating in the graduation ceremony, experiences challenges on a daily basis and continues to persevere. The applicant must have plans to continue in a program that enhances their life skills.

Sridhar Uppalapati

THE ROBERT D. KATES AWARD:

This award, established in his memory in 1999, is given annually to a Beachwood High School graduating senior who has shown outstanding leadership within Student Council.

Angela Wang

THE KAM AND CHIEN LIAO MATH AND NATURAL

SCIENCES SCHOLARSHIP: This scholarship established in 2007 by Dr. and Mrs. Liao is awarded annually to a Beachwood High School graduating senior who has been outstanding in mathematics or natural sciences, will attend a four year college or university and who indicates a desire to pursue a career in the area of Natural Sciences, Engineering or Mathematics. This student must also have a 4.0 in core subjects.

Zoe Winger

THE JILL DOBRIN MENACHEM

MEMORIAL SCHOLARSHIP:

This scholarship established in 2002 by the Dobrin Family is awarded annually to a Beachwood High School graduating senior whose love of children and concern for their welfare has motivated her/him to pursue a career in Early Childhood Education or a related field working with young children.

Chandler Bogomolny

THE JAY SHLACHTER ART AWARD:

Mr. & Mrs. Harry Shlachter established this scholarship in memory of their son in 1998. The award is given annually to a Beachwood High School graduating senior who has demonstrated an appreciation and talent in the area of fine arts and intends to pursue a career in that area.

Jayla Howard and Joseph Rogoff

STEVEN MARK WASSERMAN

MEMORIAL SCHOLARSHIP

This scholarship is awarded annually to a Beachwood High School graduating senior who indicates an intention to pursue a career in television writing and/or film. It was established in 1999 by his parents Bernard and Florence Wasserman in honor of his creativity and ingenuity as a writer and producer for television and motion pictures.

Noah Appel

THE DAKOTA "CODY" WEINER MEMORIAL SCHOLARSHIP:

This Scholarship established by family and friends in 2001 in his honor, is given annually to a Beachwood High School graduating senior with an extremely kind heart, who, because of his or her spirit, succeeds against all odds.

Emily Schultz

THE WEISENBERG FAMILY SCHOLARSHIP:

Established by Aaron and Whitney Weisenberg in 2008, this scholarship is awarded annually to a Beachwood High School graduating senior who exhibits passion and commitment to the arts and intends to pursue a career in that area.

Sari Halpert

THE NORM WEISS SCHOLARSHIP:

This scholarship is awarded annually to a Beachwood High School graduating senior who throughout his/her school years has demonstrated, and participated in charity, volunteer, and community service activities, substantially greater than those required for graduation. It was established in 2002 in his memory by his family.

Daniel Mishins

THE PAUL AND KATE WILLIAMS SCHOLARSHIP:

This scholarship is awarded annually to a Beachwood High School graduating senior who has demonstrated outstanding capabilities in one or more of the following areas: 1) visionary thinking 2) entrepreneurial spirit 3) dedication to life-long learning. It was established in 2004 by Kate and Paul Williams.

Lily Steiger

THE DR. JERRY S. AND GAIL R. WOLKOFF CIVIC AWARD:

Established in memory of their parents in 1999 by the Wolkoff children, this award is given annually to a Beachwood High School graduating senior who has exceeded the requirements for community service work, has participated in two or more Beachwood School extra-curricular activities, and has achieved a 2.75 GPA in high school.

Chad Baker

THE WHITE & GOLD FOR BISON PRIDE SCHOLARSHIP:

This scholarship was established in 2013 by the Beachwood Schools Foundation and is awarded annually to a Beachwood High School senior who has demonstrated exceptional Bison Pride both in and out of Beachwood High School. It is awarded by senior students to foster recognition and investment of their fellow Beachwood students.

Additional Scholarships and Awards

SCHOLARSHIPS

KEITH BANKHEAD MEMORIAL AWARD

This award is presented to a student who has excelled in the sport of basketball.

Recipient: **Taylor Royster**

WENDELL DAVID HAYNES MEMORIAL AWARD

This award is presented to a student who has contributed countless hours in community service.

Recipient: **Tanner Mayfield**

BEACHWOOD BAND BOOSTERS SCHOLARSHIP

This award is presented to a Beachwood High School senior that will be pursuing music in the future and has completed a scholarship essay pertaining to that.

Recipient: **Aman Bhriguvansh**

BEACHWOOD FEDERATION OF TEACHERS SCHOLARSHIP

This award was established to honor a member of Beachwood High School's graduating class who has shown personal commitment to academics, school activities, and community service.

Recipient: **Abigail Brewer**

CHAGRIN HIGHLANDS ROTARY CLUB AWARD

This award is presented to a Beachwood High School senior that has pursued their studies successfully in a career and technical setting.

Recipient: **Tanner Mayfield**

MIKE "THE ADVENTURE MAN" FRIEDMAN AWARD

Recipients: **Jakob Bolman & Arin Mintz**

FRIENDS OF THE BEACHWOOD LIBRARY SCHOLARSHIP

Recipients: **Abigail Brewer**

FRIENDS OF THE BEACHWOOD ORCHESTRA SCHOLARSHIP

This award is presented to an outstanding orchestra student.

Recipient: **Lily Steiger**

PARKER HANNIFIN SCHOLARSHIP

Recipient: **Raya Holz**

BARBARA NANCY HOLSTEIN MEMORIAL AWARD

This award recognizes a senior who has demonstrated the ability to overcome obstacles despite the challenge.

Recipients: **Prabhjot Toor**

OMNOVA SOLUTIONS FOUNDATION SCHOLARSHIP

Recipient: **Cayla Jeff**

PETLODGE USA SCHOLARSHIP

Recipient: **Nathalie Conn**



Department Scholarships and Awards



Jack Berkowitz
Excel TECC Career and Technical Education



Jacqueline Joo
English



Gabriela Rodriguez
Mathematics



Chandler Bogomolny
Performing Arts



Dinah Medovoy
Science



Lily Steiger
Social Studies



Joseph Rogoff
Technology



Kelsey Hunsaker
Visual Arts



Jakob Bolman
World Language

Additional Scholarships and Awards

AWARDS

RANDY S. BOROFF BISON AWARD

This award recognizes a young man and woman who have served the school with spirit and enthusiasm.

Recipients: **Noah Appel and Erica Gross**

GAIL BREWSTER JCWA AWARD

Awarded to a senior who demonstrates spirit and dedicated commitment to the work of the JCWA.

Recipient: **Angela Wang**

OUTSTANDING CONTRIBUTION

TO THE BEACHCOMBER

Recipient: **Jinle Zhu**

STUDENT COUNCIL SPIRIT AWARD

Recipient: **Mackenzie Davis**

CLEVELAND TECHNICAL SOCIETY

Outstanding Senior in Science and Math

Recipient: **Jinle Zhu**

OUTSTANDING ORCHESTRA SERVICE

Recipients: **Jacqueline Joo**

OMEA SOLO & ENSEMBLE CONTEST - ORCHESTRA

Recipients: **Kelly Chiang (Superior),
Jacqueline Joo (Superior)**

OMEA SOLO & ENSEMBLE CONTEST BAND STUDENTS- OUTSTANDING PERFORMANCE

Recipient: **Aman Bhriyuvansh (Class A - 1)**

OMEA SOLO & ENSEMBLE CONTEST- CHOIR

Recipient: **Samantha Zawatsky (Superior)**

OUTSTANDING BAND MEMBER

Recipient: **Aman Bhriyuvansh**

ARCHIE GRIFFIN SPORTSMANSHIP AWARD

This award is to recognize students who display exemplary sportsmanship.

Recipients: **Lance Cohen & Mackenzie Davis**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION COURAGEOUS STUDENT AWARD

This award is intended to bring credit to a very special student who has been involved in, or supportive of, the interscholastic athletic program, and who deserves recognition for courage.

Recipients: **Max Alter & Leah Roter**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION SCHOLAR ATHLETE AWARD

This award is given to one male and one female student who has the highest scholastic average at the end of the first semester of 12th grade and has received a minimum of four varsity letters.

Recipients: **Christopher Reilly &
Abigail Brewer**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION AWARD OF EXCELLENCE

This award is presented to one male and one female student who has exhibited qualities that embody good citizenship, good moral character, and good sporting behavior.

Recipients: **Ben Connor & Leah Roter**

CHAGRIN VALLEY CONFERENCE SPORTSMANSHIP AWARD

Recipients: **Ben Connor & Mia Knight**

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION STATE AWARD

This award is presented to a coach, teacher, administrator or booster of the school athletic program.

Recipient: **Nate Smith**

EXCEL TECC ACHIEVEMENTS

Danielle Kaufman

**2nd Place Team - Regional Floriculture -
State Qualifier**

**2nd Place Team - Regional Floriculture
Contest**

4th Place Team - State Floriculture

5th Place Team - State Floriculture

HILLCREST ROTARY AWARD

Danielle Kaufman and Prabhjot Toor



College Decisions BEACHWOOD HIGH SCHOOL

NAME	COLLEGE
Olivia Adelman	University of Wisconsin, Madison
Melana Adunts	Cleveland State University
Max Alter	The Ohio State University
Noah Appel	Kent State University
Ryan Applegate	Kent State University
Eric Atkins	Real Estate
Chad Baker	Kent State University
Taylor Balazs	Ohio University
Alexis Bentley	Real Estate
Jack Berkowitz	University of Cincinnati
Aman Bhriguvansh	Case Western Reserve University
Briana Bishop	University of Cincinnati
David Black	Cuyahoga Community College
Chandler Bogomolny	University of Miami
Jakob Bolman	The Ohio State University
Sarah Borow	University of Cincinnati DAAP
Liliana Bosler	The College of Wooster
Abigail Brewer	University of Wisconsin, Madison
Kelly Chiang	University of Washington
Aaron Clark	Central State University
Lance Cohen	University of Illinois at Urbana-Champaign
Kyra Cone	Gap Year
Nathalie Conn	Kent State University
Benjamin Connor	Ohio University
Mackenzie Davis	The Ohio State University
Jahrias Favors	Full Sail University
Chana Field	The Ohio State University at Mansfield
Ariyelle Frazier	U.S. Army
Asha Gaines-Smith	Internship
Caleb Gecovich	Kent State University
Gregory Glova	University of Pennsylvania
Michael Gordon	Cleveland State University
Zoe Grant	Temple University
Adao Greenberg	Cuyahoga East Vocational Educational Consortium

NAME	COLLEGE
Basya Greenberg	Cuyahoga Community College
Erica Gross	The Ohio State University
Olivia Hahnemann-Gilbert	Colorado College
Sari Halpert	Indiana University at Bloomington
Arthur Hammond	John Carroll University
Jada Harrison	Cuyahoga Community College, Culinary School
Courtney Heath	University of Pittsburgh
Spencer Hendlin	John Carroll University
Darien Hersh	Lehigh University
Ryan Hoffmann	Bowling Green State University
Raya Holz	The Ohio State University
Jayla Howard	Kent State University
Kelsey Hunsaker	Kent State University
Ofek Hyer	American University
Arielle Iskhakova	Neve Yerushalayim College, Michlelet Esther Program
Gabrielle Iskhakova	Neve Yerushalayim College, Michlelet Esther Program
Cayla Jeff	Norfolk State University
Emily Jenks	New York University
Jacqueline Joo	University of Pittsburgh
Melvin Kado IV	Alabama State University
Danielle Kaufman	The Ohio State University - Agricultural Technical Institute
Jaeho Kim	Cleveland State University
Mia Knight	University of Pennsylvania
Rachel Kurland	The Ohio State University
Bethany Lambright	Cleveland State University
Allex Malcolm	U.S. Marines
Tanner Mayfield	Ohio University
Kennedy McMillan	University of Cincinnati
Dinah Medovoy	The Ohio State University
Esther Millas	Rochester Institute of Technology
Arin Mintz	Miami University, Oxford
Daniel Mishins	University of Michigan
Blair Mitchell	Spelman College

NAME	COLLEGE
Zachary Mitchell	Gap Year
Andrew Muliolis	Cleveland State University
William Novak	Undecided
Daria Novikov	The Ohio State University
Marie O'Brien	Undecided
Sonny Okpala	Houston Community College
Meghan Opre	The Ohio State University
Criseida Owens	Cleveland State University
Nyah Patrick	U.S. National Guard
Jaeda Peck	Kent State University
Katelyn Perryman	Howard University
Kaishaly Pimentel	Miami University, Oxford
Kaleya Pipkins	Kent State University
Ya'Riah Preston	Undecided
Megan Quinn	Undecided
Maxwell Rackmill	The Ohio State University
Christopher Reilly	Mercyhurst Northeast
Julia Reszka	Nordahl Grieg videregående skole
Jada Richardson	Hocking College
Ja'lynn Robinson	U.S. Air Force
Gabriela Rodriguez	Massachusetts Institute of Technology
Joseph Rogoff	The University of Arizona
Aaron Rose	Undecided
Leah Roter	Furman University
Taylor Royster	Stetson University
George Saab	Case Western Reserve University
Derrick Sanders	Norfolk State University
Errick Sanders	Norfolk State University
Ryan Sapell	Miami University, Oxford
Akiva Schiowitz	Yeshivat Ashreinu
Emily Schultz	Kent State University
Samuel Simons	University of Maryland
Joshua Sizemore	Bowling Green State University
Serenity Smith	Lincoln University
Joel Somerville	Colorado State University

NAME	COLLEGE
Lily Steiger	University of Rochester
Lakala Stewart	Miami University, Oxford
Rommie Taib	Undecided
Cameran Thomas	Columbus State Community College
Marissa Thomas	Alabama A&M University
Prabhjot Toor	The Rochester Institute of Technology / National Technical Institute for the Deaf (RIT/NTID)
Elena Torres	Cuyahoga Community College
Gabriel Truitt	Cuyahoga Community College
Sridhar Uppalapati	The Ohio State University
Alexis Vander Linden	Hawaii Pacific University
Nikita Volosov	Gap Year
Ziying Wang	Case Western Reserve University
Allonda Watkins	Wheeling Jesuit University
Ann Weaver	Columbia College Chicago
Yael Wilkoff	Undecided
Zoe Winger	Young Judaea Year Course
Jenelle Woodrich	Undecided
Jakin Wu	Miami University, Oxford
Samantha Zawatsky	The Ohio State University
Chengyao Zhang	Case Western Reserve University
Kevin Zhang	Emory University
Zachery Zhang	Case Western Reserve University
Jinle Zhu	Dartmouth College



Congratulations BHS on Another Stellar Year

State Champions Again



The Beachwood High School Girls Track Team has repeated as Division II State Champs for a second year in a row. Senior **Mia Knight** was named Girls Track and Field Athlete of the Year by The News-Herald for her impressive season, which culminated in Mia breaking the standing record for the Division II 100-meter dash (11.65). Also receiving honors from the News-Herald was Track Coach **Willie Smith**, who was named Coach of the Year. Congratulations, Bison!

Coach of the Year



Willie Smith





SCHOLAR ATHLETES

The 171 athletes listed below maintain a cumulative GPA of 3.5 or above.

Abigail Adams	Lauren Clar	Ashaunti Griffin	Vivian Li	Ryan Rosenfeld	Reanna Tsirlin
Olivia Adelman	Kamryn Clark	Erica Gross	Makaila Lurie	Joelle Rosenthal	Connor Umpleby
Maddie Alexander	Lance Cohen	Liza Harris	Miranda Luxenberg	Rachel Rosenthal	Sri Uppalapati
Omar Altawam	Gabe Colmenares	Bartu Hatipoglu	Sabrina Machtay	Seth Rosky	Angela Wang
Sema Altawam	Nathalie Conn	Darien Hersh	Heidi Maier	Leah Roter	Sunny Wang
Max Alter	Mackie Davis	Andrew Hill	Julia Marks	Yotam Roth	David Ward
Sadie Alter	Jaxson Day	Kacey Hoffman	Patrick McCourt	Tal Rothberg	Seth Warner
Ilan Amkraut	Ben Desatnik	Brooklyn Hollimon	Elizabeth Metz	George Saab	Liam Wasserman
Andrew Baker	Daniel Djohari	Ethan Holz	Daniel Mishins	Brady Safenovitz	Ann Weaver
Michal Becker	Fernando Duraes	Raya Holz	Ryan Muencz	Ryan Sapell	Noah Weiskopf
Andrew Belleli	Hriday Dutt	Sam Horowitz	Prerna Mukherjee	Ben Saul	Olivia Wilbur
Amanda Bendis	Molly Egar	Ofek Hyer	Nikhil Murali	Ariella Schiowitz	Ethan Winger
Aliza Bergman	Orly Einhorn	Emily Isaacson	Sanjana Murthy	Liat Schiowitz	Paige Wong
Macie Berkley	Sabrina Fadel	Ethan Jeffers	Austin Muttillio	Drew Schnee	Julia Woomer
Sam Berkowitz	Emily Fan	Emma Joo	Viet Nguyen	Zyad Shehadeh	Jakin Wu
Jacob Borison	Bridgette Feldman	Min Jung	Shannon O'Neill	Jing Jing Shen	Stephanie Yen
Olivia Breger	Jvian Ferguson	Somin Jung	Ryo Okamoto	Melondy	Matthew Young
Abbey Brewer	Ilana Feuerman	Isaac Kantarovich	Meghan Opre	Zoe Shook	Alexa Zarjetskiy
Jack Brewer	Matthew Friedman	Achintya Kaw	Maya Orloff	Noah Shore	Jordyn Zawatsky
Nathan Burke	Sarah Fullerton	Jaeho Kim	Anna Owens	Priyanka Shrestha	Samantha Zawatsky
Grady Bystrom	Tara Gallagher	Mia Knight	Ashley Perryman	Spencer Shroge	Jack Zhang
Spencer Bystrom	Ayla Gambrell	Rachel Kurland	Carly Petti	Noah Simon	Jenny Zhang
Roman Caputo	Yingying Gao	Taryn Lackritz	Gal Pinhasi	Andrew Steckner	Kevin Zhang
Shinjon Chakrabarti	Jaivir Gill	Sydney Leiken	Tyler Pohlman	Lily Steiger	Zach Zhang
Julia Charnas	Greg Glova	Amanda Leizman	Amelia Port	Max Steiger	Chelsea Zheng
Neha Chellu	Lexi Glova	Jeremy Leizman	Shayna Preisler	Ian Stender	
Amy Chen	Eli Goldman	Lena Leland	Laila Ramadan	Tyler Stovsky	
Kelly Chiang	Eric Golovan	Jordan Levin	Chris Reilly	Lucila Thal	
Mallory Chylla	Athena Grasso	Ben Lewin	Gabriela Rodriguez	Lorenzo Tovanche	

The names in bold participated in 3 sports over the course of the year.

Congratulations BHS Class of 2018!

On Sunday, May 27, Beachwood High School held its Class of 2018 graduation ceremony at Severance Hall. Mr. Tony M. Srithai, Beachwood High School principal, had the honor of recognizing magna cum laude graduates. Congratulations to Chandler Bogomolny, Jakob Bolman, Gregory Glova, Jacqueline Hoo, Rachel Kurland, Daniel Mishins, Gabriela Rodriguez, Lily Steiger, Ziyang Wang, Chengyao Zhang, Kevin Zhang and Jinie Zhu.

Raya Holtz, Briana Bishop and Max Alter then shared heartfelt messages with their classmates and those in attendance.

In "Our Voice," presented by Raya Holtz, she shared her experience of attending the March for Our Lives protest in Washington D.C., explaining an episode that set off the "aha moment," when she recognized that young people's voices are heard.

Raya spoke about our fractured country and admitted that she sometimes feels that her class was a reflection of this division. But – she went on – "Beachwood schools provided us with a gift – an education." She cited statistics about violence, anti-Semitism, Islamophobia, unarmed black men who continue to be shot by some dishonorable police, and sexual assault. "It is our reality, the world we are stepping into," she said. "And we need to do something about it."

Raya added, "When good people ask good questions and come up with good answers, we get a hopeful future."

March for our Lives taught Raya that everyone has a voice – and it's up to each person to exercise it. "Will we use our voice to spread hatred, racism and lies? Or to spread compassion, kindness and peace?"

She wrote her speech because its content is based on a message that needs to be heard and action that needs to be taken. "If our iPhone is broken or car needs gas, we attend to it," she said. "Our society is more important than any iPhone or car, and right now it is damaged, so the effort to fix it is unparalleled."

To her fellow graduates, Raya said, "Know what you want to say and start saying it, but do it with kindness, compassion and respect. Do it in a way that is understandable and approachable. Do it in a way that will not only make our parents and teachers proud, but in a way that will make us the envy of future generations."

Briana presented "Sonder Within the Human Family," which began with a poem by Maya

Angelou, noting that despite all of our differences, we all share something in common. While addressing her classmates, Briana said that everyone in the room shares something in common – their story – and how they have been blessed to come across each other and be a part of each other's lives, a family.

Briana told of how each person has played an intricate role in creating the story that is her; just as she has contributed to complex stories of others.

She then spoke of sonder, defined as the realization that everyone has a story with elaborate characters who feel pain, feel and share love, learn and laugh, while simultaneously becoming flickers in someone else's world. She said that she feels more than blessed to have made it this far.

Briana spoke of her upbringing with her parents and grandparents; her move to Beachwood, and how she made some lifelong friends, as well as her struggle with mental illness, Major Depressive Disorder.

She then talked about how she tried to end her life earlier this year, saying, "Over the past four years, I've learned more about myself than I did in my accumulated 18 years and some of you don't know that you are the reason I am here today, still discovering parts of myself and growing a bit stronger than ever."

Briana spoke about how, even if words weren't spoken, a smile may have lifted her spirit; and went on to say that she and each of her classmates continue to write their stories – stories that they would reminisce about in the future – "ones that were written to document the unstoppable and incredible beings that are you and me."

Briana told how the class of '18 has had its best and worst moments together. "We all have the power to create and change the world for the better. And I am overjoyed that we can do that as a family."

Next, Max presented "The Circle of Life." Prior to writing his speech, he pondered, "What embodies Beachwood's Class of 2018? It begins with a story.

Max talked about being raised in a loving community and discovering his hobbies and passions. How his life progressed and his loss of a parent, at which time he felt lost – without an identity and facing the toughest tribulations in his life. But, in the end, he was grateful for how his community rallies and his home-



town makes him prouder than he could ever have imagined.

Max paused, then said, "Yes, this is the story of Simba."

Since kindergarten, Max has seen the story of The Lion King mirror his graduation class. Just like its characters, many students on stage with him that day began their metaphorical circle of life right here in Beachwood.

And just like Simba in his early years, they began to write their stories – through intramural sports, Destination Imagination, Chess Club and many other offerings in Beachwood. "We really just couldn't wait to be king at the high school," Max said.

Max addressed future students, saying that their four years at BHS will be filled with success, change and opportunities, and he shared successes that he and his classmates experienced over the past four years.

In a more serious tone, Max added, "Hopefully, however, your four years will not face as much adversity as we have." Max then shared some of the lowest of lows, remembering Ryan Warner, who should have been on the stage that day, and Abby Bendis, who very well may have been sitting in the audience. He spoke of loss – and then said, "But just like Simba, we've triumphed."

Max talked of the "Beachwood Bubble," saying that it does not engulf a group of privileged kids who have a smooth path to success. "More so," he said, "It is a family that sticks

together through good and bad. It champions diversity and, through it all, stands together. It recognizes our roots – where we came from."

Although each student has a different story, and many plan to venture outside of the Beachwood community in the upcoming years, Max knows that he will never forget the place that taught him to be a good student, a good brother and most importantly, Big Maxie.

As Mufasa's final message to Simba, he said, "never forget who you are." To Max's classmates, he says the same. "Never forget the diversity, the growth you've experienced, and exactly what embodies Beachwood's Class of 2018 for you."

Max wore his fish shirt under his cap and gown, the same one he wore to his Hilltop and Beachwood Middle School promotion ceremonies. "This shirt has been with me throughout my Beachwood Circle of Life, just as all of you have been," he said. "And as this shirt stays with me in the future, so will my time at Beachwood High. I'm glad to say that we finished on the top of Pride Rock."

Mackenzie Davis, Sridhar Uppalapati, Abigail Brewer and Erica Gross presented the class gift, two benches, in memory of Ryan Warner; followed by the certification, presentation and acceptance of the Class of 2018.

Congratulations to all!



Raya added, "When good people ask good questions and come up with good answers, we get a hopeful future."

Pictured above: Interpreter Mark Howdieshell with Sridhar Uppalapati, Erica Gross, Mackenzie Davis, Arin Mintz and Abigail Brewer, who presented and accepted the Class of 2018 gift of two benches in memory of classmate Ryan Warner.

Class speakers, from top: Briana Bishop, Raya Holtz and Max Alter.



Beachwood Residents Make an IMPACT!

Marcia Schonberg has always been an artist – both a painter and a writer. Through feature and travel freelancing, she has shared interesting stories with readers. As an author, she created 16 non-fiction titles for children, along with a few travel books.

Shortly after relocating to Beachwood to be closer to her daughter and grandchildren, a friend introduced her to IMPACT!. She loves the camaraderie and its focus of helping volunteers participate in meaningful projects, which led her to paint a Little Free Library stand.

“Working on the Little Free Library enabled me to share my love of art, reading and writing (literacy),” she said. “I have only a little time left after taking care of my youngest grandchild, but I foresee the possibility of expanding my involvement once she enters daycare.”

Last month, Marcia was named IMPACT! Volunteer of the Month.

Jimmy Mezi, also from Beachwood, built the Little Free Library. “I feel it’s important to make the best of the time we have and to

help where we can be productive in a positive way for the betterment of our community,” he said.

This Little Free Library kiosk is located in the lobby of Quicken Loans Arena.

Volunteering through IMPACT! Is easy. There are many opportunities available to fit your availability and skill set. There are even “Done in a Day” options. For volunteer opportunities or more information on IMPACT!, contact Susan Hyman at 216.593.2887 or shyman@jfcleve.org.

About Little Free Library

Little Free Libraries, a project created by the Cleveland Kids’ Book Bank, are small, engaging neighborhood kiosks filled with books, and neighbors are encouraged to take a book and/or leave a book. Started in 2009 in Hudson, Wisconsin, a grassroots movement evolved and Little Free Libraries are popping up everywhere. today there are more than 50,000 in 80 countries around the globe, including more than 85 in Greater Cleveland.



Pictured: Marcia displays her Little Free Library creation, and then poses with Jimmy Mezi, who built the library.

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Little Free Library at the Beachwood Playground

Beachwood resident Lisa Cynamon Mayers is an avid reader who loves books, bookstores, libraries, authors and author talks – and is passionate about youth literacy. She spends time volunteering at the Cleveland Kids' Book Bank, and when her 40th birthday rolled around last fall, she wanted to do something for our community.

Instead of receiving gifts, Lisa asked friends and family to donate money to be used towards the purchase of a Little Free Library to be placed in a prominent Beachwood location. A Little Free Library is a kiosk filled with books, and neighbors are encouraged to take a book and/or leave a book.

"We have a lot of resources in Beachwood and we're an incredibly privileged and fortunate community, but there are still families who need greater access to books," Lisa told us. "My dear friend (and city councilman) Alec Isaacson connected me with (Beachwood community services director) Karen Carmen, who understood my vision and was an absolute pleasure to work with."

Lisa's donations exceeded the amount necessary to purchase the Little Free Library. She registered it in the international database, and then attended a City Council meeting to present it to the city.

"Karen did the hard work of securing the perfect location – at the playground, right near my favorite Beachwood spot,



Lisa Cynamon Mayers

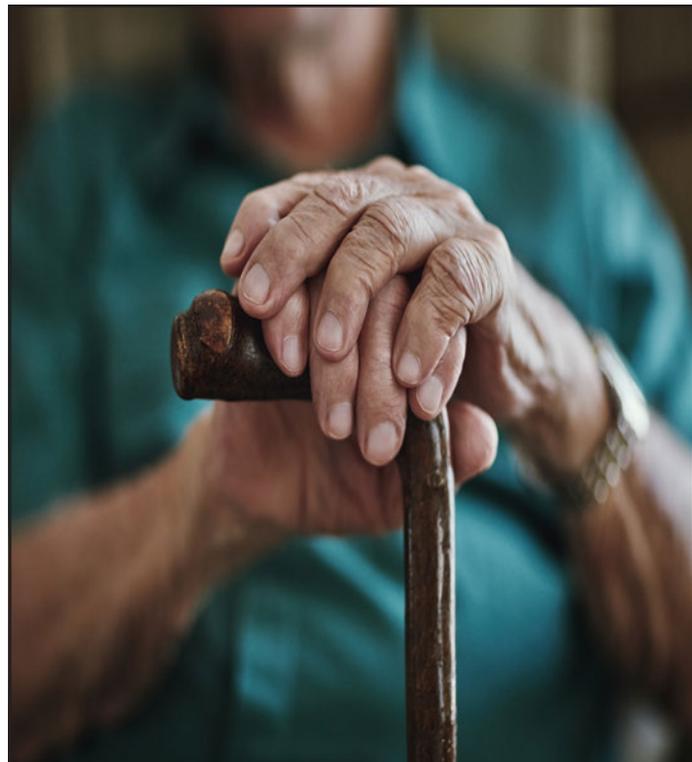
the pool!" said Lisa. "The city's Service Department installed the library, and additional funds that exceeded the cost for the library were donated to the Cleveland Kids' Book Bank."

"The entire project has been a fulfilling and enjoyable experience that perfectly united my many passions," she said.

Lisa checks on the Little Free Library regularly to make sure that there are books in the box. Many of her friends and Friends of the Beachwood Library also fill the box.

"The entire project has been a fulfilling and enjoyable experience that perfectly united my many passions," she said.

Feel free to stop by and check out the Little Free Library – bring a book and/or take a book! For more information about the Cleveland Kids' Book Bank or the Little Free Library program, visit www.kidsbookbank.org.



My Dad. My Decision.

When Dad's doctor told us the treatments wouldn't help anymore, we called **Hospice of the Western Reserve**.

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A Day at the Beach

From fishing and swimming to boating and birding, Northeast Ohioans enjoy spending time on the water. And we're not alone – Lake Erie tourism in Ohio generates nearly \$13 billion in revenue annually. But a day at the beach and the nearshore habitat on which fish, birds and other wildlife depend can be easily ruined by ignorance and carelessness.

Do your part to care for Lake Erie and our local waterways by following these "Guidelines for Responsible Recreation," submitted by the Cuyahoga Soil & Water Conservation District.

Fishing

- Collect your used fishing line and any other line you may encounter and dispose of it in a trash can.
- Use only lead-free sinkers and other fishing products.
- Don't release live bait into the water or at the shore - it may be a nuisance or invasive species.
- Follow local catch-and-release and bag-limit regulations to ensure a sustainable fishery.

Boating

- Keep your engine clean and in proper working order to minimize oil and gas leaks.
- Clean with a sponge and plain water whenever possible. When you must use soap, use as little as possible and make sure it is non-toxic, biodegradable and phosphate-free.
- Prevent the spread of invasive species by practicing the "Clean, Drain, Dry" method on all equipment.
- Take the Ohio Sea Grant Clean Boater Pledge at www.watercraft.ohiodnr.gov/cleanboating.

Beachgoing

- Pack your trash and take it with you, or make sure it gets in a trash can. Litter left carelessly on the beach ensnares wildlife and adds to the growing plastic pollution problem in Lake Erie. Plastic six-pack rings, fishing line and balloons are especially dangerous for wildlife.
- Don't dispose of cigarette butts or cigar tips on the ground - they are toxic to wildlife, which often mistakes them for food.

For more information on how to reduce stormwater pollution, call 216.524.6580 or visit www.cuyahogaswcd.org.

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HEY NEIGHBOR!

by Arlene Fine

A Rewarding Volunteer Formula

Oh baby! Julie Frayman could not have scripted a better place to spend her volunteer hours. Once a week the Beachwood resident heads over to the Neonatal Intensive Care Step Down Unit (NICU) at University Hospitals Rainbow Babies & Children's Hospital to rock, cuddle and give plenty of TLC to newborn infants.

"It's an incredible experience to hold these precious infants, all of whom are receiving closely monitored, around-the-clock intensive care," says Julie.

Along with premature babies born anywhere from 10-20 weeks before their due date, Julie spends a lot of time with babies who are struggling with crack cocaine or meth withdrawal. "It's so sad to see these little ones tremble, cry nonstop and suffer so much from the side effects of their mother's opioid addiction," says Julie. "Sometimes parents or other family members are not around to bond with these infants, that's why we volunteers do whatever we can to give these babies a fighting chance to survive and thrive."

Because tight security is essential in the NICU, Julie begins her volunteer shift by clocking in at the UH volunteer office and getting her personalized ID badge that allows her to swipe in and enter the NICU. "I had to go through a detailed vetting process, which included a background and health-screening check, and two references. I also attended two orientation sessions before I was allowed to put on a red vest and become a NICU volunteer," says Julie.

Once Julie is inside the NICU, she asks a neonatal nurse which of the crying babies need immediate attention. After settling down in a rocker in a baby's room, Julie sings soothing lullabies and calls the baby by his or her name. "If a baby needs a diaper change or a bottle, I do

that too," says Julie. "When there are twins, I hold one and a nurse holds the other."

On any given afternoon, Julie might spend 10 minutes with one baby and move on to another, or devote her two volunteer hours to one child who needs her love. "I've developed a deep affection for some of the babies who have been here for a while," she says. "But I'm always so happy when a NICU infant has overcome his or her challenges and is ready to go home."

Julie began volunteering in the NICU in February 2018 after leaving a job she had for twenty years at a local non-profit. "My daughter had back surgery at UH a few years ago and the care she received was so incredible that I vowed to give back to this amazing hospital system when I had the time," says Julie.

When Julie's friend, who works at University Hospitals, told her about the NICU volunteer opportunity and suggested she join the UH Auxiliary, Julie's path was set.

"My husband, Michael, and our daughters, Hannah, 21, and Jamie, 19, are firmly committed to community involvement and the importance of giving back – either financially or with our time," says Julie. "I followed that advice in the NICU and the journey and the rewards have been amazing."

For volunteer information, contact University Hospitals Volunteer Services Department at 216.844.1504 or email Barbara Nalette, UH volunteer director, at Barbara.Nalette@uhhospitals.org.



UH volunteer Julie Frayman gives TLC to one of the newborns in the Neonatal Intensive Care Step Down Unit (NICU) at University Hospitals Rainbow Babies & Children's Hospital.

"My daughter had back surgery at UH a few years ago and the care she received was so incredible that I vowed to give back to this amazing hospital system when I had the time," says Julie.

Dancing with The Doctors Fundraiser Saturday, September 22

On Saturday evening, September 22, six University Hospitals doctors will compete for the coveted "Silver Shoe Award" at Executive Caterers at Landerhaven. "Dancing with The Doctors" is a fundraiser sponsored by the Auxiliary of University Hospitals, a volunteer organization whose mission is to develop and fund special projects, programs and initiatives to support and enhance the patient and family experience. Included in The Auxiliary's 70 programs is the "Be Our Guest" hospitality program, the "Pet Pals" program, and the annual "Celebration of Lives." For information about the UH Auxiliary or "Dancing with the Doctors," contact the UH Volunteer services office at 216.844.1504.

Experience and Wisdom Shared

Life lessons are learned as we travel through our years. Sharing those lessons is a great way to help others grow. At R.H. Myers Apartments of Menorah Park, a group of tenants got together to put some of those lessons to paper. They have thousands of years on earth collectively! Here's what they shared:

- Find your passion
- Always keep learning
- Remember above everything else, you come first
- Count your blessings
- Be kind to yourself and others
- Find a good friend, even one younger
- Make time for what matters
- Make a list and prioritize
- Do what you enjoy
- Stop caring what others think
- Concentrate on your self-esteem
- Make new relationships
- Pray throughout the day and before you go to sleep
- Be thankful
- Take care of yourself
- Enjoy life no matter what age you are
- Always do something you love
- Have a sense of humor
- Accept your limitations and emphasize your abilities
- Don't be afraid to take risks, without risk there is no growth
- Learn to tolerate and understand others
- Know the difference between love and infatuation
- Communicate! Really talk and listen
- Learn to accept what you cannot change and change what you can
- Use the good china
- Enjoy the dessert!

Stick it to the Pain with Dry Needling

You wouldn't know it by her spry demeanor, positive attitude or composure, but at 82, the petite Judi Blank has seen her share of pain-filled days. Those days are now over.

"A few years ago I had two knee replacements, both knees at the same time. I would probably have needed them sooner had I not been undergoing therapy at the Peter B Lewis Aquatic & Therapy Center at Menorah Park. I love the place. With the therapy for my knee replacements, I began healing, but I was still experiencing pain. To make things worse, I had a bad fall and smashed my femur. They had to cut out one of the knee replacements to insert a rod, then, they had to replace the replacement. Three knee surgeries on top of a rod," she said. "That's a lot for anyone to go through – especially in such a short period of time."

While healing, Judi wanted to be independent. "I never want to be a burden on my family," she explained. "I wanted to be there for them." And she has been. Even through her worst pain, she vowed to get better with a very important goal in mind.

"I was in a wheelchair when my grandson graduated from high school. It was my goal to make it to his college graduation – without the wheelchair!

"Not long ago, I started having very bad pain in my back. Cortisone shots didn't help. The knee and thigh pain were bearable, but the back pain was debilitating," said Judi. "One of my therapists at the Peter B. Lewis Aquatic & Therapy Center, Steve Saneda, PT, IDN Certified, explained to me that the back pain was being caused by the way I walked and shifted my weight to compensate the knee and thigh surgeries. Steve knows me and knows my body. (Both he and Colleen Gast, PTA, my other therapist, are fabulous.) Steve thought dry needling would help. I asked my doctor about it and he said 'it can't harm you,' so I tried it. It was a miracle, I am dead serious! So I've been getting dry needling



Steve Saneda administers a dry-needling procedure to Judi Blank.

in my back and in my thigh. The dry needling has definitely made things better (you do not feel that needle go in. I promise you). There is no pain."

Dry needling is different from acupuncture. The needles are extremely non-invasive and small in diameter. Dry needling is based on neuroanatomy and scientific knowledge of the musculoskeletal and neuromuscular systems. They use very fine filament needles to penetrate deeper tissues, considered trigger points. The needles can range in size from one to four inches to compensate for body mass and the different locations that require the procedure.

"After the first few sessions, I felt better. First, I had two pain-free days. I thought that was a positive sign, then I had ten pain-free days. I made it to my grandson's college graduation without the wheelchair, and it was an absolute miracle! I sat there for six hours saying, 'G-d bless Steve! G-d bless Steve. I didn't experience one minute of pain, and I haven't had pain in my knees, thigh or back since."

"I'm so grateful to be pain free. Dry needling and therapy changed my life. I wouldn't be walking today without it. I feel so much better. In addition to the dry needling, I get new exercises from my therapists and do them faithfully. My balance

is not great anymore, so they started me standing on one leg in the pool. I kept doing it. One day I realized I had been standing on one leg for a long time! You have to put the effort in yourself; no one can do it for you."

"What have you got to lose? I'm sharing my story to help others who need help. It's worth trying."

"I go to the center five days a week because I know that you have to keep working to get better. I worked hard because I was desperate to make it to my grandson's graduation without the wheelchair; it kept me going, and I plan to make it to my granddaughter's graduation in three years."

"I learned that when your pain is controlled, you feel younger and have more energy. I believe that whatever our age, we want to live well."

The Integrative Dry Needling treatment requires specific certification. Not all professionals are trained to perform this procedure. Check for proper credentials before consenting to treatment. The Peter B. Lewis Aquatic & Therapy Center has therapists who are certified to professionally administer dry needling.

To make an appointment, call the Peter B. Lewis Aquatic & Therapy Center at 216.595.7345.

The Future of Medicare

The community is invited to attend the following July program as part of the Kenneth & Deborah Cohen Lecture Series of Menorah Park

The Future of Medicare, presented by Joseph White, PhD, Case Western Reserve University, will take place Wednesday, July 11 at 2:30 pm, in Menorah Park's Saltzman Auditorium.

The following will be addressed:

- What are the common threats we hear about Medicare?

- What do these threats mean for Medicare's future?
- Can Medicare decisions be separated from the general directions of both American politics and American health care?

For more information, contact LeAnne Stuver at 216.360.8208. Reservations are not required.

Menorah Park Walking Club

Menorah Park's walking club meets at Acacia Reservation every Friday at 10:30 am, weather permitting, to stroll through the park with an exercise specialist. All participants walk at their own pace, and all are welcome.

Some walkers are training for the Cleveland Senior Walk, which has been tentatively scheduled in September in downtown Cleveland. For more information, call the Peter B. Lewis Aquatic & Therapy Center at 216.595.7345, ext. 354.

Bea's Book Signing – A Dream Come True at 98

Last fall, Bea Friedman Silverberg confessed to a member of the Menorah Park D.R.E.A.M. Team that she wrote a book and it was her dream to have it published.

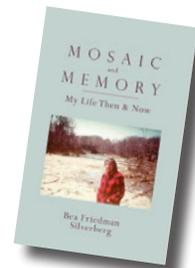
At 98 years old, her dream came true. Bea's newly-released

book of memoirs and art, *Mosaic and Memory: My Life Then and Now*

has been published and is available at Amazon.com, Barnes & Noble, and on other internet sites.

At least 75 people came to celebrate the accomplishment and life collection of excerpts that Bea has been writing since she was in her '70s. She also wrote stories for a series of children's books. Family, friends and Menorah Park staff members were present at her signing, and expressed pride in Bea's accomplishment.

"It couldn't have happened without my family," Bea said. "They've been wonderful."



Age isn't chronological. *IT'S PERSONAL.*



Just as there were a thousand ways to be 25, there are a thousand ways to be 68, 88 or 98. No matter where you are in your journey, we can help – from therapy and brain health education to home health, residential care, and more.

Find out more at MenorahPark.org

Menorah Park • 27100 Cedar Road, Beachwood, Ohio 44122 • 216-831-6500





Cleveland Orchestra 2018 Star-Spangled Spectacular

Ethical Will is Focus of Jewish Genealogy Society Meeting

FREE Concert in Downtown Cleveland, July 6 at Mall B

The Cleveland Orchestra's 29th annual community concert will take place in downtown Cleveland on July 6, rain or shine. This year's Star-Spangled Spectacular, brought to you by Cuyahoga Arts & Culture and sponsored by KeyBank, will be held on the spacious Mall B, located at 300 St. Clair Avenue, between the Global Center for Health Innovation and Cleveland Public Auditorium. In addition to celebrating our nation's birthday, this year's concert celebrates The Cleveland Orchestra's 100th anniversary, concludes the Orchestra's special Around the Region Celebration, and thanks the Northeast Ohio community for a century of support.

The concert will be hosted by Russ Mitchell, on-air host and news anchor at WKYC TV-3. Mitchell, a ten-time Emmy award winner, former anchor of the CBS Evening News weekend additions and national

correspondent for the network, joined the staff of WKYC as managing editor evening news and lead anchor of the 6 pm and 11 pm newscasts on January 16, 2012.

Starting at 6 pm, Mitchell's will be providing free samples of its homemade ice cream. This hand-crafted treat will be in limited supply.

From 7 – 8 pm, there will be special pre-concert performances by local and regional groups.

The concert will begin at 9 pm and will be followed by fireworks, weather permitting.

There will also be a live concert broadcast in collaboration with the Cleveland Orchestra's media partner, ideastream®. Video will be available at www.clevelandorchestra.com and www.ideastream.org. Radio broadcasts will be streamed on 90.3 WCPN and WCLV 104.9 ideastream.

For complete information, visit www.clevelandorchestra.com.

Attorney Harry Brown, a senior partner at Benesch, Friedlander, Coplan & Aronoff LLP and founding chairman of its Health Care and Life Sciences Department, will be the featured speaker at the July 11 meeting of the Jewish Genealogy Society of Cleveland. Brown will explain the importance of creating ethical wills that express personal values and beliefs and are passed from one generation to the next.



Brown is a frequent lecturer on health care topics, including decisions

involving Medicare, Medicaid and end-of-life issues. He was trained as a rabbi at the Rabbi Isaac Elchanan Rabbinical Seminary in New York City.

Brown will share examples of ethical wills and explain how they are written in contemplation of death to create something of meaning that will live on after we are gone, providing a sense of completion to our lives. A

graduate of New York University School of Law, Brown is a member of the American Health Lawyers Association, American Society of Law and Medicine Program Development Committee, Cleveland Advisory Board of the Ohio Hunger Task Force and Ohio Assisted Living Task Force.

The Jewish Genealogy Society of Cleveland meets in the Miller Board Room at Menorah Park, 27100 Cedar Road. The meeting starts at 7:30 pm, and board members are available to assist with individual research questions at 7 pm. Guests are welcome. RSVP to Programming@ClevelandJGS.org.

Upcoming Programs at The Gathering Place

The Gathering Place is a cancer support center that provides free programs and services that support, educate and empower individuals and families currently coping with a cancer diagnosis, with locations in Beachwood and Westlake. Most of the programs listed below take place at 23300 Commerce Park, Beachwood, and require advance registration by calling 216.595.9546. Learn more at www.touchedbycancer.org.

KidShop/TeenShop

Mondays, July 9 and 23
6:30 – 7:30 pm

Workshop for children and teens who have an adult family member with cancer.

Bridges Grief Group for Families

Mondays, July 2 and 16
6:30 – 7:30pm

For parents, children and teens when there has been a death of an adult loved one from cancer.

Building Resilience: A Chat in the Garden

Thursdays, July 19 and August 2,
6:30 – 8 pm

Learn how to bend without breaking.

Look Good Feel Better®

Monday, July 23 • 3 – 5 pm

Learn wig and skin-care techniques to cope with appearance-related side effects from cancer treatment.

Sponsored by the American Cancer Society Personal Care Products and the National Cosmetology Association. Call 1.800.227.2345 to register.

Balance 101

The Gathering Place
Richman Family Wellness Center
23295 Commerce Park
Tuesdays and Thursdays,
August 7 – August 30
1:30 - 2:15 pm

Learn exercises that address balance issues related to cancer treatment.

BHS Class of 2018 Grad Publishes First Book

Jayla Howard Achieves Goal of Publishing First Book by Graduation Day

At the age of 12, Jayla Howard was diagnosed with Leukemia. While battling the disease, Make-a-Wish Foundation granted her wish to go to New York on a shopping spree. After her trip, Jayla, on her own, raised money so that other children experiencing the effects of cancer could have their dreams granted.

While in the Cleveland Clinic for countless surgeries and chemo treatments, Jayla began to use writing as her escape and comfort. She would create stories that would take her mind off of the unpleasant sounds of her hospital surroundings.

Now, six years later, Jayla received the Steven Mark Wasserman Memorial Scholarship, which is awarded to a Beachwood High School senior who indicates an intent to pursue a career in writing. This was befitting since she successfully reached her goal of publishing her first book prior to high school graduation, which was on May 27.

Jayla's pen name is Jayla Christina, and her book, "regression to the mean," may be purchased on Amazon.

This 89-page book is a coming-of-age fictional story about

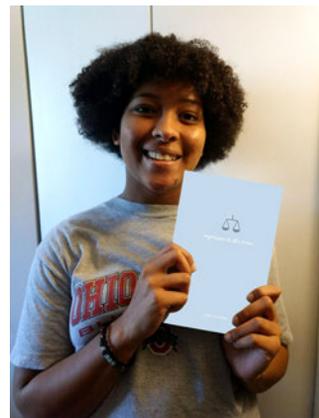
a girl growing up in an affluent suburb. When the main character (Aries) meets her next-door neighbor (Arlington, who just moved in), she has found a friend with whom she is able to relate her challenges. Aries believes that her challenges have caused developmental regression, from which she tries to derive meaning. The teenagers' lives are woven together as they both deal with coming-of-age development.

Jayla's book is written from a teenage viewpoint. It deals with high school and family matters and is an easy read that is suitable for all ages, especially teens. Through these pages, Jayla spreads the message that as young people begin to develop, they need to have somebody to truly confide in and not feel hopeless.

Her grandmother, Connie,

said, "We are confident that Jayla's accomplishments and future endeavors will speak volumes for the school system that shaped her as well as the community that embraced her."

Jayla is attending Kent State University and pursuing a career in writing.



Jayla proudly displays her first published book, "regression to the mean."

Jayla's book is written from a teenage viewpoint. It deals with high school and family matters and is an easy read that is suitable for all ages, especially teens. Through these pages, Jayla spreads the message that as young people begin to develop, they need to have somebody to truly confide in and not feel hopeless.

A Father's Day Treat for Veterans

Rabbi Shalom Plotkin, owner of Right at Home, which offers in-home care and assistance, partnered with Windsor Heights, an Alzheimer's special-care center that offers transitional assisted living for persons who are starting to experience memory challenges, and Lisa D'Amico (Lisa the Barber, from Nicoletti's Hair Styling), to treat local veterans to haircuts before Father's Day.

Rabbi Shalom told us he did this because he would want it if he were living at Windsor. "Some of the guys aren't really able to celebrate Veterans Day or Father's Day and this was a chance to

make them feel special. I feel blessed that we could do this."

Ashley Jenkins, a nurse at Windsor, agrees. "We love to make our residents feel like they're at home with us and we enjoy doing things that make them feel special."

Rabbi Shalom served as a Naval Reserve Chaplain with the Navy and Marine Corps here and overseas for 15 years and is now a part-time chaplain at our Louis Stokes VA hospital.

Some of the veterans they gifted with a haircut served in World War II and the Korean War.

"When you meet our veter-

ans, please thank them for their service!," Shalom said.



Lisa D'Amico treats Korean War veteran Ben Hollis to a Father's Day haircut. Shalom Plotkin and Lee Jackson, Right at Home community relations manager.

Upcoming Programs at the Beachwood Library

Healthy Aging (Three-part series)

Thursdays, July 12, 19, 26
10 – 11:30 am

This fun, interactive program will teach you how to live healthy as you age. This is a three-part series led by Jennifer Nance, M.Ed. from Kemper House. Week one will focus on sleep; week two, diet; and week three, physical and mental activity.

Meet Author James Robenalt

Thursday, July 12 • 7 pm

James Robenalt is the author of *Ballots and Bullets: Black Power Politics and Urban Guerilla Warfare in 1968 Cleveland*. On July 23, 1968, police in Cleveland battled with black nationalists in a night of terror that saw 6 people killed and at least 15 wounded. The gun battle touched off days of heavy rioting and was surprising given that Cleveland had just elected Carl Stokes, the first black mayor of a major US city. In the book, Robenalt looks at the roots of the violence and its political aftermath in Cleveland, a uniquely important city in the civil rights movement. Books will be available for purchase and signing, courtesy of Mac's Backs - Books on Coventry.

Through the Eyes of the Artist - Suzanne Valadon

Friday, July 20 • 10 am

Suzanne Valadon transformed herself from an artist's model into a successful artist by observing and learning others' techniques before becoming a noted painter herself. Known as the "mistress of Montmartre" living by the phrase "Vive l'amour," she created powerful and controversial figure paintings. Her version of Adam and Eve was the first piece by a female artist to show a nude man and woman together. Sponsored by the Friends of the Beachwood Library.

Blood Drive

Saturday, July 21 • 10 am – 2 pm

Donate blood! For more information or to make an appoint-

ment, visit www.redcrossblood.org, or call the American Red Cross at 800.RED.CROSS (800.733.2767).

Northern Ohio Opera League

Tuesday, July 24 • 7 pm

Operatic Adventures: "How To Attend European Summer Music Festivals Without Paying." Each summer, Europe becomes one big music festival. Come and enjoy show operatic excerpts from festivals in Paris, Berlin, and Orange. The settings are as beautiful as the music.

Partners to Empowerment Wellness Center Yoga

Friday, July 27 • 2 – 3:30 pm

A Partners to Empowerment Wellness Center yoga instructor will introduce mindfulness through gentle yoga poses, breath practices and simple meditations. Some mats provided.

The Plain Dealer – Meet the Editor

Monday, July 30 • 6:30 - 7:30 pm

How can *The Plain Dealer* do a better job of covering our community? How can it make itself more useful and more interesting? And what should it stop doing? Visit with *Plain Dealer* editor George Rodrigue for a discussion of all these questions and anything else that you may want to share, or ask about.

The Great American Read – Scholar-Led Book Discussion

Wednesday, August 8 • 7 – 8:30 pm

Enjoy a scholar-led discussion of America's 100 best-loved novels (as chosen in a national survey). Explore what these books have to say about our diverse nation and more. This book discussion will be led by a Case Western Reserve University scholar. To see the list of America's 100 best-loved novels, visit www.pbs.org/the-great-american-read.

Through the Eyes of the Artist – Odd Artists

Friday, August 17 • 10 – 11 am

Drama, passion, obsession and tragedy. Learn about the hidden lives of our greatest artists. Come hear outrageous tales, all the good stuff our art history books left out! Many of the best artists lived on the edge of chaos – where all great art is born. Sponsored by the Friends of the Beachwood Library.

Art Book Club

Monday, August 20 • 2 – 3 pm

Stop by to discuss *Alive in Shape and Color: 17 Paintings by Great Artists and the Stories They Inspired*, edited by Lawrence Block.

Northern Ohio Opera League

Tuesday, August 21 • 7 – 8 pm

Operatic Adventures: "Hail Britannia." Each summer, Great Britain proves it is great by staging a concert series in the majestic Royal Albert Hall. The final night of each series has become a national institution. Opera singers are the usual guests. Learn about the artistry of Renee Fleming, Juan Diego Florez and Nina Stemme.

Teen Writer's Circle

Tuesdays, July 10 and August 14 3:30 – 4:30 pm

Join other teens and experiment with writing short stories, poetry, drama and non-fiction.

Small Plate Homeschool Book Club

Mondays July 23 and August 13 10:30 – 11:30 am

Enjoy a snack while exploring classics, graphic novels, nonfiction and the latest best sellers.

You Can Uke!

Tuesday, August 7 • 6:30 – 8:30 pm
Grades 5 to 12

Have a uke-tastic time learning to make music on the ukulele – the world's happiest instrument! If you don't have a ukulele, the library will provide one.

Stop Motion for Teens

Wednesday, August 29
3:30 – 4:30 pm

Bring different objects and backdrops to life to sculpt your own story.

Chinese Storytime

Saturdays, July 14 and 29
10:30 am • Families

Enjoy stories, songs and rhymes in Mandarin Chinese and stay for a craft and playtime after. Presented in cooperation with the Chinese Language and Culture Center.

Toddler Storytime

Mondays • 4 pm and
Wednesdays • 10 am

Ages 19-35 months with a caregiver

Enjoy for books, rhymes, songs and fingerplays.

Baby & Me Storytime

Tuesdays at 6:30 pm and
Thursdays at 10 am

Caregivers and their babies from birth-18 months

Enjoy rhymes, songs, fingerplays and books perfect for baby.

Preschool Storytime

Wednesdays at 1:30 pm

Ages 3-5 not yet in kindergarten and their caregivers

Enjoy stories, books, rhymes, songs and fingerplays with your little one.

Pajama Party Storytime

Wednesdays at 6:45 pm

Ages 19 months – 5 and their caregivers

Wear your PJs and enjoy stories, songs and fingerplays

Registration is required for all programs except storytimes. To register, please call 216.831.6868 or visit cuyahogalibrary.org.

JCC Men's Club

The JCC Men's Club offers its members the chance to socialize, meet new friends, and take part in discussion groups every Monday morning from 11 am to noon. Community gentlemen are invited to enjoy coffee and presentations by interesting speakers. The Beachwood Library is the group's temporary summer location.

July 9 (Committee Meeting, 10 am)
Matt Zone, Cleveland City Councilman and president of the National League of American Cities, will speak about "The State of American Cities."

July 16
Brad Schlang, chairman of the Community Relations Committee at the Jewish Federation

of Cleveland, will speak about "Combating Antisemitism."

July 23
Trudy Wiesenberger and Tom Huck, director and curator of University Hospitals, will speak about "The UH Art Program."

July 30
Speaker to be announced.

Beachwood Historical Society

What do The Great Gatsby, Pickleball, Tai Chi, Yoga, and Butterfly Gardens all have in common? You're right, if you guessed "The Beachwood Historical Society," which invites you to share in our city's dynamic history. Please mark your calendar for these exciting events:

Pickleball Tournament
July 14 • 8:30 am – 4 pm
Beachwood Tennis Courts
(located behind the Beachwood Family Aquatic Center)

Participate in the fastest-growing sport in the United States. The \$35 fee for each doubles team includes t-shirts, prizes and fun for all! This program is co-sponsored with the City of Beachwood. Register today online by visiting www.beachwoodohio.com.

Luncheon
Who Was the Real Jay Gatsby?
July 19 • 12:15 pm
(Doors open at noon)
Beachwood Community Center

Wear your Roaring Twenties attire and learn from a historian about Cleveland in the 1920s. To register or learn more, contact Susan at the Beachwood Community Services Department,

216.292.1970. Prepaid reservations only, no walk-ins. Presentation by historian begins at 1 pm.

Tai Chi and Yoga Classes
Saturdays at 10 am and
Sundays at 11 am
Beachwood Park by the Pavilion

Thanks to a generous grant from the CAC, the Beachwood Historical Society invites you to participate in these FREE one-hour programs, rain or shine!

Butterfly Garden
Beachwood Park West
on Shaker Blvd.
Come, visit, and watch it grow. Do you have a plant that you want to donate? Interested in volunteering? If so, please contact us at 216.591.0229.

The Beachwood Historical Society's mission is to educate people of all ages on It is committed to preserving our city's dynamic history.

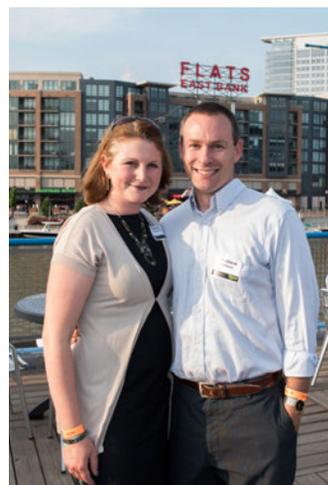
Summer Soirée

It was the perfect way to kick off the summer! 300+ Jewish Cleveland young adults joined the Jewish Federation of Cleveland's Young Leadership Division and JCLE for the social event of the season: the 10th Annual Summer Soirée.

Guests mingled with friends old and new, sipped on summer cocktails, noshed on delicious food, danced to live music, snapped pics in the photo booth, sat for caricatures, and won awesome swag from the raffle. Plus, members of Federation's Ben-Gurion Soci-

ety got the party started with private patio reception before the Summer Soirée. It was a night we'll never forget!

For more information about how to get involved in the Federation's Young Leadership Division, contact Jessie Bruder at jbruder@jcfclveve.org.



Pictured from top: Summer Soirée host committee: Rachel Edelman, Rachel Newman, Hannah Giterman, Ben Milgrom, Leslie Shvets, Matt Morris, Alina Litwak and Amy Horwitz

Matt and Alyson Fieldman

Shira Barron, Laura Tramer and Jonah Yulish

Who's Buzzin' in Beachwood?

by Arlene Fine

A Life with Friends

A crowd of more than 800 community members, supporters and volunteers were welcomed by Rabbi Yossi Marozov, executive director of Friendship Circle of Cleveland, as they filled Executive Caterers at Landerhaven for A Life with Friends, Friendship Circle's annual awards reception. The evening's honorees included Beachwood residents Hildee and Gary Weiss, Michael Friedman, and Julie and Marc Soroka.

Friendship Circle's co-director, Estie Marozov, proudly introduced 100 teen volunteers who were honored for their outstanding service.

In recognition of this event, Mayor Martin S. Horwitz and City Council proclaimed May 16 as Friendship Circle Day in the City of Beachwood.

Friendship Circle's mission is to provide children with special needs a full range of social and recreational experiences, afford their parents respite and support, and inspire high school teens to share themselves with others.

Friendship Circle's mission is to provide children with special needs a full range of social and recreational experiences, afford their parents respite and support, and inspire high school teens to share themselves with others.

For more information, about Friendship Circle, visit friendscleveland.com or call 216.377.3000.



Mark, Jack and Julie Soroka



Estie and Rabbi Yossi Marozov, and Michael Friedman



Josh Silver, Noah Fleeter, Tyler Fertel and Jacob Bolman



Gary and Hildee Weiss



Marc Glassman and Brian Sokol



Casey Blum and Jaime Rotsky



Jacob Pincus, Amy Pincus, Hildee Weiss and Emile Bussey



Cheryl Henschel and Steven Marks



Penni and Steve Weinberg, and Kim Sirkin



Marcia Wise, Linda Blumenthal, Michelle Reiner and Sandy Schwartz

Going to the Dogs

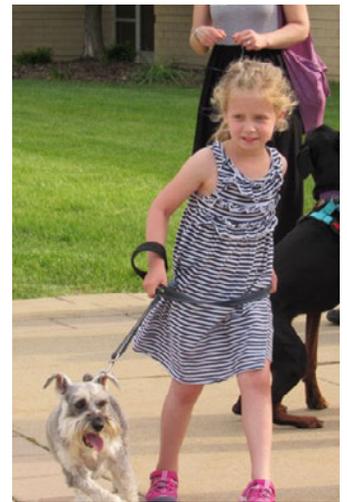
Well-bred dogs and lively mutts had a doggone good time at B'nai Jeshurun Congregation's annual Canine Shabbat, chaired by Sue Nash. The evening, held in the synagogue's barking lot, included a 30-minute pack walk, picnic dinner, doggie awards and a barking blessing.



Daniel Kadis with Batman



Akiva Sinykin and Ines Ades with Alma



Hallie Levin with Ziggy



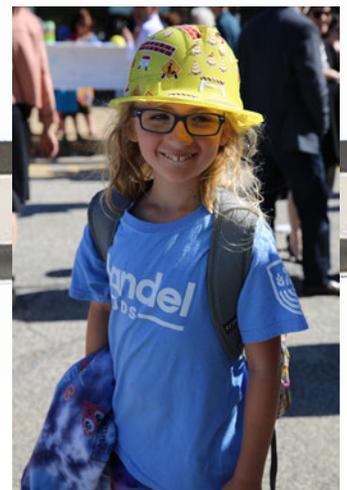
Mandel School principal and director of Judaic Studies, Leah Spector; philanthropist Mort Mandel and Head of School Jerry Isaak-Shapiro

Beam Me Up, Morton

A celebration of Phase 2 of the Joseph and Florence Mandel Jewish Day School expansion brought parents, staff and supporters to the school's parking lot for a brief ceremony and the signing of a construction beam. The school's president Jared Miller welcomed the group and philanthropist Morton Mandel expressed his delight and support for the staff, parents and the entire Mandel Jewish day school community.



Amy Groedel, Ali Abrams and Adam Levin



Mia Brecher

BAC Annual Meeting

The Beachwood Arts Council annual meeting included the swearing in of board members and officers, refreshments and entertainment provided by this year's Si Wachsberger Art Scholarship Award winners, Sydney Fieseler and Ethan Walker. The Beachwood Arts Council is currently having a membership drive and invites you to become a member of one of the finest arts councils in northeast Ohio. For details, see page 9.



Si Wachsberger Art Scholarship Award winners Sydney Fieseler and Ethan Walker



Lauren Rollins, newly-elected BAC president Paula Rollins and Mike Rollins



Stevie Jacobs, Harriet Gorden and Marla Keilin



Rita Frankel and Carole Weinberg

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