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March 2021

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MAGAZINE

GROWING DIVERSITY IN BEACHWOOD'S CLASSROOMS



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Letter from THE EDITOR

By Debby Zelman Rapoport

I often listen to TED Talks, which are influential videos from expert speakers on education, business, science, tech, and creativity. Each week I receive “TED Recommends,” and one of my recent recommendations was for the 2005 Stanford University commencement address delivered by Steve Jobs, former CEO of Apple Computer and Pixar Animation Studios.

Steve shared three stories: The first about connecting the dots, the second about love and loss, and the third about death.

Steve’s views are reflective of my own belief system. Although these lessons were addressed to graduates 16 years ago, they resonate today for each of us to consider in our own lives or to share and encourage others to follow their dreams. Much of what follows was extracted verbatim from Steve’s speech.

CONNECT THE DOTS

Steve told about his adoption and how his birth mother prioritized college when selecting a family to adopt him. Seventeen years later, he attended Reed College, a small liberal arts college in Portland, Oregon. After the first six months, he dropped out because he had no idea what he wanted to do with his life or how college would help him figure it out. Plus, tuition was eating up his working-class parents’ savings. Although it was scary at the time, Steve looked back and saw this as one of the best decisions he’d ever made. He stayed on campus for several months, slept on the floor in friends’ dorm rooms, returned coke bottles for the 5¢ deposits to buy food, and walked across town every Sunday night to get a good meal at the Hare Krishna temple. Instead of staying in school and taking classes that didn’t interest him, he followed his curiosity and intuition, which

led him to take a calligraphy class. He learned about serif and sans serif typefaces, about varying the amount of space between different letter combinations, and about what makes great typography great. Although at the time, he saw no practical application for calligraphy in his life, he found it fascinating. Ten years later, it all came back to him when designing the Mac, which was the first computer with beautiful typography.

His message: You can’t connect the dots looking forward. You can only connect them looking backward, so you have to trust that the dots will somehow connect in your future. You have to trust in something – your gut, destiny, life, karma, whatever. This approach has never let me down, and it has made all the difference in my life.

LOVE AND LOSS

Steve found what he loved to do early in life. When he was 20, he and his business partner, Steve Wozniak, started Apple in Steve’s parents’ garage. They worked hard. In 10 years, Apple grew into a \$2 billion company with more than 4,000 employees. The Macintosh had just been released and, shortly thereafter, Steve was fired by the Board of Directors. What had been the focus of his entire adult life suddenly disappeared and Steve was devastated. He screwed up, owned it, and realized that although he had been rejected, he still loved what

he did and decided to start over. Looking back, it turned out that getting fired from Apple was the best thing that could ever have happened to him. The heaviness of being successful was replaced by the lightness of being a beginner again, which freed him to enter one of the most creative periods of his life.

Over the following five years, Steve started NeXT, a computer software company, and Pixar Animation Studios. He also fell in love with the woman who would become his wife. Pixar went on to create the world’s first computer animated feature film, *Toy Story*, and is still one of the world’s most successful animation studios. Subsequently, Apple bought NeXT, Steve returned to Apple, and the technology they developed at NeXT became the heart of Apple’s renaissance.

His message: Sometimes life hits you in the head with a brick. Don’t lose faith. Find what you love – both for work and relationships. Work is going to fill a large part of your life, and the only way to do great work is to love what you do. If you haven’t found it yet, keep looking. Don’t settle.

DEATH

When Steve was 17, he read a quote that went something like: “If you live each day as if it were your last, someday you’ll most certainly be right.” It made an impression. Each day, he asked himself: “If today was the last day of my life, would I want to do

what I am about to do today?” Whenever the answer was “no” for too many days in a row, he knew he needed to change something.

Thoughts about death became an important tool to make big choices in life because external expectations, pride, and fear of embarrassment or failure fall away, leaving only what is truly important.

His message: Remembering that you are going to die is the best way to avoid the trap of thinking you have something to lose. Your time is limited, so don’t waste it living someone else’s life. Don’t be trapped by dogma – which is living with the results of other people’s thinking. Don’t let the noise of others’ opinions drown out your own inner voice. And most importantly, have the courage to follow your heart and intuition.

Steve concluded his speech with a story about *The Whole Earth Catalog*, a magazine that was created and brought to life in the ‘60s by Stewart Brand. On the back cover of its final issue was a photo of an early morning country road with the words printed: “Stay Hungry. Stay Foolish.” This was Stewart’s farewell message, a message that Steve had always wished for himself and encouraged each graduate to live by. It is also a message that I share with each of you today.

Steve lost his battle to cancer on October 5, 2011.



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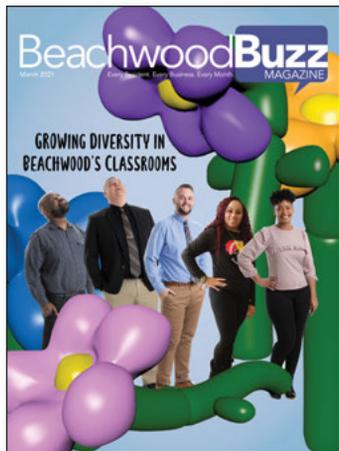
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Buzz
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Growing Diversity in Beachwood's Classrooms

by Debby Zelman Rapoport



Diversity is in the forefront at local, state and nationwide levels. Ten years ago, demographics in the Beachwood School District were 72% white, 8% Asian, 15% Black, 3% multiracial, and 2% Hispanic. Today, they are 49% white, 21% Asian, 20% Black, 6% multiracial, 4% Hispanic, and 1% Native American. Since 2000, people from six of the seven continents have called Beachwood home. To embrace diversity in our schools, the Beachwood Board of Education continues to take proactive steps to hire staff that mirror the demographics of its student population. This is a challenge since, in the state of Ohio, 92% of educators are white, and just 8% are minorities or people of color.

Story starts on page 8.

Photos by Scott Morrison, Discovery Photo.

Flower images courtesy of Hope Blooms Ohio, story on page 16.

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Letter to the Community: SCAM ALERT

I anonymously tell my story to prevent others from doing what I thoughtlessly did just a few weeks ago. It was early afternoon, January 16, around 1:30 pm, when someone was incessantly ringing my doorbell. I wasn't expecting anyone, but I answered anyway. A uniformed gentleman with a walkie talkie and badge around his neck, hanging backward, told me that two of my neighbors were in the hospital because of COVID, which they may have contracted by the water supply, so he was there to test the water. He looked legitimate and I let him in.

He told me that he had been out testing water since early morning, so I thought he might be hungry. I'm known to share brownies with people who cross my path, so I went to the freezer, took some out, and placed them on the counter. It brings me joy to share these baked goods, and I love to see the expressions on people's faces when I gift them. My purse, with all my worldly possessions, was in plain view on my kitchen table.

He asked for a bucket and told me to run the water. I stood by the kitchen sink, turned on the water, and noticed he wasn't

checking anything, which made me somewhat suspicious. A voice came through on the walkie talkie, but I wasn't paying attention. He then looked into the yard and talked about the possibility of having to dig it up to correct the problem. Next, he said we had to do the same thing in the bathroom, at which time I was more suspect, but went along with him. We repeated the process and he then asked me to flush the toilet three times.

After flushing the third time, I turned around and he was gone. I walked into the kitchen, looked at the counter, and the

brownies were gone, too. To my amazement, my purse was still on the table, with everything intact.

There are so many scams out there, many targeted toward seniors. Please, **BEWARE, BEWARE, BEWARE** of them – both in person and on the phone. When in doubt, call the Beachwood Police Department at **216.464.1234**.

I called the Beachwood Police Department to report this incident, and the officer asked if I had closed the door after I let him in. I had. He then told me that I had avoided a "distract and rob" robbery. His partner was waiting to come in, but couldn't because the door was locked, so the man just grabbed the brownies and left!

I described him as best I could, and later received a phone call from another Beachwood police officer who told me that they'd received an email from the Highland Heights Police Department

regarding two robberies on the same day, and the description I gave was a match.

I'm not exactly sure of what distracted him or why he didn't take my purse. Maybe he figured I didn't have much to steal when he saw the rotary phone installed on my kitchen wall, or maybe he couldn't bring himself to rob an old lady who had just given him brownies!

I was lucky. I believe my brownies rewarded me with a sweet ending to an event that was initiated with sour intent. I was ashamed that I fell for this scam. Con artists know how to catch you off guard, and that's what happened. I learned a valuable lesson. Nobody, no matter who, will be allowed in if I don't know him. There are so many scams out there, many targeted toward seniors. Please, **BEWARE, BEWARE, BEWARE** of them – both in person and on the phone. When in doubt, call the Beachwood Police Department at 216.464.1234.

Editor's note: This author was not anonymous when she submitted her letter. We thank her for submitting it, respect her privacy, and encourage readers to be aware of scams.

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BEACHWOOD DEMOCRATS

Beachwood Democrats invite you to join them the second Wednesday of each month at 7 pm to learn more about democratic candidates that will be on our ballot. The virtual meeting on March 10 will feature Congressional candidates Shontel Brown and Nina Turner. There is no fee to attend. To vote at meetings, you must be a member. Membership is \$20 per year. For more information, email beachwooddemocrat@gmail.com or follow the group on Facebook at BeachwoodDems.

A COVID-19 Vaccine Message from Mayor Horwitz

All local vaccination efforts are being coordinated by the Cuyahoga County Board of Health (CCBH). The City of Beachwood is not authorized to provide vaccinations. The City recommends that eligible people register for vaccination opportunities via ccbh.net/vax and on the websites of private providers, including CVS, Walgreens and Rite Aid. Other providers can be located via <https://vaccine.coronavirus.ohio.gov/>.

The City of Beachwood's goal is to have as many residents vaccinated as possible. If you are having difficulties finding or getting to a vaccination site, please contact the city's Community Services Department at 216.292.1970 for assistance.

Beachwood's Fire Station 2 continues to be the site of a Cuyahoga County Board of Health COVID vaccination clinic, where many vaccines have been administered by Beachwood Fire Department members to recipients that were determined by CCBH.

NOTE: There are no "leftover" vaccines from these clinics and Beachwood does not offer drop-in vaccinations at this location.

BEWARE OF COVID-19 SCAMS

As the vaccine continues to roll out, watch out for scams disguised as offers to help you get COVID-19 tests, cures or vaccines, and never pay or reveal private information to someone who contacts you; no government agency will ever ask you for this information. NOBODY can move you up in line to get a vaccine more quickly or before your phase is eligible. Anyone who says they can is a scammer.

If you receive a suspicious phone call or email, please report it to Mayor Martin Horwitz's office at 216.292.1901. AS ALWAYS – whether or not you've been vaccinated –

maintain social distance of six feet or more, wash your hands frequently with lots of soap and hot water, wear a mask that covers your nose and mouth, and get adequate sleep and nutrition.



Above: Mayor Martin Horwitz thanked Beachwood resident Dr. Erica Remer, who volunteered to reconstitute vaccines

Below: Fire Station 2 provides perfect drive-through access for vaccine recipients.



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A Fond Farewell to Karen Carmen

Karen Carmen, former Community Services director, retired in January after working for the City of Beachwood for 21 years. She put her magic touch on everything she did, turning every project and event from ordinary to extraordinary. When many people would have been winding down career responsibilities, Karen cranked them up one last time to create Beachwood Delivers, a nationally recognized, city-sponsored restaurant delivery service.

Mayor Martin Horwitz, City Council, and co-workers paid a tribute to Karen at the virtual City Council meeting on January 4.

"The work you've done with your staff is the reason residents love living in Beachwood," said Mayor Horwitz. "From toddlers to seniors, thousands have benefitted from your programs. You've made me a better mayor and Beachwood a better city. On behalf of a grateful community, we thank you."

Every City Council member echoed Mayor Horwitz's comments.

"Saying goodbye to someone has never been easy. When I was elected, my father told me that hiring you was probably one of the best things that Merle Gordon ever did as mayor," said Council Vice President Barbara Bellin-Janovitz. "As Marie Kondo has talked about recently, people should only have things in their lives that bring them joy. Karen, you have brought joy to the lives of so many people. On behalf of the residents, my family, Kobe, and all of the dogs and dog lovers in Beachwood, I thank you for all that you have done for the city, and wish you lots of happiness and good health during your retirement. It has truly been a privilege getting to know you and to work with you."

"Karen, you ARE Beachwood. The rest of us are here to help you out," said Alec Isaacson. "You, Pete, and your team have turned residents into neighbors and neighbors into friends. Without you, we wouldn't be the community that we are."

"Thank you for all you've done for this city, and for giving up weekends and time with your family," said Justin Berns. "Time is precious, and I thank you for sharing your expertise and time with us."

"The things that you're responsible for are the things that make Beachwood great," said Mike Burkons. "Thank you. I hope you enjoy your retirement."

"It's been an honor to see someone so dedicated to their craft, job, and community," said Eric Synenberg. "I'm confident that this department will continue to deliver in a first-class manner and carry on your legacy."

"Thank you for always representing this city in a best-in-class manner and for welcoming citizens in such a first-class way," said June Taylor. "When I joined council, you always helped me understand protocol. I needed an ambassador, and you played that role. It speaks to your character and way of being. I wish you much success in your next chapter because that is what life is about: Turning the page and having another chapter."



"Your handprints are all over the city. It's hard to go anywhere without seeing the profound impact that you've had," said Council President James Pasch. "I was told once that people should do what they're most passionate about with their career. That's what you've done. You poured your heart and soul into it, and anyone could tell that by walking through the city. There is very little that you did not impact for the better. Thank you for everything you've done. We've all benefitted from your life's work."

"It's easy to live your passion when it's something that you love, and I truly have loved my time here."

Following comments by City Council members, Shannon Diamond and the Community Services team shared a video tribute that included a memory-lane photo montage, choreographed to *Good Riddance (Time Of Your Life)*, by Green Day.

Mayor Horwitz and City Council then presented Karen a plaque that read, "In grateful appreciation for dedicated service to the City of Beachwood."

Barbara then introduced a resolution commending Karen for her years of service to the City of Beachwood as its Community Services director and honoring her with a lifetime membership to Barkwood Dog Park in recognition of her contribution to its creation. The resolution also mentions how her creativity, professionalism, and tireless efforts have benefitted the City of Beachwood, and thanks her for her contributions and unbounded dedication during her distinguished career. This resolution was unanimously passed by City Council and signed by Mayor Horwitz.

Karen was then presented a gold key fob to Barkwood.

"With four dogs, this will really come in handy! Thank you very much. I do love Barkwood so much," Karen said. "It's easy to live your passion when it's something that you love, and I truly have loved my time here. Pete and I were a great team. I know it doesn't sound very good, but I called him my backup husband. When I couldn't get something done, I just asked if he can help me and he always came to my rescue."

"This certificate, your words, and your praise mean a tremendous amount to me. Thank you very much. I'll miss you all."

GROWING DIVERSITY IN BEACHWOOD'S CLASSROOMS

Diversity is in the forefront at local, state and nationwide levels. Ten years ago, demographics in the Beachwood School District were 72% White, 8% Asian, 15% Black, 3% Multiracial, and 2% Hispanic. Today, they are 49% White, 21% Asian, 20% Black, 6% Multiracial, 4% Hispanic, and 1% Native American. Since 2000, people from six of the seven continents have called Beachwood home. To embrace diversity in our schools, the Beachwood Board of Education continues to take proactive steps to hire staff that mirror the demographics of its student population. This is a challenge since, in the state of Ohio, 92% of educators are white, and just 8% are minorities or people of color.

In 2019, Kevin Houchins was named Director of Equity & Community Engagement (DECE), a position that demonstrates the district's commitment to leveraging its greatest strength – the diversity of our community. In this role, Kevin interacts with community stakeholders – students, parents, community members, and school employees of all classifications – and is responsible for programming across the district. Kevin is highly visible in the

community and behind the scenes, working with administrators, teachers, and other staff to review the district's policies, procedures, operations and communications, along with data that demonstrate their impact.

"We are mindful that addressing gaps in equity is not one person's job. We will only be successful when we all work together," said Superintendent Bob Hardis. "We appreciate the many cultures present in our schools and we work to ensure that every student and family feels a sense of belonging in Beachwood."

At the request of parents, the administrative staff formed a Diversity Recruitment and Retention Task Force, which includes a mixture of teachers, parents, and administrators from various

racial and ethnic groups. This task force provided guidance with the following goals in mind:

- To increase the number of teacher and administrator candidates from underrepresented groups,
- To review district recruitment methods and offer new approaches,
- To review district hiring processes and offer new approaches,
- To review district retention methods and offer new approaches.

We talked with staff members Ken Veon, Kathryn-Anne Barney-Cheney, Alex Paulchell, Nicole Croft, and Keith Terlonge to paint a picture of opportunities and challenges in the district and classroom.

Continued on next page.



Graphics in this story cross reference "Hope Blooms Ohio," a creative campaign developed by Greg Perry's marketing students to inspire hope and uplift our local and global communities through pop-art installations that will feature five 20- to 30-foot inflatable flowers. *Story starts on page 16.*

Ken Veon

Assistant Superintendent

As head of Human Resources, what challenges have you faced in diversifying the teaching staff?

First and foremost, because of low staff turnover, we do not have many openings year in and year out, which limits opportunities to hire candidates from underrepresented groups. Therefore, since positions are at such a premium, we have to be diligent in our processes to get each hire right.

Another challenge is the number of applicants from underrepresented groups. We would love to see a more diverse applicant pool for all openings, from administration to teaching to non-teaching staff. Hopefully, with some targeted efforts, we will see more and more applicants from underrepresented groups for future openings.

Tell us about targeted hiring efforts.

Prior to two years ago, we had the belief that, as a respected school district in Northeast Ohio, applicants would come to us. However, after we analyzed our data, we realized the need to do more, so we now attend more job fairs, reach out to more colleges and universities, and utilize input from our hiring

task force. For example, two years ago when we had an opening for a high school math teacher, we wanted to expand our network to include applicants from minority groups. We reached out to Dr.

Ronnie Dunn, Cleveland State University's Chief Diversity and Inclusion officer, and Dr. Roland Anglin, dean of CSU's Maxine Goodman

Levin College of Urban Affairs, to share the math position posting. They shared it within their network, which helped to expand our reach for more applicants. We continue to develop relationships with leaders from underrepresented groups to help us get beyond the same applicants we have had in the past. If we keep doing the same thing, we can expect the same results. Therefore, we need to challenge and reimagine our approach to find candidates from all around who can bring a diverse perspective to our district.

Why is diversifying important?

We want a staff that is reflective of our community and student population. We want students to see people who look like them in leadership roles, and we want students to embrace people from different groups. We never know with whom our students will make a connection, so our goal is to staff the district with as much diversity as possible since our staffing demographics do not represent the makeup of our community – yet. We are working to reach that point.

How has the hiring process changed?

We set clear expectations for candidates. Our postings outline that we are looking for candidates who possess intercultural awareness and are culturally competent. We continually review our application and interview questions to ensure that they are not biased or worded in a way that may lead us to unintentionally promote one person or group over another. We utilize a team approach to review applications and resumes and narrow the pool by ranking applicants. We also review our process to ensure that we include diverse perspectives among those reviewing the candidates through the interview process, and that not just one person determines who gets hired. We are currently re-engaging our Diversity Recruitment and Retention Task Force to audit our procedures to improve the recruitment, interview, and onboarding processes.

We have increased the percentage of staff from underrepresented groups, but we are not resting on our laurels.

We continue to network and recruit new talent through outreach, to promote the diversity of our community and schools, and demonstrate through postings, our website, and recruitment materials a commitment to creating a welcoming, caring, and culturally responsive staff.

What have you learned from staff diversity?

One of the most important lessons is listening to staff and trying to appreciate other people's perspectives. The cliché, "you don't know until you have walked in someone else's shoes," is something I have learned in this role. As we increase staff diversity, students gain alternate perspectives and have opportunities to connect with people with whom they may relate. Each student's background, learning style, and interests are unique. The more opportunities we provide for students to make connections with staff, the better the learning environment will be in our district. Without a diverse team, chances of meeting the needs of all students are reduced.

What have you learned that may help other organizations promote diversity?

They must ask difficult questions of themselves. What is the hiring process? What biases do people have going into interview and review processes? Are there targeted efforts to recruit people from underrepresented groups? Are job postings written to attract a diverse pool of applicants?

Kevin continues to do an outstanding job of soliciting suggestions and feedback from newly hired staff. The staff members have informed us about what attracted them to our district, the district hiring processes that could be improved, and ideas to help recruit candidates from underrepresented groups. When diversifying staff, we are mindful of the isolation that some new staff may feel. They may be the only person of their race, religion, culture, or part of the LGBTQ community in an entire building. Being the only person in a group may cause a lonely feeling. It is essential to put processes in place to combat loneliness and retain our incredible new staff members. They bring a professional demeanor and diverse perspective to our school district and we want them to know they are valued members of the Beachwood City Schools.



Ken with his flower, Sunny, which represents health

Kathryn-Anne Barney-Cheney

Beachwood High School • Social Studies Teacher

Kathryn's family history and love for kids led her down the path of teaching. "I grew up watching former students of my relatives praise them for making changes in their lives, and I saw my relatives win awards and remain humble, which I admired," Kathryn said. "I want to mirror these memories to make an impact on kids and see them be great."

Kathryn grew up in Shaker Heights, in a minority group. When she chose to teach, it was important to be in a district where community and schools were tied together. "Beachwood was my neighboring community," she said. "I was aware of demographic changes and wanted to be a positive part of that change."

She feels she has an impact on all students. "I am very aware of how important it is to have representation in education. I grew up with African-American teachers who encouraged me to be better academically, which is my goal with African-American students. I also recognize the importance of being my best for all students because the stories I share in my style of teaching may help them prepare for their futures."

Kathryn's experience as an underrepresented employee – the only African-American teacher of a core subject – is stressful at times, but she stays focused because of the impact she has on students in the building. "There are times when I witness or hear of bias and I'm not sure how to approach it, or if I want to approach members of the teaching staff to help them educate students about bias, because I'm not sure if they will be offended," she candidly shared.

"This isn't my first career path, but when you're destined for something you can't run away from it," Kathryn said. "My prior work in event planning and social work provided tools that help in the classroom, especially this year. They provided me with a good foundation for empathy and creativity."

Communication and understanding are Kathryn's strengths as she teaches about her heritage because "the world is not a bubble and there needs to be more awareness." She loves her students and

treats them like family. Once they're a student, they're a student for life.

"I consider myself an open book in the classroom, which opens up communication, provides opportunities for students to open up in return, and helps build relationships."

Teaching isn't just about Kathryn. She's fulfilling her ancestors' legacy. Her grandparents, Theodore and Eloise Canzater, both teachers, were presented an award for excellence in teaching by Coretta Scott King at the Lincolnite reunion in 1980. Coretta had invited them to her wedding, which they didn't attend, because "they didn't want to see her marry some broke preacher man!"



Alice Anastos

11th Grade

I've been going to Beachwood since preschool and can count on my hands the number of non-white teachers I have had. Diverse teachers have taught more than what textbooks want us to know, which provides insight and value. When minority students have teachers with whom they can relate, classroom conversations flow easier and a more welcoming learning environment is created. The norm for a white student, which is incredibly rewarding, is to come to school every day and learn something new from someone whose experiences I know nothing about.

Having teachers who are from underrepresented groups has positively impacted my learning experience in ways that I would never have imagined. These teachers have gone beyond what is required to help me learn and understand

the materials. They have also made it much easier for me to feel safe and understood in the classroom, simultaneously making it easier for other students to better understand my feelings.

From the second I walked into Ms. Barney's room as a freshman, I knew she would be more than my history teacher. I knew she would be the person I talked to about stress from school, drama with friends, and even boy problems. Knowing her has been rewarding beyond words. In the three years since we met, so many things have changed in the world, and she is always the one constant who I can count on. Every year, I give her a copy of my school picture, which she tapes to her wall. Every day, I used to get to school early just to be able to go to her room and write all over her whiteboard. Ms. Barney is the most passionate, caring, devoted teacher I have met in my life. I am so incredibly lucky to have been placed in her class on that fateful day of my freshman year.

Kathryn, left, and Alice with their flower, Harmony, which represents unity.

Keith Terlonge

Beachwood Middle School
Guidance Counselor

When Keith was studying to be a mental health counselor, several classmates were school counselors in training, one of whom often told Keith that he would make a great school counselor. This colleague described the need for diverse male counselors, noting how many kids you can reach in a year. This message resonated and opened Keith's eyes to the reality of making a larger impact on more people as a school counselor than as a mental health counselor.

When Keith attended school in Florida, there was not a lot of diversity in his teaching staff. "Having a non-Caucasian female teacher was a rarity," he said. "I was in the minority for all of my schooling and, when I became a counselor, it was very important for me to be visible to students of all diverse backgrounds."

He explained how, in many situations, a student wants to talk to a male staff member and can never find one. "It's important for students to see that it is okay to talk about their feelings, no matter their gender or cultural background."

Keith had seen many high school students who were already jaded, so he came to Beachwood for an opportunity to work with younger students so he could model behavior and encourage them from an earlier age to love and believe in themselves. He chose Beachwood because its administration focuses on a culturally knowledgeable/sensitive staff and prioritizes the students' mental health.

"I hope students see that they can have any job, no matter their gender or

race," he said. "I also hope that I help young men see that expressing their feelings and working through them is not only healthy, but normal."

As an underrepresented staff member, Keith says that the most important thing is to voice how you really feel about things. "If you work in a good environment, co-workers will respect you and you should respect them, just the same. When you hold those boundaries and remind people that you are an individual as well as part a group of people, you create a healthy environment."

Keith sees his greatest strength as being able to stay calm in situations and

understand what people are expressing. His main goal in school is to encourage students to believe in themselves and love themselves. "If they can do that, then they will be able to make positive decisions in their lives, no matter the adversity they may face," he said.

"Working with students is an opportunity to teach them to be proud of who they are and to work hard – not just to make a lot of money but to make an enjoyable life for themselves; a life that they can always look back and be proud of," Keith said.

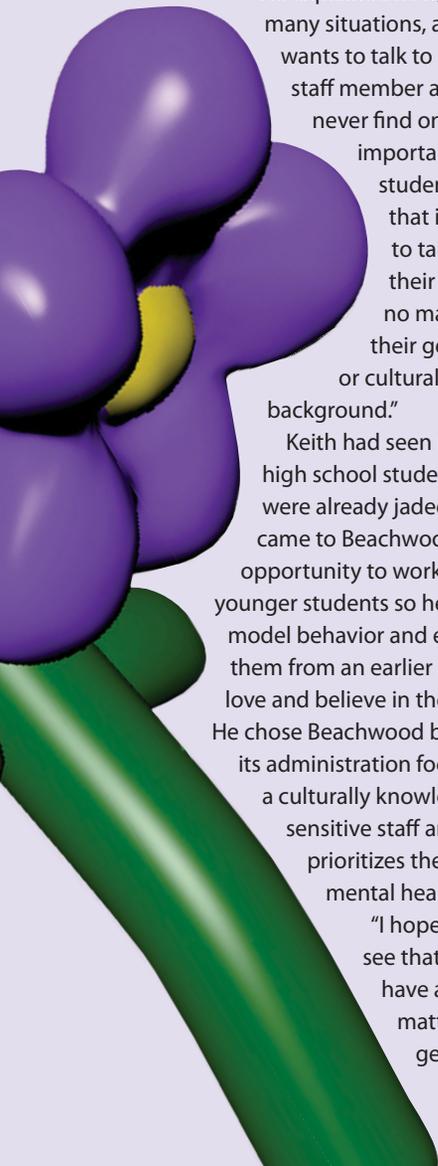
Outside of school, Keith has a private practice and woodworking business.

Maverick Morris

6 Grade

The importance of learning from teachers from diverse backgrounds is to learn about different cultures. I think it is important because each student should have the privilege to learn about their culture. Some learning situations have been a little hard at times, but I've had friends by my side. My relationship with Mr. T is awesome. I can talk to him about anything. It's like we are best friends because I trust him with anything.

Maverick, left, and Keith with their flower, Serenity, which represents inspiration.



Nicole Croft

Hilltop Elementary • School Teacher

Nicole became a teacher because she loves children and couldn't imagine doing anything else. She started working with young children as a freshman in high school, volunteering in the children's ministry at her church because she loves watching students grow, learn, and persevere through challenges.

As a student, Nicole had always been in the minority. She lived in rural areas before moving to a suburb in Columbus, Ohio, where she was one of a few African-American students, and she recalls one teacher of color when she was in junior high school. "This encouraged me to build my career, which I started in Columbus, in a diverse district that prides itself on both a diverse student and staff population."

Last year, right before the pandemic, Nicole relocated to Cleveland to be with family and friends. Everyone she knew told her that Beachwood was one of the best districts in Ohio and that the city had become quite diverse, so she applied. When she received a call for her third interview, she knew it was meant to be!

"I see myself as a model for all students," she said. "For African-American students, I represent an understanding face who gets the culture. I talk about my childhood and college experiences, and students see themselves in me. For other students, I still represent an understanding face



who gets it, and we still relate to each other on multiple levels. I also act as a role model who dispels misconceptions and shares culture."

Nicole feels welcomed into the school family. "I have worked in a school where I was 1 out of 3 people of color and also in a school where there were 5 or 6 people of color throughout the building. At the time, I felt 5 or 6 teachers of color comprised a diverse staff. Looking back, 5 of 30 is not very diverse at all. With only 5 people of color, you become the face and voice of diversity answering questions about Black culture and dispelling some of the same misconceptions that students have. In some ways, you feel a sense of pride when sharing your culture and background with others. In other ways, it can be taxing because there are some people who don't necessarily see the value of teaching or learning another culture or its history. It can be hard knowing there are students who aren't seeing themselves in the curriculum."

Nicole's biggest challenge is incorporating diversity into her current subject area. However, she has a goal of finding ways to show students diverse people around the world who are using math to do great things.

"I am grateful for the opportunity to share what I've learned and who I am with others," she said.

She sees in herself resilience with ability to persevere. "If it is a bad day, bad lesson, or just a bad situation, I've always made up my mind to come back from it," she shared. "I learn from life's challenges. It's a mindset that I try to share with my students. Challenges make us stronger."

Quite simply, her goal is to positively impact the lives of the people around her. "I hope that something I say or do encourages, teaches or inspires others."

We asked Nicole to share something that students may not know about her, and she told us that she sang and danced in a competitive choir in high school, followed by, "Then again, my students know me well enough to not be surprised by this!"



Kennedy Cuyler

3rd Grade

Ms. Croft is the first African-American teacher I've had and she's kind and nice to me. We have a girls' club every day and we do math projects. It's fun because I can tell her when I'm struggling without getting scared. I feel good about that. I also socialize more with her and she understands when I need help. She's not as strict and I think she understands me more than other teachers do. I believe I have formed a lasting bond with Ms. Croft, and I feel I can receive help from her even when I am no longer in her class.

Kennedy, left, and Nicole with their flower, Blossom, which represents growth.



Alex Paulchell

Beachwood High School
Science Teacher

After obtaining his bachelor's degree in Molecular Genetics in 2012, Alex was unsure of which direction to take. He experimented with careers in medical genetics, counseling, and research before realizing that teaching allowed him to act as an academic, a social figure, and even an occasional entertainer. School has always been a place where he felt comfortable, and he hoped to create those same feelings of belonging, achievement, and positivity in his own classroom.

Although Alex was in the racial majority back in high school, he was one of two students who openly claimed his queer sexual identity in his senior year. After graduation, many of his peers came out, feeling that college was a more open, relaxed place to be oneself. When Alex applied for a teaching position, he consciously chose to present himself authentically.

"Several of my advisors and family members recommended that I keep my mannerisms neutral and remove information about my queer student organizations from my resume," he told us. "I did not want to deceive prospective employers. Furthermore, I wanted

them to accept me as a comprehensive human. I view my status as an open gay man in the classroom as a benefit, and I wanted to be sure that I found a district that valued that same openness."

Alex chose Beachwood because it is a public school district that is rich with student diversity and offers teachers creative liberties within their respective classrooms.

"I was offered a position at a private high school, but as a public-school kid myself, I wanted to work with student learners from all different racial, ethnic, and socioeconomic backgrounds," Alex told us. "There is no 'typical' Beachwood student because each one truly spans the spectrum in so many beautiful ways."

Each morning, Alex hopes to create a safe space in which all students feel they belong. "I believe that to be the foundation upon which all else must be built," he said. To do that, he speaks openly about his partner, Dr. Nick, in class. "Every year it feels like I am coming out all over again, but I do it to show students that I am not afraid to be vulnerable and honest with them, and I hope for the same in return, if they are ready."

For queer students, Alex helps run the Gender & Sexuality Alliance (GSA), where students discuss political issues, educate themselves, and learn how to become stronger advocates and allies. For most of his students, though, Alex may be the first openly gay person they've met. "I take this responsibility very seriously. I hope to show them that I care about them, I prioritize learning, and through developing relationships, I hope to normalize gender and sexual minorities."

Alex told us how fortunate he feels to be surrounded by so many professional, brilliant, creative staff members in Beachwood. "Another member in my department identifies as LGBT+, and he has provided guidance for me both as a queer person and as an educator," he said. "He was the one who made sure that his husband was put onto our insurance the day that marriage equality was passed. He was the one who guided me through my first several years leading the GSA. Beyond him, the staff at Beachwood has been incredibly welcoming at every level."

Alex questions why there are not more queer staff members – or open queer staff

members who don't speak their truths because they feel they need to be age appropriate. "I hope we continue to make incoming employees feel as safe and valued as I have felt in my six years at Beachwood."

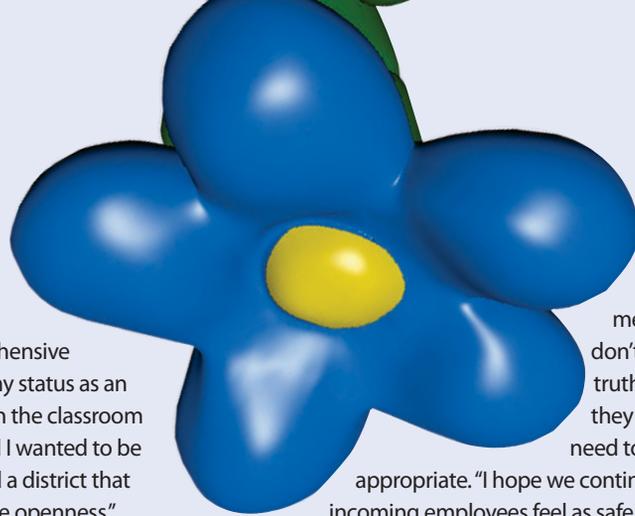
He feels that safety and security build the foundation for learning, and that he is close with students because of small class sizes. He also feels comfortable reaching out to administrators when necessary, and challenged at times because of the limited network of queer staff members to interact with.

Alex's best friends in the world are the ones he made in high school. "You never know how important the person right next to you may end up being," he said.

"My greatest strength is human connection," he said. "I love science, but I don't believe one should enter the classroom because of his or her love for the subject only. I love people far more than I love science. To have genuine concern for these students, to want to discuss what is happening in their lives outside of the classroom, and to create a space where we can laugh and enjoy our days inside these walls is what I value most in my educator's toolbox."

Alex's visions have vacillated between seeking a doctoral degree, teaching abroad, or experiencing new populations of students. "If this year has taught me anything, it is that drive is important, but life may have other plans for you," he said with clarity. "My current goal is to continue enjoying teaching as much as I have for the past six years. If that changes, I may challenge myself in other ways. For now, my goals are to guide my students through the trenches of remote learning in a global pandemic, and to attempt to establish a new normal that brings back some joy into all of our days."

Alex's best friends in the world are the ones he made in high school. "You never know how important the person right next to you may end up being," he said.



Rachel Cohen

It is important to learn from teachers with diverse backgrounds because they introduce students to new ideas, new cultures, and different beliefs. Without these teachers, we would be subjected to a little bubble. Not everyone has the same experiences, so it's important for us to be aware of others, their personal experiences and backgrounds.

When students identify with a teacher, they may feel more comfortable going to him or her to talk in a safe space because of common ground. Plus, it's always nice to have someone with whom to express feelings and be helped. For all students, it's important to learn about others with whom they don't identify. They may still form a good relationship, which

may create a positive outlook that is very impactful.

My learning has been very inclusive and enriching, and I'm always excited to learn more about something from our diverse teaching staff. When we relate, conversation flows easier.

My relationship with Mr. Paulchell is very nice. He has helped me to become a better advocate and to create a change within our school. I have done more for our school and helped create more for our GSA (Genders & Sexualities Alliance). It's funny, too, because while we are learning from him, we are also teaching him things that he never knew about. Overall, he's someone I can always talk to about issues that impact our GSA. He truly has an impact on me and motivates me to make change, even if it is solely in the school environment.



Alex, left, and Rachel with their flower, Sky, which represents love.



The district's efforts to diversify the staff resulted in six of seven hires, from last year's open teaching positions, being members from underrepresented groups. The district is proud of these early results but nevertheless continues to review its hiring practices.

People may question, "What we are doing to increase diversity in our staff?"

"The answer is simply that we've improved our process to reduce bias, so it is fair and equitable for all candidates," Kevin said. "After a hire, we maintain constant communication with our new staff to understand their experience and improve our district's inclusive culture. It's important to reinforce that we are all working in an environment where all team members feel empowered to contribute."

Kevin also told us about a partnership the district formed with Ursuline College. Grow Your Own Program (GYOP) is another avenue that the district is using to diversify

administration and staff. Through this partnership, Beachwood employees receive a 30% discount on tuition. Orange and Mayfield Schools were added to the partnership and subsequently applied for and received a Human Capital Grant from the Ohio Department of Education and Ohio Department of Higher Education.

"The grant subsidizes college expenses for minority staff members pursuing teaching credentials," Kevin said. "We encourage all staff members to utilize the program to pursue degrees and certifications."

Kevin notes that with Beachwood's low teacher turnover, the district may lose good employees once they gain their teaching credentials. However, he states, "Helping our staff grow their careers is the right thing to do. Eventually, we hope they'll come back when we have openings."

Additional recruitment efforts are being

made to alumni who are recent college graduates, encouraging them to come back and teach in their home community.

"Although we're working hard and seeing progress, we recognize the challenges and opportunities that still exist," Kevin added. "The district will continuously look to improve. We will take advantage of the opportunities and reduce the challenges diverse staff face."

With the knowledge that only 8% of Ohio's educators are minorities, the district knows it must put an additional focus on increasing that number.

"Teaching is a viable career choice, and we have to do a better job educating today's students on all the benefits of becoming a teacher," Kevin said. "The wages and benefits are fair, but the real benefit is the impact that teachers have on students. That's what holds immeasurable value and contributes to society as a whole."



HOPE | OHIO BLOOMS

One Seed, One Hope, a Global Garden

Beachwood High School Marketing/Junior Achievement students proudly present Hope Blooms Ohio, a creative marketing campaign developed to inspire hope and uplift our local and global communities through a pop-art installation that will feature five 20- to 30-foot inflatable flowers.

Each year, Greg Perry, Beachwood High School's marketing teacher, and Karen Carmen, Junior Achievement advisor, work with Excel TECC students from 10 schools to create a Junior Achievement program that inspires and prepares young people to succeed in a global economy and, each year, the group creates an out-of-the-box, nationally recognized program that provides students with real-world experiences and draws in the community.

"This year's challenge was to come up with a program that could safely be planned and implemented, keeping social distancing and at-home learning in mind," Greg said. "Since we weren't all in the classroom at the same time, it was a challenge to create a high-impact program."

When Greg was driving home from Florida after winter break, he thought about a client he had worked with at Inflatable Images who created inflatable flowers – 30 feet each – for PLAYLAB to be used for a public art installation that was sponsored by the Avenue of the Americas Association in New York City.

"They were really cool and I wondered what happened to them," Greg continued. "I made a few phone calls and, ironically, they were back in a Cleveland warehouse and PLAYLAB offered to let us use them."

Greg shared his concept with the class, which operates as a business, and ideas began to blossom. The class came up with the tagline "One Seed, One Hope, a Global Garden," and a job was created for each student.

"Massive change can start with one step in the right direction," said Elana Rubanenko, one of four program CEOs. "With one seed, or one idea, we have the ability and willpower to enact change. This project's initial seed was to work toward ending food insecurity in Northeast Ohio. Our goal of raising \$40,000 for the Cleveland Food Bank, enough to provide 160,000 meals, is our first step toward making this change. I hope that our global garden grows to include many seeds, many ideas of how to bring about positive change, and that we grow our ideas to impact more than just the people we see in our everyday lives."

Program objectives are to sprout new beginnings, spread hope, brighten everyone's day, raise awareness of food insecurity, and build a sense of unity in a time of prolonged division and hardship.

In New York, each flower had a name and personality. For Hope Blooms Ohio, each one has a

name and represents something from the program's mission: Sunny is named for Health, Harmony for Unity, Blossom for Growth, Sky for Love, and Serenity for Inspiration.

Hope Blooms Ohio is a visually exciting and unexpected display that encourages visitors to walk through the inflatable gardens. In addition to inflatable flowers, a colorful backdrop, 10 feet high and 15 feet wide, will provide a space for people to take photographs to share on social media. Visitors will also be encouraged to take yard signs home and plant them in their front yards to further spread the Hope Blooms Ohio messages.

In New York, the flowers were spread through a several-block area. Here, all flowers will take root and bloom together in the following six communities: Beachwood, Mayfield, Chagrin Falls, Cuyahoga Falls, Lakewood and Cleveland. With traveling installations, students are confident that their guerrilla marketing efforts will pay off and their messages will touch more lives.

These flowers, inflated and lit from within, will first appear in Beachwood on March 18, where they will remain for seven days. The final installation will be disassembled on April 22.

"Communication has been a challenge because of social distancing," Greg said. "Since this program's inception, there has been a seismic shift in

attentiveness to learning. This is what students signed up for and we look forward to seeing the end results."

Eliana Goodman, Social Responsibility vice president, summed up the class's message by saying, "Through Hope Blooms Ohio, we can make an impact and leave the world a better place."

Visitors will also be encouraged to take yard signs home and plant them in their front yards to further spread the Hope Blooms Ohio messages.

To learn more, get directions to installations, purchase Hope Blooms Ohio attire, or make a donation to the Cleveland Food Bank, visit www.hopebloomsOhio.com. To support fundraising efforts, you may also mail a check, made out to Junior Achievement, to Beachwood High School, 25100 Fairmount Blvd., Beachwood, Ohio 44122, Attention: Greg Perry.

For more information, contact Greg Perry at gwp@beachwoodschoools.org.

Flowers and step-stake signs with flowers will also be used as prom decorations.

Mallory Chylla • CEO

My hope is that we spread hope for the little things. Whether it's a seed that is planted or oversized flowers, it is important to appreciate beauty and spread joy. Coming together as a community to support those in need is also important, especially in trying times. One in six individuals in our general community is food insecure, which is why our fundraising element supports the Greater Cleveland Food Bank. Through its buying power, the food bank provides four nutritious meals for every dollar donated. I hope we are successful in creating awareness and raising funds for the area's most vulnerable population.



Sean Pierce • Creative Department VP

This class taught me the importance of teamwork. I also learned how much impact I can have on the world. Even though I'm just a kid from South Euclid, I have the ability to spread a message far and wide. Times may be tough right now, but there's always hope for a better tomorrow. If we can all come together and spread that message, things will turn out all right. I would love to see this message travel across the nation and even the world. If that happens, the project will be a success to me. We ask everyone who comes to our installations to please wear a face covering and practice proper social distancing protocols.



Sema Altawam • Marketing VP

Our main goal is to instill hope, inspiration, and a sense of unity in a time of prolonged division and hardship. My biggest hope is that this program creates a ripple effect through many communities. I genuinely believe that our message will resonate with many people, and I hope that my belief stands true. I also hope that our class will look back at this project with pride, realizing the positive influence we had on so many people in a time where life felt mundane. I want this project to have a lasting effect long after its debut.



Elana Rubanenko • CEO

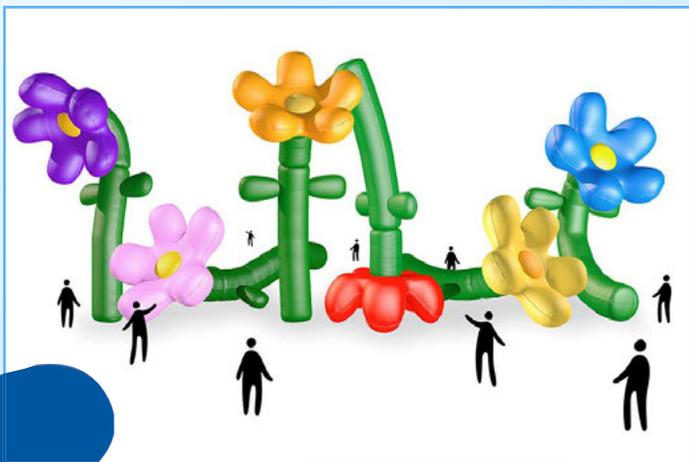
The world right now is broken and we have an obligation as leaders, as young adults, and as future CEOs and presidents to be catalysts for change and to do everything we can to make the world a better place. Hope Blooms Ohio was designed to bring this hope back to our community and remind all people – regardless of age, gender, sex, socioeconomic factors, political beliefs, religious affiliations, or range of ability – that we can bring enough light to brighten up our world. We are here to instill hope, but hope will only go so far. The real work starts when you decide to do something about your hopes. Instilling hope is only the first step, inspiring action is next.



"Our goal of raising \$40,000 for the Cleveland Food Bank, enough to provide 160,000 meals, is our first step toward making this change." ~ Elana Rubanenko

Eliana Goodman • Social Responsibility VP

My number one message for the community is to derive hope and positivity from the little things in life. My hope for the project is to impact the community by inspiring action to address food insecurity. From individuals making donations to politicians proposing solutions, or people volunteering at local food banks with proper COVID precautions, I am confident that we can spark change. My hope for the class is that we make an impact by achieving our goals of spreading hope and giving back to our community. My personal hope is to successfully fundraise and take advantage of this one-of-a-kind learning opportunity.



The Hope Blooms Ohio display is installed and moved on Thursdays as follows:

Beachwood • March 18-25 Beachwood High School 25100 Fairmount Blvd., Beachwood	Cuyahoga Falls • April 8-15 High Bridge Glens Park 1817 Front St., Cuyahoga Falls
Mayfield • March 25-April 1 Mayfield High School 6116 Wilson Mills Rd., Mayfield	Lakewood • April 15-22 Madison Park 13201 Madison Ave., Lakewood
Chagrin Falls • April 1-8 Downtown Chagrin Falls Riverside and Triangle Parks	Cleveland • April 22-29 Cleveland Public Library 325 Superior Ave., Cleveland



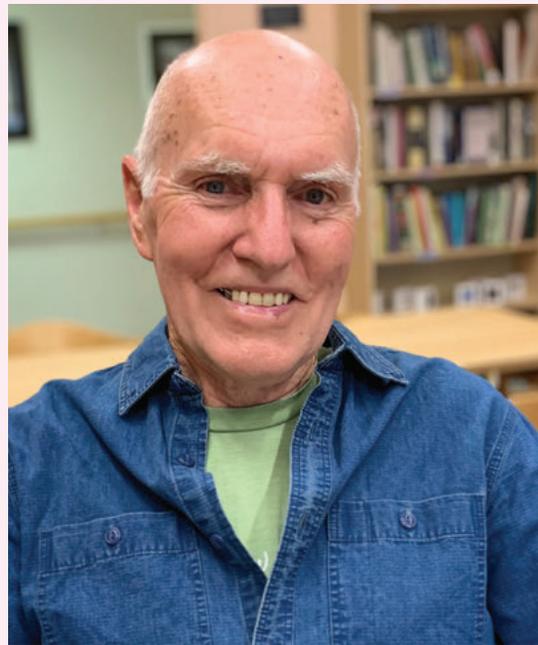
Engaged Living for Active Adults

I AM COUNCIL GARDENS



Anne Teeter

"I moved here from Massachusetts because my daughter lives around the corner. It's been wonderful to see more of her and of my grandchildren, and just as wonderful not to worry about the rent—it's so reasonable. Mostly, I enjoy the quiet and following world events. This is truly my home."



Larry Miller

"As a past triathlon participant, I love all the athletic opportunities at my new residence. Often I ride my bike to my son's house to take care of my grandson. The outdoor fitness trail is on our campus and the Heights indoor pool is only a few minutes away. I am living my life the way I want to."



Phyllis Ohkittikoon

"It's great to be surrounded by friends and neighbors who have a wealth of interesting experiences to share. Having lived in some of the most beautiful cities in the world, I value the things that make us different as much as those that make us the same. Today, happiness is at my front door."

**To learn more about Council Gardens,
contact Marina Markovich at 216-382-8625 ext. 103**



Let America Be America Again

Lessons from Cleveland-born poet, Langston Hughes

by State Representative Kent Smith



Born in 1902, Langston Hughes lived in the Fairfax neighborhood of Cleveland. He attended Central High School where he wrote for the school newspaper, edited the yearbook, and began to write his first short stories, poetry, and plays. In 1929, he earned a degree from Lincoln University, a Historically Black College and University (HBCU) in Chester County, Pennsylvania, where Thurgood Marshall was a fellow classmate. He eventually settled in Harlem, where he lived most of his life.

But it was during a return to Ohio, on a train in 1935, that Hughes wrote one of his most famous works – a timeless poem called “Let America Be America Again.”

Hughes was in personal anguish over recent reviews of his first Broadway play and his mother’s diagnosis of breast cancer. Despite being a pillar of the Harlem Renaissance in the 1920s, he was still struggling for acceptance as a poet, battling persistent racism, and just barely making a living.

His nation was also in a bad place. The train on which Hughes rode traveled through an America in despair. We were three years into FDR’s New Deal and unemployment was 20 percent.

In the poem, Hughes gives voice to many who are economically downtrodden. Those whose days were long, without much hope that things would improve tomorrow. In 1935, America was not a kind place to many who called it home.

But on the train, Hughes wrote not just of the struggles of the nation – but also of its ideal. An ideal that stood the test of time. An ideal that provides both challenge and comfort. An ideal remembered by his college classmate.

In 1992, Supreme Court Justice Thurgood Marshall read the poem to the American Bar Association, which relaunched its relevance and rediscovered its eloquence.

The poem still has meaningful lessons. These are

tough times, but we have been here before and made things better. Go read the Langston Hughes poem “Let America Be America Again,” written on a train headed for Cleveland in 1935.

State Representative Kent Smith represents Ohio’s 8th House District which includes Beachwood, Euclid, South Euclid, Richmond Heights, East Cleveland, Woodmere Village, and a little bit of the City of Cleveland.



Nobody Knows Beachwood Like Susie Knows Beachwood!

Buying or Selling?

I am a lifelong Beachwood resident who attended BHS and raised my family here.
I am a consistent top seller, and

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How to Play Marbles

Lessons Learned from a Pandemic Summer

by Stephanie Loomis Pappas



One endless day last summer, with camp canceled, a husband treating COVID patients, no grandparents within safe driving distance and a looming deadline, I asked my son Dylan, who had recently finished remote kindergarten at Bryden, if he could please take his marbles outside. What I imagined as a way to get through an hour of work without losing my own marbles turned into a summer of self-directed invention, stacks of vintage marble books, and a brand-new website.

On sunny June days, Dylan made marble race courses out of garden stakes, a kiddie pool, PVC pipes, and a tape measure. On rainy days, he brought an umbrella outside and kept racing. On really rainy days he turned our growing collection of shipping boxes into indoor marble obstacle courses. He made his own marbles with polymer clay. When he needed a break from playing with marbles, he watched Jelle's Marble Runs on YouTube, cheering on his favorite marble, "Red Number 3."

As June turned to July, Dylan asked if there were any books about marbles. I taught Dylan how to search for and order books online, which I regretted a week later when he also ordered sixteen boxes of sugar cereal. The books went straight from our front door to the backyard, where Dylan play-tested classic games like Ringer and Newark Killer. Outside, our driveway and patio filled with chalk rings and the occasional forgotten shoelace. Inside, our shelves filled up with apparatuses to play shipping-box Bridgeboards, Bagatelles, and Pigs in Clover. Dylan was delighted to have found Corona – aptly named – and he spent the last part of the summer creating ever more complicated ways of getting a marble into a shoebox.

The best thing about marbles, Dylan says, is the sounds they make: the plinks when they bounce on the ground, the whooshes they make on different surfaces, the cracks when they crash into each other. The worst thing about marbles, Dylan cautions, "is that they sometimes go really fast. You might lose them." He still mourns last summer's losses of "Black Hole" and "Super Roller," which future residents of Beachwood may find if they dig up our yard. It wasn't hard for him to find replacement marbles, though. His inclusive definition of "marble" encompasses any small rolling object, which meant a bunch of my still-ripening green cherry tomatoes would do.

Dylan enjoys marbles because "there are far, far, far more possibilities than you might think there are." So many, in fact, that in August, Dylan asked if we could write our own book about marbles to keep track of them all. Given his newfound book-and-cereal-ordering prowess, I suggested he start with a website. I taught him how to search for a domain, and he is now the proud owner of howtoplaymarbles.com, where he teaches mibsters – people who play marbles – how to play the game for keeps, for fairs, and – his favorite – "for funs."

For each post, Dylan reads about and playtests variations of a game, then combines them to create his favorite version. We take notes on how the game works, which he helps me turn into a first draft. He especially loves to point out my typing errors that spellcheck doesn't find. (Perhaps you do, too?)

I ask what game he wants to try for his next post and Dylan tells me about "Takeout," where players have to pick up marbles with a pair of chopsticks and take them out of the bowl. He pauses to make sure I get the wordplay; then, satisfied, suggests we order Sun Luck again soon.

My simple suggestion to take the marbles outside began as a desperate attempt to finish my own work, but it morphed into a summer of learning for our whole family. Dylan learned the joy of losing himself in a new passion, working independently, and troubleshooting. He also speaks from a delightful new lexicon including tawlines, shooters, boulders, and toebreakers.

He has learned to take photos, design logos, and write in full paragraphs. He's learned that if you make the entire website in your favorite color, no one will be able to read it, but that you can use yellow to highlight some of your favorite ideas. He

has hands-on experience of how much research and writing go into making a published piece of writing.

We experienced the joy of watching our normally nature-averse son destroy his clothes while knuckling down outside. We learned to let Dylan figure out his own passions and then support them, even if it means we wore out the knees on our own pants, too.

My husband and I wanted to celebrate the end of summer with a few special marbles, which offered one more lesson. Mid-pandemic, when you can't just go to a toy store or science museum gift shop and when your favorite marble shop has inexplicably been sold to a steroid website, you need to do more research. Dylan learned you can buy old marbles online and is now the proud owner of a beautiful bag of JABO marbles, which were made in Ohio until 2010. (We told him we'll buy him some older – and pricier – Akro Agates if he starts running ads on his website.)

I ask Dylan when he plans to get back outside to play marbles. "As soon as this snow melts, unless..." and our interview is over because he's off to his desk to devise a snow marble rally.



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The Promise of Spring's Arrival

by Jennifer Stern

"The promise of spring's arrival is enough to get anyone through the bitter winter!"
– J. Selinsky

Spring reminds us of our resilience: our ability to grow through darkness, to weather any storm. Spring shows us the importance of respite as well as our capacity to begin again in strength.

Spring forward by intentionally putting energy into yourself, your mindset, and what you can control.

A positive mindset inspires a fluid, open approach to living, to being present. A positive mindset exists in the present, not in the past and not in the future. To be present is to be in the moment you are in, intentionally making choices that maximize positive emotions.

In this moment choose to be HEALTHY:

- Exercise daily, from (virtual) boot camp to gardening,

step out of your mind and into your body. This practice allows you to appreciate your surroundings and connect to your body in a way that brings you gratitude and strength awareness.

- Eat mindfully, slow down and enjoy.
- Meditate, just breathe.
- Do not put energy into the past as it cannot be changed or undone.
- Stop worrying about the future.
- Be present in this moment. In this moment I choose, I can, I will....

- Practice positive distraction. Puzzles, music, movies, online games, TED Talks, podcasts. Read books that take you away, teach, inspire, make you think, laugh, dream.

- Connect with others around hobbies, activities and ideas. Join a book club, knitting club, take a photography or art class, sign up for a college course, learn a new skill, etc.

TO BE practices will allow you to feel calmer, more content, more productive and more fulfilled as you welcome spring's arrival.

In this moment choose to be PURPOSEFUL:

- Find meaning and purpose in your work. Think of the impact it has on others.
- Do one thing each day that makes you feel proud, inspired and productive.
- Volunteer – Get involved and give back.
- Practice solution-focused action. Each day, ask yourself what choice can be made for personal growth and change. Then make that choice, without circular thinking or overanalysis.

In this moment choose to be POSITIVE IN YOUR AWARENESS

- Practice gratitude awareness. Notice what is.
- Focus on the *can* instead of the *cannot*.
- Focus on your resilience, adaptive coping, and accomplishments – big and small.
- Give yourself permission to sit, relax, and recharge without guilt. These are gifted moments of *being*, not *doing*.
- Practice affirmation. When an intrusive (negative) thought comes, let it pass. Then, counterbalance it by attaching two positive thoughts to each negative one.

TO BE practices will allow you to feel calmer, more content, more productive and more fulfilled as you welcome spring's arrival.

Jennifer Stern, LISW, is a Loss and Bereavement Specialist at Ellen F. Casper, PH.D and Associates in Beachwood. For more information, call 216.464.4243. Visit her website, www.transformativegrief.com, and sign up for monthly posts.

In this moment choose to be CONNECTED

- Practice compassionate awareness of yourself and others.
- Connect to strengths in yourself and in others.
- Seek commonalities while accepting differences.

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BAKED by Abbie

A Quick Bread Tidbit

Did you know that the Irish did not create what we know as Irish soda bread and that it is really a quick bread? Yup. Native Americans were the first to be documented using a natural form of soda to leaven. Baking soda (sodium bicarbonate) was introduced to Ireland in the 1830s when the country was suffering from widespread famine. Families were desperate for an ingredient cheaper than yeast to make bread with their native soft wheat. With a few simple ingredients, the Irish combined flour and salt with sour milk and baking soda to create a simple bread that could be made in a griddle, as many did not own ovens.

While spring is on its way, we all know another snow storm is inevitable. Make this deliciously dense, tangy and crusty bread on a wintery day. It's best when still warm. Enjoy with a savory stew, hearty soup, or schmear of butter.

Irish Soda Bread
Adapted from *Sally's Baking Addiction and Simple Recipes*

- Ingredients**
- 4 cups all-purpose flour
 - 2-3 tablespoons sugar
 - 1 teaspoon salt



- 1 teaspoon baking soda
- 4-5 tablespoons unsalted butter, cold and cubed
- 1 large egg, lightly beaten
- 1 ¾ cups buttermilk
- Optional add-ins: 1 cup raisins or currants, or 2 tablespoons caraway seeds

- work dough into a round, shaggy loaf. If dough is too sticky, add a little more flour. Avoid over-kneading as the dough will become tough.
- Transfer dough to skillet/sheet and score top with an "X." This helps heat get into the center of the dough.
- Bake 40-50 minutes until golden brown and center appears cooked through.
- Remove from oven. Cool 10 minutes before transferring to a wire rack to finish cooling.

- Directions**
- Preheat oven to 400°F.
 - Lightly grease a 10-12" cast iron skillet or line a baking sheet with parchment paper.
 - Whisk "dry" ingredients (flour, sugar, salt and baking soda) in a large bowl.
 - Using a pastry cutter or your hands, work cold butter into the flour until it resembles coarse crumbs. Add add-ins.
 - Form a well in the center of the mixture. Add the "wet" ingredients (buttermilk and egg). Gently fold dough with a wooden spoon until too stiff to stir.
 - With floured hands, transfer dough to a floured work surface. Gently

Abbie Nagler Sender is the owner of BAKED by abbie, a licensed, Beachwood-based, home-bakery offering customized baked goods with a Jewish twist. For more information, visit Abbie's website www.BAKEDbyabbie.com and like her Facebook business page [BAKEDbyabbieCLE](https://www.facebook.com/BAKEDbyabbieCLE).



Abbie's Irish soda bread with currants.

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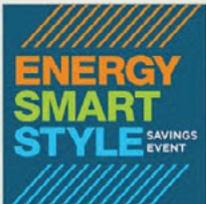
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Maria Bennett Recognized as Top Woman Leader in Medical Device Industry

The Healthcare Technology Report recently announced its Top 25 Women Leaders in Medical Devices of 2021. Congratulations to Maria Bennett, Beachwood School Board vice president, on being named in this prestigious group. The medical devices industry is evolving at an accelerated pace, incorporating developments in robotics, materials science, analytics and other technology to produce breakthrough devices that are transforming outcomes for patients. In 2010, Maria founded SPR Therapeutics, where she serves as president and CEO. Last year, she was also named as an Entrepreneur Of The Year® 2020 East Central Award Finalist.



Maria received her Bachelor of Science degree in engineering management from Miami University (OH) and Master of Science degree in biomedical engineering from Case Western Reserve University. Before founding SPR, she served as vice president of clinical studies for NDI Medical, where she played a vital role in the development of neurostimulation technologies for therapeutic use. She also worked as a clinical project manager at Boston Scientific, and as a clinical studies manager at NeuroControl Corporation.

Along with former colleagues, she then realized a true opportunity to start a company that would offer a non-opioid, non-surgical way to relieve pain, and SPR was born. Maria led the development of its

novel pain-relief technology to commercialization, funded by a series of responsible equity financings and federal grants and contracts.

"Our SPRINT® PNS System provides physicians and their pain patients with a non-surgical option to use early in the treatment continuum," Maria told us. "This medical device, called the SPRINT® peripheral nerve stimulation (PNS) System, is designed to provide significant and sustained pain relief in areas such as back, shoulder, knee, and nerve-related pain, including post-amputation pain – a short-term treatment that offers long-term relief from chronic pain.

"Neurostimulation has been around for decades," Maria said. "It's usually implantable,

like a pacemaker, and is often used as a treatment of last resort. SPRINT has an external stimulator that is designed to be used on a shorter-term basis."

To date, SPR holds more than 200 U.S. and foreign patents, and patients have reported sustained pain relief for months or years following treatment. Pain doctors often start treatments with over-the-counter meds and physical therapy before resorting to opioids and surgery, and this product is a game changer.

"There is nothing like our product in the continuum of care," Maria said during a phone interview. "One or two fine wires are placed near the target nerve that is causing the pain, and removed after 60 days. We have FDA clearance to sell the device for the treatment of pain."

She added, "We are excited about commercial expansion opportunities in different areas of the country, and opportunities to treat different types of pain."

"I'm very honored and humbled to be recognized with this prestigious group of women," Maria said. "This recognition is not just for me, but for our entire team and culture. Our team is the strength of this organization and I'm proud of what we are doing together."

The SPR team is passionate about improving the lives of pain sufferers with its SPRINT pain management device.

Photo from last year's National Sales Meeting at the Rock & Roll Hall of Fame, prior to COVID. Maria Bennett, founder, president and CEO is seated, center.



SPR, led by an experienced management team with a long history of success in researching, developing and commercializing neurostimulation products, is committed to improving the lives of millions of pain sufferers in a non-opioid, reversible, safe, effective and more affordable alternative to addictive opioid medications and invasive surgeries.

"I'm very honored and humbled to be recognized with this prestigious group of women," Maria said. "This recognition is not just for me, but for our entire team and culture. Our team is the strength of this organization and I'm proud of what we are doing together."

My hope is that this technology becomes the standard of care when it comes to treating pain, which will help patients get back to living pain-free lives. It could also help fight the opioid crisis."

"It's very rewarding on a professional level," she continued. "When I was at CWRU, there were very few females in my graduate program. Today, it is great to see more female leaders participating and excelling in the medtech industry. My hope is that this technology becomes the standard of care when it comes to treating pain, which will help patients get back to living pain-free lives. It could also help fight the opioid crisis."

SPR now has 80 employees who work across the country, with its headquarters located just outside of Beachwood.

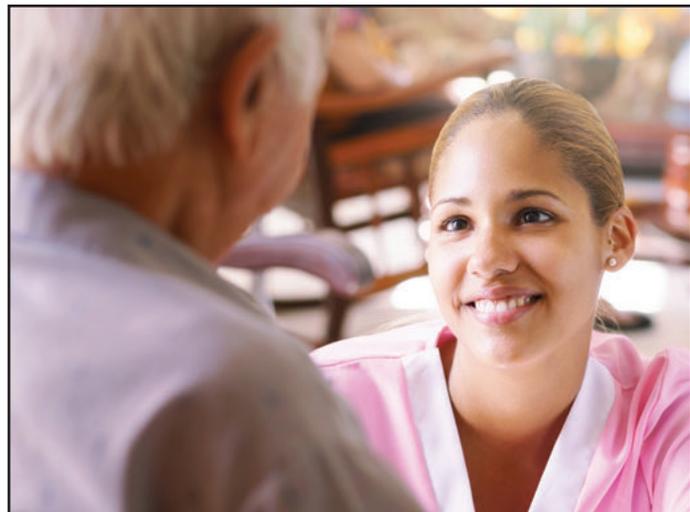
SPR now has 80 employees who work across the country, with its headquarters located just outside of Beachwood.

Maria was elected to the Beachwood Board of Education in November of 2017. She has served on corporate boards for more than 10 years, on Miami University's board (her alma mater), and the Beachwood PTO board. With a BS in Engineering and an MS in Biomedical Engineering, Maria holds more than 40 patents, has authored more than 20 scientific publications, and has secured more than \$30 million in state and federal grants and contracts. Maria has been a mentor for more than 20 years to young people in STEM (Science, Technology, Engineering and Mathematics), providing leadership on education, entrepreneurship and career mentorship.

Maria is married to Carl and they have two children, Luke and Kyle.

Fun fact:

"I love to dance. Growing up, I took years of tap, jazz and ballet, and was on my school's drill team and in the marching band, which marched in the Fiesta Bowl parade in Phoenix, AZ, and won the Indiana State Marching Band Championship my senior year. I also performed with my dance team throughout cities in China during the summer after my freshman year in college. Today, I enjoy going to Zumba for dance and exercise."



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216.292.1922

BEACHWOOD'S FIREFIGHTER OF THE YEAR



Congratulations to Lieutenant Michael Iacobucci, who was named 2021 Firefighter of the Year. Lt. Iacobucci recently completed his 22nd year with the Beachwood Fire Department. He was appointed to the SWAT team in 2000 as a SWAT medic and still serves in that capacity today. Mike was promoted to Lieutenant on May 21, 2012. As a Lieutenant, he assisted Captain Corpora with EMS supplies and tracking EMS training. He is responsible for all EMS and infection control, and acts as liaison with our medical-control hospital. Lt. Iacobucci also schedules recertification and monthly continuing-education

training, maintains the department's drug license and monitors its drug replacement program, and leads the committee to design and equip our newest rescue squads. Lt. Iacobucci also ensures that our department has proper PPE to protect crews in the field.

"Mike's attention to detail has allowed him to excel in all of these areas," said Fire Chief Steven Holtzman. "His dedication to the safety of our department members is greatly appreciated, and we are proud to have selected him for this honor."

Join us in congratulating Lt. Iacobucci on this well-earned award!

BEACHWOOD COMMUNITY GARDEN

Because of last year's success and demand for community gardens, the City has expanded its program from 40 to 60 garden plots for the 2021 season. Residents may now reserve one plot for \$25. To register, call 216.292.1970. The garden will open on May 24.



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COVID-19 VACCINE CLINICS HOSTED BY BEACHWOOD



Beachwood's Fire Station 2 hosted Cuyahoga County Board of Health (CCBH) COVID vaccination clinics on Sundays, January 24 and February 7. In January, 916 people were vaccinated and in February, 1,136 people received vaccines. Beachwood Fire Department members administered many of the vaccines.

These CCBH clinics were only for Phase 1A recipients as determined by the County.

PLEASE NOTE: There are no "leftover" vaccines from these clinics and Beachwood is not offering drop-in vaccinations at this location.

EMERGENCY MESSAGES

In order to receive emergency messages from Beachwood, please create a CodeRED account by clicking on the red-circle icon on the left-hand side of our home page at www.BeachwoodOhio.com.



RED CROSS BLOOD DRIVE

Blood donations are **by appointment only**. Please call the Red Cross at (800) 733.2767 or visit www.redcrossblood.org to schedule your appointment.

BEACHWOOD COMMUNITY CENTER
Friday, April 16
1:00 — 7:00 PM

SAVE A LIFE. GIVE BLOOD.

SOFTBALL & BASEBALL REGISTRATION

SOFTBALL

- *Rookie Girls - 7 to 8 yrs.
- *Minor Girls - 9 to 12 yrs.

BASEBALL

- Novice Coed T-Ball - 5 to 6 yrs.
 - *Rookie Boys Coach Pitch - 7 to 8 yrs.
 - *Minor Boys Player Pitch - 9 to 10 yrs.
 - *Major Boys - 11 to 12 yrs.
 - Pony Boys - 13 to 14 yrs.
- Age as of August 31, 2021
- *May play in other communities.



Resident: \$75
Non-Resident: \$95

Registration begins March 1. Register online at: www.beachwoodohio.com/registration
No over the phone registrations accepted.

Questions? Call Community Services at 216.292.1970 or email frank.vicchiarelli@beachwoodohio.com

Practice starts the week of May 3
Registration will continue until leagues are full

Public City meetings are now held online and can be viewed on the City website. For information on how to participate or submit a comment, please email whitney.crook@beachwoodohio.com. For information about Planning & Zoning and the Architectural Board of Review, please email veronica.muth@beachwoodohio.com.

UPCOMING MEETINGS

CITY COUNCIL

Monday, March 1 at 7:00 PM
Monday, March 15 at 7:00 PM
Monday, April 5 at 7:00 PM
Questions? Call 216.595.5462

PLANNING & ZONING COMMISSION

Thursday, March 25 at 6:30 PM
Questions? Call 216.292.1914

ARCHITECTURAL BOARD OF REVIEW

Monday, March 1 at 4:00 PM
Monday, March 15 at 4:00 PM
Monday, April 5 at 4:00 PM
Questions? Call 216.292.1914

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ALEC ISAACSON



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UNEMPLOYMENT FRAUD ALERT

Our Police Department has received many identity-fraud reports involving false unemployment claims. The Ohio Department of Job and Family Services (ODJFS) has created an online portal to notify the agency of potential identity theft. Individuals who believe their identity was stolen and used to file a fraudulent unemployment claim should visit unemployment.ohio.gov, click on the "Report Identity Theft" button, and complete the reporting form. ODJFS needs to hear from you immediately. Please be advised ODJFS is the agency that investigates unemployment fraud. The Beachwood Police Department cannot investigate this crime, but will document the incident if you like.



If you received a 1099-G from the Ohio Department of Job and Family Services, but never applied for unemployment in 2020, please submit a report. If you did not apply for unemployment benefits in 2020 and you received a 1099-G form, you will not be responsible for paying taxes on that money after ODJFS confirms that the claim filed was fraudulent. It is vital for anyone suspecting that their identity was used to apply for fraudulent claims to complete this online form as soon as possible.

MASK REMINDER

Our City Playground and Barkwood are considered outdoor-gathering areas. Face coverings are required for all people visiting over the age of five.

SENIOR RUBBISH ASSISTANCE

Are you 80+ years of age or disabled with no one in your single-family home to assist you with your rubbish & recycling bins? We can help. Call 216.292.1922 to register.

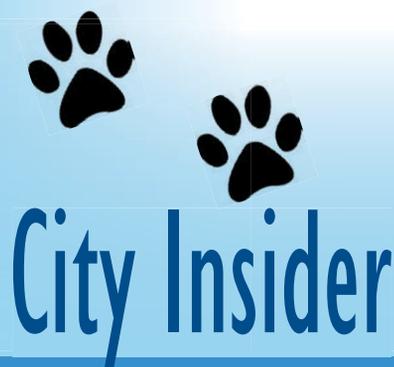
THE SCOOP ON DOG POOP



Dog poop is a contributor to many water-quality problems. When it rains, the runoff takes just about everything off the ground with it, including but not limited to lawn chemicals, litter, road salt, debris, cigarette butts and bacteria from dog poop. Cleaning up after your pet is a simple way to help keep our neighborhoods, local waterways and Lake Erie clean.

An average pile of doggie doo produces 3 billion fecal coliform bacteria. Dog droppings can also contain other bacteria such as E. coli, Salmonella and Giardia. Dog poop is not a fertilizer; doggies eat a high protein diet that results in highly acidic waste.

PLEASE DO NOT drop your dog's poop into the storm drain. Most storm drains flow directly to local streams, NOT a wastewater treatment plant. Always take a bag with you (biodegradable preferred) on your walks and scoop that poop! Just scoop it, bag it and throw it in the trash!



FIRE DEPARTMENT STATS JANUARY 2021

EMS Runs:	282
MVA:	5
Fire:	79
Mutual aid given:	10
Mutual aid received:	9
Monthly Total:	366

Members of the Beachwood Fire Department come to work every day ready to make sure that Beachwood residents and businesses are protected. With a collective effort of all City Departments, we continue to provide the highest level of emergency services while continuing to take the necessary steps to combat COVID-19.

We thank you for your support, invite you to follow us on our Beachwood Fire Department Facebook page, and remind you that we can't help you if we can't find you!



When we are responding to an emergency, we rely on your address sign. Address signs that are obstructed by overgrown foliage or other objects can reduce our response time, and every second counts. Please make sure that your

address numbers are clearly visible: the bigger the numbers, the better.

QUICK LINKS = QUICK INFO

For instant information about activities in the City of Beachwood, visit Quick Links on our home page at www.BeachwoodOhio.com. Topics include: COVID-19 Updates, Watch City Meetings, Recreation Programs, Virtual Rec Guide and more. Visit today!

BARKWOOD SPECIAL REVENUE FUND

The Barkwood Special Revenue Fund was created to enhance Barkwood Dog Park. If you wish to donate, please write your check to City of Beachwood, note the fund on the memo line, and drop it off at City Hall or mail it to: Beachwood City Hall, 25325 Fairmount Blvd., Beachwood, Ohio 44122. If you have an idea about how you would like the funds applied, please note your suggestion. Funding ideas to date include: benches, shade, maintenance, agility equipment, and a water-bottle dispenser. Suggestions are welcome!



GLENHILL DRIVE UPDATE

Beginning in late February, the stormwater sewers on Glenhill Drive will be improved. The work includes new 12" and 54" stormwater sewers to be installed at the low point of Glenhill, the addition of catch basins, and the reconstruction of a large junction chamber to accommodate additional piping. The project is specified to be completed within 60 calendar days and is expected to improve the stormwater sewers and drainage in Northwest Beachwood upon completion.

CITY PARK WEST SLEDDING HILL

The Beachwood City Park West sled hill is located on the south end of the park. Bring your friends and family out for a great and socially distanced winter activity. Please observe the following rules and be courteous of other users.



- Wear masks and remain 6-feet apart
- All sledding is done at your own risk: use caution
- No building of ramps, jumps, or moguls
- No supervision provided
- Parents are responsible for children
- Be considerate and return to top of hill along outside edge of sledding area
- Sledding is a hazardous activity and may present substantial risks
- Users assume full responsibility for determining if conditions are safe for sledding

CITY JOBS

Permanent and seasonal opportunities (including lifeguard and camp-counselor positions) are available: learn more at www.BeachwoodOhio.com/jobs.aspx.

LIBRARY IS NOW OPEN!

The Beachwood Branch of the Cuyahoga County Public Library has reopened to in-person patrons! If you're looking for a book to read, ask about their Personalized Picks program. You may even reserve a study/Zoom room.

Learn more at:

www.cuyahogalibrary.org/Branches/Beachwood.aspx.

HAIRVESTER FOR HUNGER

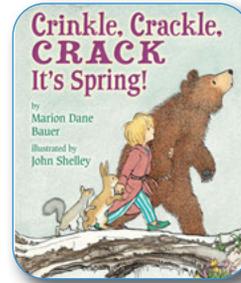


Thanks to City of Beachwood Finance Director Larry Heiser for allowing City employees to shave his head to raise funds for the Greater Cleveland Food Bank, an act that raised \$1,100!

To contribute to the City of Beachwood's Harvest for Hunger Campaign, please visit the "H4H Donations" Quick Link online at www.BeachwoodOhio.com.

**HARVEST
FOR HUNGER**

STORYWALK IN THE PARK



The March StoryWalk in City Park East features *Crinkle, Crackle, Crack It's Spring!* by John Shelley.

StoryWalk® was created by the Beachwood Branch of Cuyahoga County Public Library to help build children's interest in reading while also encouraging healthy activity.

Follow the StoryWalk® path and talk about the story.



THE RETURN OF BEACHWOOD SUMMER CAMPS!

City of Beachwood Summer Day Camps are returning for Summer 2021.



The summer camp program may operate under reduced numbers based upon state-mandated COVID-19 guidelines. Should the current health crisis be reduced and the Responsible RestartOhio Day Camp Guidelines be rescinded, our camp operations will return to their normal standards. For now, our camps will operate under the state mandated guidelines.

Resident registration began on Monday, January 11 for KIDZ, Bison, Sports and Theater Camp. Registration packets are available inside the doorway of City Hall or the Community Center. An early-bird rate will be offered to residents who register no later than March 12. If space permits, non-resident registration will begin on March 14. To register, you must get a registration

number, beginning on Wednesday, March 10 at 10:00 AM. A registration number does not guarantee a spot in camp. For registration updates, check our website and follow us on social media.

New this year is a \$25 deposit for each week registered.

For additional information, click on the www.BeachwoodOhio.com Quick Link for "Summer Day Camp 2021."

**EXTENDED
THROUGH
MARCH!**

Beachwood DELIVERS

**WELCOME
Hello
Bistro!**

Extended through the month of March, the City of Beachwood's fee-free restaurant-delivery service reaches all Beachwood addresses through Beachwood Delivers. This program has helped our restaurants increase orders and save money, and it received national media recognition. Learn more at the BEACHWOOD DELIVERS Quick Link at www.BeachwoodOhio.com.

BOMBA Taco + Bar	216.755.5907	Lindey's Lake House	216.342.5030
Cedar Creek Grille	216.342.5177	Tres Potrillos	216.591.1202
Giovanni's Ristorante	216.831.8625	Winking Lizard	216.454.0380
Hello Bistro	216.342.4843	Yours Truly	216.464.4848
Hyde Park Prime Steakhouse	216.464.0688	MarMar's Pizza Kitchen	216.316.3355

ART EXHIBIT

The Female Gaze

FEBRUARY 18 - MARCH 29*

FEATURED ARTISTS

Sawsan Alhaddad
Barbara Bachtell
Sarah Curry
Franca D'Antonio
Diane Fleisch Hughes

Leah Gilbert
HIGO
Susan Porges

Eileen Roth
Shayna Roth Pentecost
Deborah Silver
Shari Wolf
Debby Zelman Rapoport

**BEACHWOOD COMMUNITY CENTER
25325 FAIRMOUNT BOULEVARD**

***Visit exhibit online or call 216.595.3733 to
schedule an in-person appointment.**



Beachwood Schools
Recognizes

BLACK
HISTORY
MONTH

Beachwood students, families and staff took part in programs, activities and contests throughout February that recognized African Americans' contributions, stories and achievements integral to America's past and present. Many thanks to staff and students who led these efforts, and to community members who volunteered during these programs. Each school was decorated with images of impactful African Americans as part of a new cycle of monthly recognitions that attempts to ensure all members of our community feel seen, heard and respected. Starting March 1st, Women's History will be featured.

Hilltop Nominated as National Blue Ribbon School

Congratulations Hilltop students, staff and families! The Ohio Department of Education (ODE) has **nominated Hilltop School as a 2021 NATIONAL BLUE RIBBON SCHOOL** to the U.S. Department of Education. Hilltop was one of just 14 schools in Ohio to be nominated this year. According to the ODE, Hilltop students' achievements across a number of measures on the 2019 state AIR tests earned this Blue Ribbon nomination (no AIR tests were administered in 2020 during the pandemic).



Four Bison are U.S. Presidential Scholars Candidates

Four seniors were recently selected as candidates for the U.S. Presidential Scholars Program based on their academic achievements and perfect ACT scores: **Somin Jung, Jacob Lawrence, Alice Soprunova, and Xiaoxing Yu**. The United States Presidential Scholars Program was established in 1964 to recognize and honor some of our nation's most distinguished graduating high school seniors. Only 161 scholars are selected each year.



Somin Jung



Jacob Lawrence



Alice Soprunova



Xiaoxing Yu

Coach Willie Smith Named National Track & Field Coach of the Year

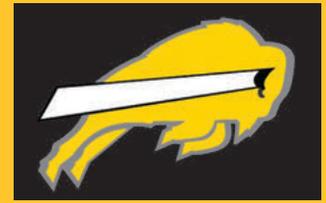


Coach Willie Smith

The National Federation of State High School Associations (NFHS) Coaches Association honored just 23 coaches nationally as 2020 coaches of the year. The NFHS awards program has been in existence since 1982 and honors coaches in the top 10 girls sports and top 10 boys sports by participation numbers. Coach Smith has led Beachwood to two OHSAA girls track and field state championships, multiple indoor track state championships, and numerous individual state championships.

ADMINISTRATION

Dr. Robert P. Hardis, Superintendent, (216) 464-2600 ext. 299 • rph@beachwoodschoools.org
Michele E. Mills, Director of Finance/Treasurer, (216) 464-2600 ext. 239 • mm@beachwoodschoools.org
Dr. Ken Veon, Assistant Superintendent, (216) 464-2600 ext. 230 • keve@beachwoodschoools.org
Lauren J. Broderick, Director of Pupil Services, (216) 464-2600 ext. 234 • ljb@beachwoodschoools.org
Kevin Houchins, Director of Equity & Community Engagement, (216) 464-2600 x237 • kth@beachwoodschoools.org
Linda LoGalbo, Director of Curriculum & Instruction, (216) 464-2600 ext. 289 • lhl@beachwoodschoools.org
Valerie Parker, Pupil Services Coordinator, (216) 464-2600 x264 • vparker@beachwoodschoools.org
Kathleen Stroski, Assistant Treasurer, (216) 464-2600 ext. 240 • ks@beachwoodschoools.org



Middle and High School Science Olympiad Team Success

Beachwood's high school Science Olympiad students participated in the Solon Invitational on January 23rd, the largest tournament in which the team has ever competed. Ninety-five teams from across the country participated with Beachwood, which placed 14th. Congratulations to all of our competitors, and to Beachwood's team advisor, **Alise Kulbago**. Special mention of 1st Place winners **Neha Chellu, Karmanyaah Malhotra, Sunny Wang, Bowen Zhang, and Kai Zheng**.



The middle school's team participated in the Westlake Science Olympiad Invitational competition on January 9, 2021 against 61 teams. Our Olympians ranked seventh overall and came home with a trophy for placing in the top eight teams. Congratulations, and thank you to advisor **Rakhee Banerjee**.

Model UN Winners

CMONCE XX

Columbia Model United Nations Conference and Exposition

The high school's Model United Nations delegation, led by advisor **Dominic Velotta**, competed virtually in the Columbia Model United Nations Conference and Exposition from January 15 - 17th. Six Beachwood students earned conference awards: **Joseph Berkowitz, Vidula Jambanath, David Kuang, Greg Perryman, Yoav Pinhasi, and Alice Soprunova**.

Board of Education NEWS

Recent Resolutions:

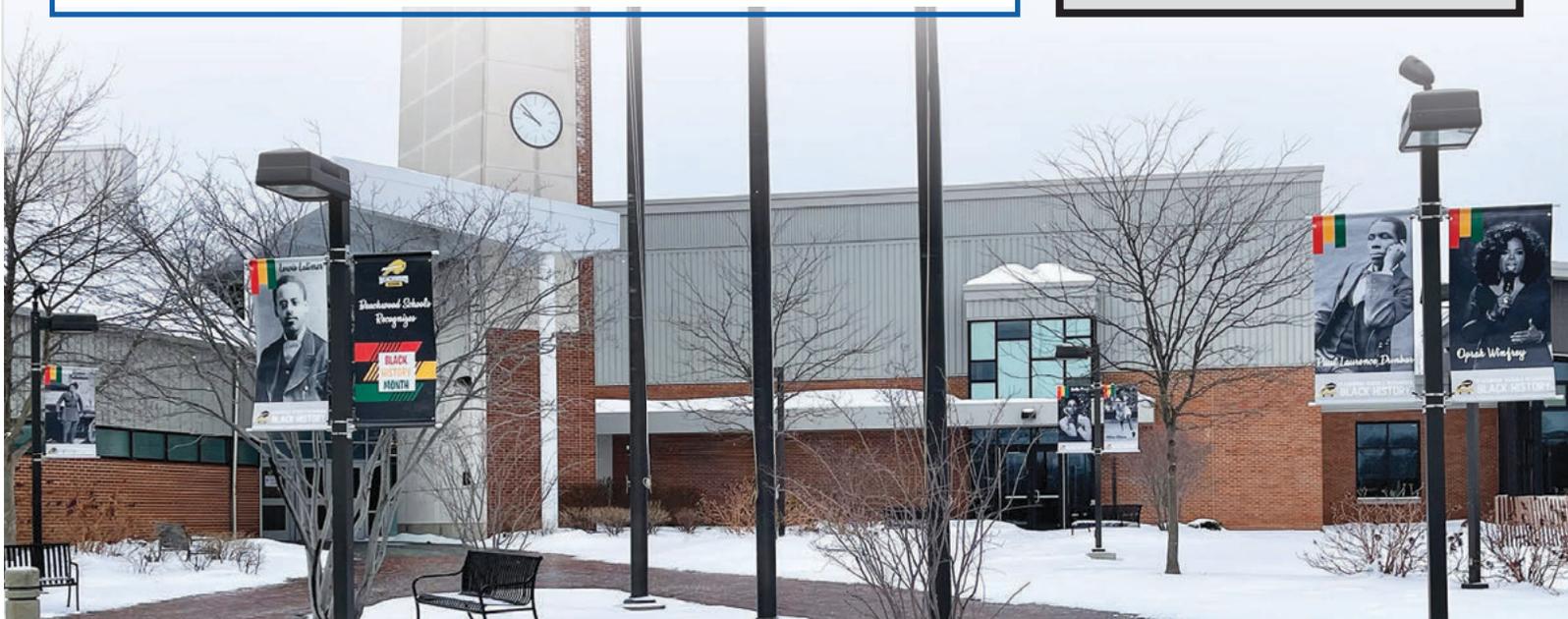
- Approved agreements with Doorway to College and The College Review
- Recognized District Food Service Workers
- Approved 2022-23 School Calendar
- Approved Administrator/Supervisor Handbook 2021-2024

Upcoming Resolutions:

- Renewal of Medical and Prescription Health Insurance
- Guaranteed Maximum Price for Facility Projects, incl. Natatorium
- Approve Staff Resignations for Retirement

Upcoming Meetings:

- Monday, March 8, 2021 @ 7 pm
- Monday, March 22, 2021 @ 7 pm



Visit us at www.beachwoodschoools.org



www.facebook.com/BeachwoodBison



[@beachwoodbison](https://twitter.com/beachwoodbison)



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www.mulhollandsachs.com
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Beachwood Chamber of Commerce Elects New Executive Committee

New Board Members Are Driving the Organization's Mission

In the past year, The Beachwood Chamber of Commerce (BCOC) reconstructed its organization by hiring Kathy Seeley as executive director and Lilia Lipps as marketing manager. Last month, it also installed a new executive committee, composed of business professionals who plan to expand opportunities for the business community.

"I am excited to help strengthen the business community in the very neighborhood where I was born and raised. Beachwood is already a great place to do business. I hope my efforts leading the chamber board can make the community even more vibrant."

~ Brian Friedman, President

As outgoing board president, Heather Ullmo, VP, Senior Treasury Management Relationship Manager, Farmers National Bank, said, "It was my pleasure to serve the Beachwood Chamber and its members as president of the board for the past year. I am confident that the new executive committee will ensure continued success, and I look forward to celebrating their accomplishments, along with the rest of the community."

The new executive committee includes:

- President, Brian Friedman
- President, Nest Insurance Solutions
- Vice President, Juwana Williams
- Director of Sales, Buffalo Lodging
- Treasurer, Chris Truax
- Chief Administrative Officer, Lake Health Beachwood Medical Center
- Secretary, Tim Williams
- Branch Manager, Dollar Bank

Brian said, "I am excited to help strengthen the business community in the very neighborhood where I was born and raised. Beachwood is already a great place to do business. I hope my efforts leading the chamber board can make the community even more vibrant."

As the new executive committee takes over, check the Chamber's website for events and other ways to get connected, engaged and involved.

The Beachwood Chamber of Commerce's mission is to connect and engage the Beachwood community through business development, networking and other opportunities. Businesses join to interact with other businesses in the area and to take advantage of member-only benefits. The Chamber welcomes businesses, non-profits, non-business residents and government agencies all at a reasonable cost. For details, visit www.beachwood.org.



President, Brian Friedman



Vice President, Juwana Williams



Treasurer, Chris Truax



Secretary, Tim Williams



**Join
US**

**We welcome our new
Board of Directors
and thank all
volunteers and
businesses for their
involvement!**

Upcoming Online Events

Join us and boost your 2021 business network!

Wednesday, March 10 • 12:00 p.m.

Virtual Luncheon

Brandon Chrostowski

Edwin's Leadership

Wednesday, April 14 • 11:45 a.m.

Virtual Luncheon

Marilee MacAskill

Building Connections – The Dale Carnegie Way

No charge for members, \$5 for non-members.

We are adding additional events for the whole community, so please check our online calendar or sign up for our eblast to be the first to know what's happening!



Visit us at
beachwood.org
or on social media:
Facebook
@BeachwoodCOC
Instagram
@beachwoodchamber
LinkedIn
@beachwoodcoc

Check out our website at beachwood.org!

Join a committee and make your voice heard!

Missed anything? Check out recordings from past events, such as our Diversity and Inclusion series, on our *NEW* website!



BreadLove

Raising Dough to Make the World a Better Place

Joanna Wyner (BHS Class of '91) has always been a baker. She and her grandmother, one of the most gifted bakers Joanna has ever known, baked just about every sweet treat you can imagine. Joanna still has her *Nestle Toll House Cookbook* with markings in it from when she was a teen, and she recalls being asked by a friend, 16 years ago, "If you could do anything you wanted, what would you do?" Without hesitation, Joanna's answer was, "Bake!"

Over the years, Joanna has had many business ideas, some that were successes and others that fell flat. She founded Support the Girls Cleveland, a local chapter of a national organization that donates bras and menstrual hygiene products for needy women and teens, and has taught barre classes. Then, when the pandemic started, she turned to baking for stress relief and became obsessed with learning the science of baking bread.

"I immediately baked a loaf of chocolate chip banana bread. Easy enough. Next was challah – tasty, but dense and doughy," she said. "I was determined, though, so I learned about the science of baking bread, experimented, consulted other bakers, watched videos and read books. Many loaves were fine, but others were failures, and then... it clicked!"

As a way to connect with people during quarantine, Joanna dropped off loaves, bagels, boules (French bread) and rolls to friends and family, sneaking in socially distanced driveway visits here and there. "You can only show up outside people's homes with bread so many times before it starts to get weird," she shared. "So, I began donating to homeless shelters and other residential facilities where it is the norm for people to show up with all kinds of stuff."

Then, in the wake of protests, rallies, and discussions about combatting systemic racism and police brutality, Joanna saw a movement on Instagram that

caught her complete attention: @BakersAgainstRacism, a nationwide bake sale designed for both home and professional bakers to raise money for anti-racist organizations. "How empowering to know that ANYONE can help make a difference in their community with something as simple as a bake sale," she said. "I thought, why not make this an ongoing project?"

Once she put her intention out to the universe, details fell into her lap. On June 29, her grandmother's birthday, the name BreadLove came to her and Joanna created its mission: Providing unparalleled homemade bread to raise the world a better place.

On June 29, her grandmother's birthday, the name BreadLove came to her and Joanna created its mission: Providing unparalleled homemade bread to raise the world a better place.



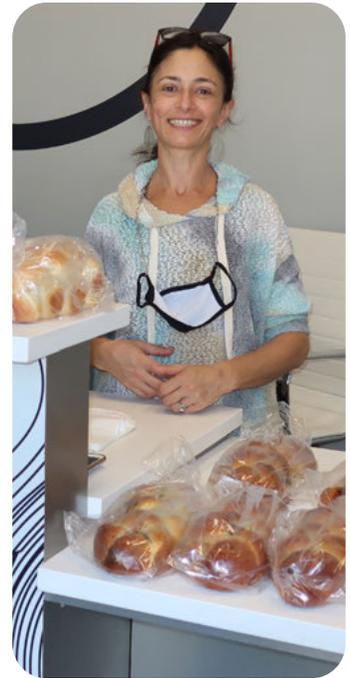
Then, a friend who works at Pinecrest told her about retail space that she could use to distribute bread. When Joanna needed more space to bake, a church kitchen around the corner from her home welcomed her; and now, as BreadLove continues to grow, Joanna is using a downtown kitchen and needs help to keep up with the demand.

"My background is in social work and these are crazy times," Joanna said, "BreadLove provides opportunities for me to do something I love, while supporting organizations that create positive change and empower people."

Her future vision is to provide opportunities for people to get back on their feet. "I'm passionate about the social-service side of this business and teaching people how to make an amazing loaf of bread," she said. "Baking nurtures and empowers people, brings them together, and builds confidence that may be used as a stepping stone for further successes."

Each month, Joanna donates profits to local organizations and to front-line workers at University Hospitals.

Joanna also offers at-home baking classes. Upon registration,



participants receive an original recipe with instructions, tips and tools, an agenda with options for participation, and a Zoom link. Small-group classes take place from 1-2 pm on Sundays; mid-week private classes (six people minimum) may also be scheduled. Proceeds benefit BreadLove's featured organizations.

Challah varieties include plain, cinnamon, cinnamon walnut, chocolate chip, Nutella, s'mores, Oreo, fluffernutter, and olive oil + za'atar. Babka flavors are Nutella + chocolate chips, cinnamon, and buttery brown sugar-cinnamon. Varieties vary each week. Orders must be placed by Wednesday for Friday pick-up at Pinecrest or Luster Boutique in Shaker Heights. Delivery is also available and is free in Solon. For details, visit www.BreadLove.org, or contact Joanna at 216.513.3571 or breadloveinc@gmail.com.





Outsmarting Incontinence

Simple Solutions to Improve your Quality of Life

osing bladder control is a common problem for women of all ages, but is never a normal part of aging. While urinary incontinence can be embarrassing, it can be caused by certain diseases and conditions, so it's important to talk to your urologist about your symptoms. A solution might be easier than you think, and doesn't necessarily need to involve surgery.

There are a number of simple solutions women can try, says Joseph Henderson, MD, who specializes in Female Pelvic Medicine and Reconstructive Surgery at University Hospitals.

"The good news is that many women can improve their bladder control or completely end their incontinence," Dr. Henderson says. "There are great therapies for stress incontinence and overactive bladder that have excellent results and minimal side effects."

Most patients can solve their bladder control problems with one or more of these simple, first-line strategies, adds Dr. Henderson. If these simple therapies do not work, physicians can try more complex options.

"Most patients do not need to move on to these advanced therapies," Dr. Henderson says. "Over seventy percent of them are successfully treated with first- and second-line therapies."

Here are some of the simple options your doctor might suggest first for treating incontinence:

- **Limit your fluid intake:**

The first strategy you might try is to simply limit how much you drink or limit drinks during certain times of the day. Other dietary strategies can include avoiding caffeine and alcohol.

- **Bladder training:**

This method involves gradually building up the ability to hold your urine for longer and longer periods. Your doctor can help you set a schedule based on your individual factors with a goal of urinating once every three or four hours.

- **Pelvic floor muscle training:**

These exercises involve tensing and releasing the muscles that you use to stop urinating. Your doctor can tell you how many times and how long to do these exercises. Biofeedback also can be used to help women learn how to do the exercises correctly.

- **Medications:**

Doctors can prescribe several different kinds of medicines to help improve urinary incontinence, depending on the type you have.

"The good news is that many women can improve their bladder control or completely end their incontinence," Dr. Henderson says.

"There are great therapies for stress incontinence and overactive bladder that have excellent results and minimal side effects."

More advanced therapies include:

- **Botox:**

The U.S. Food and Drug Administration has approved Botox injections for urinary incontinence to alleviate bladder spasms. Injections can be done at your doctor's office using a topical anesthetic or in the operating room with the patient under light sedation.

- **Percutaneous tibial nerve stimulation:**

This treatment consists of a weekly 30-minute session that can be done in a doctor's office or clinic. A fine needle is inserted near the ankle. Pulses of electricity are sent into the needle to travel through the tibial nerve, which runs up your leg and connects to nerves that control your bladder muscles. The treatment is done without sedation in a doctor's office. Eighty percent of people who try this method report a 50 percent or more reduction in episodes of incontinence.

- **Bladder "pacemaker":**

Called neuromodulation, this treatment involves implanting a pacemaker-like device with a small lead that stimulates the nerve that is causing the bladder to spasm. The device is implanted in an operating room with the patient under light sedation.

Dr. Henderson says it's important to not give up, and keep trying to find the bladder control solution that works for you.

"These are all options that we can talk about when you come in for an appointment because these therapies are all individualized," he says. "And we'll work together to find a solution that is going to work best for you."

You don't have to travel far from home to receive excellent care. To schedule an appointment with a provider at UH Ahuja Medical Center, please call 216.765.3225.



Summer Camps



MANDEL JCC • J-DAY CAMPS 2021

REGISTER NOW!

JUNE 7-AUG 13 • FOR KIDS IN GRADES K-6

In 2021, J-Day Camps will be held on The J's campus.

- **NEW** Inflatable water slide
- **NEW** Customize your experience with majors
- Majors include creative or performing arts, athletics, outdoor adventure and more
- Obstacle courses, archery range, swimming, tennis & more
- Exceeds state mandated guidelines for safety

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Professional and personal development, teambuilding and fun!

Register now to reserve your place at:

mandeljcc.org/daycamps

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SIBLING DISCOUNTS AVAILABLE!

J-Day Camps at Mandel JCC

The Mandel Jewish Community Center's award-winning J-Day Camps offer campers in grades K-9 opportunities to explore and find themselves. The J's experienced camp staff give encouragement to develop independence and self-confidence. Campers make friendships and feel a sense of belonging. Packed with fun, J-Day Camps is integrated with Jewish values and spirit.



For Summer 2021, J-Day Camps will be held on the Mandel JCC campus. New this season, campers can customize their experience with majors, including creative or performing arts, athletics, outdoor adventure and more. Activities include swimming, inflatable water slides, obstacle courses and archery.

"When I think of day camp, I think of the confidence it instills, the connections that are made that last a lifetime and the campers who form a family," said Abbey Phillips, director of day camps and youth services. "I think of the challenges campers bravely take on when they try new things and the sense of pride they feel when a new milestone is achieved."

The J is committed to providing a healthy, safe environment. Staff is hosting virtual Camp Chats to share details about summer camp. For information, visit www.mandeljcc.org/daycamps.

Fairmount Temple's Preschool Programs

From preschool, where children grow and flourish and are prepared for kindergarten through religious school, Fairmount Temple demonstrates a commitment to lifelong learning. Fairmount Temple's Early Childhood Center (ECC) offers a variety of programs for children from 18 month – Pre-K, including a dynamic summer camp with theme days, outdoor playground, and a new interactive garden, where children will participate in creating and cultivating their own plants! Childcare is also available before and after camp.

The ECC is also introducing Fairmount Temple Tots, new engaging programming designed especially for preschoolers. Join ECC Director Jane Mayers for a virtual Sunday FUNday on March 21, at 10 am, with music, crafts and more. She also will join the Cantor Vladimir Lapin at the Saturday, March 13, 10 am, virtual Simchat Shabbat, a special joyous service especially for preschoolers and their families. Join us!

To learn more about Fairmount Temple's preschool offerings, from Summer Camp to Pre-K programs, and more about Fairmount Temple Tots, reach out to Jane Mayers at Jmayers@fairmounttemple.org or 216.464.1752.



Fairmount Temple's Early Childhood Center is Excited to Welcome Your Preschoolers to our Summer Camp and Fall Preschool Program



Fairmount Temple's Early Childhood Center provides a warm, nurturing and inviting atmosphere, allowing your child to grow and to flourish.

- Programs for 18 months to Pre-K, summer & fall registration
- Childcare available before and after camp and school
- New outdoor playground and interactive garden

To learn more, contact Director Jane Mayers at Jmayers@fairmounttemple.org or 216-464-1752.



23737 Fairmount Blvd.
Beachwood, OH 44122
www.fairmounttemple.org

Camp Wise – Mandel JCC's Jewish Overnight Camp

The Mandel Jewish Community Center's Camp Wise staff is gearing up for an amazing Summer 2021 at the "Home of Happiness." Camp Wise Jewish overnight camp is held on a beautiful Geauga County camp site with its own private lake, creating the perfect destination for campers to have an unforgettable summer! Nationally recognized Camp Wise provides opportunities for kids to do everything from canoeing, archery, sports, and arts and crafts to swimming, ropes course, and team building.

This storied experience, a summer tradition for generations of children entering grades 2 through 12, fosters growth and creates memories for a lifetime. Campers develop confidence, gain independence, learn new skills and have a blast – all while strengthening their Jewish identity.

"We are beyond thrilled to bring our traditions, bonding experiences, milestone moments and rites of passage back this summer for the youth in our community," said Rachel Felber, director of Camp Wise. "I am looking forward to making new memories within a framework devoted to safety."

Staff is hosting virtual information sessions. Camp Wise, the "Home of Happiness," is located only 30 miles from Cleveland.

For details, visit www.campwise.org.



Camp Wise – Award-Winning Jewish Overnight Camp for Kids Entering Grades 2-12

Experience the adventure of a 40-foot-high zip line, the thrill of jet skiing on a private lake, the excitement of learning to ride a horse, and so much more while developing self-confidence, independence and friendships to last a lifetime, all in a safe and healthy environment.

Don't miss out on summer fun at Camp Wise during Summer 2021. Call us today!



wisekids@mandeljcc.org • www.campwise.org • (216) 593-6250



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GLADISA GUADALUPE | ARTISTIC DIRECTOR

SUMMER 2021

Summer Intensive AND Summer Class offerings!



SUMMER INTENSIVE

3 Levels for Ages 12-21

Acceptance by in-person or video audition only.

No audition fees will be collected this year.
Please visit our website for more information on audition requirements.

Join us for 5 weeks,
July 6th - August 7th!

SUMMER CLASSES

Children Division:

Little Dancers 1 (2-4 years old)
Saturdays - 9:45 a.m. - 10:30 a.m.

Little Dancers 2 (4-6 years old)
Saturdays - 10:30 a.m. - 11:30 a.m.

Preparatory Division:

Preparatory 1 (6-8 years old)
Saturdays - 11:30 a.m. - 12:30 p.m.

Preparatory 2 (6-8 years old)
Mondays & Wednesdays - 5 p.m. - 6 p.m.

Teen Classes:

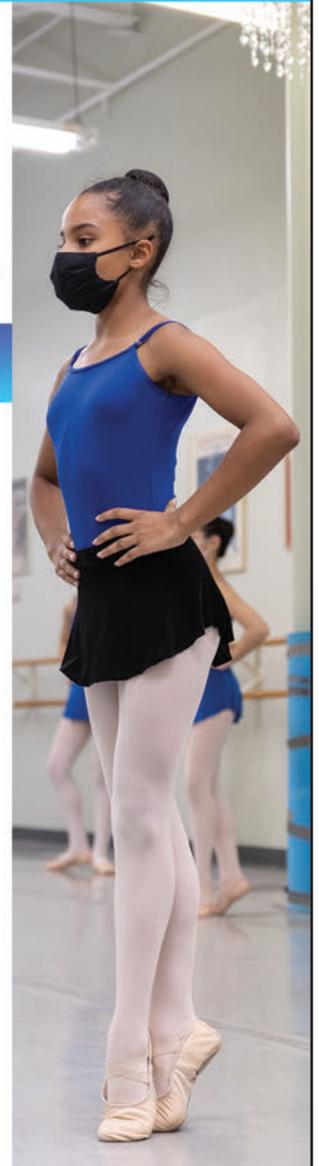
Preteen Ballet (8-12 years old)
Mondays & Wednesdays - 3:30 p.m. - 5 p.m.

Preteen Jazz (8-12 years old)
Mondays - 5 p.m. - 6 p.m.

Preteen Modern (8-12 years old)
Wednesdays - 5 p.m. - 6 p.m.

Adult Classes:

Adult Ballet (21+ years old)
Mondays & Wednesdays - 6 p.m. - 7 p.m.



enroll today!

visit www.clevelandballet.org,
email school@clevelandballet.org,
or call (216)-320-9000 to sign up
for an unforgettable summer!

Together We Can



2021 Camps

Looking for a summer camp to support a grieving child? Consider one of our **Together We Can** bereavement day camps for children who have experienced a loved one's death. Campers will share stories, laugh together, shed some tears and celebrate the life of their special person.

Five-day

Riding Through Grief

Fieldstone Farm

16497 Snyder Road, Chagrin Falls
June 21 – 25, 9 a.m. to noon

This camp is offered in collaboration with Fieldstone Farm Therapeutic Riding Center and is for children ages 8 – 12 who have experienced a loved one's death. Through riding and working with horses, campers explore grief issues supported by trained counselors.

Three-day

Red Oak

Red Oak Camp

9057 Kirtland Chardon Road, Willoughby
August 10 – 12, 9 a.m. to 3 p.m.

A three-day bereavement day camp for children ages 6 – 13 who have experienced a loved one's death. Transportation available from two locations.



For more information and to register,
visit hospicewr.org/camps
or call 216.486.6838.

Scholarships are available.



WESTERN
RESERVE
GRIEF SERVICES

Gross Schechter Day School
is thrilled to present an
expanded and re-imagined

Schechter in the Sun

It takes a big heart to shape little minds



Under the leadership of our new Camp Director, Iris Granot!

Schechter in the Sun will offer an engaging and immersive camp experience with a wide variety of indoor and outdoor activities, including sports, arts & crafts, music & dance, baking and more while also learning *Ivrit* (Hebrew).

Jewish values and traditions will be woven into everything we do.

The camp schedule will keep campers excited and energized while providing plenty of opportunity for them to develop skills, relationships and confidence.



Our sprawling outdoor sports fields, playgrounds and full-size gym are the perfect spaces to make Schechter in the Sun THE place to be this summer!



Dates & Times:

7 weeks

(choose some or all weeks!)

Dates: June 14 – July 30

Hours: 8:30 a.m. – 1 p.m.

(with a 1 – 3:30 p.m. extended care option)

\$240 per week for 5 days/week (till 1 p.m.)

\$350 per week for 5 days/week (till 3:30 p.m.)

NEW Age Groups:

18 month olds, 2 yr. olds,
3 yr. olds, 4-5 yr. olds



Register:

Visit grossschechter.org/sun to register today!

Space is limited. We are opening enrollment with a reduced capacity this year to ensure that we align with camp rules for the State of Ohio and the American Camp Association's COVID recommendations.

For More Information:

Contact Tracey Bortz, tbortz@grossschechter.org
or Iris Granot, igranot@grossschechter.org

Gross Schechter Day School
27601 Fairmount Blvd.
Pepper Pike, Ohio 44124
grossschechter.org



BEST. SUMMER.

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Hathaway Brown offers a wide
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for boys and
girls, toddlers
through college.

Summer
Programs
START
June 14

Browse through
academic, athletics,
adventure, theatre,
and specialty camp
options to create your own one-of-a-
kind experience.

Visit hb.edu/summer.

HathawayBrown



22110

Summer Ruffing It! 2021

Camp Dates are June 21 – July 30. Full-day programs run 9 am - 3 pm. Half-day programs run 9 am - noon. Three- and six-week options are available. For more information, please visit www.ruffingmontessori.net/summercamp.

Little Explorers

18 – 36 months
9 am – noon
3 weeks: \$750
6 weeks: \$1,300

Art, cooking, music, movement, gardening, water play, and our outdoor learning environment fill the mornings with child-centered activities guided by Montessori certified teaching staff. *Three- and six-week options are available.*

For more information, please visit www.ruffingmontessori.net/summercamp

Summer to Grow Half-Day

3 – 6 years • 9 am – noon
3 weeks: \$400
6 weeks: \$800

Summer to Grow Full Day

3 – 6 years • 9 am – 3 pm
3 weeks: \$800 • 6 weeks: \$1,500

Join us for puzzles, games, stories, songs, food preparation, art projects, occasional guest presentations and performances, weekly nature walks, gardening, and outdoor playground activities led by Montessori certified teaching staff and assisted by Leaders-in-Training. Children must be three years old and able to use the restroom consistently and independently. *Three- and six-week options are available.*

Creative Arts & Sciences

Grades 1 – 6 • 9 am – 3 pm
1 week: \$300
3 weeks: \$800
6 weeks: \$1,400

Led by professional artists, musicians and trained educators, campers build personalized schedules based on their own unique interests. Choose LEGO Robotics, acting, dance, sports, lab and environmental sciences, clay, studio art, rock band, the *Ruff Times* student weekly newsletter, and more. *One, three and six week options are available.*

Extreme!

Rising 7th – Rising 9th graders
9 am – 3 pm
Weeks 1-5: \$300 per week
Week 6: \$400
(includes Cedar Point trip)
All 6 weeks: \$1,500

Each week of Extreme! camp varies in theme and activities, so we hope you can join us all summer for the full experience.

Week 1: Food! Glorious Food!

June 21 – June 25

Week 2: Tent Camp

June 28 – July 3

Week 3: Wild Wisdom

July 5 – July 9

Week 4: Splash Week

July 12 – July 16

Week 5: Near & Dear

July 19 – July 23

Week 6: Cedar Point and Wrap Up!

July 26 – July 30

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Friends of Beachwood Library Scholarship

Friends of Beachwood Library invite Beachwood high school seniors who are Beachwood residents to apply for a scholarship. First place will be awarded \$1,250, 2nd place \$750, and 3rd place \$500.

Each applicant is required to write an essay, not to exceed 1,500 words, based on one of the two questions below:

- If all of the books in the world were about to disappear, but you could save one, what would it be and why?
- Library service is recognized as an essential community need. Describe and elaborate on how libraries are fulfilling community needs.

Essays will be evaluated on mechanics/structure, purpose, style, idea development and format. A separate cover letter should include the student's name, home address, email address and phone number. The deadline for all entries is Friday, April 2, by 5 pm. Directions and guidelines are available at the Beachwood Library's Teen desk, and guidance and college counseling offices.

Friends of Beachwood Library is a volunteer group that sponsors library programs and activities. Members volunteer to raise funds that support programming, exhibitions, special events and activities. For more information, call 216.831.6868 or email friendsofbeachwoodlibrary@gmail.com.

Cleveland Kosher Food Pantry Adds Trailers to Serve Clients Throughout the Winter

The Cleveland Kosher Food Pantry recently opened two temporary trailers for use on its property at 2004 South Green Road, South Euclid. Mezuzahs were hung on the trailers on Sunday, January 17.

"We thank Harley Cohen and all of the contractors who helped us to get this important project done. Without them and our generous donors, we would not be able to continue to serve our clients during the typical Cleveland winter," said Director Devorah Alevsky. Harley, who managed the project, is principal of Harlan & Associates of Beachwood.

The Cleveland Kosher Food Pantry is one of the largest food-relief agencies in Northeastern Ohio and is a partner agency of the Greater Cleveland Food Bank. COVID-19 has dramatically increased the number of clients served to over 6,000 per month.

The Pantry's client base includes many from the suburbs who now find themselves needing community support for the very first time. Its weekly drive-through distribution serves 150 area families, many of whom are recently unemployed. The Pantry continues bi-monthly food deliveries to 1,300 people in 10 senior housing apartment

buildings. Most are in lockdown due to COVID-19, and unable to shop for themselves.

Since the pandemic started, changes to operations have included pre-packing boxes of food, no-touch drive-through distribution, and social distancing of volunteers as they pack food. More workers have also been hired to provide door-to-door delivery at the apartment buildings. In addition to the trailer installations, the property's driveway area was expanded, making the drive-through process much safer and more efficient.

The Cleveland Kosher Food Pantry will soon be holding its Passover appeal. To contribute, volunteer, or if you need service, please visit kosherfb.org or call 216.382.7202.

"We thank our local Jewish community and other major donors for their continued support of the Food Pantry," Devorah said. "We're grateful to lighten the burden for our families by providing the food they so desperately need."

"We thank our local Jewish community and other major donors for their continued support of the Food Pantry," Devorah said. "We're grateful to lighten the burden for our families by providing the food they so desperately need."

Pictured from top:

Harley Cohen, principal of Harlan & Associates, manager of the trailer project, next to the mezuzah that was placed in his honor.

Beachwood volunteers Lauren Raff and Tracy Thomas proudly display their volunteer awards. They are part of a volunteer team that delivers grocery bags to seniors' doors every Tuesday.

Beachwood resident Lindi Herman delivers food to low-income seniors.



In 2020, Kosher Food Pantry provided food to:

57,027

men, women and children in our community.

Attention High School Students Win \$10,000 in College Scholarships!

**Auditions Open
April 1
for Shining Star
CLE 2021!**



If you love to sing or know a high school student who does... if you can imagine yourself performing for thousands of viewers... you'll want to audition for Shining Star CLE 2021. The Virtual Finals Performance & Competition, live-streamed and open to the public, will be held on Sunday, August 29, at 7 pm.

This unique solo-singing competition gives high school students from NE Ohio the chance to compete for college scholarships and be part of an exciting evening of amazing talent, professional judges, and thousands of viewers. First-place winner will also have the opportunity to perform with The Cleveland Pops Orchestra at Severance Hall (pandemic permitting).

All participants must have a 2022-2025 high school graduation date. There are no entry fees, and all music genres welcome! It's easy to audition. Just record yourself singing your favorite song and upload your video audition, three minutes max, to shiningstarcle.org April 1 through June 13 (at 11:59 pm). Virtual live auditions will follow. Piano accompaniment, personal instrument usage, or acapella are welcome. Throughout the process, the safety of students is and will remain a number one priority. All social distancing and COVID-19 protocols will be strictly adhered to and followed.

For more information, visit shiningstarcle.org or contact Renee Greller, director, Planned Giving and Special Events, Menorah Park Foundation, at rgreller@menorahpark.org or 216.839.6623.

This event is a benefit for memory care services and programs offered by Menorah Park.

Help Us Hit a Grand Slam!



#virtualhomerun2021

SPONSORSHIP OPPORTUNITIES

The Menorah Park Foundation will hold its Virtual Run/Walk on Sunday, May 2, presented by Strassman Insurance Services and Steel Valley Portable X-Ray Service.

Sponsorships are available for this baseball-themed event at grand slam (\$5,000), home run (\$2,500), triple (\$1,250), double (\$750), and single (\$500) levels. Walk, run or stroll around your neighborhood, on your treadmill, or anywhere else you'd like! The entry fee is \$25 per person, children 12 and under are free.

Whether you register to participate, donate or sponsor this event, 100% of the proceeds will benefit Menorah Park.

For more information, visit www.MenorahPark.org/homerun, or contact Jane Furth, director, Annual Campaign and Outreach, Menorah Park Foundation, at jfurth@menorahpark.org or 216.839.6688. Please take photos and share on Facebook at #virtualhomerun2021!

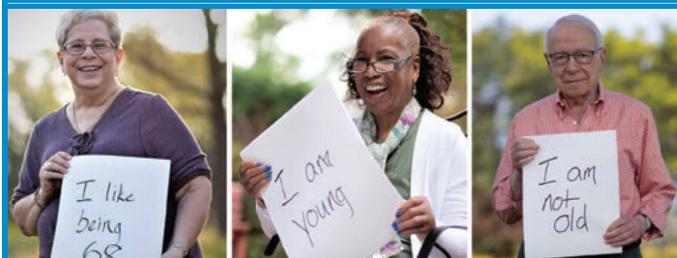
*Age isn't chronological.
IT'S PERSONAL.*



At Menorah Park, we think that the age on your driver's license is only a small part of who you are. It doesn't tell the whole story. We believe you're never too old to be young. That's why we're here: to help keep you dreaming, learning, living. To help you keep being you.

Menorah Park is dedicated to offering a wide variety of programs and support to meet each individual's needs . . . from therapy to brain health, to residential care and more.

Join our community today. Explore our many residential options for a place that's perfectly you!



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Locations in Beachwood and Chagrin Falls

Beachwood Rabbi Signs Unprecedented Ten-Year Contract

by Arlene Fine

It's a good thing Rabbi Scott Roland and his family are wowed by their Beachwood community. The Rabbi, who served as rabbi of Congregation Shaarey Tikvah for the past five years, just signed a ten-year contract to continue leading the Conservative Beachwood congregation.

"Living in Beachwood and being part of this marvelous community is everything we hoped for and more," said Rabbi Roland. "I'm honored to serve the Shaarey Tikvah community for the next decade, allowing us to learn and grow as a congregation and to celebrate the full spectrum of life cycle events together. This special congregation deserves a rabbi who will be there to care for them in the long run, and to love them the way I do."

In the press release announcing the extension of Rabbi Roland's unprecedented contract, he was lauded for "innovative approaches to engaging young families, holiday enrichment, a cantor transition, ongoing adult education, forging a strategic partnership with Kol Israel to update and manage the Face-to-Face Holocaust Education Program, installation of livestream technology, the rollout of a full schedule of virtual programs, and the addition of 30 family units to the congregation."

Rabbi Roland is gratified by the response to his extended contract. Shaarey Tikvah members have sent him notes proclaiming their support for rabbinic continuity, enabling him to be there for their family's milestone Simchas (celebrations). "By 2031, I will have the honor of being the second longest-serving rabbi of this congregation, next to Rabbi Jacob Shtull of blessed memory," said Rabbi Roland.

A New Jersey native, Rabbi Roland's interest in the rabbinate was sparked at an early age. "My family instilled in me a deep love and a sense of responsibility

toward the Jewish people," he said. "I also had wonderful rabbinic mentors and teachers. I saw the impactful work they were doing to serve others, and wanted to model my life's work like theirs."

"We are also a very welcoming community and although we are slightly off the beaten path, we encourage people to discover us and to build a relationship with us. We are part of what makes Beachwood so special."

– Rabbi Scott Roland

A 2013 graduate of the Rabbinical School of Hebrew College in Newton, MA, Rabbi Roland led Temple Hatikvah in Flanders, New Jersey, until he was tapped for the Shaarey Tikvah position. "This was a perfect fit right from the beginning," said the Rabbi. "Our congregation, which takes Jewish life very seriously, is dedicated to the service of God and to one another," he said. "Congregants have as much to teach me as I have to teach them. We are also a very welcoming community and although we are slightly off the beaten path, we encourage people to discover us and to build a relationship with us. We are part of what makes Beachwood so special."

Reaching out to the broader Cleveland community is also part of Rabbi Roland's agenda. He

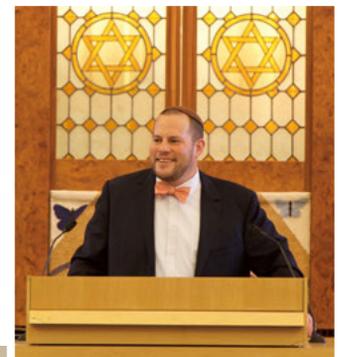
and his congregation have built relationships with the Christian and Muslim communities. As a member of the Solon Alliance of Interfaith Leaders, Shaarey Tikvah has hosted a weekend celebration with the Chagrin Valley Islamic Center.

As challenging as the COVID-19 pandemic has been to synagogue life, Rabbi Roland marvels at his congregation's resilience. "Membership has remained stable, and lay leaders have stepped forward to present creative programming," he said. "We have very effectively used Zoom and livestreaming to stay connected. When the COVID-19 numbers were down during the summer, we held outdoor services, always observing all the CDC guidelines."

The Rabbi acknowledges Jewish life is not without challenges. "Our traditions have taught us to adapt to those challenges over the past

millennia," he said. "We are still in the process of figuring how our Jewish identity informs our personal, political and professional identities in the modern world."

Rabbi Roland and his wife, Aviva, assistant director of Community Relations at the Jewish Federation of Cleveland, are parents of three daughters, Moriyah, 8, and Nili, 5, who both attend Gross Schechter School. The Rolands just welcomed their third daughter, Gefen, two months ago.



Aviva, Gefen, Moriyah, Nili and Rabbi Scott Roland are happy to call Beachwood home.

Maltz Museum of Jewish Heritage launches highly anticipated special exhibition with programs for all ages

NOTORIOUS RBG

Virtual Program Series in honor of Women's History Month

The Maltz Museum of Jewish Heritage announces its new season of all-virtual public programs, which are inspired by the special exhibition, *Notorious RBG: The Life and Times of Ruth Bader Ginsburg*, presented locally by PNC Bank. This retrospective of the Supreme Court Justice-turned-cultural icon, based upon the Internet phenomenon and bestselling book, *Notorious RBG*, inspires a dynamic public program series for visitors of all ages.

The exhibition, created in partnership with *Notorious RBG's* authors, Irin Carmon and Shana Knizhnik, uses archival photographs and documents, historical artifacts, contemporary art, media stations, and gallery interactives to explore the American legal system and civil rights movements through the lens of RBG's personal experiences and public service. Like the book, it also examines her varied roles as a student, life partner, mother, change-making lawyer, judge, women's rights pioneer, and pop culture icon.

The exhibition launches just days ahead of Women's History Month, a dedicated month to reflect on the often-overlooked contributions of women to United States history.

Exhibition-related online programs inspired by RBG and honoring Women's History Month include:

Film Screening and Talk Back: RBG

Sunday, March 7 • 4 pm

Watch the 2018 documentary on your own, then join together for a discussion with panelists, moderated by Judge Frankie Goldberg.

Jewish Justice: The Role of Judaism in RBG's Professional Life

Wednesday, March 10 • 4 pm

Justice Ruth Bader Ginsburg was the first Jewish woman on the Court. Learn how Judaism played a role in her professional life.

Family Fun: Happy Birthday, RBG!

Sunday, March 14 • 1:30 pm

Celebrate Ruth Bader Ginsburg's birthday at an online birthday party! This interactive family celebration is hosted by jHUB's Danya Shapiro and the Maltz Museum's Courtney Krieger. In lieu of gifts, please bring your smile! Free with advance registration.

Additional programs include Women Who Roar: Samantha Baskind on Roaring Women Artists; I Dissent: Discussion on Election and Voting Rights; and My Story: Christine Howey with Phyllis Harris.

Please note: all public programs are virtual and require advance registration for participation.

The exhibition *Notorious RBG: The Life and Times of Ruth Bader Ginsburg* was organized by the Skirball Cultural Center, in Los Angeles and will be on view at the Maltz Museum through August 29, 2021. For complete details about all the Maltz Museum offers, or to make reservations, visit www.maltzmuseum.org. If you have questions, call 216.593.0575.

NOW ON VIEW AT THE MALTZ MUSEUM



NOTORIOUS RBG

THE LIFE AND TIMES OF
RUTH BADER GINSBURG

presented locally by PNC BANK

CELEBRATE WOMEN'S HISTORY MONTH WITH RBG INSPIRED PROGRAMS

WEDNESDAY, MARCH 10 AT 4PM

Jewish Justice: The Role of Judaism in Supreme Court Justice Ruth Bader Ginsburg's Professional Life

SUNDAY, MARCH 14 AT 1:30PM

Family Fun: Happy Birthday, RBG!

WEDNESDAY, MARCH 17 AT 4PM

Women Who Roar: Samantha Baskind on Roaring Women Artists

WEDNESDAY, MARCH 24 AT 4PM

I Dissent: Discussion on Election and Voting Rights

WEDNESDAY, MARCH 31 AT 4PM

My Story: Christine Howey with Phyllis Harris



216.593.0575 | WWW.MALTZMUSEUM.ORG

Health for Humanity Yogathon

Yoga for Health, Health for Humanity – Beyond our identities, we are all one family.

Hindu Swayamsevak Sangh (HSS), which supports Hindus living outside India, recently held its 14th annual Health for Humanity Yogathon, also known as Surya Namaskar Yajna (SNY). This two-week event was first launched in 2007 to create awareness about yoga and its advantages in fostering a healthy body, mind and spirit for any practitioner, regardless of faith, gender, or ethnicity.

The event, free to the public and regularly lauded by a wide variety of elected officials, included a partnership with former First Lady Michelle Obama’s “Let’s Move” initiative in 2011, and another partnership with U.S. Representative Dr. Bill Foster in 2017. This year, 172 U.S. elected officials, including congressional leaders, governors and mayors, lauded HSS for this project and its community benefits, which attracted close to 10,000 participants from 43 states.

“We are happy and proud to conclude another successful

year of our Health for Humanity Yogathon,” said Santosh Khandelwal, HSS Cleveland Chapter coordinator and Ohio convener for the Yogathon. “The Surya Namaskar yoga practice integrates an easy breathing technique with simple postures of well-balanced, ten-step movements to provide immense health benefits for everyone, from beginners to yoga enthusiasts. This year, participants of our chapter performed more than 48,000 Surya Namaskars, also known as sun salutations, which are exercise flow sequences that link together graceful body

postures. More than a million Surya Namaskars were performed across the nation.

“The Cleveland Chapter, one of the largest chapters in this year’s Yogathon, collectively performed 3,000 Surya Namaskars in one hour on its opening day, and 4,500 in an 8-hour marathon on closing day,” Santosh added.

“More than 200 families in greater Cleveland participated in this virtual event, performing more than 20,000 flow sequences during this 16-day yogathon,” added Pankaj Dahiya, Cleveland Chapter’s convener. “We thank Beachwood and Solon mayors and City Council members for issuing proclamations to generate awareness and support of this event.”

program. Last July, he also created Yoga for Nirwana, an online yoga awareness campaign, offering free yoga to everyone. More than 30 families join him every Saturday and Sunday morning for 2 hours of yoga. Santosh, his wife, and two children practice yoga together every morning for an hour.

Some of the national officials who offered support to this program included Ohio U.S. Senator Sherrod Brown, New York Governor Andrew Cuomo, Chicago Mayor Lori Lightfoot, Denver Mayor Michael Hancock, Arizona Governor Doug Ducey, Portland Mayor Ted Wheeler, and California Congressman Scott Peter.

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“The Surya Namaskar yoga practice integrates an easy breathing technique with simple postures of well-balanced, ten-step movements to provide immense health benefits for everyone, from beginners to yoga enthusiasts.”

– Santosh Khandelwal

Santosh was the main inspiration behind this program locally, spreading information about yoga awareness throughout our community. He led by example, performing with his family more than 5,000 sun salutations throughout the



Eight-year-old Sankalp Khandelwal, one of the youngest members of this year’s SNY yogathon, performed more than 1,000 Sun Salutations during the event. Sankalp performs a minimum of 13 daily, and has since he was five years old.

Abbie Pappas Named as Federation's YLD Board Chair

The Jewish Federation of Cleveland's Young Leadership Division (YLD) announced the appointment of Abbie Pappas as board chair. YLD connects young Jewish adults, ages 22 – 45, to each other and the community through social, volunteer, leadership, and philanthropic activities.

Abbie, 32, is an associate at the Cleveland law firm of Singerman, Mills, Desberg and Kauntz Co., L.P.A., where her primary focus is estate planning and the administration of trusts and estates. She is a member of the Fuchs Mizrahi School development committee and the Menorah Park Associate Board, and involved at Green Road Synagogue and Beachwood Kehilla. She is an alumnus of Federation's Mandel Symposium and serves on Federation's Allocations Committee and Professional Advisory Council. She lives in Beachwood with her husband, Jeremy, and son, Yoni (age 4).



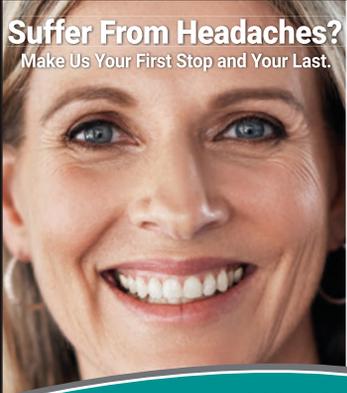
"It is an honor to serve the Cleveland Jewish community as YLD board chair and continue the exceptional work of my predecessor, Cameron Orlean," Abbie said. "At a time where we must remain physically distant from one another, I am excited to bring new ideas and innovative programming to Jewish Cleveland's young professionals and work with a dedicated team of YLD board members!"

YLD also announced the addition of nine new members to its board: Daniel Abramowitz of Beachwood, Rabbi Chase Foster of Solon, Sammy Gross of Beachwood, Avigayil Halberstam of Beachwood, Elana Polster of Beachwood, Jonah Ricanati of Shaker Heights, Elissa Rosner of Chagrin Falls, Avielle Silver of Beachwood, and Rita Ullman of University Heights, for a total of 46 members.

For more information, including how to get involved with YLD, please contact Leah Markowicz at 216.593.2905 or lmarkowicz@jcfclve.org, or visit www.jewishcleveland.org/yld.

"At a time where we must remain physically distant from one another, I am excited to bring new ideas and innovative programming to Jewish Cleveland's young professionals and work with a dedicated team of YLD board members!"

– Abbie Pappas, YLD Board Chair



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Park Synagogue Programs

Eric Mendelsohn: Synagogue Architect with a Vision, Featuring Photographer Michael Palmer

Sunday, March 21 • 2 pm on Zoom

Between the years 1946 and 1953, the American, German-Jewish architect Eric Mendelsohn built four synagogues in the Midwest, including the iconic Park Synagogue Main in Cleveland Heights. Mendelsohn's synagogues were the crowning conclusion of his career through tumultuous times. In his recently published book, *Eric Mendelsohn's Synagogues in America*, photographer Michael Palmer records in detail the four Mendelsohn synagogues, which, in addition to Park Synagogue, include those located in St. Louis, St. Paul, and Grand Rapids.

Palmer will employ his photographs as the foundation for a discussion about Mendelsohn, his Jewish identity, and his architectural mission. Palmer will also explain how the founding of the State of

Israel in 1948 affected Mendelsohn's plans and how Mendelsohn sought to create radically new architectural solutions for American houses of worship that uniquely met the functional, social, and spiritual demands of their respective, diverse Jewish communities.

The program is free and open to the community. Pre-registration by March 17 is required to receive the Zoom link. Please register at www.parksynagogue.org. Contact Ellen Petler with any questions at epetler@parksyn.org or 216.371.2244, ext. 122. The program is sponsored by Park Synagogue's Sisterhood.



Passover Cooking Around the World with Chef Ruth Levine and Moderator Beth Segal

Thursday, March 18 • 7:30 pm on Zoom

Are you looking for some new, innovative holiday dishes from unique cultures for your Passover Seder this year? Join Chef Ruth Levine, the chef and owner of the former Bistro 185, for a virtual cooking demo, moderated by Beth Segal, *Plain Dealer* Food Writer. Chef Ruth will take us on a kosher-for-Passover culinary tour preparing dishes from around the world. We'll visit Eastern Europe for traditional Ashkenazic chicken soup, Morocco for stuffed matzah balls, India for chicken with fragrant spices, Egypt for mahashi (stuffed vegetables), and Italy for Torta di noci per Pesach (Italian Passover walnut cake). How delicious do these dishes sound! Everyone will receive the recipes online ahead of time so you can print them and follow along, taking notes, while Chef Ruth prepares this Pesach feast that will "wow" your family.

When you attend this cooking demo, you will also be doing a mitzvah for the Cleveland Jewish community. Minimum donation for Passover Cooking Around the World is \$18/person. All fees and donations from this program will go to the Cleveland Kosher Food Pantry and to the Cleveland Chessed Center, both of which help people in need all year long, but especially during Passover. Please donate generously so everyone in our community can also have a happy, festive Passover.

Prepaid registration is required by March 15 to receive the Zoom link. Please register at www.parksynagogue.org. For questions, please contact Ellen Petler at epetler@parksyn.org or 216.371.2244, ext. 122.

The program is sponsored by Park's Neshama and Women's Rosh Chodesh Groups.

When you patronize our advertisers, please say you saw them in *Beachwood Buzz!*

Jewish Federation of Cleveland Introduces "Weekly Wellness"

Two things Cleveland is known for is our long winters and its strong Jewish community. This year, the winter months seem to hang over our heads a little more than usual as we continue to live physically distanced during the COVID-19 pandemic. Coping mechanisms we used in the warmer months, like walks, hikes, and other outdoor activities, are not as feasible for many of us.

That's why the Jewish Federation of Cleveland created its "Weekly Wellness" series of virtual wellness programming for every member of our community. Through this series, the Federation hopes to help strengthen our community's and individual's resiliency, as well as provide a calming sense of safety and social connection.

"This pandemic affects community members of all ages and backgrounds, and the increased isolation and uncertainty has contributed to a greater need for self-care and mental wellness," said Peter Meisel, Community Planning Committee chair for the Jewish Federation of Cleveland. "The Weekly Wellness series is a great way to connect with your community."

The Federation is excited to offer events ranging from small group discussions for parents facilitated by Bellefaire JCB and JFSA professionals, community events about mindfulness, and so much more.

March events include:

- March 7 • PJ Library® Challah Bake-a-long with Bubbe Hedy
- March 15 • Finding Spiritual Resilience a Year into COVID-19 with Rabbi Binyamin Blau and Rabbi Melinda Mersack
- March 17 • "Taking Intentional Inventory," A PJ Library® Parent Discussion
- March 21 • PJ Library® Family Yoga

Be sure to visit www.jewishcleveland.org to see the full slate of event offerings. When there is not a "Weekly Wellness" event to attend, the Federation will share wellness tips from guest bloggers, and will also offer free curated audio offerings to support your mind, body, and spirit. These audio offerings may be found at www.healthjourneys.com/jewishcleveland.

White & Gold

Beachwood High School's annual talent show, White & Gold, will take place virtually this year. If you are a high school student who would like to share your talent – singing, dancing, music, skits, etc. – please contact Darlene Haight at dah@beachwoodschoools.org.



The deadline for video submissions is April 5. This year's advisors are Darlene and Meghann Sullivan. Directors are Bridgitte Feldman, Abby Friedman, Arielle Keselman, Santana Murthy and Rachel Rosenthal.

Be sure to see next month's *Beachwood Buzz* for more details about White & Gold!



Kindergarten 2021-2022 REGISTRATION NOW OPEN

If you have a child who will be entering kindergarten at Beachwood Schools in the Fall of 2021, please visit www.beachwoodschoools.org/NewKindergarten.aspx to register. The new Kindergarten Virtual Parent Orientation is scheduled for Thursday, April 22, from 4:30-5:30 pm.

If English is not your native language and you would like an interpreter to assist you through the online registration process or if you have any questions about registering for kindergarten, please contact Grace Perryman, district registrar, at gperryman@beachwoodschoools.org or 216.464.2600, ext. 244.

Workshop on Older Adults and Fitness

"Older, Wiser and More Fit"

As we grow older, we experience many changes. These changes can affect our cardiovascular health, our bones and muscles, our cognition, and even our digestive tracts.

The good news is that growing older does not necessarily mean a long-term slide into poor health, reduced mobility, and loss of independence. Research shows that beginning a supervised exercise program at any age can have a positive influence on our strength, balance and mobility.

Join Michael Ungar, certified personal trainer and functional

aging specialist, for a free virtual workshop on Sunday, March 7, 11 am – 12 pm, to learn how you can help build a healthier and fitter future for yourself at nearly any age.

The workshop will cover the latest proven research about older adults and exercise, and facts and myths about working out, as well as a short exercise class experience.

The workshop is free, but space is limited and reservations are required. To register, contact Michael Ungar at 614.579.1336 or michael@athomeseniorfitness.net.

Beachwood Historical Society Contest

The Beachwood Historical Society is committed to preserving the dynamic history of Beachwood, educating people of all ages, and sharing historic collections. It preserves and promote artifacts, documents and photographs; educates people about the history of Beachwood, from "Beechwood" to Beachwood; sponsors events; and researches and archives information.

This month's challenge:

List at least three uses of this building throughout history. Where was this building once located?

Please email answers to beachwoodbuzz@gmail.com with the words "Beachwood Historical Society Challenge" on the subject line.

All correct answers received by March 15 will be entered in a raffle for a \$50 gift card.



Last month's challenge:

Name one of the longest running family-owned businesses located in Beachwood. Established in 1945, this retail

operation is still blooming!

Answer: Gali's Florist & Garden Center.

Congratulations to Beth Rosenblum!

WANTED:

Knitters, Crocheters and Loomers

Yarn Over Beachwood continues to meet on Zoom the first Friday of the month at 10 am. Upcoming meetings will take place March 5 and April 2.

Help is needed because requests keep coming in for Veteran lapghans, other lapghans, stuffed toys, mittens, scarves and more!

For details, contact Iris at 216.375.9111 or lbrtyclub@gmail.com.



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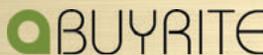
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"Try to be a rainbow in someone's cloud."

~ Maya Angelou



From Bottle Caps to Rainbows

BHS Climate Action Team Calls for Action

// Somewhere over the rainbow skies are blue, and the dreams that you dare to dream really do come true."

Before the Beachwood High School Climate Action Team shares its dream with you, they share a few facts about recycling and then invite you to join them on their journey.

Did you know...

- Just about any plastic can be recycled, but when two types are mixed, each is contaminated, which reduces the value of the material or requires resources to separate them before processing.
- In America we use 2.5 million plastic bottles EACH HOUR and every one of them is manufactured with a cap.
- Plastic caps and lids can jam processing equipment at recycling facilities, and plastic containers with tops still on them may not compact properly during the recycling process. They can also present a safety risk for recycling workers.
- Plastics recycling has grown significantly since the 1990s, and today we have access to recycling programs for a growing number of plastics. Next time you shop for new clothing, sneakers, children's toys, cooking tools or building products, try adding "recycled plastic" to your online search. Products made of recycled plastics are easier to find than you may have thought.

Now that you know the value behind recycling plastic bottles and the importance of separating caps from containers, the BHS Climate Action Team asks you to rinse and donate bottle caps. Team members, along

with MAC Scholars (Minority Achievement Committee), GSA students (Gay Straight Alliance), and the CEC Club (Council for Exceptional Children) are working together to "build a rainbow" with bottle caps and lids, with a goal to build one for every building in the district.

Now that you know the value behind recycling plastic bottles and the importance of separating caps from containers, the BHS Climate Action Team asks you to separate and donate bottle caps.

Rainbows symbolize strength, beauty and hope for better things to come. We see them after the worst thunderstorms, and they remind us that once a storm has passed, peace and beauty still exist. They also represent unity in diversity, and hope during the pandemic.

It is easy to participate! Colored caps in red, orange, yellow, green, blue, indigo, violet, black, brown and clear are being collected through June 2021. Drop-off boxes are located in the lobby of every school building, as well as in the lobby at Beachwood City Hall. For more information, email Lori Joyner at lj@beachwoodschoools.org.



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